Utilization Assessment of Non-Specialty Mental Health Services for Medi-Cal Members

December 2024

L.A. Care conducted a utilization assessment of non-specialty mental health services (NSMHS) provided to Medi-Cal members through Carelon Behavioral Health in 2023. This report provides information on the number of unique utilizers of NSMHS stratified by race, ethnicity, language, age group, and sex.

NSMHS Utilization by Gender

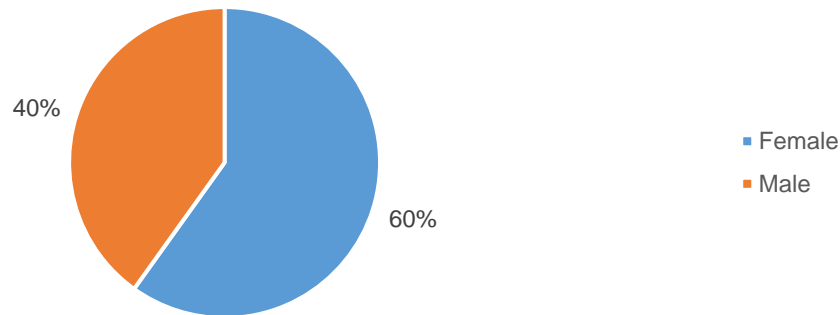| Values	Percentage of Utilizers
Female	59.97%
Male	40.03%
TOTAL	100.00%

Table 1. NSMHS utilization by Gender

Figure 1. NSMHS utilization by Gender

NSMHS Utilization by Race

In Table 2 and Figure 2 Asian is comprised of Asian Indian, Cambodian, Chinese, Hmong, Japanese, Korean, Laotian, Vietnamese, and Other Asian. Pacific Islander is comprised of Guamanian, Native Hawaiian, Samoan, and Other Pacific Islander.

Race	Percentage of Utilizers
White or Caucasian	54.42%
Black or African American	14.28%
Asian	6.95%
American Indian or Alaska Native	0.49%
Pacific Islander	0.25%
Other Race	0.91%
I choose not to answer	9.39%
No Valid Data/Not in Source	13.31%
TOTAL	100.00%

Table 2. NSMHS utilization by Race
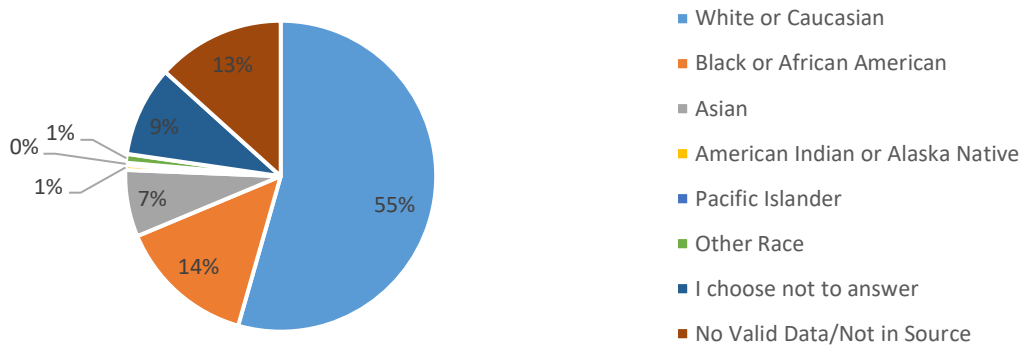
Figure 2. NSMHS utilization by Race

NSMHS Utilization by Ethnicity

Ethnicity	Percentage of Utilizers
Hispanic or Latino	47.78%
Not Hispanic or Latino	4.42%
I choose not to answer	3.02%
No Valid Data	44.78%
TOTAL	100.00%

Table 3. NSMHS utilization by Ethnicity
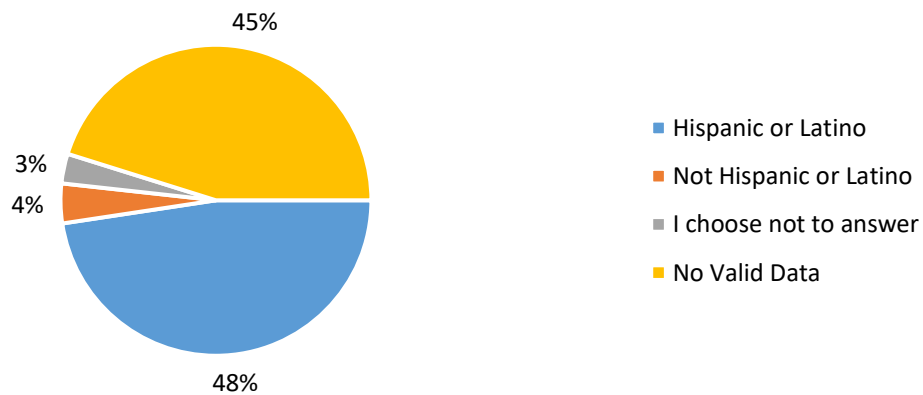
Figure 3. NSMHS utilization by Ethnicity

NSMHS Utilization by Age Group

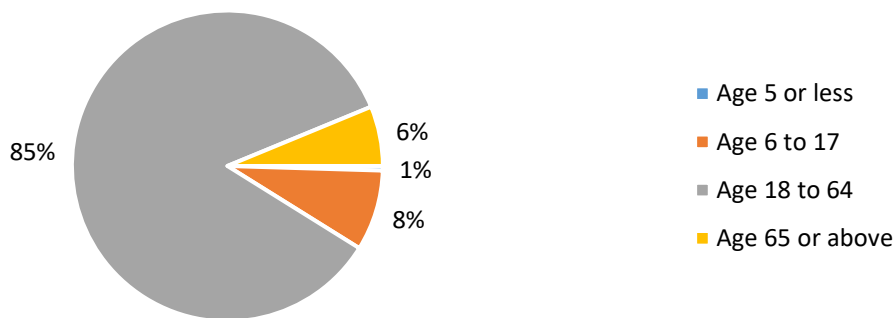| Age Group	Percentage of Utilizers
Age 5 or less	0.47%
Age 6 to 17	8.40%
Age 18 to 64	84.91%
Age 65 or above	6.22%
TOTAL	100.00%

Table 4. NSMHS utilization by Age Group

Figure 4. NSMHS utilization by Age Group

NSMHS Utilization by Spoken Language

In Table 5 and Figure 5 Other Language is comprised of those languages for which there were less than ten unique utilizers, these include American Sign Language, Amharic, Bengali, Burmese, Dutch, French, Haitian Creole, Hebrew, Hindi, Igbo, Indonesian, Italian, Japanese, Lao (Laotian), Nepali (Nepalese), Pashto, Portuguese, Punjabi (Panjabi), Romanian, Tigrigna (Tigrinya), Ukrainian, Urdu, and those that indicated "Other" when responding to demographic surveys.

Spoken Language	Percentage of Utilizers
Spanish	17.06%
English	79.04%
Korean	0.33%
Vietnamese	0.08%
Cantonese (Yue Chinese)	0.19%
Mandarin (Mandarin Chinese)	0.35%
Russian	0.25%
Arabic	0.14%

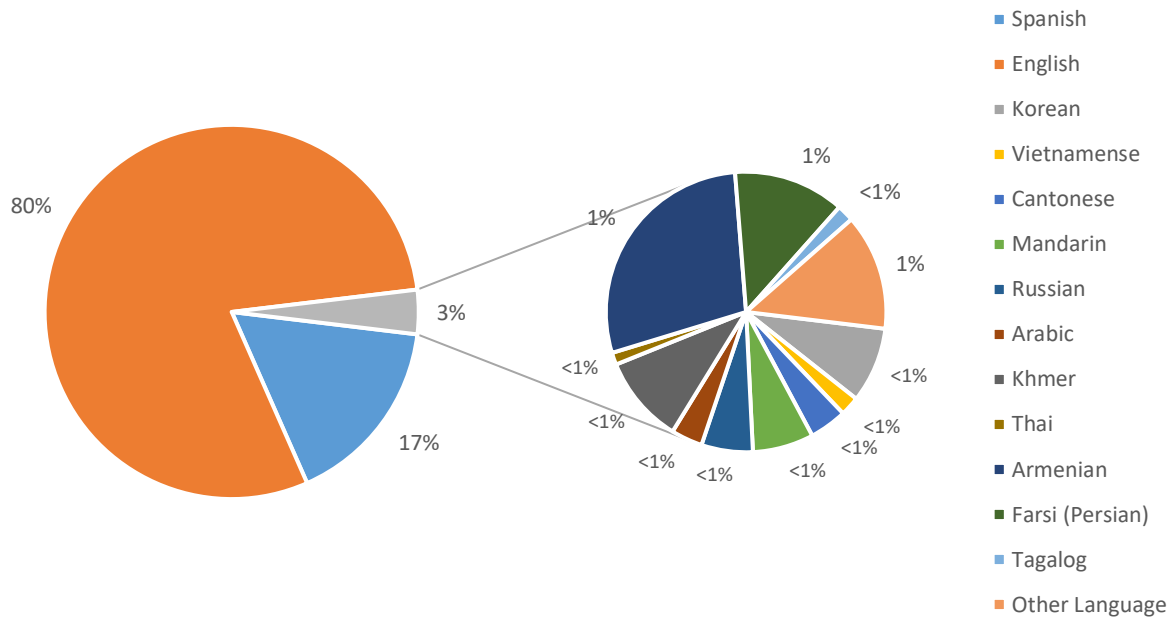|	
Khmer	0.41%
Thai	0.05%
Armenian	1.07%
Farsi (Persian)	0.48%
Tagalog	0.08%
Other Language	0.49%
TOTAL	100.00%

Table 5. NSMHS utilization by Spoken Language

Figure 5. NSMHS utilization by Spoken Language