



Regional Community Advisory Committee (RCAC) Region 5

West L.A Community Resource Center

11173 W. Pico Blvd, Los Angeles, CA 90064

Thursday, September 26, 2024

2:00 p.m. – 4:30 p.m.

Meeting Summary

Member Attendance				Staff/Management Present
Maria Sanchez	P	Gloria Camarillo	P	Cindy Pozos, Community Outreach Field Specialist
Ana Reyes	P	Lynnea Johnson	E	Christopher Maghar, Community Outreach Field Specialist
Andria McFerson	P	Marco Galindo	P	Idalia de la Torre, Community Outreach Field Specialist Supervisor
Angelica Bogarin	U	Margarita Gregori Rodriguez	U	Auleria Eakins, Community Outreach Manager
Carmen Delgado	P	Maria De Jesus Leos	P	
Clotill Cleo Ray	P	Maria Guadalupe Mendez	P	
Deysi Corona	P	Mariel Herrera	P	
Diana Camacho	P	Martha Rodriguez	P	
Robert G. Harvey-Dixon	P	Rosa Fuentes	P	
Sofia E. Sulca	P	Susana Rios	P	
Erik Castro	P	Pascuala Rosales	U	

(P) Present (E) Excused Absence (U) Unexcused Absence

Public Attendance	Interpreter Attendance
Russell Mahler	Eduardo Kogan
Demetria Saffore	Erin La Fargue

**MEETING SUMMARY, DISCUSSION, AND FOLLOW UP**

**I. Welcome & Introduction (15 min)**

**Agenda Lead**

**A. Call Meeting to Order**

- a. Maria Sanchez, Interim RCAC Chair, called the meeting to order at 2:00 p.m.
- b. Maria Sanchez, Interim RCAC Chair, informed the committee members that she will not be present for the October RCAC 5 meeting. Ms. Sanchez asked for volunteers that will be able to support her role during her absence. Three (3) RCAC 5 members volunteered, and the majority agreed that Mr. Robert G. Harvey-Dixon will be the individual to facilitate the RCAC 5 meeting in October.
- c. Maria Sanchez asked the RCAC members to review the agenda for approval.

*Maria Sanchez, Interim RCAC Chair*  
  
*Cindy Pozos, CO&E Field Specialist*

**B. Approval of Agenda**

- a. Maria Sanchez asked for a motion to approve the agenda.
- b. Marco Galindo, RCAC 5 member, approved the motion and Andria McFerson, second the motion.
- c. There were no further discussions, and the committee approved the agenda as presented.

**C. Group Connection**

- a. Maria Sanchez, Interim RCAC Chair, introduced and provided instructions for the group connection activity.
- b. The group went around the room to present themselves and share a fun fact about themselves.

**II. Develop RCAC Group Agreement (15 min)**

**Agenda Lead**

**A. Review Basic Group Agreements**

- a. During this section of the agenda, Maria Sanchez initiated the review of the Group Agreement and requested volunteers to read each agreement.
- b. RCAC members volunteered to read each of the agreements presented.
- c. The Chair asked the members if anyone would like to add to the agreements for RCAC 5.
- d. Andria McFerson asked to include "We will respect diversity, equality, and honor all cultures, race, age, sexual orientation, and all mental and/or physical disabilities."
- e. Susana Rios asked to include, "Please mute or silence your cell phones."
- f. Diana Camacho asked to include "We will listen for understanding and pay attention."

*Maria Sanchez, Interim RCAC Chair*  
  
*RCAC Members*

<p><b>Recommendations:</b>          Maria Mendez requested that the discussions from our RCAC 5 meetings be summarized to help better understand the topics covered.</p> <p><b>Questions from the RCAC members:</b></p> <ul style="list-style-type: none"> <li>• Question: Clotill Cleo Ray's concerns regarding representation within the RCAC show that she perceives a lack of diversity and inclusion in our RCAC. As the sole African American member for an extended period, she raises concerns about the potential impact on individuals from her community who may share similar experiences. It is imperative to address the issue of underrepresentation and ensure that all voices are heard within the RCACs. It is important to take proactive measures to promote diversity and inclusivity, thereby providing equal opportunities for participation and representation to individuals of various backgrounds.</li> <li>• Answer: Cindy responded and highlighted the Department of Health Services (DHS) recommendation for L.A. Care to enhance the diversity of its committees. The Community Outreach and Engagement (CO&amp;E) department is currently focused on recruiting efforts to ensure broader representation across the RCAC Committees.</li> </ul>	
<p><b>III. L.A Care Updates (10 min)</b></p>	<p><b>Agenda Lead</b></p>
<p><b>A. L.A. Care Internal Updates</b></p> <p><b><u>RCAC Chair and Vice-Chair Elections</u></b></p> <ul style="list-style-type: none"> <li>• Cindy Pozos gave an update on RCAC Chair and Vice-Chair Elections</li> <li>• Chair and Vice-Chair nominations are set to open in October and November – October for RCAC 5</li> <li>• All RCAC 5 members are welcome and eligible to apply as a candidate.</li> <li>• Nominations will close and we will move forward with voting during December/January meeting cycles – December for RCAC 5.</li> <li>• All candidates who accept nominations for each position will be allowed to speak for 2 minutes before the elections occur during the December meeting.</li> <li>• After RCAC members vote for their candidates, the names will be forwarded to the February TTECAC meeting for review and consent before being forwarded to BOG for final approval.</li> <li>• BOG will review and approve during the March 2025 meeting.</li> </ul>	<p><i>Cindy Pozos, CO&amp;E Field Specialist</i></p>

- TTECAC members will continue in their roles until the February 2025 meeting.
- Once official Chairs are elected, they will fill in the roles at ECAC.
- New elected Chairs will sit as ECAC members in March of 2025.
- 2 At-Large members will remain in their roles (Lluvia Salazar and Deaka McClain).
- At-large member elections will take place during the April 2025 ECAC meeting.
- All RCAC members interested in applying for At-Large positions will submit an application and attend the April 2025 ECAC meeting.
- During the April 2025 ECAC meeting, ECAC will vote for the two positions and forward the names to BOG for final approval in May.
- May 2025, ECAC will be complete with 8 RCAC Chair representatives and 2 At-Large representatives.

**Questions from the RCAC member:**

- Question: The new RCAC Chair will they be elected in March 2025?
- Answer: No, the RCACs Chairs will be elected in December 2024 or January 2025 depending on what month your assigned RCAC meets. The new elected Chairs will seat at ECAC in March 2025 as their names need to be forward to TTECAC for review in February 2025 and final approval by the Board of Governors in March 2025.
- Question: Will transportation be provided during nominations.
- Answer: Yes, transportation will be provided
- Question: The At-Large member's selections won't be until April 2025
- Answer: Correct. The Regional Community Advisory Committees (RCACs) must appoint their RCAC Chair and Vice Chair to proceed. The newly elected Chairs, who will serve on the Executive Community Advisory Committee (ECAC), will then advance the nominations for the At-Large members in April.
- Question: How many RCAC 5 meetings were held during the pandemic?
- Answer: None, as we were on a pause and, due to the pandemic mandate, RCAC meeting were put on hold and there were only informational meetings that were held..
- Question: How did we get new RCAC members if we weren't meeting?
- Answer: The Community Outreach and Engagement department had been actively involved in recruitment initiatives, participating in various events to attract new members once the pandemic restrictions were lifted.
- Question: Before becoming a RCAC member, we were told that we would need to attend 3-4 meetings in a row before becoming a member? Being a member now is different from what it was back then; it's much easier now.

<ul style="list-style-type: none"> <li>• Answer: New RCAC members interested will need to complete an application, review, and be interviewed by a Selection Committee comprised of L.A Care Internal departments, Community Base Organizations, and ECAC Committee.</li> <li>• Question: Can the information for nominations be sent to the RCAC members by mail?</li> <li>• Answer: Yes, as we approach our upcoming RCAC 5 meeting in October, more information will be provided, and documents will be mailed to members before the meeting.</li> <li>• Questions: For example, I, Diana Camacho, will not be able to attend the October meeting due to medical issues. How can I stay informed about what will take place at the October meeting?</li> <li>• Answer: The information provided during the October meeting can be mailed to you along with a copy of the meeting summary.</li> </ul>	
<p><b>IV. Review New Agenda Format (30 min)</b></p>	<p><b>Agenda Lead</b></p>
<ul style="list-style-type: none"> <li>• Understanding the RCAC and the Agenda as a Tool <ul style="list-style-type: none"> <li>○ Cindy asked members to look for the new agenda format located in each of their folders.</li> <li>○ The purpose of the new agenda format, after the RCAC restructure, is to provide members with more opportunities for open discussion.</li> <li>○ Some of the topics included in the new agenda format include:</li> <li>○ Meeting information: <ul style="list-style-type: none"> <li>▪ Date, Address, Time</li> <li>▪ Goals for the meeting</li> </ul> </li> <li>○ Meeting Agenda <ul style="list-style-type: none"> <li>▪ Welcome and Introductions <ul style="list-style-type: none"> <li>• Call the meeting to order</li> <li>• Review group agreements</li> <li>• Review agenda</li> </ul> </li> <li>▪ Meeting Minutes Approval</li> <li>▪ L.A. Care Updates <ul style="list-style-type: none"> <li>• Where we provide updates to members on new information.</li> </ul> </li> <li>▪ Continued Business <ul style="list-style-type: none"> <li>• Invite other departments to join meetings and interact with our members.</li> </ul> </li> <li>▪ Break</li> </ul> </li> </ul> </li> </ul>	<p><i>Cindy Pozos, CO&amp;E Field Specialist</i></p>

<ul style="list-style-type: none"> <li>▪ New Business</li> <li>▪ Public Comments</li> <li>▪ Resource Sharing &amp; Meeting Evals</li> <li>▪ Adjournment</li> </ul> <ul style="list-style-type: none"> <li>○ Continued by reviewing the Community Outreach &amp; Engagement Department Mission on the back of the Agenda and asked for a volunteer to read the mission.</li> <li>○ Reviewed “A Promise to Our RCAC”</li> <li>○ Cindy reminded members that they had index cards available to write down questions/comments that we didn’t have time to get to during the meeting.</li> <li>○ Meeting materials are available prior to the meeting on the L.A. Care website, CRC, and via mail and email.</li> <li>○ Field Specialist information is always available on the agenda (Cindy &amp; Christopher) along with the CO&amp;E email and toll-free line.</li> </ul> <p><b>Recommendations:</b></p> <ul style="list-style-type: none"> <li>• Marco Galindo recommended the items on the agenda be in numerical order.</li> <li>• Andria McFerson recommended including a space for public comments after each section of the RCAC Meeting Agenda.</li> <li>• Andria McFerson recommended including a section for bimonthly RCAC budgeting and planning.</li> </ul> <p><b>Questions from the RCAC Members:</b></p> <ul style="list-style-type: none"> <li>• Question: Regarding the sample agenda, the members requested a copy of the 2<sup>nd</sup> page that included the Field Specialist information, CO&amp;E email, and toll-free line number</li> <li>• Answer: A copy of the 2<sup>nd</sup> page was provided to all RCAC 5 members</li> </ul>	
<b>V. Break (10 min)</b>	<b>Agenda Lead</b>
<p><b>A.</b> An opportunity to take a 10-minute break.</p> <ul style="list-style-type: none"> <li>a. Members took a 5-minute break.</li> <li>b. Set to return at 3:20 PM.</li> </ul>	<p><i>Maria Sanchez, Interim RCAC Chair</i></p>

VI. Ralph M. Brown Act (30 min)	Agenda Lead
<p><b>A. Review Ralph M. Brown Act</b></p> <ul style="list-style-type: none"> <li>• The Brown Act is about ensuring transparency for the public.</li> <li>• Our meetings are open to the public – anyone can attend.</li> <li>• The Right of Access <ul style="list-style-type: none"> <li>○ All meetings of the legislative body of a local agency shall be open and public, and all persons shall be permitted to attend any meeting of the legislative body of a local agency.</li> </ul> </li> <li>• Applies Broadly <ul style="list-style-type: none"> <li>○ Legislative Bodies <ul style="list-style-type: none"> <li>▪ Boards of Supervisors</li> <li>▪ City Councils</li> <li>▪ School Boards</li> <li>▪ Other subsidiary committees, boards, Boards of Trustees of Special Districts</li> </ul> </li> <li>○ Appointed Bodies <ul style="list-style-type: none"> <li>▪ Planning Commissions,</li> <li>▪ Civil Service Commissions, and</li> <li>▪ Public Entity, i.e., L.A. Care Health Plan</li> <li>▪ Acting as Local Authority for Medicaid</li> </ul> </li> </ul> </li> <li>• Meeting <ul style="list-style-type: none"> <li>○ A gathering of a majority (or quorum) of the members of the legislative body at the same time and location to: <ul style="list-style-type: none"> <li>▪ HEAR</li> <li>▪ DISCUSS</li> <li>▪ DELIBERATE</li> <li>▪ TAKE ANY ACTION</li> </ul> </li> </ul> </li> <li>• Types <ul style="list-style-type: none"> <li>○ REGULAR MEETING: occurring at the dates, times, and locations set by resolution, ordinance, or other formal action.</li> </ul> </li> <li>• Exceptions</li> </ul>	<p><i>Cindy Pozos, CO&amp;E Field Specialist</i></p> <p><i>RCAC Members</i></p>

- The Brown Act does not apply to the following:
  - Individual Contacts
  - Conferences
  - Community Meetings
  - Other Legislative Bodies
  - Social or Ceremonial Events
  - Standing Committees
  - Grand Jury Testimony
- Standing Committee (ECAC & RCACs)
  - Less than a quorum of members;
  - Includes other individuals not on the legislative body;
  - Advisory or Decision-making;
  - Continuing jurisdiction over a particular subject matter;
  - Fixed meeting schedule.
- Ad-Hoc Committee
  - Less than a quorum of members
  - Advisory only
  - Short-term; not ongoing
  - No fixed meeting schedule.
- Agenda
  - **DETAIL:** Agenda items must have enough detail to give the public a reasonable idea of what will be discussed or acted upon. If it's not on the agenda, it cannot be discussed.
  - **LOCATION:** List the location of the meeting and the location for document inspection.
  - **NOTICE:** Regular Meetings must be posted 72 hours before. Special Meetings must be posted 24 hours before.
- Adding to the Agenda
  - After the agenda is posted, an item may be added only if one of the following occurs:
    - **EMERGENCY:** when prompt action is needed because of actual or threatened disruption of public facilities (only applies to bodies with ultimate decision-making authority).
    - **NEW ITEMS:** unknown at the time of the original posting and immediate action needed.



- Public's Rights
  - Members of the public have the right to:
    - Not give their name as a condition
    - precedent to attend;
    - Record the meeting;
    - Comment and Criticize.
  - Members of the public must be allowed to comment on:
    - Any agenda item, before or during the consideration of the item; and
    - On any matter within the Board's jurisdiction.
- Public Comment
  - Fair and reasonable rules may be adopted to assist the body in processing comments from the public.
  - Regulating time is OK if reasonable.
  - Regulating content is not OK.
  - At least twice the allotted time should be provided to a member of the public who utilizes a translator unless simultaneous translation is utilized.
  - Public comment is not a debate. Avoid back and forth.
- Public's Right to Documents
  - The public can make a standing request for copies of agenda materials:
  - Request must be made in writing;
  - Request is effective for one year;
  - Subject to fees for copying and postage;
  - Failure to send packet can invalidate action
  - Materials provided to a majority of a body, unless exempt must be provided to members of the public.
- Serial Meetings
  - A serial meeting is typically a series of communications (face-to-face, telephone, e-mail, text, social media), each of which involves less than a quorum of the body, but which taken as a whole, involves a majority of the body's members.
  - General Rule: A Majority may not use a series of communications, directly or through intermediaries, to discuss agency business.
- Permitted


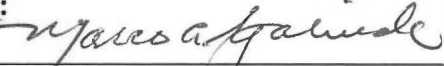

<ul style="list-style-type: none"> <li>○ A member of a legislative body may engage in “<b>separate</b>” <b>communications with the public</b> using an internet-based social media platform that is open and accessible to the public regarding a matter that is within the subject matter jurisdiction of that body, provided that a "majority" do not discuss among themselves <b>business of a "specific nature”</b>.</li> <li>○ A member of a legislative body may use social media to discuss personal matters with another member of a legislative body.</li> <li>● Prohibited <ul style="list-style-type: none"> <li>○ A majority may not use an internet–based social media platform to discuss agency business.</li> <li>○ Communication posted or shared by another member regarding agency business on an internet-based social media platform (No likes, thumbs up, emojis, or other symbols).</li> </ul> </li> <li>● Violating the Brown Act <ul style="list-style-type: none"> <li>○ Criminal Penalties <ul style="list-style-type: none"> <li>▪ Knowing violations are a misdemeanor.</li> </ul> </li> <li>○ Civil Remedies <ul style="list-style-type: none"> <li>▪ Any interested person may bring a lawsuit for declaratory and injunctive relief.</li> <li>▪ Body has chance to cure and correct.</li> <li>▪ Certain illegal action may be voided.</li> <li>▪ Costs and attorney fees awarded.</li> </ul> </li> </ul> </li> <li>● Cindy concluded the presentation and asked the members if there were any questions.</li> </ul> <p><b>Questions from the RCAC members:</b></p> <ul style="list-style-type: none"> <li>● Question: Concerning the recording, it is a public meeting, and it is being recorded. If a member wanted to record the meeting, they had to do what?</li> <li>● Answer: Prior to the meeting, it is important to inform the committee about the individuals who will be recording the meeting to ensure consensus and transparency.</li> <li>● Question: How about those who require ADA accommodations?</li> <li>● Answer: Those who require ADA accommodations must inform staff to arrange the necessary accommodations.</li> </ul>	
<p><b>VII. Member Feedback (20 min)</b></p>	<p><b>Agenda Lead</b></p>
<p><b>A. Discuss Member Experiences</b></p>	

<ul style="list-style-type: none"> <li>• Interim Chair Maria Sanchez emphasized that any personal member issues including billing issues should be reported directly to our Member Service Department at 1-888-839-9909.</li> <li>• Sofia Sulca mentioned that her colleague had their plan changed to L.A. Care and is facing challenges with transportation arrangements due to difficulty in walking. Medi-Cal is not covering her medical transportation. Is it advisable for her to call the same number as the member can call (888-839-9909) to inquire for more information? Cindy responded affirmatively with a "yes."</li> <li>• Sofia Sulca requested the number to Medicare Plus. Cindy responded that the number is available on the RCAC 5 Agenda on the last page.</li> <li>• Medicare Plus beneficiaries who do not have Medi-Cal can be insured by L.A. Care insurance. Idalia De La Torre responded Medi-Cal recipients will need to be under L.A. Care but MediCare can be open to any. Some individuals have both Medi-Cal and Medicare through L.A. Care. It is also recommended to contact member services for more information.</li> </ul>	<p><i>Maria Sanchez, Interim RCAC Chair</i></p> <p><i>Cindy Pozos, CO&amp;E Field Specialist</i></p> <p><i>RCAC Members</i></p>
<p><b>VIII. Public Comments (10 min)</b></p>	<p><b>Agenda Lead</b></p>
<p><b>A.</b> Public members will speak for up to 2 minutes.</p> <ul style="list-style-type: none"> <li>• Russel Mahler, RCAC 4 member, introduced himself and is glad to be here today.</li> </ul> <p><b><u>TTECAC/ECAC and BOG Meetings</u></b></p> <ul style="list-style-type: none"> <li>• Cindy invited members to volunteer to attend future TTECAC/ECAC and BOG meetings.</li> <li>• Idalia De La Torre suggested that the new RCAC members should be given the opportunity to attend the upcoming TTECAC or BOG meeting so that they can better understand how they are run. The members of the RCAC agreed with the recommendation.</li> <li>• Members will receive a stipend for attending these meetings.</li> <li>• Transportation is provided for members.</li> <li>• Diana Camacho volunteered, and the RCAC 5 members agreed that she would attend the BOG meeting on October 3, 2024.</li> <li>• Ana Reyes volunteered, and the RCAC 5 members agreed that she would attend the TTECAC meeting on October 9, 2024.</li> <li>• We will be alternating to allow multiple members the opportunity to attend.</li> <li>• Cindy presented putting together a list of members to attend future meetings.</li> </ul>	<p><i>Maria Sanchez, Interim RCAC Chair</i></p>

<b>IX. Evaluations (10 min)</b>	<b>Agenda Lead</b>
<p><b>A.</b> Complete meeting evaluation forms</p> <p>a. RCAC members took time to complete their evaluation forms.</p>	<p><i>Maria Sanchez, Interim RCAC Chair</i></p> <p><i>Cindy Pozos, CO&amp;E Field Specialist</i></p>
<b>X. Adjournment</b>	<b>Agenda Lead</b>
<ul style="list-style-type: none"> <li>• The meeting adjourned at 4:30 p.m.</li> <li>• <b>Next Meeting Date:</b> Thursday, October 17, 2024, from 2:00 p.m. to 4:30 p.m. at the West L.A Community Resource Center at 11173 W. Pico Blvd., Los Angeles, CA 90064</li> </ul>	<p><i>Maria Sanchez, Interim RCAC Chair</i></p>

<b>Respectfully Submitted by:</b>	<b>Approved by:</b>
<i>Cindy Pozos, Community Outreach Field Specialist</i>	<i>Maria Sanchez, Interim RCAC 5 Chair</i>

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<b>Respectfully Submitted by:</b> 	<b>Approved by:</b> 
Cindy Pozos, <i>Community Outreach Field Specialist</i> 	<i>Maria Sanchez, Interim RCAC Chair</i> MARCO A GALINDO