



**Regional Community Advisory Committee (RCAC)
Region 9 – Long Beach
Committee Summary**

**First Congregational Church of Long Beach
241 Cedar Avenue
Long Beach, CA 90802**

**Monday, March 18, 2019
9:30 am - 12:00 pm**

MEMBERS

STAFF/MANAGEMENT

Bunly Buth	P	Ravy Morrath	P	Idalia De La Torre, <i>Field Specialist Supervisor</i>
Tonya Byrd, Chair	P	Savy Pol	U	Manny Vizcarra, <i>Liaison</i>
Ichnarin Chea	P	Lorena Quezada	U	Maria Rodriquez-Camarena, <i>Member Advocate</i>
Vandy Chin	P	Rita Sisowath	P	Hilda Perez, <i>Health Promoter & Member Representative of the Board of Governors</i>
Maria Cruz	P	Sheila Thach	P	
Thoura Day	P	Samouth Vonn	E	
Cristina Deh-Lee	P	Arun Tes Yang, Vice-Chair	P	
Heang Por Ing	P			
Vuthny Hor	P	<u>COMMUNITY PARTNERS</u>		
Sambour Lay	U	The Children’s Clinic	E	

(P) PRESENT (E) EXCUSED (U) UNEXCUSED
PUBLIC

INTERPRETERS

Andra McFerson, <i>Public</i>		Paula Alvira, <i>Spanish Interpreter</i>	Samedy Chhum, <i>Khmer Interpreter</i>
Petra Cruz, <i>Public</i>		Eduardo Kogan, <i>Spanish Interpreter</i>	Bo Uce, <i>Khmer Interpreter</i>

MEETING SUMMARY, DISCUSSION AND FOLLOW UP

	AGENDA ITEM	LEAD
I.	WELCOME AND INTRODUCTIONS	Idalia De La Torre, <i>Field Specialist Supervisor</i> Tonya Byrd, <i>Chair</i>
	<ul style="list-style-type: none"> • Tonya Byrd, <i>Chair</i>, called the meeting to order at 9:41 a.m. and asked everyone to introduce themselves. • Idalia De La Torre, <i>Field Specialist Supervisor</i>, reviewed the content of the meeting folder and the agenda for today's meeting. • Ravy Morrath, <i>RCAC 9 member</i>, reviewed the meeting ground rules. • Cristina Deh-Lee, <i>RCAC 9 member</i>, read the L.A. Care Mission (To provide access to quality health care for Los Angeles County's vulnerable and low income communities and residents and to support the safety net required to achieve that purpose) and the 3 Pillars of Community Outreach & Engagement Department (Health Promotion, Health Advocacy and Partnership). 	
II.	BUSINESS	Idalia De La Torre, <i>Field Specialist Supervisor</i> Tonya Byrd, <i>Chair</i>
	<p><u>Approval of Agenda & Summary</u></p> <ul style="list-style-type: none"> • Ms. Byrd asked the committee members to review today's meeting agenda. • The agenda was approved as presented. • Ms. Byrd asked the committee members to review the January 2019 meeting summary. • The meeting summary was approved as presented. <p>Committee members were given 3 minutes to review the March 2019 ECAC Report.</p> <p>Members who attended the Executive Community Advisory Committee (ECAC) and Board of Governors (BOG) meetings reported on the following:</p> <p><u>February 2019 ECAC Report</u></p> <p>Rita Sisowath, <i>RCAC 9 member</i>, attended the February ECAC meeting and reported on the following:</p> <ul style="list-style-type: none"> • The Government shutdown did not affect food stamps but if it would have continued in March, it would have affected those families who are currently receiving food stamp services. • Dr. Seidman reported that the outcomes of the calculations used in auto assigning people to a health plan has decreased due to low HEDIS scores. 	

- L.A Care initiated a Recuperative Care Pilot Program to a facility on Pico for patients being discharged by hospitals but do not have a place or are not able to go home. L.A. Care has procured 16 beds for L.A. Care members.

March 2019 ECAC Report

Arun Tes Yang, *RCAC 9 member*, attended the March ECAC meeting and reported on the following:

- L.A Care Health Plan has a new transportation service vendor called “Call the Car”. The new transportation service vendor will provide transportation services to L.A. Care members for their healthcare services.
- The discussion of the transition of CCI members into the RCACs will continue for the month of March. Staff will collect input and create a report that will be presented to the Executive Committee of the Board during their April meeting scheduled for April 22, 2019.
- ECAC created an Ad-hoc committee for ECAC members to make recommendations on celebrating African American month as well as other important months like Hispanic Heritage month and Chinese New Year Celebration.

February 2019 BOG Report

- Samouth Vonn *RCAC 9 member*, was not present at the meeting and was unable to provide a report for the February 2019 BOG meeting.

ECAC Meeting Attendance

- Maria Cruz will attend the April 10, 2019 ECAC meeting scheduled from 10:00 a.m. to 1:00 p.m. at L.A. Care Health Plan.
- Vandy Chin will attend the May 8, 2019 ECAC meeting scheduled from 10:00 a.m. to 1:00 p.m. at L.A. Care Health Plan.

BOG Meeting Attendance

- Sheila Thach will attend the April 4, 2019 BOG meeting scheduled from 2:00 p.m. to 5:00 p.m. at L.A. Care Health Plan.
- Ichnarin Chea will attend the May 2, 2019 BOG meeting scheduled from 2:00 p.m. to 5:00 p.m. at L.A. Care Health Plan.

Community Outreach & Engagement (CO&E) Report:

CCI Transition

- Ms. De La Torre spoke to the committee members about the CCI transition and reviewed the material that was mailed to all CAC members explaining why and when the transition of CCI members to the RCACs will occur.
- Background information on the CCI Councils was reviewed:
 - The CCI Councils were formed in 2014 as ad-hoc committees during the launch of Cal MediConnect as a contract requirement.
 - In January 2018, the state provided L.A. Care with more detailed guidance for a CMC Enrollee Advisory Committee.
 - The CCI Councils do not meet the new state requirements.
- Staff has proposed to the Board of Governors (BOG) that CCI Council members be allowed to join the RCACs without an application.

- Staff has also proposed to the BOG to modify ECAC by changing one At-Large member position from CCI At-Large Member to SPD At-Large member, to represent seniors and people with disabilities (SPD) members.
- Staff wants to make sure that this transition is smooth and that the voices of these members continue to be heard through the RCACs and ECAC.
- Members were given the opportunity to participate in the Member Comment Session to hear from consumer advisory committee members on how to best integrate the CCI Councils back into the RCACs.
- The following four questions were asked and included are the responses that members provided:
 - How can we ensure that the voices of seniors and people with disabilities are heard at RCAC meetings?
 - Staff ideas were shared and members agreed with the suggested ideas about asking for feedback from those members who are less vocal and to partner with organizations that serve seniors and people with disabilities during the work plan.
 - At RCACs and ECAC, members have an opportunity to provide feedback on health care access issues during the Global Member Issues section of the agenda – how can we ensure SPD member voices are heard during this section?
 - Staff ideas were shared and members agree with the suggested ideas about asking for comments from members who haven't spoken during that section of the agenda and include a section in Global Member issues to specifically ask for SPD member issues.
 - Staff has proposed that CCI Council members be transitioned into the RCACs without an application. What are your comments on this proposal?
 - Staff ideas were shared and members agreed with the suggested idea to allow CCI Council members to join a RCAC if they are interested, without applying and without the -6-month provisional period.
 - Are there any other comment you want to share?
 - Members are looking forward to having the CCI members join the RCACs.
 - Members are concerned if the new meeting location will meet the needs of the CCI members who are requesting to join RCAC 9. Members were informed that the place had ramps to get to the meeting room.
 - A public member made a comment to break down agendas for members so it will be easier to understand and follow the agenda.
 - A public member suggested to make the meetings longer to accommodate Seniors and People with Disability (SPD). Also add on the agenda a section for SPD members to talk about their health care services.
 - A public member requested that there be an increase in stipend if the meeting times are extended.

“Elevating Advocacy”- Celebrating 20 years of Community Engagement and Empowerment Conference

- The annual conference will be held on Friday, March 22, 2019 from 8:30 a.m. to 3:00 p.m. at St. Anne's Conference Room located at 155 N. Occidental Blvd. Los Angeles, CA 90026.
- The conference will not only be focusing on advocacy but also will be celebrating 20 years of the RCACs providing input, leadership and advocacy to the communities of Los Angeles County.

- We are asking all committee members to attend as it is part of their commitment as members of the RCACs.
- All eligible committee members will receive a stipend for their attendance.
- RCAC 9 will be provided transportation to the event. The pick-up site will be as follows:
 - Veterans Park located at 101 E. 28th Street, Long Beach, CA 90806. Pick-up time will be 7:00 a.m.
- All committee members were asked to RSVP for the event and indicate if they will be using the transportation services provided by L.A. Care Health Plan.
- If committee member's sign-up for L.A. Care's transportation and end up driving to the event, they will not be eligible to submit mileage reimbursement.

2017-2018 RCAC Work Plan Recognition

- Committee members who participated in the 2017-2018 work plan projects were recognized with a certificate of participation and given an L.A. Care promotional item for their support.

III.	GET UP & MOVE	Group
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- Members took a 10-minute stretch break.

IV.	REGIONAL ISSUES	Group
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- Committee members were informed that if there were any individual members issues they would like to report, to please see Maria Rodriquez-Camarena, *Member Advocate*, who will be available during and after the meeting.
- Cristina Deh-Lee encouraged members that if they receive any types of survey's or questionnaires about their recent visit with the doctor, please complete them as they do read them and try to make changes because that was the experience she had as she completed one for a doctor visit she has that was not very pleasant and when she received the survey she completed and documented her concerns and the next time she had a visit, it was better.

V.	RCAC/COMMUNITY WORK PLAN	Idalia De La Torre, <i>Field Specialist Supervisor</i>
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2018 RCAC Work Plan Project

2018- 2019 Sponsorship

- This year the RCACs work plan will be sponsorships.
- The sponsorships will allow committee members to contribute to strengthening/establishing partnerships, without partaking in financial decision-making.

- Those organizations interested in the sponsorship will not be required to submit a formal application and will minimize demands on staff time to solicit and review applications.
- The work plan sponsorships will align with organization-wide focus on Social Determinants of Health.
- The RCAC will vote which Social Determinants of Health they would like to focus for their work plan, Food Security or Early Childhood Education.
- The committee members of RCAC 9 voted and the following was recorded:
 - Food Security = 6
 - Early Childhood Education = 6
- The committee members continued to vote and the outcomes were the same so the committee members will continue to further identify that one Social Determinant of Health they will like to focus for his new fiscal year. They even recommend sponsoring two organizations, one that focuses on food security and the other on early childhood development.
- We will provide the committee members more information on the next steps at the next RCAC 9 meeting in May.

2018-2019 Community Health Topic - Colorectal Cancer

- Hilda Perez, *L.A. Care Health Promoter*, gave a training on “Protecting Yourself from Colorectal Cancer”. The content was provided by the American Cancer Society and L.A. Care Health Plan Health Promoters Program. The training covered the following information:
 - What is Cancer?
 - What is Colorectal Cancer?
 - How common is Colorectal Cancer?
 - Risk Factors and how to lower your risk of Colorectal Cancer.
 - Colorectal Cancer Screening Guidelines
- A copy of the presentation can be obtained by contacting the assigned Field Specialist of RCAC 9 or calling the Community Outreach & Engagement Toll Free line at 1-888-839-9909.

2018-2019 Outreach Events


- This new fiscal year, the committee members will be participating in community outreach events in their assigned region. Committee members will be providing information on colorectal cancer to the community.
- At the next scheduled meeting in May, members will be trained on the messaging and the next steps for the outreach events.
- The Cambodian Festival is scheduled for Saturday, April 27, 2019 at El Dorado Park in Long Beach. The CO&E Department has already registered as a vendor. Those RCAC 9 members that would like to assist at the event, please inform Manuel Vizcarra so that we can contact you to provide you more information.

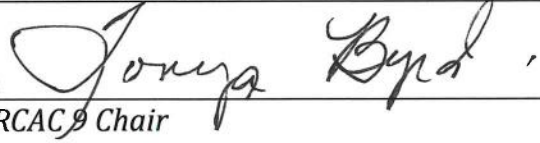
VI.	FUTURE AGENDA ITEMS	Group
<ul style="list-style-type: none"> • There were no items discussed. 		
VII.	MEETING EVALUATIONS	Group
<ul style="list-style-type: none"> • Members were reminded to complete and turn in the meeting evaluation included in their packets. 		
VIII.	PUBLIC COMMENTS	Group
<ul style="list-style-type: none"> • There will be a free U.S Citizenship Fair on Saturday, March 30, 2019 and Saturday, May 18, 2019 from 9:00 a.m. to 1:00 p.m. on both dates at Jenny Oropeza Community Center located at 401 Golden Ave. Long Beach, CA 90802. 		
X.	ADJOURNMENT	Group
<ul style="list-style-type: none"> • The next RCAC 9 meeting will be on Monday, May 20, 2019 from 9:30 am to 12:00 pm. The meeting site will be at the First Congregational Church of Long Beach located at 241 Cedar Avenue, Long Beach, CA 90802. 		

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 Idalia De La Torre, *Field Specialist Supervisor*

Approved by: _____
 Tonya Byrd, *RCAC 9 Chair*

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