



**Regional Community Advisory Committee (RCAC)
Region 9 – Long Beach
Committee Summary**

**First Congregational Church of Long Beach
241 Cedar Avenue
Long Beach, CA 90802**

**Monday, January 28, 2019
9:30 am - 12:00 pm**

MEMBERS

STAFF/MANAGEMENT

Bunly Buth	P	Ravy Morrath	P	Idalia De La Torre, <i>Field Specialist Supervisor</i>
Tonya Byrd	P	Savy Pol	P	Manny Vizcarra, <i>Liaison</i>
Ichnarin Chea	P	Lorena Quezada	U	Vanessa Bernal, <i>Health Navigator</i>
Vandy Chin	P	Rita Sisowath	P	
Maria Cruz	P	Sheila Thach	P	
Petra Cruz Fernandez, <i>Vice-Chair</i>	P	Samouth Vonn	P	
Thoura Day	P	Arun Tes Yang	P	
Cristina Deh-Lee, <i>Chair</i>	P			
Heang Por Ing	P	<u>COMMUNITY PARTNERS</u>		
Sambour Lay	P	The Children’s Clinic	P	

(P) PRESENT PUBLIC

INTERPRETERS

Vuthny Hor, <i>Public</i>		Paula Alvira, <i>Spanish Interpreter</i>	Sina New, <i>Khmer Interpreter</i>
		Eduardo Kogan, <i>Spanish Interpreter</i>	Bo Uce, <i>Khmer Interpreter</i>

MEETING SUMMARY, DISCUSSION AND FOLLOW UP

	AGENDA ITEM	LEAD
I.	WELCOME AND INTRODUCTIONS	Idalia De La Torre, <i>Field Specialist Supervisor</i> Tonya Byrd, <i>Chair</i>
	<ul style="list-style-type: none"> • Tonya Byrd, <i>Chair</i>, called the meeting to order at 9:45 a.m. and asked everyone to introduce themselves. • Idalia De La Torre, <i>Field Specialist Supervisor</i>, reviewed the content of the meeting folder and the agenda for today's meeting. • Ravy Morrath, <i>RCAC 9 member</i>, reviewed the meeting ground rules. • Tonya Byrd read the L.A. Care Mission (To provide access to quality health care for Los Angeles County's vulnerable and low income communities and residents and to support the safety net required to achieve that purpose) and the 3 Pillars of Community Outreach and Engagement Department (Health Promotion, Health Advocacy and Partnership). 	
II.	BUSINESS	Idalia De La Torre, <i>Field Specialist Supervisor</i> Tonya Byrd, <i>Chair</i>
	<p><u>Approval of Agenda & Summary</u></p> <ul style="list-style-type: none"> • Ms. Byrd asked the committee members to review today's meeting agenda. • The agenda was approved as presented. • Ms. Byrd asked the committee members to review the November 2018 meeting summary. • The meeting summary was approved as presented. <p>Committee members were given 3 minutes to review the January 2019 ECAC Report.</p> <p>Members who attended the Executive Community Advisory Committee (ECAC) and Board of Governors (BOG) meetings gave a report on the following:</p> <p><u>December 2018 ECAC Report</u></p> <p>Ravy Morrath, <i>RCAC 9 member</i>, attended the December ECAC meeting and reported on the following:</p> <ul style="list-style-type: none"> • UCLA has signed a three year contract with L.A. Care Health Plan to allow L.A. Care members who have critical and challenging health conditions to use their services. • A presentation on the outcomes of the 2018 Advisory Committee work plan projects was reviewed during the meeting. The 2018 work plan partnership focused on improving women's health and L.A. Care offered funding opportunities for not-for-profit entities to help L.A. 	

Care members with increasing access to women's health services and raising awareness of community resources available to the community.

January 2019 ECAC Report

Savy Pol, *RCAC 9 member*, was scheduled to attend the meeting but was unable to attend the meeting.

December 2018 BOG Report

Arun Tes Yang, *RCAC 9 member*, attended the December BOG meeting and reported on the following:

- L.A. Care Covered California open enrollment will be ending on Tuesday, January 15, 2019.
- There was an update on the CCI restructure. The information will be taken back to the RCACs and CCI Councils January 2019 and February 2019 for members to provide comments on the CCI restructure.
- L.A. Care Health Plan is encouraging everyone to go and get their flu shot.

ECAC Meeting Attendance

- Rita Sisowath will attend the February 13, 2019 ECAC meeting scheduled from 10:00 a.m. to 1:00 p.m. at L.A. Care Health Plan.
- Arun Tes Yang will attend the March 13, 2019 ECAC meeting scheduled from 10:00 a.m. to 1:00 p.m. at L.A. Care Health Plan.

BOG Meeting Attendance

- Samouth Vonn will attend the February 7, 2019 BOG meeting scheduled from 2:00 p.m. to 5:00 p.m. at L.A. Care Health Plan.
- Sheila Thach will attend the March 7, 2019 BOG meeting scheduled from 2:00 p.m. to 5:00 p.m. at L.A. Care Health Plan. The March BOG meeting is currently a placeholder, which means the meeting might happen or it might be cancelled. If the meeting is cancelled, Sheila Thach will be notified and asked to attend the April BOG meeting scheduled for April, 4, 2019.

Community Outreach & Engagement (CO&E) Report:

Code of Conduct and Standards of Behavior Training

Ms. De La Torre and Mr. Vizcarra provided a training on L.A. Care's Code of Conduct and the L.A. Care RCAC/CCI Member Standard of Behavior. The training included the following:

- Standards of Behavior
 - Personal Responsibilities: Take an active role, be on time, act in a safe and respectful manner, be respectful, make decisions in the best interest of L.A. Care Health Plan, do not promise that L.A. Care will support activities unless officially approved by authorized L.A. Care staff, provide correct information and maintain all L.A. Care property in good condition.
 - Policies and Procedures: L.A. Care does not tolerate unlawful discrimination or harassment of any person, prohibited to bring weapons to any L.A. Care meeting or event, prohibited the use of alcohol and illegal drugs at any L.A. Care meeting or event, use

of L.A. Care property or budgeted funds for any personal gain is prohibited, L.A. Care does not permit the selling, or purchase of items from other any individual present at a RCAC event or meeting.

- Conflicts of Interest: You must comply with L.A. Care Health Plan's policies that prohibit conflicts of interest. These include, but are not limited to, general prohibitions against accepting any gifts or money from persons, businesses, or organization doing business with L.A. Care Health Plan.
- A group activity was conducted to ensure that members understood the L.A. Care RCAC/CCI Member Standards of Behavior.
- L.A. Care Code of Conduct
 - The Code is a guide to ensure compliance with the rules and regulations that govern LA. Care business.
 - The Code was developed based on the following guiding principles:
 - Honesty and integrity are based on truthfulness and the absence of deception and fraud.
 - We must be accountable and accept responsibility for our actions, including working diligently to correct our errors and to help L.A. Care Health Plan achieve our mission.
 - Books, records and documents must be created and maintained for L.A. Care's business and transactions are to be accurate.
 - Everyone subject to this Code must acquire knowledge, make sound decisions and use the authority delegated to them only in the best interest of L.A. Care Health Plan.
 - CO&E staff reviewed the document and ensure that everyone understood L.A. Care's Code of Conduct.
- All Committee members received a copy of L.A. Care's Code of Conduct and L.A. Care RCAC/CCI Member Standard of Behavior for their records and where asked to sign a certificate of receipt and understanding, certifying that they have received the L.A. Care Code of Conduct, read and understand that compliance with the provisions of the Code of Conduct is mandatory, and agree to abide by its provisions.

RCAC 9 new Meeting Site

- Committee members had the opportunity to provide feedback on the new meeting site. Committee members like the new meeting site but found the parking lot difficult to find as it is one block from the meeting location. Committee members are also recommending that there be signage in the main entrance or if that is not allowed, to have staff or a RCAC 9 member at the entrance of the church to guide them to the meeting room.

2019 CAC Spring Conference

- Community Outreach & Engagement Department will host the Elevating Advocacy Conference celebrating 20 years of Community Engagement and Empowerment. The event will be held on Friday, March 22, 2019 from 8:30 a.m. to 3:00 p.m. at St. Anne's Conference Room located at 155 N. Occidental Blvd. Los Angeles, CA 90026.
- The Conference is mandatory for all RCAC members and those members that are eligible will receive a stipend for attending the event.
- Transportation will be provided to RCAC 9 members. If members choose to drive to the event, they will receive mileage reimbursement and parking validation.

		<ul style="list-style-type: none"> • Committee members were asked to RSVP for the event and indicate if they will be needing transportation services to the conference. • Committee Members chose Veteran’s Park in Long Beach as the pick-up site for RCAC 9 members using L.A. Care’s transportation.
III.	GET UP & MOVE	Group
		<ul style="list-style-type: none"> • Members took a 15-minute stretch break.
IV.	REGIONAL ISSUES	Group
		<ul style="list-style-type: none"> • Committee members were informed that if there were any individual members issues they would like to report, to please see Vanessa Bernal, <i>Health Navigator</i>, who will be available during and after the meeting.
V.	RCAC/COMMUNITY WORK PLAN	Idalia De La Torre, <i>Field Specialist Supervisor</i>
		<ul style="list-style-type: none"> • L.A. Care is finalizing the 2019 work plan project and will provide an update at a future meeting.
VI.	FUTURE AGENDA ITEMS	Group
		<ul style="list-style-type: none"> • There was no items discussed.
VII.	MEETING EVALUATIONS	Group
		<ul style="list-style-type: none"> • Members were reminded to complete and turn in the meeting evaluation included in their packets.
VIII.	PUBLIC COMMENTS	Group
		<ul style="list-style-type: none"> • A Committee members informed the group of the upcoming Cambodia New Year. A committee member would like RCAC 9 to participate and once she receives more information, will contact Idalia De La Torre so she can register RCAC 9 to participate and do health education outreach.
X.	ADJOURNMENT	Group
		<ul style="list-style-type: none"> • The next RCAC 9 meeting will be on Monday, March 18, 2019 from 9:30 am to 12:00 pm. The meeting site will be at the First Congregational Church of Long Beach located at 241 Cedar Avenue, Long Beach, CA 90802.

Submitted by:

Idalia De La Torre, *Field Specialist Supervisor*

Approved by:

Tonya Byrd, *RCAC 9 Chair*

Submitted by: Idalia De La Torre
Idalia De La Torre, Field Specialist Supervisor

Approved by: Tonya Byrd 3/18/19
Tonya Byrd, RCAC 9 Chair