



Day Habilitation Program

Community Supports (CS) are optional, non-traditional services that address social determinants of health. Day Habilitation is a part of L.A. Care's health services called Community Supports. The program aims to support the Member in developing, maintaining and enhancing self-help, socialization, and adaptive abilities. In this document, you can learn more about who is eligible and how you can make a referral.

What services are offered under Day Habilitation?

Program may include training on, but are not limited to the following:

- The use of public transportation;
- Personal skills development in conflict resolution;
- Community participation;
- Developing and maintaining interpersonal relationships;
- Daily living skills (cooking, cleaning, shopping, money management); and,
- Community resource awareness such as police, fire, or local services to support independence in the community.

Program may include assistance with, but not limited to, the following:

- Selecting and moving into a home;
- Locating and choosing suitable housemates;
- Locating household furnishings;
- Settling disputes with landlords;
- Managing personal financial affairs;
- Recruiting, screening, hiring, training, supervising, and dismissing personal attendants;
- Dealing with and responding appropriately to governmental agencies and personnel;
- Asserting civil and statutory rights through self-advocacy;
- Building and maintaining interpersonal relationships, including a circle of support;
- Coordination with Medi-Cal managed care plan to link Member to any Community Supports and/or enhanced care management services for which the Member may be eligible;



- ❖ Referral to non-Community Supports housing resources if Member does not meet Housing Transition/Navigation Services Community Support eligibility criteria;
- ❖ Assistance with income and benefits advocacy including General Assistance/General Relief and SSI if Member is not receiving these services through Community Supports or Enhanced Care Management; and
- ❖ Coordination with Medi-Cal managed care plan to link Member to health care, mental health services, and substance use disorder services based on the individual needs of the Member for Members who are not receiving this linkage through Community Supports or Enhanced Care Management.

Length of Service

Day Habilitation services are authorized for 6-months. If continued services are assessed as necessary, CS Provider can submit a request for re-authorization of services.

Who qualifies for the Community Supports Day Habilitation Program?

Members must meet one of the following eligibility criteria:

- ❖ Individuals who are experiencing homelessness;
- ❖ Individuals who exited homelessness and entered housing in the last 24 months; OR
- ❖ Individuals at risk of homelessness or institutionalization whose housing stability could be improved through participation in a day habilitation program

Restrictions and Limitations:

- ❖ Member declines services
- ❖ Members enrolled with plan partners (Anthem Blue Cross, Blue Shield of California Promise Health Plan) are not eligible for L.A. Care's Day Habilitation Programs
- ❖ Community Supports shall supplement and not supplant services received by the Medi-Cal beneficiary through other State, local, or federally-funded programs, in accordance with the CalAIM STCs and federal and DHCS guidance



Referral Submission Process:

STEP 1 Referrer must complete the Day Habilitation Request form and obtain Member consent prior to submitting request

Internal Staff please [CLICK HERE](#)

Providers please [CLICK HERE](#)

STEP 2 Submit completed form via secure fax 213.536.0630

STEP 3 L.A. Care team will review referral and provide outcome within 5 business days via fax or mail

STEP 4 If referral is approved, L.A. Care will notify Day Habilitation provider and match the member with an available Day Habilitation provider

What happens after the referral?

- ✓ L.A. Care will notify the member and referrer (as well as provider, if service is approved)
- ✓ Member will be assigned to a Day Habilitation provider who will reach out to opt member into Day Habilitation and begin service
- ✓ Referring individual will continue to coordinate services with member until Day Habilitation provider engages member to begin services.



If you have questions, please contact us at DayHab-Program@lacare.org



SCAN HERE