



Regional Community Advisory Committee (RCAC)
Region 10 - East Los Angeles, Whittier, Highland Park - Committee Summary
The East Los Angeles Family Resource Center
4801 Whittier Blvd.
Los Angeles, CA 90022
Thursday, February 21, 2019
2:00 PM - 4:30 PM

MEMBER ATTENDANCE

STAFF/MANAGEMENT

Maria Luz Alvarado		Marlene Paz		Frank Meza, <i>Community Outreach Field Specialist</i>
Sarai Angeles		Martha Perez		Felicia Gray, <i>Community Outreach Liaison</i>
Damara De Cordero		Ana Rubio		Idalia De La Torre, <i>Supervisor, Field Specialists</i>
Janner Gavidia		Norma Flores		Maribel Gonzalez, <i>Member Advocate</i>
Ruben Gavidia		Blanca Villagran		
Maria Ibarra		Oswaldo Lopez, Advocate		
Engracia Lopez				
Fresia Paz				

PUBLIC

INTERPRETERS

		Eduardo Kogan, Paola Albira, <i>Spanish Interpreters</i>

(P) present **(E)** excused absent **(U)** unexcused absent

MEETING SUMMARY, DISCUSSION AND FOLLOW UP

	AGENDA ITEM	LEAD
I.	WELCOME AND INTRODUCTION	Frank Meza, <i>Field Specialist</i> Damaris de Cordero, <i>Chair</i>
<p><u>L.A. Care’s Mission Statement / Three Goals of CO&E and RCACs</u></p> <ul style="list-style-type: none"> • Frank Meza welcomed everyone to the new location at the East Los Angeles Family Resource Center and Iris Gomez, Family Resource Center, Administrator, welcomed everyone as well and told everyone to make themselves at home. Everyone gave a nice round of applause. • In the absence of Damaris De Cordero, Vice Chair, Janner Gavidia called the meeting to order at 2:00pm. Everyone introduced themselves. • RCAC members reviewed the RCAC meeting “Ground Rules” prior to the start of the meeting. <p>***** Damaris De Cordero, RCAC Chair, arrived to the meeting and took over the agenda completing this section and moving forward *****</p> <ul style="list-style-type: none"> • RCAC members read the L.A. Care’s Mission statement and the three Goals of Community Outreach and Engagement. (Health Promotion, Advocacy and Community Partnerships). 		
II.	BUSINESS	Frank Meza, <i>Field Specialist</i> Damaris de Cordero, <i>Chair</i>
<p><u>Approval of Agenda & Meeting Summary</u></p> <ul style="list-style-type: none"> • The agenda for February 21, 2019 was approved as presented. • The meeting summary for December 20, 2018 was approved as presented. <p><u>ECAC Meeting Report</u></p> <ul style="list-style-type: none"> • Engracia Lopez, RCAC 10 Member was absent and was not able to provide her report from the January 9, 2019 ECAC Meeting. <p>Fresia Paz, RCAC Member provided her report from the February 13, 2019 ECAC Meeting:</p> <ul style="list-style-type: none"> • The Governor is proposing to expand the Medi-Cal coverage for kids up to age 26 and would include coverage for those whose immigration status is pending. He also stated that L.A. care had its biggest gain of 26, 000 members for Covered California. • If the partial government shutdown continues, millions of low-income households — including millions of poor children, parents, elderly people, and people with disabilities — could have their basic food assistance cut back substantially in March and then eliminated altogether starting in April if the shutdown continues. The President has stated that the shutdown could go on for months or even years. 		

Damaris De Cordero, RCAC provided additional information from the February 13, ECAC meeting:

- L.A. Care will use brokers to gain new members for the Cal MediConnect (CMC) plan. Previous regulations do not allow the use of brokers and marketing was very restricted. L.A. Care had contracted with 5 broker agencies, and as of February 8th, these brokers would not be able to sell the L.A. Care's CMC Plan.
- Mrs. Baackes announced that the minimum wage for L.A. Care employees has increased to \$16.50/hour.
- L.A. Care initiated a Recuperative Care Pilot Program to a facility on Pico for patients being discharged by hospitals but do not have a place or are not able to go home. L.A. Care has procured 16 beds for L.A. Care members.
- L.A. Care has renewed grants to fund "Know your Rights Workshops" to both Central American Resource Center (CARECEN-L.A.) and the Coalition for Human Immigrant Rights (CHIRLA). Both will receive \$150,000 each.
- Flu cases are still high and there have been 10 deaths in Los Angeles County due to the flu.
- The outcome of the calculations used in auto assigning people to a health plan has decreased from 64% to 54% in 2018, which is determined in part by Health Effectiveness Data and Information Set (HEDIS) scores. There will be more outreach to practitioners to educate on HEDIS measures, past performance, data review and more feedback on concerns with L.A. Care.

Board of Governors Report

Sarai Angeles, RCAC Member provided her report from the February 7, 2019 Board Meeting:

- RCAC members asked the Board of Governors members to attend the RCAC meetings so they can experience first-hand the great work that the RCACs do every day.
- Additional request for the Board was to authorize more funding for the RCACs to expand their Sponsorship projects and events.

RCAC Members Attending ECAC

- Marta Perez, RCAC 10 member is scheduled to attend the ECAC meeting on March 13, 2019 at L.A. Care.
- Ana Rubio, RCAC 10 member is scheduled to attend the ECAC meeting on April 10, 2019 at L.A. Care.
- ECAC is scheduled from 10:00am to 1:00pm at L.A. Care Health Plan in Downtown L.A.

RCAC Members Attending the Board of Governors (BOG)

- The March 7, 2019 Board of Governors meeting was cancelled and will resume their regular schedule on April 4, 2019.
- Blanca Villagran, RCAC 10 Member will attend the BOG meeting on Thursday, April 4, 2019.
- Norma Flores, RCAC 10 Member will attend the May 2, 2019 Board of Governors meeting.
- The Board of Governors meetings are from 2:00pm to 5:00pm at L.A. Care Health Plan in Downtown L.A.

Community Outreach & Engagement (CO&E) Report

Coordinated Care Initiative (CCI) Councils Update

- A Summary of the CCI Integration into the RCACs was presented to everyone. Frank Meza, Field Specialist, informed the RCAC they will not be impacted by the transition of CCI Members into RCAC 10 because there aren't any current CCI Members who reside in the Region of RCAC 10.
- 11 RCACs and the ECAC were formed in 1997 to comply with state legislation.
- The CCI Councils are not required by state legislation; they were formed in 2014 as ad-hoc committees during the launch of the Cal MediConnect program, and a contract requirement by the state.
- In January 2018, the state provided L.A. Care with more detailed guidance for a CMC Enrollee Advisory Committee, and the CCI Councils no longer meet the new requirements.
- Staff proposed to the Board of Governors (BOG) that CCI Council members be allowed to join the RCACs without completing an application, and also proposed to the BOG to modify ECAC by changing one At-Large member position from CCI At-Large Member to SPD At-Large Member, to represent seniors and people with disabilities (SPD).
- Staff wants to make sure that this transition is smooth and that the voices of these members continue to be heard through the RCACs and ECAC meetings.
- The presentation of this process will be presented during the February and March RCAC meetings cycle, and all RCAC members will have an opportunity to provide input and make recommendations on how to best integrate the CCI members into the RCACs.

Questions and Staff Recommendations

The following staff ideas were proposed and the RCAC will have an opportunity to provide input and make recommendations:

- **How can we ensure that the voices of seniors and people with disabilities are heard at RCAC meetings?**
 - Ask for feedback from members who haven't spoken at a meeting.
 - Partner with organizations that serve seniors and people with disabilities during the Work Plan.
 - The majority of members agreed with the staff recommendations.
- **At RCACs and ECAC, members have an opportunity to provide feedback on health care access issues during the Global Member Issues section of the agenda—how can we ensure SPD member voices are heard during this section?**
 - Ask for comments from members who haven't spoken during that section of the agenda
 - Include a section in Global Member Issues to specifically ask for Seniors and People with Disabilities (SPD) member issues.
 - The majority of members also agreed with the staff recommendations.
- **Staff has proposed that CCI Council members be transitioned into the RCACs without an application. What are your comments on this proposal?**

- Allow CCI Council members to join a RCAC if they are interested, without applying and without the 6-month provisional period.
- RCAC members suggested all CCI members transition into their designated RCAC without completing an additional application because they are already part of a L.A. Care committee.
- All RCAC Members were given an opportunity to provide additional comments.
- Members suggested when RCAC 10 participates in health fairs or events in the community, that they recruit members who are Seniors and People with Disabilities.

Elevating Advocacy Conference

- The Community Outreach & Engagement Department will host its 2019 Spring Conference to celebrate 20 years of Community Engagement and Empowerment, which will celebrate the RCACs 20th year anniversary.
- The event will take place at St. Anne’s Conference Center from 8:30am to 3:00pm at 155 N. Occidental Blvd., Los Angeles, CA 90026.
- All RCAC members are required to attend and any absences will be considered an excused absence.
- RCAC members were asked to RSVP and to indicate whether they will require transportation.
- The pick-up location for RCAC 10 is scheduled for 7:00am at the Family Resource Center at 4801 Whittier Blvd., Los Angeles, CA 90022

III.	REGIONAL ISSUES	Group
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- Member stated medicine that was prescribed to her was not covered by the Pharmacy. Member will talk to the Member Advocate for additional assistance.
- RCAC member was concerned that his doctor doesn’t prescribe him the medicine he needs. He states he is happy with his doctor but is frustrated with the office staff and the referral process which is always delayed.

IV.	GET UP AND MOVE	Felicia Gray, <i>Liaison</i> and Group
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- All RCAC members took a ten-minute break.

V.	RCAC WORK-PLAN	Group
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Health Promoters Program – Protecting Yourself from Colorectal Cancer Presentation

- Elda Sevilla, L.A. Care Health Promoter, provided a presentation on “Protecting Yourself from Colorectal Cancer”. The presentation will provide basic information on Colorectal Cancer, prevention and risk factors.

- The content of this presentation was provided by the American Cancer Society, and the Health Promoters Program. Ms. Sevilla distributed index cards for additional comments, suggestions or questions from the members.
- A pre-test and post-test will be distributed during the presentation.
- The training will cover the following information:
 - What is Cancer?
 - What is Colorectal Cancer?
 - How common is Colorectal Cancer?
 - Risk Factors and how to lower your risk of Colorectal Cancer
 - Colorectal Cancer Screening Guidelines
- A copy of the presentation can be obtained by contacting the assigned Field Specialist of RCAC 10 or by calling the Community Outreach & Engagement Department Toll Free line at 1-888-839-9909.

Community Sponsorships

- The RCAC will be sponsoring an organization/event that will focus on the Social Determinants of Health that impact their community. The two topics that have been identified are Food Security and Early Childhood Development.
- Frank Meza provided additional information about the two topics to give members a clear understanding of what they are and how the RCAC can work with community partners to effectively address the health topic.
- Mr. Meza asked the RCAC to vote on one of the two topics the results are the following:
 - Food Security – Majority
 - Early Childhood Development - 3
- RCAC members will have an opportunity to further discuss and plan for the upcoming sponsorship project.

Community Outreach Events

- RCAC members will have an opportunity to partner up with a variety of Community Based Organizations (CBOs) as a collaborative to support each other's programs and projects.
- RCAC Members were asked at the previous RCAC meeting to bring one name of a community based organization they may know or have worked with in the past. Everyone was given an opportunity to bring the agencies contact information for the April RCAC meeting.
- More information will be provided at the next schedule meeting on April 16, 2019.

Outreach Events

- RCAC members will have more time at their April meeting to start working and discussing the messaging for their outreach efforts. In addition, staff will review the number of outreach events RCAC members will be responsible for.
- Staff will develop a system to effectively schedule and track everyone's attendance and progress during the work-plan projects and events.

VII.	FUTURE AGENDA ITEM	Group
<ul style="list-style-type: none"> • There were no future agenda items. 		
VIII.	MEETING EVALUATION	Group
<ul style="list-style-type: none"> • RCAC members took 5 minutes to complete meeting evaluations. 		
IX.	PUBLIC COMMENTS	Group
<ul style="list-style-type: none"> • There were no public comments 		
X.	ADJOURNMENT	Group
<p><u>Next Meeting Date</u></p> <ul style="list-style-type: none"> • Meeting Adjourned at 4:30 p.m. • The next meeting is scheduled for Thursday, April 18, 2019 at the East Los Angeles Family Resource Center located at 4801 Whittier Blvd. Los Angeles, CA 90022 from 2:00 p.m. - 4:30 p.m. 		

Respectfully Submitted by:
Frank Meza, Community Outreach Field Specialist

Approved by: _____
Damaris de Cordero, RCAC 10 Chair

In the absence of the chair, approved by the Vice-Chair:
Name: _____

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