



Members under the following criteria are appropriate to be referred to the L.A. Cares About Your Heart® Disease Management program:

- ⌘ Hypertension
- ⌘ Age 18 or older
- ⌘ Cal Medi-Connect, L.A. Care Covered, or MCLA lines of business

Exclusions:

- » Enrollment in Palliative Care and/or Hospice
- » Meets frailty criteria (based on ICD-10 codes)
- » Advanced illness (including but not limited to):
 - Advanced liver disease
 - Chronic heart failure (CHF) / Stroke
 - End-stage renal disease (ESRD)
 - Advanced cancer (malignancy)
- » Dementia
- » Escalated severity

Primarily identify exclusions through ICD-10 codes and subsequently through telephonic interactions

Date Referred: _____

Referred By: _____ Referrer's Phone #: _____

Member Information

Member Name: _____ Member DOB: _____

Member ID: _____ Member Language: _____

Member Phone: _____ Product Line: _____

Primary Care Physician (PCP) Information

PCP Name: _____ PCP Phone#: _____

Diagnosis(es) / ICD-10 Code(s)

1: _____ 2: _____

Reason(s) for Referral

Issue prompting referral: _____

Recent hospital/ER/SNF visits: _____

SUBMIT THIS INFORMATION TO L.A. CARE VIA:

SECURE (ENCRYPTED) EMAIL: heartdm@lacare.org FAX: 213.438.4860

For any questions, please call the L.A. Cares About Your Heart® Resource Line at: 855.707.7852



L.A. Cares About your
Heart 

Included Diagnoses / ICD-10:

I10	Primary Hypertension (HTN)
I11	Hypertensive heart disease
I11.0	Hypertensive heart disease / heart failure
I13	HTN related to CKD
I16	Hypertensive crisis
I51 & I51.1-9	Ill-defined cardiac disease
R03.0	Elevated BP w/o formal Dx
E78	Hypercholesterolemia pure
E78.01	Hypercholesterolemia hereditary or familial

