



Regional Community Advisory Committee (RCAC)
Region 5 – Culver City, Venice, Santa Monica, Malibu, Westchester - Committee Summary
Veterans Memorial Building
 4117 Overland Avenue, Culver City, CA 90230
Monday, December 16, 2019
2:00PM - 4:30PM

MEMBER ATTENDANCE

STAFF/MANAGEMENT

Angelica Bogarin	(P)	Amalia Palomares	(P)	J. Ricardo Rivas, <i>Community Outreach Field Specialist</i>
Gloria Camarillo	(P)	Rosaura Peraza	(P)	Hilda Herrera, <i>Community Outreach Liaison</i>
Deysi Corona	(P)	Clotill Cleo Ray	(P)	Maria Rodriguez-Camarena, <i>CSC Member Advocate</i>
Maria de Jesus Leos	(P)	Guadalupe Reynoso	(P)	Idalia De La Torre, <i>Supervisor, Community Outreach & Engagement</i>
Carmen Delgado	(P)	Susana Rios	(E)	Layla Gonzalez, <i>Board Member</i>
Blanca Folgar	(P)	Margarita G. Rodriguez	(U)	Hilda Perez, <i>Board Member</i>
Rosa Fuentes	(P)	Martha Rodriguez	(P)	<u>INTERPRETERS</u>
Marco A. Galindo	(P)	Pascuala Rosales	(P)	Shelley Hash
Mariel Herrera	(P)	María Sanchez, <i>Chair</i>	(E)	Eduardo Kogan
Lynnea R. Johnson	(P)	Maria de Lourdes Servin	(P)	
Hoda Mansour	(P)	Sofia Sulca	(P)	<u>PUBLIC</u>
María Guadalupe Méndez	(P)	Venice Family Clinic – Gabriela Quintanilla – <i>Vice Chair</i>	(P)	Romalda Meza
Maria Luisa Navarrete	(P)	Westside Children’s Center – Lawrence Miller Askew	(E)	Carmelo Salas
Rudy Navarrete	(P)			Andria McFerson
(P) present (E) excused absent (U) unexcused absent				

MEETING SUMMARY, DISCUSSION AND FOLLOW UP

	AGENDA ITEM	LEAD
I.	WELCOME AND INTRODUCTION	J. Ricardo Rivas, <i>Field Specialist</i> Gabriela Quintanilla, <i>Vice-Chair</i>
<p><u>L.A. Care’s Mission Statement / Three Goals of CO&E and RCACs</u></p> <ul style="list-style-type: none"> • Gabby Quintanilla, <i>Vice Chair</i>, called the meeting to order at 2:00 p.m. Everyone introduced themselves. • RCAC members reviewed the RCAC meeting “Ground Rules” prior to the start of the meeting, and RCAC members read the L.A. Care’s Mission statement and the three Goals of Community Outreach and Engagement. (Health Promotion, Advocacy and Community Partnerships). 		
II.	BUSINESS	J. Ricardo Rivas, <i>Field Specialist</i> Gabriela Quintanilla, <i>Vice-Chair</i>
<p><u>Approval of Agenda & Meeting Summary</u></p> <ul style="list-style-type: none"> • The agenda for December 16, 2019 was approved as presented. • The meeting summary for October 21, 2019 was approved as presented. <p><u>Executive Community Advisory Committee (ECAC) Meeting Report</u></p> <p>Pascuala Rosales, RCAC Member provided a report from the November 2019 ECAC meeting:</p> <ul style="list-style-type: none"> • Government Affairs reported that on October 11, 2019, several courts blocked the federal administration’s final “public charge” rule from going into effect on October 15, 2019. L.A. Care will continue to monitor developments and will provide updates when available, in the meantime people interested or affected by the potential policy change should consult a qualified immigration organization. • L.A. Care co-sponsored the <i>L.A. Homeless Health Summit</i> and is working with the L.A. County & other agencies on identifying shared priorities for homeless patients and opportunities to collectively address policies to meet the needs of the homeless population. <p>Maria Lourdes Servin, RCAC Member provided a report from the December 2019 ECAC meeting:</p> <ul style="list-style-type: none"> • An update on the RCAC 7 motion in regards to the issue with <i>Dr. Torreblanca</i> and <i>San Martin De Porress Medical Center</i> not accepting Medi-Cal patients on the weekends and is accepting cash only. L.A. Care requested that the provider office cease this practice immediately, and is now proactively looking for ways to prevent these practices among other provider groups. • The Pomona Community Resource Center (CRC) opened on December 2 and has many local community members coming for classes and resources. • L.A. Care is in the process of accepting a second set of Medical School students who will be the next L.A. Care scholars. 		

- The ECAC Chair & Vice-Chair Elections took place on this day. Fatima Vazquez was elected Chair, and Cynthia Contreas-Wood was elected as Vice-Chair.

Board of Governors Report

Angelica Bogarin, RCAC Member provided a report from the November 2019 Board Meeting:

- This is a great meeting to attend in which an array of important topics is spoken about. If you want to highlight issues that need addressing by L.A. Care, this is the venue to do so. Ms. Bogarin recommended to L.A. Care staff that having the BOG agenda items ahead of time would help volunteer members scheduled to attend these meetings to be better prepared to bring up issues and possible recommendations.
- In response Board Member Ms. Perez clarified that issues/recommendations can also be forwarded to the BOG by following the following process of: 1) Highlighting an issue at the RCAC level, so it can then 2) be forwarded to the ECAC meeting for further discussion, and if an issue/recommendation is voted upon at this level, it can then 3) be forwarded to the BOG. Ms. Perez encouraged all members to keep this in mind, and to practice this process being an advisory committee group.
- In response Board Member Ms. Delgado also highlighted that while a lot of times the BOG packets might not be available ahead of time for a RCAC member volunteer to have prior a BOG meeting, to keep in mind that as RCAC 5 members that live in this region, all RCAC 5 committee members have better knowledge of the issues affecting their region making all members in essence 'experts' of the needs of this community. Keeping this in mind will help member volunteers bring forth issues and recommendations to L.A. Care when attending a future BOG.

Sofia Sulca, RCAC Member was unable to attend the December 2019 BOG meeting. No report was provided.

RCAC Members Attending ECAC

- Gloria Camarillo, RCAC 5 member is scheduled to attend the ECAC meeting on January 8, 2020.
- Deysi Corona, RCAC 5 member is scheduled to attend the ECAC meeting on February 12, 2020.
- ECAC is scheduled from 10:00 a.m. to 1:00 p.m. at L.A. Care Health Plan in Downtown L.A.

RCAC Members Attending the Board of Governors (BOG)

- There is no Board of Governors Meeting in January 2020.
- Maria Servin, RCAC 5 member is scheduled to attend the BOG meeting on February 6, 2020.
- BOG is scheduled from 2:00 p.m. to 5:00 p.m. at L.A. Care Health Plan in Downtown L.A.

Community Outreach & Engagement (CO&E) Report

Homeless Resource List

- All members received a Coordinated Entry System (CES) Access Point Directory provided by the Los Angeles Homeless Services Authority (LAHSA). Members received this resource to efficiently and effectively connect people to interventions that will swiftly end and/or prevent their homelessness.
- The group reviewed the document with Mr. Rivas, and with Gabby Quintanilla, *Vice Chair*, and got a good idea on how to use the directory. Members were encouraged to put this resource to good use, and to reach out to L.A. Care staff if they had any questions.

Revisions to Operating Rules

- All members received a copy of the *Operating Rules for the Consumer Advisory Committees of L.A. Care Health Plan*, and a *Revision to Operating Rules Summary*.
- Members reviewed the Revision to Operating Rules Summary, which included a chart identifying the location of the statement within the Operating Rules where significant changes have been identified, what is currently in place, and what modifications are being recommended.
- The general changes being made are:
 - 1) Elimination of language referring to CCI Councils from the Operating Rules
 - 2) Restoration of RCAC references throughout the document
 - 3) New language added to clarify the roles of provider members, at-large members, member residency requirements, and provide staff discretion for permitting a member to remain on an advisory committee after moving out of the committee's region
- No feedback was provided by the RCAC 5 in regards to the revisions.

BOG/ ECAC/ RCAC Meeting Schedule for 2020

- All RCAC members received a meeting schedule calendar that includes all Board of Governors (BOG), Executive Community Advisory Committee (ECAC), and Regional Community Advisory Committee (RCAC) 5 meeting dates for 2020.
- Members were encouraged to reach out to L.A. Care staff if they had any questions in regards to a specific meeting/date.

2020 Advocacy Day at the State Capitol - Interest Profile

- Members were informed that this year L.A. Care will be choosing RCAC representatives to meet with policymakers at the state capitol. The purpose of this advocacy program is to introduce the issues facing L.A. Care as well as the issues facing the advisory committee members in their individual communities to policymakers.
- Participants chosen for the program will be provided a training in the month of February 2020 (exact date to be determined), and must be in good standing as an L.A. Care RCAC consumer or community partner member, must be willing and able to travel by airplane to Sacramento C.A., and must have a valid California I.D.

- All members received an Interest Profile Application. Members interested in participating in L.A. care’s Advocacy Program were encouraged to submit the application by Friday, January 31, 2020.

L.A. Care’s Member and Member Advocate Representative 2020 Election to the Board of Governors

- Every four years, the RCAC consumer members meet to nominate two representatives to the L.A. Care Board of Governors. The election event will be held in late summer, 2020 (exact date to be determined).
- An information session for interested candidates for either the *Member Representative* or the *Member Advocate* positions will be held on: Thursday, January 30, 2020, 10 a.m. to Noon at L.A. Care Health Plan Board Room 100, 1055 W. 7th St., L.A. CA 90017.
- All members present received a flyer with detailed information in regards to the 2020 Elections to the Board of Governors. Interested candidates were encouraged to reach out to L.A. Care staff for more information on the information session, or to get an application.

III.	REGIONAL ISSUES	Group
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- A member asked, is it always the case that you have to call the health plan 24 hrs. ahead of time to get transportation services to a doctor’s appointment? Or, would it be possible to get services let’s say, 2 hrs. before an appointment? When a doctor’s office is too far, or if a child all of a sudden get a very high fever it would be nice to be able to get transportation services in these cases.
- In response Maria Rodriguez-Camarena, *CSC Member Advocate* informed the committee that if anybody needs transportation services to a doctor’s appointment the member must call 24 – 48 hrs. in advance to make this arrangement. She added that a member could call the same day to try and get these services on the same day, but this is difficult and there are no guarantees at all when trying to setup an arrangement in such short notice.
- Mr. Rivas added that in the case of an emergency (life threatening situation), the best action you can take is to call 911, so an ambulance can immediately be dispatched especially if you do not have transportation.
- Board Member Ms. Delgado also recommended that if you have an urgent matter and need assistance, calling the Nurse Advise Line is highly recommended as well. The person on the other line will ask you a series of questions, and will guide you depending on your responses; if the person on the other line determines your situation is more serious, they will refer you to an Urgent Care or Emergency Room facility.

IV.	GET UP AND MOVE	Hilda Herrera, <i>Liaison</i> and Group
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- Members took a 5-minute break.

V.	RCAC WORK-PLAN	Group
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2018-2019 Community Outreach Events – Colorectal Cancer

- Member that participated in the Colorectal Cancer outreach efforts last year were thanked for their hard work and all their efforts, and were informed that they would be receiving a Certificate of Appreciation today, and a \$25.00 grocery gift card as a token of appreciation.

Community Work Projects 2019-2020

- Members were informed that as soon as information is made available to staff in regards to the Community Work Projects for 2019-2020, this information would be disseminated amongst all RCACs.

VII. FUTURE AGENDA ITEM Group

- The following was suggested by the group:
1) Gastritis

VIII. MEETING EVALUATION Group

- RCAC members took 5 minutes to complete meeting evaluations.

IX. PUBLIC COMMENTS Group

- Ms. McFerson, *RCAC 6 Chair* and member of the public informed the committee she wants to push L.A. Care to set things up the way they use to be in the past for the RCACs. RCAC members use to engage the community more so than they do today; to go back to this, it is important that all RCAC members know the budget dollar amount L.A. Care gives to the advisory committees to have an idea of what they are working with. RCACs need to have a purpose. Ms. McFerson will be pressing L.A. Care on this at the RCAC, ECAC, & BOG level and will keep all members informed of the outcome of this.
- A RCAC 5 member informed the group that Mar Vista Gardens has an event this coming Saturday at the Mar Vista Community Center from 10 a.m. – 1 p.m., and everybody is invited. A special guest will be present on this day, Mr. Bernie Sanders, *Member of the Democratic Caucus*.
- In regards to the Coordinated Entry System (CES) Access Point Directory information mentioned earlier, a RCAC 5 member shared two more agencies not included in the access point directory with the group:
1) **SHARE!** - 6666 Green Valley Cir, Culver City, CA 90230 – (310)846-5270
2) **OPCC** – 1751 Cloverfield Blvd, Santa Monica, CA 90404 – (310)883-1222
- Ms. McFerson added that L.A. Care wants to make changes to the RCAC Operating Rules, and one of the changes is to reduce the public comment timeframe for members. A change like this would impact all members, and especially senior and people with disabilities who often times require more time to be able to speak up about an issue, recommendation, or concern. A change that reduces talking time for members and members of the public is not very democratic, and she wants to make sure ‘equal rights to speak’ for all.
- In response Board Member Layla Delgado clarified that the 1-minute rule, and the 1-comment per member are rules being piloted at the ECAC meetings to see if ECAC runs more efficiently this way - these are not changes being included in the RCAC Operating Rules, so the RCACs do not have to worry about these specific rules being piloted currently at the ECAC level.

X. ADJOURNMENT Group

Next Meeting Date

- Meeting Adjourned at 4:30 p.m.
- **The next meeting is scheduled for Monday, February 24, 2020 at the Veterans Memorial Building located at 4117 Overland Avenue, Multipurpose Room, Culver City, CA 90230 from 2:00 p.m. – 4:30 p.m.**

Respectfully Submitted by:

Jose Ricardo Rivas, *Community Outreach Field Specialist*

Approved by:

Maria Sanchez, *RCAC 5 Chair*

In the absence of the chair, approved by the Vice-Chair:

Name:

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Respectfully Submitted by:

Jose Ricardo Rivas, *Community Outreach Field Specialist*

Approved by:

 02/24/2020

Maria Sanchez, *RCAC 5 Chair*

In the absence of the chair, approved by the Vice-Chair:

Name: _____