

# Regional Community Advisory Committee (RCAC) Region 10 - East Los Angles, Whittier, Highland Park - Committee Summary

**The East Los Angeles Family Resource Center** 

4801 Whittier Blvd.
Los Angeles, CA 90022
Thursday, December 19, 2019
2:00 PM - 4:30 PM

#### MEMBER ATTENDANCE

## **STAFF/MANAGEMENT**

Maria Luz Alvarado	(P)	Marlene Paz	(P)	Frank Meza, Community Outreach Field Specialist
Sarai Angeles	(E)	Martha Perez	(P)	Cindy Pozos, Community Outreach Liaison
Damares O Hernández de	(P)	Ana Rubio	(P)	Idalia De La Torre, Supervisor, Community Outreach & Engagement
Cordero, <i>Chair</i>				Department
Janner Gavidia	(P)	Norma Flores	(P)	Sylvia Gochuico, Member Advocate
Ruben Gavidia	(P)	Blanca Villagran	(P)	Hilda Perez, Member Representative, L.A. Care Board of Governors
Maria Ibarra	(E)	Ozzie Lopez, <b>Community</b>	(E)	
		Partner		Martha Gonzalez, Clínica Monseñor Oscar A. Romero
Engracia Lopez	(P)			
Fresia Paz, Vice Chair	(P)			

<u>PUBLIC</u>		INTERPRETERS
		Eduardo Kogan & , Spanish Interpreters

**(P)** present **(E)** excused absence **(U)** unexcused absence

#### MEETING SUMMARY, DISCUSSION AND FOLLOW UP

		AGENDA ITEM	LEAD	
ı	l.	WELCOME AND	Frank Meza, Field Specialist	
		INTRODUCTION	Damaris o Hernandez de Cordero, <i>Chair</i>	

#### L.A. Care's Mission Statement / Three Goals of CO&E and RCACs

- Engracia Lopez, RCAC Member started the meeting because the Chair, Damares De Cordero, Chair, was running late. Ms. Engracia Lopez, RCAC Member called the meeting to order at 2:00 pm. Everyone introduced themselves.
- RCAC members reviewed the RCAC meeting "Ground Rules" prior to the start of the meeting.
- RCAC members read the L.A. Care's Mission statement and the three Goals of Community Outreach and Engagement. (Health Promotion, Advocacy and Community Partnerships).

II.	BUSINESS	Frank Meza, Field Specialist	
		Damares O Hernandez de Cordero, <i>Chair</i>	

## **Approval of Agenda & Meeting Summary**

- The agenda for December 19, 2019 was approved as presented.
- The meeting summary for October 17, 2019 was approved as presented.

## **ECAC Meeting Report**

- Maria Ibarra, RCAC 10 Member was not present and was not able to report from the November 13, 2019 ECAC Meeting.
- Fresia Paz, RCAC 10 Member was not present at the time and was not able to report from the December 11, 2019 ECAC Meeting.

# Frank Meza, Field Specialist provided the following report:

#### **Homeless Health Summit**

• Despite hundreds of millions of dollars spent to address the homeless crisis in Los Angeles County, the number of people experiencing homelessness jumped by 12 percent from 2018 to 2019. Homelessness is closely connected to declines in physical and mental health, and that's why more than 60 leaders in health care in Los Angeles County gathered here at L.A. Care for the first ever L.A. Homeless Health Summit. The Summit was co-sponsored by L.A. Care, the Hospital Association of Southern California, the Community Clinic Association of Los Angeles County and Health Net. It aimed to identify shared priorities for homeless patients and opportunities to collectively address policies to meet their needs. A summary report is expected in the coming weeks.

#### **Family Resource Center Updates**

- The Family Resource Centers will be closed on Friday, December 13, 2019 and will also close from December 21, 2019 to December 28, 2019.
- The Community Resource Center (CRC) in Pomona will be open during regular business hours.
- A schedule of the dates the FRCs will be closed was included in the report that was provided to RCAC 11 members.

## Damares de Cordero Hernandez reported on the following information from the November and December ECAC and Board meetings:

# **Board Member Report**

- New Board Member, Nina Vaccaro, Chief Operating Officer of Community Clinic Association of Los Angeles County, was introduced.
- The Board approved Guadalupe Yepiz, Juan Alfaro, and Elizabeth Mitchell as RCAC members.
- The Board ratified Maria Angel Refugio, the current Vice Chairperson as Chairperson of the Regional Community Advisory Committee (RCAC) Region 11 for the remaining term vacated by Elda Sevilla.
- Hilda Perez, Member Representative, and James Kyle, MD, Medical Director of Quality Improvement were approved as members of the Children's Health Consultants Advisory Committee.
- The Board elected their 2020 Board Officers:
  - Hector De La Torre, Chairperson
  - Al Ballesteros, Vice Chairperson
  - Robert Curry, Treasurer
  - Layla Gonzalez, Secretary
- The Board approved Stephanie L. Taylor, PhD, and Elan Shultz as members of the Technical Advisory Committee.
- The Pomona Community Resource Center was officially opened on November 6, 2019 and held a community "Grand Opening" on November 9, 2019.

## **Care Harbor Update**

- Care Harbor saw an estimate of 2,500 patients/clients over the three-day event, including approximately 750 homeless on Friday.
- Patients/clients were guided, helped and treated by over 1, 900 professional and general volunteers over those three days.
- Over 40 public health, social service and prevention and advocacy organizations provided resources to the attends.
- L.A. Care and Blue Shield Promise were recognized as presenting sponsors in their first co-sponsoring endeavor, putting a spotlight on our new Pomona Community Resource Center.

# **ECAC Chair and Vice-Chair Nominations/Elections**

- ECAC members elected their ECAC Chair and Vice-Chair for 2020 and they are:
  - ECAC Chair: Fatima Vasquez, Chair of RCAC 7

• ECAC Vice-Chair: Cynthia Conteas-Wood, Chair of RCAC 3

# **Fluoride Varnish Applications Presentation**

- Keren Mahgerefteh, MPP, Quality Improvement Project Manager II, Quality Improvement Department, attended the ECAC meeting and presented on the following:
  - What is Fluoride Varnish?
  - How is Fluoride Varnish put on the teeth?
  - L.A. Care's Policy regarding Fluoride Varnish
- All RCAC Members received a copy of the presentation in their folder.

#### Community Outreach & Engagement (CO&E) Report

#### **Homeless Resource List**

- A Resource booklet was distributed to all members that provides information about the Los Angeles County Coordinated Entry System (CES),
  which helps facilitate the coordination and management of the homeless response systems resources that allows service providers to make data
  informed decisions from available information to efficiently and effectively connect people to interventions that will rapidly end, or prevent their
  homelessness.
- Frank Meza provided an overview of how to use the directory and informed members to use the map to identify their service area and how to locate providers based on the needs of the person seeking services.
- The name of the provider, phone number, address, and type of population they serve is included in each page of the resource guide.

## **Revisions to RCAC Operating Rules**

- Frank Meza informed the RCAC about the purpose of reviewing the RCAC Operating Rules to give members an opportunity to ask questions and provide feedback about the proposed changes.
- A copy of the "RCAC Operating Rules" was provided to the group to review and follow along while staff reviews the areas where changes will be made. A summary guide was also provided to members, which includes a "Key" to identify the changes.
- The following sections are the general areas that will be discussed:
  - Elimination of language referring to CCI Councils from Operating Rules.
  - Change CAC to RCAC in most cases.
  - Change all uses of "his and her" to "they" or "their".
  - Restoration of RCAC references throughout the document.
  - New language to clarify roles of provider members, at-large members, member residency requirements, and provide staff discretion for permitting a member to remain on an advisory committee after moving out of the committee's region.

- Frank Meza reviewed the document thoroughly with the members to ensure everyone was clear and understood the proposed changes.
- The RCAC Operating Rules will be reviewed at the RCACS during the December and January RCAC cycle, and referred to ECAC in February and the Board in March 2020 for review and final approval.
- There were no additional comments from the members.

## L.A. Cares Board of Governors 2020 Elections

- An informational sheet was distributed to all RCAC members who may be interested in running for the Member Representative or Member Advocate seat to the Board of Governors.
- Every four years, the RCAC consumer members meet to nominate two representatives to the L.A. Care Board of Governors. The election event will be held in late summer, 2020 (exact date to be determined).
- Board Services will be holding an Information session for interested candidates for either the Member Representative or the Member Advocate.
- The session will be held on January 30, 2020 from 10:00am to 12:00pm at L.A. Care Health Plan, 1055 W 7<sup>th</sup> Street, Los Angeles.
- Interested parties are to contact call Auleria Eakins at (213) 694-1250, extension 4280, to attend the information session or to get an application.

#### **Legislative Day in Sacramento**

- The RCAC was informed that every other year L.A. Care chooses representatives from the RCACs to meet with policymakers at the State Capitol about issues that impact their communities.
- RCAC Chair and Vice-Chair will be invited to attend and will be given priority, however will need to complete an "Interest Profile" sheet. There will be room to extend an additional invitation to one more RCAC member in each RCAC.
- Members that are interested will need to complete an "Interest Profile" sheet including Chairs and Vice Chairs.
- The tentative day for Legislative Day in Sacramento is Thursday, June 18, 2020. There will be two training day in May or June but dates have not been confirmed.
- All RCAC Members received an "Interest Profile" sheet and if interested in attending, they must return it to their Field Specialist in person, e-mail, or mail before the deadline on January 31, 2020.
- Members were reminded to read the profile sheet thoroughly prior to submitting the form.

## **Board of Governors Report**

- Maria Ibarra, RCAC Member was absent and was not able to report from the November 7, 2019 Board Meeting:
- Marlene Paz, RCAC Member did not attend the September Board Meeting and was not able to provide a report.

#### **RCAC Members Attending ECAC**

- Marlene Paz, RCAC 10 member is scheduled to attend the ECAC meeting on January 8, 2020 at L.A. Care.
- Marta Perez, RCAC 10 member is scheduled to attend the ECAC meeting on February 12, 2020 at L.A. Care.
- ECAC is scheduled from 10:00am to 1:00pm at L.A. Care Health Plan in Downtown L.A.

## RCAC Members Attending the Board of Governors (BOG)

- The January 2, 2019 Board of Governors meeting will be cancelled due to the Holiday and will resume on February 2020.
- Janner Gavidia, RCAC 10 Member will attend the BOG meeting on Thursday, February 6, 2020.
- Sarai Angeles, RCAC 10 Member will attend the BOG meeting on Thursday, March 5, 2020.
- The Board of Governors meeting is scheduled from 2:00pm 5:00pm at L.A. Care.

# III. REGIONAL ISSUES Group

- RCAC Member stated she has issues with "Call the Car" because she states when they pick her up they ask her questions that may be personal and some of the drivers are eating while they drive. In addition, she mentioned when scheduling an appointment for "Call the Car" they almost on all case loose her reservation.
- Member Advocate, Sylvia Gochuico offered to speak to Ms. Paz about her issues and concerns with Call the Car. Ms. Paz will speak to Ms. Gochuico at the end of the meeting.

# IV. GET UP AND MOVE Felicia Gray, Liaison and Group

• All RCAC members took a ten-minute break.

# V. RCAC WORK-PLAN Group

## **Community Outreach Event**

• Frank Meza provided members who participated and completed their Colorectal Cancer Outreach with a "Certificate of Completion" for their efforts and a gift card for all of their hard work in the 2018-2019 Work Plan project.

## Work-Plan Project 2019-2020

• More information and details will be provided at their February 20, 2020 RCAC meeting.

# VII. FUTURE AGENDA ITEM Group

• There were no future agenda items proposed.

## VIII. MEETING EVALUATION Group

• RCAC members took 5 minutes to complete meeting evaluations.

## IX. PUBLIC COMMENTS Group

- Fresia Paz, RCAC Member shared the following events to encourage members to attend or pass the word out:
  - East Los Angeles College Health Fair Saturday, March 21, 2020 from 8:30am-2:00pm at East Los Angeles College
  - Lynwood City Park Health Fair Saturday, January 18, 2020 from 10:00am 2:00pm at Lynwood City Park located at 11301 Bullis Rd., Lynwood.
  - Mother Market & Kitchen on Saturday, January 4, 2020 from 11:00 3:00pm in the City of Manhattan Beach. Ms. Paz will post additional information on the black board.

## X. ADJOURNMENT Group

## **Next Meeting Date**

- Meeting Adjourned at 4:30 p.m.
- The next meeting is scheduled for Thursday, February 20, 2020 at the East Los Angeles Family Resource Center located at 4801 Whittier Blvd., Los Angeles, CA 90022 from 2:00 p.m. 4:30 p.m.

## **Respectfully Submitted by:**

Frank Meza, Community Outreach Field Specialist

## Approved by:

Damares O Hernandez de Cordero, RCAC 10 Chair

In the absence of the chair, approved by the Vice-Chair:

Name:

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Frank Meza, Community Outreach Field Specialist

Approved by: Damanes O Holes de Cordera

Damares O Hernandez de Cordero, RCAC 10 Chair

In the absence of the chair, approved by the Vice-Chair:

Name: