

# Regional Community Advisory Committee (RCAC) Region 9 - Long Beach Committee Summary

First Congregational Church of Long Beach 241 Cedar Avenue Long Beach, CA 90802

> Monday, July 15, 2019 9:30 am - 12:00 pm

**MEMBERS** 

**STAFF/MANAGEMENT** 

1-121-12-21-C						O TITLE / THE TITLE IN THE
Bunly Buth	P	Vuthny Hor	P	Rita Sisowath	P	Kristina Chung, Field Specialist
Tonya Byrd, <b>Chair</b>	P	Heang Por Ing	P	Sheila Thach	P	Manny Vizcarra, <i>Liaison</i>
Ichnarin Chea	P	Nesima Istrefi	P	Samouth Vonn	P	Sylvia Gochuico, Member Advocate
Vandy Chin	P	Tina Johnson	E	Alma Whitehurst	P	
Maria Cruz	P	Sambour Lay	P	Arun Tes Yang, Vice-Chair	P	
Thoura Day	P	Deaka McClain	P			
Cristina Deh-Lee	P	Ravy Morrath	P	<b>COMMUNITY PARTNERS</b>		
Carmencita Fernandez	P	Savy Pol	P	The Children's Clinic	P	
Richard Hernandez	P	Lorena Quezada	P	Cambodian Association of	P	
				America		

(P) PRESENT (E) EXCUSED (U) UNEXCUSED

<u>PUBLIC</u> <u>INTERPRETERS</u>

Leng Bun	Elizabeth Mitchell	Ama Gusebio	Eduardo Kogan, Spanish	Ruth Nuno, Spanish Interpreter
			Interpreter	Sina New, Khmer Interpreter
			Visna Loek, Khmer	
			Interpreter	

# MEETING SUMMARY, DISCUSSION AND FOLLOW UP

	AGENDA ITEM	LEAD
I.	WELCOME AND	Kristina Chung, Field Specialist
	INTRODUCTIONS	Arun Tes Yang, Vice-Chair

- Arun Tes Yang, Vice-Chair, called the meeting to order at 9:35 a.m. and asked everyone to introduce themselves.
- Kristina Chung, Field Specialist, reviewed the agenda for today's meeting.

II.	BUSINESS	Kristina Chung, Field Specialist	
		Arun Tes Yang, Vice-Chair	

# **Approval of Agenda & Summary**

- Ms. Yang asked the committee members to review today's meeting agenda.
- The agenda was approved as presented.
- Ms. Yang asked the committee members to review the May 2019 meeting summary.
- The meeting summary was approved as presented.

Committee members were given 3 minutes to review the July2019 ECAC Report.

Members who attended the Executive Community Advisory Committee (ECAC) and Board of Governors (BOG) meetings reported on the following:

# June 2019 ECAC Report (Cristina Deh-Lee)

- L.A. Care has partnered with CVS to provide urgent care at Minute Clinics located at CVS pharmacies. This service will reduce hospital emergency room visits. There are currently 14 Minute Clinics in L.A. County. L.A. Care members can contact Member Services at 1-888-839-9909 for locations.
- CalFresh enrollment began on June 1, 2019. People can apply in the following ways:
  - o over the phone at (866) 613-3777
  - o Online (www.yourbenefits.laclrs.org)
  - o In person at a CalFresh Office Locations are online www.yourbenefits.laclrs.org
  - o By Mail
  - o Family Resource Centers (DPSS will be there weekly for enrollment)
- Ms. Alma Whitehurst stated that CalFresh is based on your income.

Ms. Nesima Istrefi shared that it varies monthly.

# July 2019 ECAC Report (Vuthny "Jenny" Hor)

- Medi-Cal expansion will include undocumented adults.
- Post-partum care has been extended to 6 months.

#### June 2019 BOG Report (Sambour Lav)

- Ms. Elizabeth Cooper requested that the next Board of Governors meeting be held in the San Fernando Valley.
- L.A. Care will be moving to the Garland building in 2024.

#### July 2019 BOG Report (Heang Por Ing)

• There was no report due to Heang Por Ing not being able to attend.

#### **ECAC Meeting Attendance**

- There is no meeting in August.
- Ravy Morrath will attend the September 11, 2019 ECAC meeting scheduled from 10:00 a.m. to 1:00 p.m. at L.A. Care Health Plan.

#### **BOG Meeting Attendance**

- There is no meeting in August.
- Deaka McClain will attend the September 5, 2019 BOG meeting. This will be the Board retreat so more information for time and location will be forwarded at a later time.

#### COMMUNITY OUTREACH & ENGAGEMENT (CO&E) REPORT:

#### **Childcare Reimbursement Policy**

Manny Vizcarra, *Liaison*, provided the following information:

- Childcare reimbursement will not be provided to the spouse or legal guardian of the child or to siblings of the child/children living at the same location as the child/children. A sibling is considered a male or female greater than 16 year of age who lives at the same residence as the child. (Special consideration will be taken for care of a child or children with special needs).
- Childcare reimbursement may be available only for children from birth to 11 years of age, or children with special needs of any age.
- To apply for childcare reimbursement, the parent or legal guardian must provide the following information:
  - o Proof of age
  - Certification of approval for home schooling from the state, if appropriate
  - o School vacation and holiday schedule

- To apply for childcare reimbursement for a child/children with <u>special needs</u>, the parent or legal guardian must submit one of the following:
  - o A letter from the Social Security Administration identifying payment to you for child/children with a disability or;
  - o Certification of disability from the child's/children healthcare or mental health provider.

#### **C&L Presentation**

The C&L Presentation was presented by Ms. Chung and included the following:

- C&L's Program and Services
- Report on services provided last fiscal year
- Information about cultural and linguistic services and how to access them
- Member Comments and Feedback

#### **20th Anniversary RCAC Certificates**

• Members who attended the Spring RCAC conference will receive a certificate in the mail.

# **Emergency Contact Sheet**

• This is a form that all members of the RCAC can fill out so that L.A. Care staff knows who to contact in case of an emergency. It is voluntary and we encourage members to update the information should their emergency contact information change. An emergency binder containing this information will be brought to all RCAC meetings.

#### **ECAC Leadership Training**

- The next ECAC Leadership Training will be on Tuesday, July 30, 2019 from 8:30 a.m. to 2:30 p.m. at L.A. Care Health Plan. This training is for all Chairs, Vice-Chairs and At-Large Members. The training topic will be "Making Advocacy Work".
- **New Member Orientation**
- The next New Member Orientation will be on Friday, September 13, 2019 from 8:20 a.m. to 2:30 p.m. at L.A. Care Health Plan. The training is mandatory for all new RCAC members as it is a requirement to attend during their provisional membership status.

#### III. REGIONAL ISSUES Group

**RCAC Motion Flow Chart** 

• Ms. Chung reviewed the RCAC motion flow chart which explains how a motion is brought up for discussion at the RCACs and how it proceeds to the ECAC and Board of Governors.

# IV. GET UP & MOVE Group

• Members took a 10 minute stretch break.

V.	RCAC/COMMUNITY	Kristina Chung, Field Specialist
	WORK PLAN	

#### 2019 Colorectal Outreach

Ms. Chung explained the outreach component of the work plan project.

- This year, RCAC members can attend an outreach event or create an event of their own. Members have the option to partner with other RCAC members to outreach together. Some examples of locations that members can conduct outreach are churches, schools, laundry mats, apartment complexes (in which they reside), etc. Members will need to outreach to at least 25 people and take a picture to turn in with their tally sheets.
- Outreach is a requirement of all RCAC members and only members who have completed this requirement will receive the \$25 gift card at the end of the year.
- Members who have participated in the Cambodian Festival have completed their outreach responsibility but have the option to do more outreach if they choose.

# **2019 Sponsorship Update**

• Ms. Chung explained that the Sponsorship process has been finalized and she will contact agencies to explain the application process.

# VI. FUTURE AGENDA Group

- The RCAC members decided to discuss the change of RCAC 9's meeting location at the September RCAC meeting.
- Members would like more information on why L.A. Care members who receive services at the Regional Centers cannot be part of CalMediConnect.

VII.	MEETING	Group
	FVALUATIONS	

• Members were reminded to complete and turn in the meeting evaluation included in their packets.

# VIII. PUBLIC COMMENTS Group

• A member had a question on why Arun Tes Yang is no longer providing health education at a local Senior Center. Manny Vizcarra explained that Arun brought this same question up at the ECAC meeting. Kristina stated that she would forward the request to Tanisia Johnson, *Health Promoter Supervisor*.

- Cristina Deh-Lee said that she met a recipient of the Brilliant Corners aid and that he received assistance with housing.
- The Salvation Army provides free food through its food bank on Tuesdays and Thursdays.
- There will be a neighborhood clean up on July 17<sup>th</sup> from 8:30 am 11:30 am at 1530 E. Anaheim Street, Long Beach.
- Nicole Sun from the Cambodian Association of America (CAA) provided information on CAA's Job Readiness Training Program.

X. ADJOURNMENT Gro
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• The next RCAC 9 meeting will be on Monday, September 16, 2019 from 9:30 am to 12:00 pm. The meeting site will be at the First Congregational Church of Long Beach located at 241 Cedar Avenue, Long Beach, CA 90802.

Submitted by:	Approved by:
Kristina Chung, Field Specialist	Arun Tes Yang, RCAC 9 Vice-Chair

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Tonya Byrd, RCAC 9 Chair