

Regional Community Advisory Committee (RCAC) Region 6 – Compton, Inglewood, Watts, Gardena, Hawthorne - Committee Summary South L.A. Sport Activity Center 7020 S. Figueroa St., Los Angeles, CA 90003 Thursday, June 20, 2019

3:00PM - 5:30PM

ATTENDANCE

STAFF/MANAGEMENT

Joseph Airo	Р	Andria McFerson, <i>Chair</i>	Р	Jose Ricardo Rivas, Community Outreach Field Specialist	
Araceli Aragon	Р	Edith Moreno	Р	Hilda Herrera, <i>Liaison</i>	
Olivia Avalos	Р	Maria E. Nuñez, <i>Vice Chair</i>	Р	Sylvia Gochuico, CMC Member Advocate	
Jo Ann Cannon	Р	Hilda A. Perez, Board Member	Р	Kelli Robinson, Family Resource Center Administrator-Inglewood	
Evangelina Cantero	Р	Dove S. Pinkney	Р	Layla Delgado, <i>Board Member</i>	
Ley Ding	Р	Esther Rivas	Р	Auleria Eakins, Manager, Community Outreach & Engagement	
Brigitte Green	Р	Mary Romero	Р		
Robert G. Harvey-Dixon	Р	Irma Torres	Р	<u>INTERPRETER</u>	
Celia M. Hernandez	Р	Brenda White	Р	Paula Alvira	
Jo Lynn Horton	Р	California Alliance for	Ε	Ruth Nuno	
		Retired Americans – Janet			
		Canterbury			
Celia Juarez	Р				
(P) present (E) excused abs	ent (U)	unexcused absent			

MEETING SUMMARY, DISCUSSION AND FOLLOW UP

June 20, 2019 RCAC 6 Meeting Summary

	AGENDA ITEM	LEAD
[.	WELCOME AND	Maria Nuñez, Vice Chair
	INTRODUCTION	J. Ricardo Rivas, Field Specialist
L.A.	Care's Mission Stateme	ent / Three Pillars of CO&E and RCACs
•]	Maria Nuñez, <i>Vice Chair,</i> o	called the meeting to order and asked everyone to introduce themselves.
•]	RCAC member Olivia Ava	alos read the RCAC meeting "Ground Rules", and Brigitte Green <i>read</i> L.A. Care's Mission statement, and the thre
I	oillars of Community Out	reach and Engagement (Health Promotion, Health Advocacy and Partnership).
II.	BUSINESS	Maria Nuñez, <i>Vice Chair</i>
		J. Ricardo Rivas, <i>Field Specialist</i>
App	oroval of Agenda & Mee	
	8	was approved as presented with one abstention.
		ting summary was approved as presented.
	motion, and clarified that The RCACs themselves a information should have have been avoided. Andria McFerson, <i>Chair</i> can feed themselves and members of L.A. County, McFerson then asked the	b at ECAC, Francisco Oaxaca, <i>Senior Director of Communications & Community Relations</i> gave a response to this at L.A. Care is the only one that can evaluate the stipend structure when creating the annual budget for the RCACs are not part of this process. With this information clarified at the ECAC level, Ms. Perez believes that this be been provided at the April RCAC 6 meeting when this discussion took place, and a motion from RCAC 6 could suggested that an additional \$25.00 gift card be provided to L.A. Care low-income volunteers of the RCACs so the d their families. If L.A. Care can provide \$5,000.00 to agencies that focus on food insecurities to feed fellow , then L.A. Care can also feed RCAC members by providing an additional \$25.00 supplemental food card. Ms. e group for support by providing their input on this proposition, and also expressed that she would like to know e isn't able to provide this.
	<u>cutive Community Advi</u>	
•		isory Committee (ECAC) and Board of Governors (BOG) Meeting Update
•	RCAC members were giv	isory Committee (ECAC) and Board of Governors (BOG) Meeting Update ven 5 minutes to read the June 2019 ECAC Report found in the meeting folder.

- John Baackes, *Chief Executive Officer*, informed that there are 33 new physicians in L.A. County as a result of Elevating the Safety Net Program. 24 new applications for grants were submitted and 8 new students will be announced soon for classes starting in the Fall of this year.
- Layla Gonzalez-Delgado, *Member Advocate, Board of Governors,* reported that May is Mental Health Awareness Month.
- Members were informed that the CCI Council members transition into the RCACs have already taken place.
- Prity Thanki, *Local Government Advisor, Government Affairs,* reported on the Medi-Cal expansion saying that many Democratic law makers have introduced a law that will cover undocumented immigrants up to age 26.
- Ms. McFerson stated there are other options for people who need glasses who are not able to afford them or are not covered under their insurance. She advised members are available to help advocates for vision services at their local legislative office visits.

Araceli Aragon, RCAC 6 member, attended the ECAC meeting on June 12, 2019, and reported the following:

- New RCAC members were approved in this meeting.
- The Emergency Contact Sheet that Ricardo mentioned earlier was mentioned at this meeting.
- The Family Resource Center in Inglewood is having their Back to School Event on July 13, 2019.
- Ms. Auleria Eakins, *CO&E Manager* introduced Cindy Pozos, the newest addition to the CO&E department staff.

Brigitte Green, RCAC 6 member, attended the BOG meeting on May 2, 2019, and reported the following:

- o L.A. Care celebrated its 22nd anniversary for having received its Knox-Keene License 22 years ago on April 1st.
- CCI members transitioning into the RCAC were introduced on this day later in the meeting.
- Mrs. Cooper, *RCAC 2 members* stated that she volunteers and serves, and not for the money.

Ley Ding. RCAC 6 member. was unable to attend the BOG meeting on June 6, 2019. Members interested in information on this particular meeting were referred to the www.lacare.org website to access the meeting minutes for this meeting.

ECAC Meeting Attendance

- Ley Ding is scheduled to attend the July 10, 2019 ECAC meeting at L.A. Care Health Plan Headquarters office from 10:00 a.m. to 1:00 p.m.
- Jo Ann Cannon is scheduled to attend the September 11, 2019 ECAC meeting at L.A. Care Health Plan Headquarters office from 10:00 a.m. to 1:00 p.m.

BOG Meeting Attendance

- Evangelina Cantero is scheduled to attend the July 25, 2019 Board of Governors meeting at L.A. Care Health Plan Headquarters office from 2:00 p.m. to 5:00 p.m.
- Olivia Avalos is scheduled to attend the September 5, 2019 Board of Governors meeting at L.A. Care Health Plan Headquarters office from 2:00 p.m. to 5:00 p.m.

CO&E Report

C&L Presentation

- All members received a presentation called "Cultural & Linguistic (C&L) Services Program". Through this presentation member's learned more about L.A. Care's C&L's Services Program, received information on the services provided in the last fiscal year, and received information on how to access services available to them (i.e., Face-to-face Interpreting, Telephonic Interpreting, TTY/TDD, Translation, & Alternative Format).
- At the end of the presentation members were asked a series of questions to get their valuable feedback on how to improve services related to linguistic services.

The following feedback was provided by the group, and will be forwarded to C&L department for consideration:

- 1) C&L should come up with surveys that are more engaging to L.A. Care members, so more feedback is collected from members that receive a survey. The number of surveys completed each year is very low according to L.A. Care data.
- Members were encouraged to provide any other feedback on their evaluation forms they submit at the end of the meeting.

20th Anniversary RCAC Certificate

• Members that attended the March 22, 2019 conference received a 20th Anniversary RCAC Certificate as a token of appreciation for their contributions and commitment to health advocacy in the RCACs.

Emergency Contact Sheet

• Members received the form and were encouraged to fill it out so that L.A. Care staff knows who to contact in the case of an emergency. Each RCAC region will have an emergency binder with these forms at hand, so that staff can pull out in case of an emergency. Filling out this form is completely voluntary. Members that do submit this form were encourage to contact staff to make any updates whenever necessary to keep the form up-to-date.

ECAC Leadership Training

• The next ECAC Leadership Training for all Chairs, Vice-Chairs and At-Large Members will be held on Tuesday, July 30, 2019 from 8:30 a.m. to 2:30 p.m. at L.A. Care Health Plan. The training topic will be "Making Advocacy Work".

New Member Orientation

• The next New Member Orientation will be on Friday, September 13, 2019 from 8:30 a.m. to 2:30 p.m. at L.A. Care Health Plan. The training is mandatory for all new RCAC members as it is a requirement to attend during their provisional membership status.

Childcare Guidelines Update

- 1) Childcare reimbursements can only be submitted by the parent or legal guardian of a child, 2) Childcare reimbursement will not be provided to any family member over the age of 16 years of age who lives at the same residence as the child, 3) Childcare reimbursements apply to children from 0 11 years of age, or children with special needs of any age, 4) To qualify for childcare reimbursement proper documentation is required, 5) If a child has a special need, proper documentation is required to qualify for a special need reimbursement rate.
- Members that apply for childcare must provide the necessary documents required by L.A. Care by August 16, 2019. If these documents are not received before this time, childcare reimbursements will not be processed. Documents include: Proof of age, certificate of home schooling, school vacation & holiday schedule, a letter from SSI for a child with a disability, or a certificate of disability from a child's healthcare or mental health provider if applicable. All members that apply for childcare were informed to sign and submit the *Childcare Guidelines and Verification Form* today, and to mail in all other documents needed by August 16th as soon as possible.

III. REGIONAL ISSUES Group

Member Issues

- Committee members where informed that this section of the agenda is where members can bring forward community health issues that are affecting their region. If committee members have personal issues they would like to report, members were encouraged to speak to Sylvia Gochuico, *CMC Member Advocate*, or to call L.A. Care's customer service line at (888)839-9909.
- One member shared that last year she was having a lot of issues accessing her health services, but as soon as she was introduced to the Health Navigator during that time, from that point on forward, there were no more issues. Then she elaborated and informed the group that all RCAC members are here at this meeting because everybody here is an advocate. Being part of the RCACs equips everybody up to a point where you can eventually guide people in need of guidance when navigating the healthcare system.
- Mr. Rivas the Field Specialist reviewed a form called the "RCAC Meetings Motion/Staff Request Flow Chart" with the committee. Members were informed that this form will serve as a guide to them, so member issues identified by them to be considered "Global Issues", can go through a motion process, be discussed officially by the group, and then forwarded to the Executive Community Advisory Committee (ECAC) if need be for further review and discussion by that committee. If the ECAC goes through the process of discussing a motion received by a RCAC, and a resolution isn't achieved, then ECAC could decide to move a motion/issue to the Board of Governors (BOG). Ultimately a resolution would come about from this committee, and when this happens, a report of the outcome is provided to the ECAC, and back to the RCAC. Members were encouraged to leave this flowchart-guide in their meeting folder to reference it in future RCAC 6 meetings.
- Members were reminded that the purpose of this meeting, and this specific segment on the agenda for RCAC 6 is to identify global issues affecting the community. In turn these issues are forwarded to L.A. Care, so L.A. Care can then address the issue/s and find a proper resolution so LA. Care members are truly getting the best quality health care from the providers within L.A. Care's network. So if anybody is having any issues at a hospital, clinic, or with a specialist, please consider bringing up these issues formally through the motion process to highlight these issues to LA. Care.

IV. GET UP AND MOVE Group

• All RCAC members took a five-minute break.

V.	RCAC COMMUNITY	Group
	WORK PROJECTS 2018-	
	2019	

• <u>2018-2019 Sponsorship</u> - Members were encouraged to reference their meeting minutes from the meeting in April 18, 2019 to go over the following:

- Each RCAC has chosen a topic focused on this year's Social Determinants of Health. RCAC 6 chose Food Security.
- The Community Outreach & Engagement (CO&E) department is requesting assistance of RCAC members by identifying community based organizations that could possibly qualify for a sponsorship related to the identified social determinant of health. Any potential agencies (i.e., Community Garden, Food Bank, Food Pantries, etc.) should be forwarded to the assigned Field Specialist.
- The total amount of each sponsorship is \$5,000.00, and L.A. Care will determine how the monies will be divided between the qualifying agencies (1-2 agencies maximum).

• <u>Community Outreach Events</u>

- This year the RCAC members will be expected to participate in 1-2 community outreach events and distribute information on Colorectal Cancer.
- Each RCAC member is expected to outreach to at least 25 community members. Members that do not participate in this outreach will not qualify to receive the *Annual Incentive Gift Card* at the end of the year.
- RCAC members can do their outreach providing this valuable information individually, or in small groups amongst themselves to community based organizations (i.e., PTA's, churches, agencies, etc.) they are already involved with in their communities.
- Members doing their outreach on their own this year must take a picture of themselves doing their outreach, and must forward this picture to their assigned Fields Specialist. All pictures across all RCACs will be compiled and used to create a *RCAC Annual Report* at the end of the year.
- CO&E staff will assist their committees by identifying 1 health fair or back to school event for each of their assigned RCACs. RCAC members who are having challenges with outreaching on their own or with a small group will be given priority to participate in the health fair or back to school event identified by staff.
- Members who participate in staff assigned outreach events will be responsible for contacting CO&E staff to ensure their names are included on the list, and will be contacted when the event has been established to receive date, location, and time of outreach event. Because of limited space, only 2 RCAC members per shift will be able to "man" the table.
- Members were then informed that the first Inglewood Family Resource Center Back to School event health fair will be on Saturday
 July 13, 2019 from 10a.m. 1p.m. Member interested in attending this event were encouraged to sign up today.

• All members present received an outreach bag which included promo items, tally sheets, and the colorectal cancer sheets needed to complete the minimum amount of 25 outreaches for this fiscal year.

VII. FUTURE AGENDA ITEM Group

• There were no future agenda items provided at this meeting.

Group

VIII. MEETING EVALUATION Group

• RCAC members took a few minutes to complete the meeting evaluation in their folder.

IX. PUBLIC COMMENTS Group

- Member Andria McFerson, *Chair* reiterated her suggestion that an additional \$25.00 gift card be provided to L.A. Care low-income volunteers of the RCACs so they can feed themselves and their families. If L.A. Care can provide agencies that focus on food insecurities to feed fellow members of L.A. County, then L.A. Care can also feed RCAC members by providing an additional \$25.00 supplemental food card. If no RCAC 6 member is opposed to this proposition she will make this proposition at the next ECAC meeting. No RCAC 6 member was opposed to this proposition.
- X. ADJOURNMENT
- The meeting was adjourned at 5:30 p.m.
- The next RCAC meeting is scheduled for **Thursday**, **August 15**, **2019** from **3:00pm to 5:30pm**. at the South LA Sports Activity Center on 7020 S. Figueroa Street, Los Angeles, CA 90003.

Respectfully Submitted by: Jose Ricardo Rivas, *Community Outreach Field Specialist*

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Andria McFerson, RCAC 6 Chair

In the absence of chair approved by: Name: • All members present received an outreach bag which included promo items, tally sheets, and the colorectal cancer sheets needed to complete the minimum amount of 25 outreaches for this fiscal year.

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Approved by:	phi

Andria McFerson, RCAC 6 Chair

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