



## Regional Community Advisory Committee (RCAC) - Region 10

### L.A. Care Health Plan East L.A. Family Resource Center

4801 Whittier Blvd.  
Los Angeles, CA 90022  
Thursday, August 15, 2019  
2:00 p.m. - 4:30 p.m.

### Goals for Today's Meeting

1. Learn about L.A. Care business from the Executive Community Advisory Committee (ECAC) and the Community Outreach & Engagement Department (CO&E).
2. Provide an opportunity to identify community issues affecting members in the region.
3. Connect with Health Navigators to address Individual and Global issues.

### Meeting Agenda

I. Welcome & Introductions	(10 min.)	2:00 p.m. - 2:10 p.m.	Agenda Lead
A. Introduction to Meeting Goals, L.A. Care's Mission and Meeting Etiquette. B. Review of Agenda			Damaris de Cordero, <i>Chairperson</i> Frank Meza, Field Specialist
<b>GOAL: Get to know each other and review the goals for the meeting and agenda items.</b>			
II. Business	(70 min.)	2:10 p.m. - 3:20 p.m.	Agenda Lead
A. Approval of Agenda & Summary B. ECAC Report (10 min) <ul style="list-style-type: none"><li>• July 10, 2019</li></ul> C. Board of Governors Report (10 min) <ul style="list-style-type: none"><li>• July 25, 2019</li></ul> D. CO&E Report (50 min) <ul style="list-style-type: none"><li>• American Red Cross Presentation</li><li>• ECAC Leadership Training</li><li>• New Member Orientation</li></ul>			Damaris de Cordero, <i>Chairperson</i>  <b>RCAC 10 Members</b> Maria Luz Alvarado  <b>RCAC 10 Members</b> Marta Perez  Frank Meza, <i>Field Specialist</i> American Red Cross
<b>GOAL: Approve today's meeting agenda and December meeting minutes.</b> ✓ Receive updates from the ECAC and Board of Governors meetings. ✓ Receive an update from the CO&E Department.			
III. Regional Issues	(30 min.)	3:20 p.m. - 3:50 p.m.	Agenda Lead
A. Community Member Issues B. Seniors & People with Disabilities			Frank Meza, <i>Field Specialist</i>

<b>GOAL: An opportunity to identify community issues affecting members in the region</b>			
<b>IV. Get Up &amp; Move/Break</b>	<b>(10 min.)</b>	<b>3:50 p.m. - 4:00 p.m.</b>	<b>Agenda Lead</b>
<ul style="list-style-type: none"> <li>An opportunity to stretch and move</li> </ul>			Felicia Gray, <i>Liaison</i>
<b>V. RCAC Community Work Projects</b>	<b>(15 min.)</b>	<b>4:00 p.m. - 4:15 p.m.</b>	<b>Agenda Lead</b>
<b>A. Community Sponsorships</b> <b>B. Community Outreach Events (Colorectal Cancer)</b>			Frank Meza, <i>Field Specialist</i>
<b>GOAL: Discuss the completion of the 2018-2019 RCAC Community Work Projects.</b>			
<b>VI. Future Agenda Items</b>	<b>(5 min.)</b>	<b>4:15 p.m. - 4:20 p.m.</b>	<b>Agenda Lead</b>
			Group
<b>VII. Meeting Evaluations</b>	<b>(5 min.)</b>	<b>4:20 p.m. - 4:25 p.m.</b>	<b>Agenda Lead</b>
<b>A. Complete meeting evaluation forms</b>			Group
<b>VIII. Public Comments</b>	<b>(5 min.)</b>	<b>4:25 p.m. - 4:30 p.m.</b>	<b>Agenda Lead</b>
<ul style="list-style-type: none"> <li>Each public member is given 2 minutes for comments</li> </ul>			Group
<b>IX. Adjournment</b>		<b>4:30 p.m.</b>	<b>Agenda Lead</b>
<b>A. Next Meeting Date: Thursday, October 17, 2019</b>			Damaris de Cordero, <i>Chairperson</i>

\*\*\*\*\* PLEASE BE ON TIME \*\*\*\*\*

***NOTE: Members, your absence will be considered unexcused if you do not call Felicia Gray at (213) 694-1250, Ext. 4163 to inform him that you will not be attending the meeting.***

**Community Outreach & Engagement  
Toll Free Line 1-888-522-2732**

**L.A. Care's Line of Business Phone Numbers**  
888-839-9909 Medi-Cal  
844-854-7272 PASC SEIU  
855-270—2327 L.A. Care Covered  
888-522-1298 CMC  
TTY for all LOBs is 711  
Toll Free Line 1-888-839-9909