



**Regional Community Advisory Committee (RCAC)  
Region 10 - East Los Angeles, Whittier, Highland Park - Committee Summary**

**The East Los Angeles Family Resource Center**

4801 Whittier Blvd.  
Los Angeles, CA 90022  
Thursday, June 20, 2019  
2:00 PM - 4:30 PM

**MEMBER ATTENDANCE**

**STAFF/MANAGEMENT**

Maria Luz Alvarado	(P)	Marlene Paz	(P)	Frank Meza, <i>Community Outreach Field Specialist</i>
Sarai Angeles	(P)	Martha Perez	(P)	Manny Vizcarra, <i>Community Outreach Liaison</i>
Damara De Cordero	(P)	Ana Rubio	(P)	Angel Sotelo, <i>Member Advocate</i>
Janner Gavidia	(P)	Norma Flores	(P)	
Ruben Gavidia	(P)	Blanca Villagran	(E)	
Maria Ibarra	(P)	Oswaldo Lopez, Advocate	(E)	
Engracia Lopez	(P)			
Fresia Paz	(P)			

**PUBLIC**

**INTERPRETERS**

		Eduardo Kogan, Paola Albira, <i>Spanish Interpreters</i>

**(P)** present **(E)** excused absent **(U)** unexcused absent

**MEETING SUMMARY, DISCUSSION AND FOLLOW UP**

AGENDA ITEM	LEAD
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I.	<b>WELCOME AND INTRODUCTION</b>	<b>Frank Meza, <i>Field Specialist</i></b> <b>Fresia Paz, <i>Vice Chair</i></b>
<p><b><u>L.A. Care’s Mission Statement / Three Goals of CO&amp;E and RCACs</u></b></p> <ul style="list-style-type: none"> <li>• Fresia Paz, Vice Chair, called the meeting to order at 2:00pm. Everyone introduced themselves.</li> <li>• The RCAC Vice Chair will be chairing the meeting twice a year to support their leadership development and enhance their meeting facilitation skills.</li> <li>• RCAC members reviewed the RCAC meeting “Ground Rules” prior to the start of the meeting.</li> <li>• RCAC members read the L.A. Care’s Mission statement and the three Goals of Community Outreach and Engagement. (Health Promotion, Advocacy and Community Partnerships).</li> </ul>		
II.	<b>BUSINESS</b>	<b>Frank Meza, <i>Field Specialist</i></b> <b>Damaris de Cordero, <i>Chair</i></b>
<p><b><u>Approval of Agenda &amp; Meeting Summary</u></b></p> <ul style="list-style-type: none"> <li>• The agenda for June 20, 2019 was approved as presented.</li> <li>• The meeting summary for April 18, 2019 was approved as presented.</li> </ul> <p><b><u>ECAC Meeting Report</u></b></p> <p><b>Norma Flores, RCAC 10 Member provided her report from the May 8, 2019 ECAC Meeting:</b></p> <ul style="list-style-type: none"> <li>• Medi-Cal expansion proposed to cover undocumented young adults from 19 to 26 year’s old who meet all other eligibility criteria, regardless of documentation status.</li> <li>• Mr. Santos reported about the Medical School Scholarship Program and how it supports graduate medical students working to become primary care physicians who will be serving L.A. Care members.</li> <li>• Frank Meza also added information about the 33 new physicians in L.A. County as a result of Elevating the Safety Net Program. Currently, 24 new applications for grants were submitted and 8 new students will be announced over the Summer for classes starting the Fall of this year.</li> <li>• There were 1, 525 IHSS Worker graduates from the California Long-Term Care Education Center (CLTCEC) program as of April 25. This is an important program that has helped IHSS workers and consumers better understand available care management resources.</li> </ul> <p><b>Blanca Villagran, RCAC Member was not present and was not able to provide a report from the June 12, 2019 ECAC Meeting.</b></p> <p><b>Fresia Paz, Vice Chair, provided the following report in her place:</b></p> <ul style="list-style-type: none"> <li>• Cal Fresh enrollment began June 1, 2019. L.A. Care has an active plan to begin educating staff and members of the changes to Cal Fresh.</li> </ul>		

## **Board of Governors Report**

### **Norma Flores, RCAC Member provided her report from the April 4, 2019 Board Meeting:**

- Ms. Flores reiterated information about the Safety Net Initiative and how it Supports graduate medical students working to become primary care physicians who will be serving L.A. Care members.

### **Ana Rubio, RCAC Member provided her report from the April 4, 2019 Board Meeting:**

- Ms. Rubio reiterated on information about the Cal Fresh enrollment which began June 1, 2019. L.A. Care has an active plan to begin educating staff and members of the changes to Cal Fresh.
- People can apply for Cal Fresh at your nearest Family Resource Center, in person at the DPPS offices, on line, by phone or by mail.

### **RCAC Members Attending ECAC**

- Maria Luz Alvarado, RCAC 10 member is scheduled to attend the ECAC meeting on July 10, 2019 at L.A. Care.
- The ECAC Meeting will not meet in August and will resume on September 11, 2019,
- Sarai Angeles, RCAC 10 member is scheduled to attend the ECAC meeting on September 11, 2019 at L.A. Care.
- ECAC is scheduled from 10:00am to 1:00pm at L.A. Care Health Plan in Downtown L.A.

### **RCAC Members Attending the Board of Governors (BOG)**

- Marta Perez, RCAC 10 Member will attend the BOG meeting on Thursday, July 25, 2019.
- The Board of Governors meeting will not meet in August but will resume on September 5, 2019.
- The Board will have an all-day Retreat on September 5, 2019 at Joan Palevsky Center, California Community Foundation, 221 S. Figueroa Street, Los Angeles, CA 90012
- Marlene Paz, RCAC 10 Member will attend the September 6, 2019 Board of Governors meeting.

## **Community Outreach & Engagement (CO&E) Report**

### **Cultural & Linguistics Presentation**

- Frank Meza presented information about services the Cultural & Linguistics Department provides to L.A. Care Members. The services that are provided are:
  - Face to Face Interpretation
  - Telephone Interpretation
  - TTY/TDD
  - Translation of materials in several languages
  - Alternative format, large font or Audio

- The Cultural & Linguistics Department ensures that L.A. Care members receive high quality services and provides members opportunities to provide feedback and complete evaluations on the services they provide to its members.
- In addition, the C&L Department provides trainings to L.A. Care staff and providers in person or online.
- For more information on how to request an interpreter face to face or on the telephone, members were encouraged to call the !800 number listed on the presentation.

#### **Emergency Contact Sheet**

- RCAC Members were encouraged to complete an emergency contact sheet with information that will be helpful for staff to contact in case of an emergency.
- The form is voluntary and members can call staff to update the information if it changes.
- The information will be kept confidential in a binder, and L.A. Care staff will bring it to every meeting.

#### **ECAC Leadership Training**

- The next ECAC Leadership Training is scheduled for Tuesday, July 30, 2019 at L.A. Care Health Plan from 8:30am to 2:30pm. The training is titled “Making Advocacy Work”.
- All RCAC Chairs, Vice Chairs, and At-Large Members are required to attend.

#### **New Member Orientation**

- The next New Member Orientation is scheduled for Friday, September 13, 2019 from 8:30am to 2:30pm at L.A. Care Health Plan. This orientation is only for New RCAC Members who are joining the RCAC.

<b>III.</b>	<b>REGIONAL ISSUES</b>	<b>Group</b>
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- RCAC Member shared issue with not being able to get her medication that was prescribed by her doctor. Member will follow up with Pharmacy and Member Advocate that is present at the meeting.

#### **Motions Process for RCACs and ECAC**

- Frank Meza reviewed the Motion Process Flow Chart to inform members on how the motion process works.
- Members were encouraged to familiarize themselves with this process so they can bring global issues to the RCAC and ultimately to ECAC and the Board for additional support or influence change.
- Although, the process sometimes requires other internal departments to be involved, the RCAC Chair will ensure to bring back to the RCAC any updates on its progress or resolution.
- A copy of the Motion Flow Chart was provided to everyone and were reminded to carry it in their binders for future reference.

<b>IV.</b>	<b>GET UP AND MOVE</b>	<b>Felicia Gray, Liaison and Group</b>
<ul style="list-style-type: none"> <li>All RCAC members took a ten-minute break.</li> </ul>		
<b>V.</b>	<b>RCAC WORK-PLAN</b>	<b>Group</b>
<p><b><u>20 Year Anniversary of the RCACs</u></b></p> <ul style="list-style-type: none"> <li>RCAC Members who attended the Conference to celebrate the RCACs 20-year Anniversary were presented with a Certificate of Appreciation.</li> </ul> <p><b><u>Community Sponsorships</u></b></p> <ul style="list-style-type: none"> <li>The RCAC will be sponsoring an organization that will focus on Food Security.</li> <li>Frank Meza provided a clear explanation on how the RCAC can work with community partners to effectively address Food Security and address one of many Social determinants of Health that impact their community.</li> <li>RCAC members were reminded if they know of an agency that may be interested in applying for the sponsorship to please contact Frank Meza or Felicia Gray for follow up. L.A. Care staff is also connecting with agencies to promote the Community Sponsorship.</li> </ul> <p><b><u>Community Outreach Event</u></b></p> <ul style="list-style-type: none"> <li>This year the RCAC members will be expected to participate in 1 -2 community outreach events and distribute information on Colorectal Cancer. To make this year's outreach events successful, we will be asking RCAC members to outreach individually or in a small group (no more than 3 RCAC members) to Community Based Organizations they are already involved in their communities for example: PTA's, churches, Schools, agencies, etc.</li> <li>This will allow RCAC members to have the opportunity to provide valuable information to the communities where a relationship has already been established.</li> <li>CO&amp;E staff will provide everyone on an ongoing basis with health education materials, small promo items and tally sheets to continue to record the number of outreach encounters they conducted during their outreach efforts.</li> <li>We ask all RCAC members to take pictures of their outreach efforts and share with staff as it will assist with tracking and documenting of all events. The information will also be shared and included in the annual RCAC work plan presentation.</li> <li>CO&amp;E staff will assist their committees by identifying 1 health fair or back to school event for each of their assigned RCACs.</li> <li>RCAC members will be expected to distribute information on colorectal cancer at the scheduled event.</li> <li>RCAC members who are having challenges with outreaching on their own or with a small group will be given priority to participate in the health fair or back to school event identified by staff.</li> <li>Members who participate in staff assigned outreach events will be responsible for contacting CO&amp;E staff to ensure their names are included on the list and will be contacted when the event has been established to receive date, location and time of outreach event.</li> <li>Felicia will bring more material and promotional items on Friday, June 28<sup>th</sup> to the Family Resource Center for members to pick up. The items will be available for pick-up after 10:00am.</li> </ul>		

**Gift Card Incentive**

- Members must participate in at least one community outreach event and collect 25 encounters (signatures) in order to be eligible for the annual member incentive given at the end of the year.

**VII. FUTURE AGENDA ITEM Group**

- There were no future agenda items.

**VIII. MEETING EVALUATION Group**

- RCAC members took 5 minutes to complete meeting evaluations.

**IX. PUBLIC COMMENTS Group**

- There were no public comments

**X. ADJOURNMENT Group**

**Next Meeting Date**

- Meeting Adjourned at 4:30 p.m.
- The next meeting is scheduled for Thursday, August 15, 2019 at the East Los Angeles Family Resource Center located at 4801 Whittier Blvd., Los Angeles, CA 90022 from 2:00 p.m. - 4:30 p.m.

Respectfully Submitted by:  
Frank Meza, *Community Outreach Field Specialist*

Approved by: \_\_\_\_\_  
Damaris de Cordero, *RCAC 10 Chair*

In the absence of the chair, approved by the Vice-Chair:  
Name: \_\_\_\_\_

Respectfully Submitted by:  
Frank Meza, *Community Outreach Field Specialist*

Approved by: *Damaris de Cordero*  
Damaris de Cordero, *RCAC 10 Chair*

In the absence of the chair, approved by the Vice-Chair:  
Name: \_\_\_\_\_