



**Regional Community Advisory Committee (RCAC)
Region 9 – Long Beach
Committee Summary**

**First Congregational Church of Long Beach
241 Cedar Avenue
Long Beach, CA 90802**

**Monday, May 20, 2019
9:30 am - 12:00 pm**

MEMBERS

STAFF/MANAGEMENT

| | | | | | | |
|--------------------------|----------|----------------|----------|----------------------------------|----------|---|
| Bunly Buth | P | Vuthny Hor | P | Rita Sisowath | P | Idalia De La Torre, <i>Field Specialist Supervisor</i> |
| Tonya Byrd, Chair | P | Heang Por Ing | P | Sheila Thach | P | Kristina Chung, <i>Field Specialist</i> |
| Ichnarin Chea | P | Nesima Istrefi | P | Samouth Vonn | P | Manny Vizcarra, <i>Liaison</i> |
| Vandy Chin | P | Tina Johnson | P | Alma Whitehurst | P | Maria Rodriguez-Camarena, <i>Member Advocate</i> |
| Maria Cruz | P | Sambour Lay | P | Arun Tes Yang, Vice-Chair | P | Hilda Perez, <i>Health Promoter & Member Representative of the Board of Governors</i> |
| Thoura Day | P | Deaka McClain | P | | | Cindy Pozos, <i>Liaison</i> |
| Cristina Deh-Lee | P | Ravy Morrath | P | <u>COMMUNITY PARTNERS</u> | | |
| Carmencita Fernandez | P | Savy Pol | P | The Children's Clinic | P | |
| Richard Hernandez | P | Lorena Quezada | P | | | |

(P) PRESENT (E) EXCUSED (U) UNEXCUSED

PUBLIC

INTERPRETERS

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| Melody Moua, <i>Public</i> | | | Eduardo Kogan, <i>Spanish Interpreter</i> Bo Uce, <i>Khmer Interpreter</i> | Ruth Nuno, <i>Spanish Interpreter</i> Sina New, <i>Khmer Interpreter</i> |
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MEETING SUMMARY, DISCUSSION AND FOLLOW UP

| | AGENDA ITEM | LEAD |
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| I. | WELCOME AND INTRODUCTIONS | Idalia De La Torre, <i>Field Specialist Supervisor</i> Tonya Byrd, <i>Chair</i> |
| | | <ul style="list-style-type: none"> • Tonya Byrd, <i>Chair</i>, called the meeting to order at 9:45 a.m. and asked everyone to introduce themselves. • Kristina Chung, <i>Field Specialist</i>, welcomed the following CCI members to their first RCAC 9 meeting: Carmencita Fernandez, Deaka McClain, Nesima Istrefi, Richard Hernandez, Tina Johnson, and Alma Whitehurst. • Ms. Chung also thanked the members for the card and flowers following her leave of absence. • Idalia De La Torre, <i>Field Specialist Supervisor</i>, reviewed the agenda for today’s meeting. • Many of the CCI members joining the RCAC brought up their concern for the meeting time. They would prefer that the meeting started in the afternoon to accommodate their needs. RCAC members also brought up the issue of parking for the current meeting location. It was agreed upon by the committee that this would be on the agenda for the August 2019 meeting for discussion. |
| II. | BUSINESS | Idalia De La Torre, <i>Field Specialist Supervisor</i> Tonya Byrd, <i>Chair</i> |
| | | <p><u>Approval of Agenda & Summary</u></p> <ul style="list-style-type: none"> • Ms. Byrd asked the committee members to review today’s meeting agenda. • The agenda was approved as presented. • Ms. Byrd asked the committee members to review the March 2019 meeting summary. • The meeting summary was approved as presented with two abstentions. <p>Committee members were given 3 minutes to review the May 2019 ECAC Report.</p> <p>Members who attended the Executive Community Advisory Committee (ECAC) and Board of Governors (BOG) meetings reported on the following:</p> <p><u>April 2019 ECAC Report (Maria Cruz)</u></p> <ul style="list-style-type: none"> • There is a new transportation vendor for L.A. Care. • A girl with a medical emergency was taken in a helicopter for medical services. |

May 2019 ECAC Report (Vandy Chin)

- Undocumented immigrants from the age of 19-26 can apply for Medi-Cal.
- CalFresh (formerly known as food stamps) applications will be available starting June 1, 2019. Arun Tes Yang, *RCAC 9 Chair*, asked if a person receives CalFresh, if their SSI payments be reduced. Ms. De La Torre explained that receiving CalFresh will not impact SSI payments. Deaka McClain explained that SSDI is different than SSI. Ms. McClain applied for SSDI and receives \$15 a month. She reminded members that you have 3 months to use the money or the payments will be cut off. Nesima Istrefi also noted that people may apply online. Ms. De La Torre also noted that a letter will be mailed out explaining the enrollment for June 1st. Ms. Byrd mentioned that a DPSS Representative is there every Tuesday to assist with CalFresh applications.
- Alma Whitehurst mentioned Section 8 and SSI.
- Richard Hernandez stated that he works at the Disabled Resource Center which can also assist with applying to public programs. The Center is located at 2700 East Spring Street in Long Beach and can be reached at (562) 427-1000.
- CCI members have joined the RCACs. Ms. Cooper, *RCAC 2 Member*, had concerns regarding the CCI transition.

April 2019 BOG Report (Sheila Thach)

- Ms. Cooper stressed the importance of undocumented immigrants receiving mental health services.
- Doctors have been recruited through the Elevating the Safety Net Program.

May 2019 BOG Report (Ichnarin Chea)

- CCI has transitioned to the RCACs.
- The difference between Urgent Care and Emergency Room was discussed.

ECAC Meeting Attendance

- Cristina Deh-Lee will attend the June 12, 2019 ECAC meeting scheduled from 10:00 a.m. to 1:00 p.m. at L.A. Care Health Plan.
- Vuthny Hor will attend the July 10, 2019 ECAC meeting scheduled from 10:00 a.m. to 1:00 p.m. at L.A. Care Health Plan.

BOG Meeting Attendance

- Sambour Lay will attend the June 6, 2019 BOG meeting scheduled from 2:00 p.m. to 5:00 p.m. This meeting will be offsite at the Hillcrest Community Meeting House located at 2705 Mountain View Drive, La Verne, CA 91750.
- Heang Por Ing will attend the July 25, 2019 BOG meeting scheduled from 2:00 p.m. to 5:00 p.m. at L.A. Care Health Plan.

Community Outreach & Engagement (CO&E) Report:

2019 RCAC Spring Conference (Feedback)

- Ms. De La Torre asked the committee for feedback on the Spring Conference.
 - Deaka McClain requested an ad-hoc committee for the SPD population.
 - Arun Tes Yang said it was better than before – more opportunity to take pictures and the venue was cleaner. Transportation was difficult. Ms. McClain also stated that she had transportation issues when she asked to arrive early but the transportation was late.
 - Vuthny Hor stated that food was good and the staff was helpful.
 - Ravy Morrath said that she enjoyed the photo booth.
- Ms. De La Torre gave the following members a certificate and mug for their participation in 2017-2018 work plan project: Sambour Lay, Savy Pol, Samouth Vonn and Cristina Deh-Lee (will receive the certificate at a later time).

ECAC Leadership Training

- The next ECAC Leadership Training will take place on Friday, May 31, 2019 from 8:30 am – 2:30 pm at L.A. Care’s Downtown LA office. The focus of the training will be on Managing Conflict and Conversations. All RCAC Chairs/Vice-Chairs and At-Large Members are required to attend the training.

New Member Orientation (NMO)

- The next New Member Orientation will take place on Friday, June 7, 2019 from 8:30 am – 2:30 pm at L.A. Care. All new RCAC members are required to attend the orientation.

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| III. | GET UP & MOVE | Group |
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- Members took a 10-minute stretch break.

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| IV. | REGIONAL ISSUES | Group |
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- Committee members were reminded that if there were any individual member issues they would like to report, to please see Maria Rodriquez-Camarena, *Member Advocate*, who will be available during and after the meeting.
- For global issues, members can discuss with the committee to get feedback from other members.
- Ms. Byrd shared that she had an issue with “Call the Car”, the new transportation vendor for L.A. Care. She left her house keys in the taxi but had difficulty locating her keys because transportation is arranged by L.A. Care. She filed a grievance with L.A. Care and was able to get her keys back. She shared Call the Car’s direct number which is 844-905-2272.
- Ms. Yang asked if a member has to have surgery and cannot make it to the RCAC meetings, if they can be allowed more than 3 excused meetings. Ms. De La Torre explained that the member would need to resign and re-apply for membership.

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| V. | RCAC/COMMUNITY WORK PLAN | Idalia De La Torre, <i>Field Specialist Supervisor</i> |
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2018 RCAC Work Plan Project

2018- 2019 Sponsorship

- Committee members were asked to suggest organizations that focus on food security and early childhood education.
 - Maya’s Center
 - Long Beach Community Garden
 - Cal State Long Beach – Childhood and Family Development Center
 - Lidia’s House
 - Precious Lambs Gathering Lutheran Church
- Ms. Chung will contact the organizations and provide an update at the next RCAC meeting.

2018-2019 Community Health Topic - Colorectal Cancer Messaging

- Hilda Perez, *L.A. Care Health Promoter*, gave a presentation on the messaging for colorectal cancer outreach events which included the following:
 - What is Colorectal Cancer?
 - Risk Factors and how to lower your risk of Colorectal Cancer
 - Colorectal Cancer Screening Guidelines

2018-2019 Outreach Events

- Ms. De La Torre explained that for this year’s work plan project, all members will have the responsibility of coordinating a small outreach event or finding an existing outreach event to provide at least 25 people in the community colorectal cancer information. Examples of outreach events can include churches, schools, PTA or outside businesses such as supermarkets or laundromats.
- The following members have participated in the Cambodian Festival that took place on April 27, 2019 at El Dorado Park in Long Beach: Tonya Byrd, Ravy Morrath, Arun Tes Yang and Sheila Thach. These members have completed their work plan responsibilities.

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| VI. | FUTURE AGENDA ITEMS | Group |
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- There were no items discussed.

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| VII. | MEETING EVALUATIONS | Group |
| <ul style="list-style-type: none"> Members were reminded to complete and turn in the meeting evaluation included in their packets. | | |
| VIII. | PUBLIC COMMENTS | Group |
| <ul style="list-style-type: none"> Melody Moua from the Cambodian Association of America (CAA) spoke about CAA's Healthy Marriage Healthy Life Program. The following topics are covered in the Program: Benefits of Healthy Marriage/Relationships, Effective Communication Skills, Conflict Resolution/Anger Management, Roles & Responsibilities and Parenting Strategies. | | |
| X. | ADJOURNMENT | Group |
| <ul style="list-style-type: none"> The next RCAC 9 meeting will be on Monday, July 15, 2019 from 9:30 am to 12:00 pm. The meeting site will be at the First Congregational Church of Long Beach located at 241 Cedar Avenue, Long Beach, CA 90802. | | |

Submitted by: _____
 Kristina Chung, *Field Specialist*

Approved by: _____
 Tonya Byrd, *RCAC 9 Chair*

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