

Regional Community Advisory Committee (RCAC) Region 9 - Long Beach Committee Summary

First Congregational Church of Long Beach 241 Cedar Avenue Long Beach, CA 90802

Monday, September 16, 2019 9:30 am - 12:00 pm

MEMBERS STAFF/MANAGEMENT

Bunly Buth	P	Vuthny Hor	P	Arun Tes Yang, Vice-Chair	P	Kristina Chung, Field Specialist
Tonya Byrd, Chair	P	Heang Por Ing	P			Hilda Herrera, <i>Liaison</i>
Ichnarin Chea	P	Sambour Lay	P	COMMUNITY PARTNERS		Sylvia Gochuico, Member Advocate
Vandy Chin	E	Deaka McClain	P	The Children's Clinic	P	Idalia De La Torre, Supervisor
Maria Cruz	P	Ravy Morrath	P	Cambodian Association of	P	
				America		
Thoura Day	P	Savy Pol	P			
Cristina Deh-Lee	P	Sheila Thach	P			
Carmencita Fernandez	P	Samouth Vonn	P			
Richard Hernandez	P	Alma Whitehurst	P			

(P) PRESENT (E) EXCUSED (U) UNEXCUSED

<u>PUBLIC</u> <u>INTERPRETERS</u>

Elizabeth Mitchell		Eduardo Kogan, Spanish	Anette Mendez, Spanish
		Interpreter	Interpreter
		Vesna Loek, <i>Khmer</i>	Sina New, Khmer Interpreter
		Interpreter	_

MEETING SUMMARY, DISCUSSION AND FOLLOW UP

	AGENDA ITEM	LEAD
I.	WELCOME AND	Kristina Chung, Field Specialist
	INTRODUCTIONS	Tonya Byrd, <i>Chair</i>

- Tonya Byrd, *Chair*, called the meeting to order at 9:50 a.m. and asked everyone to introduce themselves.
- Cristina Deh-Lee read the meeting Ground Rules.
- Kristina Chung, Field Specialist, reviewed the agenda for today's meeting.

II.	BUSINESS	Kristina Chung, Field Specialist	
		Tonya Byrd, Chair	

Approval of Agenda & Summary

- Ms. Byrd asked the committee members to review today's meeting agenda.
- The agenda was approved as presented.
- Ms. Byrd asked the committee members to review the July 2019 meeting summary.
- The meeting summary was approved as presented.

Committee members were given 3 minutes to review the September 2019 ECAC Report.

Members who attended the Executive Community Advisory Committee (ECAC) and Board of Governors (BOG) meetings reported on the following:

August 2019 ECAC Report

• There was no meeting in August.

September 2019 ECAC Report (Ravy Morrath)

- Citywide, L.A. Care's vendor who provides transportation, has a camera on its vehicles to record instances. The videos are only good for 24 hours and then they are deleted. If members have an issue, it is important to report it immediately.
- L.A. Care will be opening a Family Resource Center (FRC) in Long Beach in 2020.
- RCAC members reported that many local officials were not aware of the CalFresh program now available to SSI recipients.

August 2019 ECAC Report

There was no meeting in August.

September 2019 BOG Report (Deaka McClain)

- The Board meeting took place offsite at the California Community Foundation office in Downtown LA.
- Ms. Cooper requested that for the Board of Governors elections next year, there should be a representative of the Seniors and People with Disabilities (SPD) population from the regional centers representing members.
- The FRCs are partnering with Blue Shield of California Promise Health Plan to open up Community Resource Centers. The next Center to be open is in Pomona.
- L.A. Care has partnered with CVS to provide urgent care services to L.A. Care members at CVS's Minute Clinics. Members should contact L.A. Care's Member Services Department for more information and locations.

ECAC Meeting Attendance

- Sheila Thach will attend the October 9, 2019 ECAC meeting scheduled from 10:00 a.m. to 1:00 p.m. at L.A. Care Health Plan.
- Samouth Vonn will attend the November 13, 2019 ECAC meeting scheduled from 10:00 a.m. to 1:00 p.m. at L.A. Care Health Plan.

BOG Meeting Attendance

- Alma Whitehurst will attend the October 3, 2019 BOG meeting scheduled from 2:00 p.m. to 5:00 p.m. at L.A. Care Health Plan.
- Arun Tes Yang will attend the November 7, 2019 BOG meeting scheduled from 2:00 p.m. 5:00 p.m. at L.A. Care Health Plan

COMMUNITY OUTREACH & ENGAGEMENT (CO&E) REPORT:

Health Care Workforce Development Presentation

• Ozzie Lopez, Regional Director of the Health Workforce Initiative and former L.A. Care Board member, presented on pathways into healthcare employment. If members are interested, Ozzie can connect local Long Beach community colleges to come to RCAC 9 to give more information on certain jobs in the health care field.

Public Charge

• Members will receive a letter from John Baackes, L.A. Care's CEO, on public charge and a fact sheet that includes resources in the mail.

ECAC Leadership Training

• The last ECAC Leadership Training for all Chairs, Vice-Chairs and At-Large Members will be held on Friday, September 27, 2019 from 8:30 a.m. to 2:30 p.m. at L.A. Care Health Plan. The training topic will be "Health Equity and Equality – Understanding the Needs of Our Members".

RCAC 9 - Meeting Location Change

- Members decided to change the meeting time to 10:00 am 12:30pm.
- The following are suggestions for the meeting space:
 - o Scottish Temple
 - o Billy Jean Library (Downtown Long Beach)
 - o St. Mary Medical Center
 - o Alpert Jewish Community Center
 - o Senior Recreation Center next to Poly High
 - Goodwill Industries
- Ms. Chung will provide an update on the new location at the next meeting.

III. REGIONAL ISSUES Group

SPD Representation

• Deaka McClain stated some former CCI members do not feel welcome in the RCACs. She suggested letting members know about the role of the SPD Member-At-Large position.

Transportation

• Alma Whitehurst brought up the issues with transportation to the RCAC meetings. The pickup time is too early or they pick her up in the wrong location of her residence. Idalia De La Torre, *Supervisor*, asked members to be ready 30 minutes prior to pick up and that any issues with transportation should be forwarded to Hilda Herrera who is the coordinator of transportation.

Durable Medical Equipment

• Deaka McClain explained that she needed a walker and her doctor instructed her to go to a medical supply company. The company told her that they don't accept Medi-Cal and that she would have to pay cash. Deaka was able to get help from Harbor Regional Center to resolve this issue. Ms. De La Torre clarified that L.A. Care could assist only if the member has both Medi-Cal and Medicare through L.A. Care.

IV. GET UP & MOVE Group

Members took a 15-minute break.

V.	RCAC/COMMUNITY	Kristina Chung, Field Specialist
	WORK PLAN	

2019 Colorectal Outreach

Ms. Chung reminded members that the tally sheets for colorectal cancer outreach are due by September 30th. Members were also asked to provide pictures from the events.

2019 Sponsorship Update

• Ms. Chung announced that Precious Lambs, a pre-k program for children of homeless clients, has been awarded RCAC 9's sponsorship of \$5,000.

VI.	FUTURE AGENDA	Group
	ITEMS	

• There were no items discussed.

VII.	MEETING	Group
	EVALUATIONS	

• Members were reminded to complete and turn in the meeting evaluation included in their packets.

VIII. PUBLIC COMMENTS Group

- The Children's Clinic is coordinating "Celebrate Families Festival" on Saturday, September 28, 2019 at Shoreline Aquatic (200 Aquarium Way, Long Beach, CA). The free event will be highlighting the resources available for families in Long Beach. Assistance with CalFresh applications are also available at The Children's Clinic.
- Legal aid assistance for Public Charge is available at the Cambodian Association of America (CAA) every Tuesday from 9am -11am. CAA is located at 2390 Pacific Avenue. For more information, call 562-988-1863.
- Cristina Deh-Lee passed out information on energy efficient appliances from Southern California Edison. She also passed out a measles fact sheet from the LA County's Public Health Department.
- Deaka McClain will be speaking at the "Hidden Disabilities" conference on Saturday, September 21, 2019 at the Grace First Presbyterian Church located at 3955 N. Studebaker Road, Long Beach, CA 90808. The free event is from 1-4pm. To register, contact the church at (562) 420-3393 or register through Evite.

X. ADJOURNMENT Group

• The next RCAC 9 meeting will be on **Monday**, **November 18**, **2019** from **9:30** am to **12:00** pm. The meeting site will be at the First Congregational Church of Long Beach located at 241 Cedar Avenue, Long Beach, CA 90802.

Submitted by:	Approved by:
Kristina Chung, Field Specialist	Tonva Byrd, RCAC 9 Chair

Submitted by:
Kristina Chung, Field Specialist

Approved by Tonya Byrd, RCAC 9 Chair