



**Regional Community Advisory Committee (RCAC)  
Region 7 – Huntington Park, Cudahy, Bell, Norwalk - Committee Summary**

YWCA Supervisor Gloria Molina Community Empowerment Center

7515 Pacific Blvd., Walnut Park, Huntington Park, CA 90255

Thursday, May 16, 2019

2:00PM - 4:30PM

MEMBER ATTENDANCE		STAFF/MANAGEMENT	
Norma A. Alvarez	<b>P</b>	Guadalupe Sandoval	<b>p</b>
Dalia Cadena	<b>P</b>	Maria Toscano	<b>P</b>
Gloria Lupercio	<b>P</b>	Evencio Vargas	<b>P</b>
Elsa Martinez	<b>P</b>	Fatima Vazquez, <b>Chair</b>	<b>P</b>
Guadalupe Perez	<b>P</b>	Maria G. Villasenor	<b>P</b>
		Laura Lopez	<b>P</b>

**(P)** present **(E)** excused absent **(U)** unexcused absent

PUBLIC	INTERPRETERS

**MEETING SUMMARY, DISCUSSION AND FOLLOW UP**

	AGENDA ITEM	LEAD
<b>I.</b>	<b>WELCOME AND INTRODUCTION</b>	<b>Martin Vicente, Field Specialist - Fatima Vazquez, Chair</b>

**L.A. Care’s Mission Statement / Focus of CO&E and RCACs**

- RCAC members read L.A. Care’s Mission statement and the three pillars of Community Outreach and Engagement. (Health Promotion, Health Advocacy and Partnership).

- RCAC members reviewed the RCAC meeting “Ground Rules” prior to the start of the meeting.
- Fatima Vazquez, *RCAC Chair* called the meeting to order at 2:00pm. Everyone introduced themselves.

<b>II.</b>	<b>BUSINESS</b>	<b>Martin Vicente Field Specialist - Fatima Vazquez, Chair - Cindy Pozos, Liaison</b>
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**Approval of Agenda & Meeting Summary**

- Members approved today’s agenda.
- Martin Vicente reviewed the summary with members and explained to them what a summary entails.
- Martin Vicente guided members on areas where they should focus when reviewing and approving summaries
- The March 21, 2018 meeting summary was approved as presented.

**ECAC and Board Meeting Update**

Guadalupe Perez, RCAC 7 member, was assigned to attend the ECAC meeting on April 10, 2019, Mrs. Perez did not attend the meeting and no report was available.

Fatima Vazquez, RCAC 7 Chair gave the following report from the ECAC meeting on April 10, 2019:

- New RCAC members were approved from different regions.
- The last CCI meeting minutes were approved by ECAC, the meeting minutes from the last CCI meetings were not able to be approved by the CCI Councils because there were no CCI meeting due to the transition of the CCI members to the RCACs.
- Mrs. Vazquez reported that ECAC received a presentation by L.A. Care’s Culture and Linguistic departments about the member’s rights to request interpreters and also request materials like video and audio in the appropriate language.

Maria Sandoval, RCAC 7 member, was schedule to attend the ECAC meeting in the month of May, Mrs. Sandoval could not attend and Dalia Cadena took her place, Mrs. Cadena gave the following report from the ECAC meeting on May 8. 2019:

- Mrs. Cadena reported that John Baackes, L.A. Care’s CEO, informed that there are more doctors in L.A. Care’s safety net.
- Mr. Oaxaca informed about the extension of CalMedi Connect until December 22<sup>nd</sup>, 2022.
- Members were informed that L.A. Care staff is being train on emergency response during L.A. Care’s committee meetings.
- Members were informed about the completion of L.A. Care’s health promoter training which was given at Cal State Long Beach, focusing on cervical cancer and breast cancer.
- Mr. Oaxaca reported about the re-evaluation of the stipend process, more information will be given at future ECAC meetings.

Maria Toscano, RCAC 7 member, attended the BOG meeting on May 2<sup>nd</sup>, 2019 and reported the following

- Mrs. Toscano reported that during the BOG meeting’s public comments, members requested more time on the RCAC meeting agenda to accommodate the new members coming from the CCI Councils.

- L.A. Care is working with the regional centers to become better as a health plan and its delivery of services.
- Mrs. Toscano reported that during the meeting's public comments, members mentioned that the health promoters program was not diverse enough.

Norma Angelica Alvarez, RCAC 7 Vice Chair, attended the BOG meeting on May 2<sup>nd</sup> and reported the following:

- Members were informed that L.A. Care received an award for improving the culture and linguistic Services
- Members were informed about the proposal to increase the Family Poverty Level for Cover California from 400% to 600%.
- Care Harbor was organized in the City of Pomona on June 2019, and it was well attended.
- Members were informed that there were some issues with the W9 forms, the form were filled out incorrectly, and members were filling out the wrong tax classification. L.A. Care's finance department informed that they were taking a course of action to correct the W9 forms.

### **ECAC and BOG attendance**

- The RCAC and BOG calendar has ran out of members assigned to attend the ECAC and BOG meetings. A new interactive calendar was given to members to keep track and make necessary changes when unexpected changes happen to the attendance.

### **RCAC members attending ECAC meeting**

- Gloria Lupercio will attend the ECAC meeting on June 12, 2019
- Evencio Vargas will attend the ECAC m on July 10, 2019

### **RCAC members attending BOG meeting**

- Norma Angelica will attend the BOG meeting on June 6, 2019
- Evencio Vargas will attend the BOG meeting on July 25, 2019

### **ECAC Leadership Training**

- Member were informed that the ECAC leadership training will be on Friday, May 31, 2019 from 8:30 a.m. to 2:30 p.m. at L.A. Care Health Plan in Down Town Los Angeles. The topic will be "How to Manage Difficult Conversations. This training will be for RCAC chairs and Vice Chairs only.

### **New Member Orientation**

- Member were informed that the New Member Orientation training will be on Friday, June 7, 2019 from 8:30 a.m. to 2:30 p.m. at L.A. Care Health Plan in Down Town Los Angeles.

### **Spring Conference "Elevating Advocacy"**

- RCAC members were asked to give feedback about the Spring Conference titled "Elevating Advocacy" which focused on Social Determinants of Health. Members had the opportunity to give the following feedback:

- It was very dynamic and the member recognition was very good. The set up was really good and L.A. Care staff were very helpful.
- I liked the opportunity to interact with members from other RCACs, it was a good experience to visualize all the RCACs together in one place.
- I enjoyed the fact that the RCACs were not separated by groups, and as a new member, I didn't know that groups like the RCACs existed and I think is a great opportunity to get to know other people in other regions.
- We would like that for future events there should be more activities per table to get to know other members.
- I really loved the fact that as chair I was able to be part of this program by letting us be greeters at the end.

### **RCAC Meeting Site Evaluation**

- Member were informed that meeting site renewals for 2020 were approaching. A meeting site evaluation was necessary to move forward with the renewal of the current site. Members were informed that the current site had the following amenities:
  - It was a newly built site.
  - Air conditioning and the site has access for people with disabilities.
  - No fee was charged for the use of the room and the site has plenty of parking.
  - Chairs, tables, room set up and projectors were offered without a fee.
- Member had a discussion and evaluated the day and time of the meeting. All members were in favor of the meeting site, time and date. Martin Vicente informed members that he will move forward with the reservation of the meeting site for 2020 in due time.

<b>III.</b>	<b>REGIONAL ISSUES</b>	<b>Group</b>
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### **Member Issues**

- A RCAC 7 member informed that she called Crown Medical Group in Huntington Park to make an appointment for her son. She informed that the services have improved with faster appointment and follow ups. She informed members that based on the last issue filed on Crown Medical Group by RCAC 7 the Clinic has improve their services for the best.

<b>IV.</b>	<b>GET UP AND MOVE</b>	<b>Victor Rodriguez, <i>Liaison</i> and Group</b>
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- All RCAC members took a 5-minute break

<b>V.</b>	<b>RCAC WORKPLAN</b>	<b>Group</b>
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### **Work-Plan 2018-2019**

#### **Sponsorships**

- Martin Vicente gave member a brief review about the RCAC sponsorship program. Martin informed members that the sponsorship process has been simplify and it will be easier for organizations to acquire funds.
- RCAC members were informed they chose Early Childhood Development at the last RCAC 7 meeting.

- **Early Childhood Development**, under this program L.A. Care will be able to sponsor programs or organizations that focus their work on early childhood development like, Early Head Start, School Programs not funded by the schools and any organizations that helps in the proper development of children’s early stages.
- Members were informed that RCAC 7 will continue to work with organizations that are in Region 7.
- Idalia De La Torre, CO&E Supervisor, informed members that L.A. Care will contact organizations and will ask them that L.A. Care is looking to sponsor events focused on early childhood development. If their organization qualifies, they will forward information to L.A. Care for review.

**Outreach Work Plan**

**Colorectal Cancer,**

- RCAC 7 members were informed that for the outreach work plan, they have the opportunity to do individual or collective outreach. Collective outreach will be given to those who find it difficult to do individual outreach. Member will have the opportunity to do individual outreach at different venues, like schools, churches, family and work.
- Members were informed that it will be required for everyone to collect 25 signatures. If the member does individual outreach they were asked to take a picture of the venue and email, or text the picture to L.A. Care staff. Members were informed that the 25 signatures will be required for them to receive a holiday gift certificate at the end of the year.

**Colorectal Cancer Training Follow up**

- Dalia Cadena, L.A. Care Health Promoter, reviewed with members the last presentation given regarding colorectal cancer. Mrs. Cadena added new information about the different screenings for colorectal cancer. Mrs. Cadena engaged members with questions and answers about different situations regarding the screenings. Mrs. Cadena conducted different activities with scenarios on how to do outreach to people going through different situations. A role play on how to outreach to different audiences was conducted.
- Members received an outreach kit which included, 30 flyers, tally sheets, 30 promotional items and an L.A. Care tote bag to carry the information.

<b>VII.</b>	<b>FUTURE AGENDA ITEM</b>	<b>Group</b>
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**Vaporizer**

- Mrs. Lupercio requested information about vaporizers at the last RCAC 7 meeting. Members received information about the different forms that nicotine gets deliver to the body, these forms are as follow:
  - Cigarettes.
  - Cigars, little cigars, cigarillos.
  - Dissolvable Products like pills.
  - Electronic cigarretes, known as Vape Pen, e-Hooka or Hookah pen.
  - Traditional smokeless tobacco products.

- All members received a sheet with information about this topic.

<b>VIII.</b>	<b>MEETING EVALUATION</b>	<b>Group</b>
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- RCAC members took 5 minutes to complete meeting evaluations.

<b>IX.</b>	<b>PUBLIC COMMENTS</b>	<b>Group</b>
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- There were no public comments.

<b>X.</b>	<b>ADJOURNMENT</b>	<b>Group</b>
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- The meeting was adjourned at 4:30 p.m.
- **The next RCAC meeting is scheduled for July 18, 2019 at the YWCA Supervisor Gloria Molina Community Empowerment Center at 7515 Pacific Blvd., Walnut Park, CA 90255 from 2:00pm to 4:30pm.**

Respectfully Submitted by:  
 Martin Vicente, *Community Outreach Field Specialist*

Approved by:  
 Fatima Vazquez, *RCAC 7 Chair*  
 In the absence of chair approved by:  
 Name: \_\_\_\_\_

- All members received a sheet with information about this topic.

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Respectfully Submitted by:  
Martin Vicente, *Community Outreach Field Specialist*

Approved by: \_\_\_\_\_  
Fatima Vazquez, *RCAC 7 Chair*  
In the absence of chair approved by:  
Name: Norma Angélica Alvarez

