



**Regional Community Advisory Committee (RCAC)  
Region 7 – Huntington Park, Cudahy, Bell, Norwalk - Committee Summary**

YWCA Supervisor Gloria Molina Community Empowerment Center

7515 Pacific Blvd., Walnut Park, Huntington Park, CA 90255

Thursday, March 21 , 2019

2:00PM - 4:30PM

MEMBER ATTENDANCE		STAFF/MANAGEMENT	
Norma A. Alvarez	<b>P</b>	Guadalupe Sandoval	<b>E</b>
Dalia Cadena	<b>P</b>	Maria Toscano	<b>P</b>
Gloria Lupercio	<b>P</b>	Evencio Vargas	<b>P</b>
Elsa Martinez	<b>P</b>	Fatima Vazquez, <b>Chair</b>	<b>P</b>
Guadalupe Perez	<b>P</b>	Maria G. Villasenor	<b>P</b>
		Laura Lopez	<b>P</b>

**(P)** present **(E)** excused absent **(U)** unexcused absent

PUBLIC	INTERPRETERS

**MEETING SUMMARY, DISCUSSION AND FOLLOW UP**

	AGENDA ITEM	LEAD
<b>I.</b>	<b>WELCOME AND INTRODUCTION</b>	<b>Martin Vicente, Field Specialist - Fatima Vazquez, Chair</b>

**L.A. Care’s Mission Statement / Focus of CO&E and RCACs**

- RCAC members read L.A. Care’s Mission statement and the three focus of Community Outreach and Engagement. (Health Promotion, Health Advocacy and Partnership).

- RCAC members reviewed the RCAC meeting “Ground Rules” prior to the start of the meeting.
- Fatima Vazquez, *RCAC Chair* called the meeting to order at 2:00pm. Everyone introduced themselves.

<b>II.</b>	<b>BUSINESS</b>	<b>Martin Vicente Field Specialist - Fatima Vazquez, Chair - Victor Rodriguez, Liaison</b>
------------	-----------------	--

**Approval of Agenda & Meeting Summary**

- Members approved today’s agenda.
- Martin Vicente reviewed the summary with members and explained to them what a summary entails.
- Martin Vicente guided members on areas where they should focus when reviewing and approving summaries
- The March 21, 2018 meeting summary was approved as presented.

**ECAC and Board Meeting Update**

Dalia Cadena, RCAC 7 member, attended the ECAC meeting on February 13, 2019 and reported the following:

- Mrs. Cadena informed that the ECAC members thanked all the members who attend their meetings and also express about the importance to have RCAC members attending the meetings.
- Members were informed that Hilda Perez, Board member, added that it was very important for the translations of documents and forms be more accurate. This will ensure members do not miss any important information.
- Members were informed that new candidates for the RCACs were approved.
- Mrs. Cadena informed that L.A. Care has five new health care brokers to help enroll new members into L.A. Care Covered.
- Members were informed that L.A. Care will be granting the Coalition for Humane Immigrants’ Rights of Los Angeles (CHIRLA) and Central American Resource Center (CARECEN-LA) \$150,000 each for the efforts to inform immigrants of their rights.
- Members were informed that L.A. Care recognized clinics and health care providers on the improvement of quality of care.
- Members were informed that ECAC received information about the “I Speak” program. This training was a continuation of the previous I speak, this trainings will help participants on acquiring new skills like, public speaking, data reading, technology and advocacy.
- Mrs. Cadena informed about the Spring Conference, and spoke about the recognition of members who have been in the RCACs for a few years.

Laura Lopez, RCAC 7 member, was scheduled to attend the ECAC meeting on March 13, 2019, Mrs. Lopez did not attend the ECAC meeting.

Maria Sandoval RCAC 7 member, was scheduled to attend the February 7, 2019 meeting, Mrs. Sandoval was not present.

#### Fatima Vazquez reported on the March 2019 ECAC meeting

- Mrs. Vazquez informed about the new transportation for L.A. Care members Health Care Service call “Call the Car”. She informed that Mr. Baackes, L.A. Care CEO, informed that this service will be established in phases. Currently this services are serving region1, and in April it will start with regions 4 and 5. Mrs. Vazquez explain to members who qualifies and how the services can be utilized.
- Mrs. Vazquez informed that Care Harbor will be held at the Pomona Fairplex on April 27<sup>th</sup> and 28<sup>th</sup>. She informed that the main focus will be the areas adjacent to Pomona.
- Mrs. Vazquez encouraged members to read the ECAC report, especially the report about the renter’s rights. She informed that the information was include in their packets.

#### RCAC Spring Conference

- Members were informed that the spring conference is scheduled for Friday, March 22, 2019 at St. Anne’s at 155 N. Occidental Blvd, Los Angeles, CA 90026. From 8:30 a.m. to 2:30 p.m. Members were informed the conference is mandatory for all RCAC members. Stipends will be provided for all eligible members.
- Members were informed that transportation will be provided and they will be picked up at Middleton Street Elementary in Huntington Park, CA at 7:30 a.m. They were informed the only person who will picked up at home is Laura Lopez.
- All members received a flyer with the conference information.

#### CCI Councils Transition

- RCAC member received a brief presentation about the CCI Council transition into the RCACs with the following information:
  - A summary of the RCACs legislation and the place of the CCI Councils in this legislation.
  - A timeline of the process of integration of the CCI councils into the RCACs.
  - The dates when the CCI Council members will start attending the RCAC meetings.
- RCAC members were able to provide feedback on the integration of the Councils on how we can make a smooth transition. The RCAC members provided the following feedback:
  - Motivate them to feel comfortable and talk about their issues.
  - Add specific section on the RCAC agenda for them to address issues.
  - Simplify information given at RCACs.
  - Follow up on their needs.
  - Provide accommodations and train RCAC members.

#### Certificate of Participation

- RCAC members who participated in the 2017-2018 RCAC work plan receive a certificate of participation and a special gift.

### **RCAC Vice Chair Special Elections**

- Members had the opportunity to hold Vice-Chair special elections. Members reviewed information about Vice-Roles and responsibilities.
- Martin Vicente informed members that nominations for RCAC 7 Vice-Chair officially closed during the RCAC 7 meeting. Norma Angelica Alvarez was nominated and she accepted her nomination.
- All members had the opportunity to vote and Mrs. Alvarez was elected as the new RCAC 7 Vice-Chair for 2019-2020.
- Members were informed that her name will have to go through the approval process and will be the official RCAC 7 Vice-Chair in May 2019 when approved by the Board of Governors.

### **RCAC members attending ECAC and BOG**

- Guadalupe Perez will attend the ECAC meeting on April 10, 2019
- Maria Sandoval will attend the ECAC meeting on May 8, 2019

### **BOG**

- Maria Toscano will attend the BOG meeting on April 4, 2019
- Guadalupe Perez will attend the BOG meeting on May 2, 2019

<b>III.</b>	<b>REGIONAL ISSUES</b>	<b>Group</b>
-------------	------------------------	--------------

### **Member Issues**

- RCAC members informed that Crown City Medical Group in Huntington Park had improve their services but there was still more room for improvement and would like for L.A. Care to continue monitoring the clinic.
- Fatima Vazquez will continue to follow up with L.A. Care regarding Crown City Medical Group.

<b>IV.</b>	<b>GET UP AND MOVE</b>	<b>Victor Rodriguez, <i>Liaison</i> and Group</b>
------------	------------------------	---

- All RCAC members took a 5-minute break

<b>V.</b>	<b>RCAC WORKPLAN</b>	<b>Group</b>
-----------	----------------------	--------------

### **Work-Plan 2018-2019**

#### **Sponsorships**

- Martin Vicente gave member a brief presentation about the RCAC sponsorship program. Martin informed members that the sponsorship process will be different this year. Members were informed that the process has been simplify and it will be easier for organizations to acquire funds.
- Members were presented with the following topics:

- **Food Security**, under this topic L.A. Care will be able to sponsor programs or organizations that has to do with food security like, food pantries, food banks and community gardens to mention a few.
- **Early Childhood Development**, under this program L.A. Care will be able to sponsor programs or organizations that had to do with early child hood development like, Early Head Start, School Programs not funded by the schools and any organizations that helps in the proper development of children’s early stages.
- RCAC members had the opportunity to discuss and ask questions regarding the two programs. Members were asked to vote for the topic they would like sponsor this year. They were informed that they can only chose one topic and they can sponsor more than one organization on that topic. Members took a vote and the majority voted for Early Childhood Development.

**Outreach Work Plan**

**Colorectal Cancer,**

- Dalia Cadena, RCAC 7 Member and L.A. Care Health Promoter, gave a presentation about colorectal cancer with the following information:
  - What is colorectal cancer?
  - How to protect yourself from colorectal cancer, risk factor and lowering your risk.
  - Statistics on how common is colorectal cancer.
  - Colorectal cancer screening and understanding colorectal cancer.
  - What is a colonoscopy procedure, how to prepare for it , results and the benefits of doing this procedure
  - Resources and information on how to access screenings.
- Members were informed that this will be the topic for the second portion of the RCAC work plan. Members were informed they will receive more information and tools to be able to start doing outreach. This information will be given at the RCAC meetings during the months of April and May 2019.

<b>VII.</b>	<b>FUTURE AGENDA ITEM</b>	<b>Group</b>
-------------	---------------------------	--------------

**RCAC Focus Groups**

- Martin Vicente informed members that the topic of “Knowing your Community” was part of future agenda items and that follow up has not been able to be done due to time. He informed members that they will discuss this topic as soon as time permits.
- Mrs. Alvarez would like to talk about the RCAC 7 meeting time. She was informed that this issue could be placed on the agenda for May 2019.
- Mrs. Lupercio will like to receive information about vaporizers. She was informed that staff will try to find resources and information and bring it to the next meeting.

<b>VIII.</b>	<b>MEETING EVALUATION</b>	<b>Group</b>
--------------	---------------------------	--------------

- RCAC members took 5 minutes to complete meeting evaluations.

<b>IX.</b>	<b>PUBLIC COMMENTS</b>	<b>Group</b>
------------	------------------------	--------------

- Norma Alvarez invited member to visit the new L.A. Care’s East Los Angeles Family Resource Center. She gave a brief report and calendar of all the services they offer.
- Mrs. Alvarez had the opportunity of taking a training about the 7 types of cancer at Cedar Sinai, she informed that they are focusing on a study of cancer on Latinos. Members were invited to participate and all they need to provide is a sample of saliva, there was compensation for participating.
- Members received a flyer with information about dental benefits under Medi-Cal.

<b>X.</b>	<b>ADJOURNMENT</b>	<b>Group</b>
-----------	--------------------	--------------

- The meeting was adjourned at 4:30 p.m.
- **The next RCAC meeting is scheduled for May 16, 2019 at the YWCA Supervisor Gloria Molina Community Empowerment Center at 7515 Pacific Blvd., Walnut Park, CA 90255 from 2:00pm to 4:30pm.**

Respectfully Submitted by:  
 Martin Vicente, *Community Outreach Field Specialist*

Approved by: \_\_\_\_\_  
 Fatima Vazquez, *RCAC 7 Chair*  
 In the absence of chair approved by:  
 Name: \_\_\_\_\_

- RCAC members took 5 minutes to complete meeting evaluations.


<b>IX.</b>	<b>PUBLIC COMMENTS</b>	<b>Group</b>
------------	------------------------	--------------

- Norma Alvarez invited member to visit the new L.A. Care’s East Los Angeles Family Resource Center. She gave a brief report and calendar of all the services they offer.
- Mrs. Alvarez had the opportunity of taking a training about the 7 types of cancer at Cedar Sinai, she informed that they are focusing on a study of cancer on Latinos. Members were invited to participate and all they need to provide is a sample of saliva, there was compensation for participating.
- Members received a flyer with information about dental benefits under Medi-Cal.

<b>X.</b>	<b>ADJOURNMENT</b>	<b>Group</b>
-----------	--------------------	--------------

- The meeting was adjourned at 4:30 p.m.
- **The next RCAC meeting is scheduled for May 16, 2019 at the YWCA Supervisor Gloria Molina Community Empowerment Center at 7515 Pacific Blvd., Walnut Park, CA 90255 from 2:00pm to 4:30pm.**

Respectfully Submitted by:  
 Martin Vicente, *Community Outreach Field Specialist*

Approved by:   
 \_\_\_\_\_  
 Fatima Vazquez, *RCAC 7 Chair*  
 In the absence of chair approved by:  
 Name: \_\_\_\_\_