



**Regional Community Advisory Committee (RCAC)  
Region 6 – Compton, Inglewood, Watts, Gardena, Hawthorne - Committee Summary**

**South L.A. Sport Activity Center**

7020 S. Figueroa St., Los Angeles, CA 90003

**Thursday, April 18, 2019**

**3:00PM - 5:30PM**

**\*\*DRAFT\*\***

**MEMBER ATTENDANCE**

**STAFF/MANAGEMENT**

Joseph Airo	<b>P</b>	Andria McFerson, <i>Chair</i>	<b>P</b>	J. Ricardo Rivas, <i>Community Outreach Field Specialist</i>
Araceli Aragon	<b>P</b>	Edith Moreno	<b>P</b>	Idalia De La Torre, <i>Field Specialist Supervisor</i>
Olivia Avalos	<b>P</b>	Maria E. Nuñez, <i>Vice Chair</i>	<b>P</b>	Auleria Eakins, Manager, Community Outreach & Engagement
Jo Ann Cannon	<b>P</b>	Hilda A. Perez, <i>Board Member</i>	<b>P</b>	Sylvia Gochuico, <i>CMC Member Advocate</i>
Evangelina Cantero	<b>P</b>	Dove S. Pinkney	<b>P</b>	Tanisia Johnson, <i>Supervisor, Health Promoters Program</i>
Ley Ding	<b>P</b>	Esther Rivas	<b>P</b>	
Brigitte Green	<b>P</b>	Mary Romero	<b>P</b>	
Robert G. Harvey-Dixon	<b>E</b>	Irma Torres	<b>P</b>	
Celia M. Hernandez	<b>P</b>	Brenda White	<b>P</b>	
Jo Lynn Horton	<b>P</b>	California Alliance for Retired Americans – Janet Canterbury	<b>E</b>	
Celia Juarez	<b>P</b>			

**(P)** present **(E)** excused absent **(U)** unexcused absent

**PUBLIC**

**INTERPRETERS**

Estela Lara, *RCAC 2 Chair*

Paula Alvira

## MEETING SUMMARY, DISCUSSION AND FOLLOW UP

	AGENDA ITEM	LEAD
<b>I.</b>	<b>WELCOME AND INTRODUCTION</b>	<b>Andria McFerson, <i>Chair</i></b> <b>J. Ricardo Rivas, <i>Field Specialist</i></b>
<p><b><u>L.A. Care’s Mission Statement / Three Pillars of CO&amp;E and RCACs</u></b></p> <ul style="list-style-type: none"> <li>• Andria McFerson, <i>Chair</i>, called the meeting to order and asked everyone to introduce themselves.</li> <li>• RCAC member Esther Rivas read the RCAC meeting “Ground Rules”, and Maria Nuñez, <i>Vice-Chair</i> read L.A. Care’s Mission statement, and the three pillars of Community Outreach and Engagement (Health Promotion, Health Advocacy and Partnership).</li> </ul>		
<b>II.</b>	<b>BUSINESS</b>	<b>Andria McFerson, <i>Chair</i></b> <b>J. Ricardo Rivas, <i>Field Specialist</i></b>
<p><b><u>Approval of Agenda &amp; Meeting Summary</u></b></p> <ul style="list-style-type: none"> <li>• Today’s meeting agenda was approved with the following change: Moved the <i>2018-2019 Community Health Topic “Colorectal Cancer - Outreach Messaging”</i> under section <b>V.</b> to section <b>II.</b> after the approval of the Agenda &amp; Summary.</li> <li>• The February 21, 2019 meeting summary was approved as presented.</li> </ul> <p><b><u>Colorectal Cancer – Outreach Messaging</u></b></p> <ul style="list-style-type: none"> <li>• RCAC members received the second training from Ms. Hilda Perez, <i>Board Member, RCAC 6 member, &amp; Health Promoter</i>, a continuation from the first training member received in February. The training focused on the “Messaging” RCAC members will use with members of the public they encounter at health fairs, back to school events, and other community events related to their 2019 community outreach events.</li> <li>• Members recapped what they learned on Colorectal Cancer in February, and then paired up in groups to practice techniques on how to engage members of the public that might be fearful, have no interest, have no insurance, be ashamed, undocumented, or might have no information on the topic. Members were very engaged, had an opportunity to ask questions, and filled out an evaluation form at the end of the presentation.</li> </ul>		

### **Executive Community Advisory Committee (ECAC) and Board of Governors (BOG) Meeting Update**

- RCAC members were given 5 minutes to read the April 2019 ECAC Report found in the meeting folder.

**Mary Romero, RCAC 6 member**, attended the ECAC meeting on March 13, 2019, but was unable to provide a report.

**Esther Rivas, RCAC 6 member**, attended the ECAC meeting on April 10, 2019, and reported the following:

- There was a discussion that involved approval of CCI meeting minutes. It was confusing for me, and for the folks approving the minutes, but eventually these meeting summaries were approved.
- The topic of increasing the RCAC member stipend came up. Someone said that there has not been an increase in the volunteer stipend for 20 years. We were informed that in order to speak on this topic with enough time allocated to the subject, it needed to be added to the agenda officially, following L.A. Care protocol.
- L.A. Care is currently working on an online resource platform for members to access through their website.
- A presentation was provided by the Cultural & Linguistic (C&L) Services department that focused on services, resources, and cultural competency. This presentation will be presented at the RCACs during the June and July RCAC meetings.

**Celia Hernandez, RCAC 6 member**, attended the BOG meeting on April 4, 2019, and reported the following:

- The BOG and ECAC meetings are now held on the 1<sup>st</sup> floor at L.A. Care headquarters, instead of the 10<sup>th</sup> floor.
- It was brought up that RCAC members that had volunteered 17+ years within the RCACs received a 20<sup>th</sup> anniversary plaque recognizing them for their time and efforts throughout the years. All members also received an L.A. Care bag with really nice L.A. Care branded gifts inside.

### **ECAC Meeting Attendance**

- Irma Torres is scheduled to attend the May 8, 2019 ECAC meeting at L.A. Care Health Plan Headquarters office from 10:00 a.m. to 1:00 p.m.
- Araceli Aragon is scheduled to attend the June 12, 2019 ECAC meeting at L.A. Care Health Plan Headquarters office from 10:00 a.m. to 1:00 p.m.

### **BOG Meeting Attendance**

- Brigitte Green is scheduled to attend the May 2, 2019 Board of Governors meeting at L.A. Care Health Plan Headquarters office from 2:00 p.m. to 5:00 p.m.
- Ley Ding is scheduled to attend the June 6, 2019 Board of Governors meeting at L.A. Care Health Plan Headquarters office from 2:00 p.m. to 5:00 p.m.+

### **CO&E Report**

- **2019 CAC Spring Conference/20<sup>th</sup> Anniversary of the RCACs on 03/22/19** – Members who attended this event were asked to provide feedback so L.A. Care can take comments and suggestions into consideration to improve future conferences. RCAC 6 members provided the following feedback:
  - Loved that the welcome committee in the morning was made up of RCAC members.
  - The Social Determinants of Health theatre show was great!
  - We really liked this year’s promo items given to each member, the food, and the 20<sup>th</sup> anniversary recognition plaques given to seasoned members.
  - The event was organized, finished on time, and did not feel rushed.
  - The food in general was great, and the ice cream to finish it off was perfect!
  - We really liked the *Get up & Move*, and we liked that we were able to talk to other members of other RCAC regions.
  - Members had fun and were engaged during the event, and we also liked the *Photo Booth*.
  - The transportation provided this year was handled very well, and we are very grateful.
  - More time should have been available for members to engage each other.
  - Some members should have received a 20<sup>th</sup> anniversary plaque – please look into this.
  - The social determinant of health skit should have included a senior, or a person with disability (SPD).
  - I like the other location where L.A. Care holds its conferences – *Cathedral of Our Lady of the Angels*.
- **ECAC Leadership Training** – The next ECAC Leadership Training for all Chairs, Vice-Chairs and At-Large Members will be held on Friday, May 31, 2019 from 8:30 a.m. to 2:30 p.m. at L.A. Care Health Plan. The training topic will be “Managing Difficult Conversations”.
- **New Member Orientation** – The next New Member Orientation will be on Friday, June 7, 2019 from 8:20 a.m. to 2:30 p.m. at L.A. Care Health Plan. The training is mandatory for all new RCAC members.
- **Care Harbor – FREE medical, dental, and vision care** - Care Harbor will be held at the Pomona *Fairplex* located at 1101 West McKinley Ave., in Pomona on April 27 – 28, 2019. All members received a Care Harbor flyer, and a sheet with the four locations where the wristbands will be distributed a week before the event. For more information members were referred to the website: [www.careharbor.org](http://www.careharbor.org).

**Raise the stipend dollar amount for all RCAC meetings**

- All members were encouraged to participate in this discussion and to critically think about the potential outcomes of such a motion when presented at the next ECAC meeting by Andria McFerson, *RCAC 6 Chair*. Members were encouraged to come up with “Pros” - reasons to raise the stipend dollar amount for all RCAC member volunteers, and to come up with “Cons” - reasons why the stipend dollar amount should remain the same.
- Before the discussion took place members voted and agreed to extend the RCAC 6 meeting an extra 15 minutes to have enough time to have a proper discussion, and to allow time for other agenda items that need to be discussed before the end of the meeting.

- The following are the “**Pros**” RCAC 6 came up with on why this proposition should be considered by L.A. Care:
  - 1) *RCAC members should be treated like L.A. Care staff. If L.A. Care staff get an increase in salary, RCAC member volunteers should be able to get an increase too.*
  - 2) *Increasing the stipend dollar amount will retain RCAC members that have experience.*
  - 3) *The “cost of living” has gone up, and this increase would help.*
  - 4) *Oftentimes RCAC meetings go over the 2 ½ hour time. If meetings require more time from the member volunteers an increase in stipend should be considered.*
  - 5) *L.A. Care Health Plan now has over 2 million members. With this increase in membership RCAC members represent more people.*
  - 6) *Because L.A. Care Health Plan has the funds to increase the stipend.*
  - 7) *L.A. Care pays its providers on a monthly basis whether a member goes to see their doctor or not. If L.A. Care has the funds to do this L.A. Care should be able to provide members with an increase.*
- The following are the “**Cons**” RCAC 6 came up with on the reasons why the RCAC stipend dollar amount should remain the same:
  - 1) *John Baackes, CEO of L.A. Care recently received a salary increase. Perhaps there is not enough money left for RCAC members to receive an increase in their stipend.*
  - 2) *The \$70 stipend RCAC member volunteers currently receive is just, and enough money for the time that RCAC members actually volunteer.*
  - 3) *A “salary increase” is for salary paid employees that work for L.A. Care Health Plan. RCAC members are “volunteers” that get compensated for their time as RCAC volunteers, and should not be treated like L.A. Care paid employees.*
  - 4) *RCACs currently have a limit on how many volunteers can sit at the table. If a stipend increase were to be implemented, a limit to how many members could sit at the table could be implemented as well.*
- After the discussion, committee members voted and passed the following motion so it can be forwarded and discussed further at the May ECAC meeting: *“To raise the stipend dollar amount for all RCAC meetings”*.  
The motion was passed with **13 Yes’s - 2 No’s - & 1 Abstention**.

<b>III.</b>	<b>REGIONAL ISSUES</b>	<b>Group</b>
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**Member Issues**

- Committee members were informed that this section of the agenda is where members can bring forward community health issues that are affecting their region. If committee members have personal issues they would like to report, members were encouraged to speak to Sylvia Gochuico, *CMC Member Advocate*, or to call L.A. Care’s customer service line at (888)839-9909.

<b>IV.</b>	<b>GET UP AND MOVE</b>	<b>Group</b>
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- All RCAC members took a five-minute break, and took a group picture with the new RCAC members transitioning in from the Coordinated Care Initiative (CCI) councils.

<b>V.</b>	<b>RCAC COMMUNITY WORK PROJECTS 2018-2019</b>	<b>Group</b>
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***NOTE: The following information was not provided at the RCAC 6 meeting because of lack of time. Mr. Rivas informed the committee he would reach to the members, and would explain the following information related to their work plan projects for this year:***

- **2018-2019 Sponsorship**
  - Each RCAC has chosen a topic focused on this year’s Social Determinants of Health. RCAC 6 chose Food Security.
  - The Community Outreach & Engagement (CO&E) department is requesting assistance of RCAC members by identifying community based organizations that could possibly qualify for a sponsorship related to the identified social determinant of health. Any potential agencies (i.e., Community Garden, Food Bank, Food Pantries, etc.) should be forwarded to the assigned Field Specialist.
  - The total amount of each sponsorship is \$5,000.00, and L.A. Care will determine how the monies will be divided between the qualifying agencies.
  
- **Community Outreach Events**
  - This year the RCAC members will be expected to participate in 1 -2 community outreach events and distribute information on Colorectal Cancer. Each RCAC member is expected to outreach to at least **25** community members. Members that do not participate in this outreach will not qualify to receive the *Annual Incentive Gift Card* at the end of the year.
  - RCAC members can do their outreach providing this valuable information individually, or in small groups amongst themselves to community based organizations (i.e., PTA’s, churches, agencies, etc.) they are already involved with in their communities. Members doing their outreach on their own this year must take a picture of themselves doing their outreach, and must forward this picture to their assigned Fields Specialist. All pictures across all RCACs will be compiled and used to create a *RCAC Annual Report* at the end of the year.
  - CO&E staff will assist their committees by identifying 1 health fair or back to school event for each of their assigned RCACs. RCAC members who are having challenges with outreaching on their own or with a small group will be given priority to participate in the health fair or back to school event identified by staff.
  - Members who participate in staff assigned outreach events will be responsible for contacting CO&E staff to ensure their names are included on the list, and will be contacted when the event has been established to receive date, location, and time of outreach event. Because of limited space, only 2 RCAC members per shift will be able to “man” the table.

<b>VII.</b>	<b>FUTURE AGENDA ITEM</b>	<b>Group</b>
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- There were no future agenda items provided at this meeting.

<b>VIII.</b>	<b>MEETING EVALUATION</b>	<b>Group</b>
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- RCAC members took a few minutes to complete the meeting evaluation in their folder.

<b>IX.</b>	<b>PUBLIC COMMENTS</b>	<b>Group</b>
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- There were no public comments.

<b>X.</b>	<b>ADJOURNMENT</b>	<b>Group</b>
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- The meeting was adjourned at 5:45 p.m.
- The next RCAC meeting is scheduled for **Thursday, June 20, 2019** from **3:00pm to 5:30pm.** at the South LA Sports Activity Center on 7020 S. Figueroa Street, Los Angeles, CA 90003.

Respectfully Submitted by:  
Jose Ricardo Rivas, *Community Outreach Field Specialist*

Approved by: \_\_\_\_\_  
Andria McFerson, *RCAC 6 Chair*

In the absence of chair approved by:  
Name: \_\_\_\_\_



- There were no future agenda items provided at this meeting.

**VIII. MEETING EVALUATION** | **Group**

- RCAC members took a few minutes to complete the meeting evaluation in their folder.

**IX. PUBLIC COMMENTS** | **Group**

- There were no public comments.

**X. ADJOURNMENT** | **Group**

- The meeting was adjourned at 5:45 p.m.
- The next RCAC meeting is scheduled for **Thursday, June 20, 2019** from **3:00pm to 5:30pm**. at the South LA Sports Activity Center on 7020 S. Figueroa Street, Los Angeles, CA 90003.

Respectfully Submitted by:

Jose Ricardo Rivas, *Community Outreach Field Specialist*

Approved by:

\_\_\_\_\_  
Andria McFerson, *RCAC 6 Chair*

In the absence of chair approved by:

Name: \_\_\_\_\_

  
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Maria E. Noñez, *Vice Chair*