



**Regional Community Advisory Committee (RCAC)**  
**Region 5 – Culver City, Venice, Santa Monica, Malibu, Westchester - Committee Summary**  
**Veterans Memorial Building**  
 4117 Overland Avenue, Culver City, CA 90230  
**Monday, April 15, 2019**  
**2:00PM - 4:30PM**

**MEMBER ATTENDANCE**

**STAFF/MANAGEMENT**

Trinida Arroyo	<b>P</b>	Amalia Palomares	<b>P</b>	J. Ricardo Rivas, <i>Community Outreach Field Specialist</i>
Angelica Bogarin	<b>P</b>	Rosaura Peraza	<b>P</b>	Martin Vicente, <i>Community Outreach Field Specialist</i>
Gloria Camarillo	<b>P</b>	Clotill Cleo Ray	<b>P</b>	Maribel Gonzalez, <i>CSC Member Advocate</i>
Deysi Corona	<b>P</b>	Guadalupe Reynoso	<b>P</b>	Idalia de la Torre, <i>Field Specialist Supervisor</i>
Maria de Jesus Leos	<b>P</b>	Susana Rios	<b>P</b>	Tania Johnson, <i>Supervisor, Health Promoter Program</i>
Carmen Delgado	<b>P</b>	Martha Rodriguez	<b>P</b>	<b><u>INTERPRETERS</u></b>
Blanca Folgar	<b>P</b>	Pascuala Rosales	<b>P</b>	Shelley Hash
Marco A. Galindo	<b>E</b>	Carmelo Salas	<b>E</b>	Eduardo Kogan
Mariel Herrera	<b>E</b>	María Sanchez, <b><i>Chair</i></b>	<b>P</b>	<b><u>PUBLIC</u></b>
Hoda Mansour	<b>P</b>	Maria de Lourdes Servin, <b><i>Vice-Chair</i></b>	<b>E</b>	Mobarka Choudhry
María Guadalupe Méndez	<b>P</b>	Sofia Sulca	<b>P</b>	Josefina Rodriguez
Romalda Meza	<b>E</b>	Venice Family Clinic – Gabriela Quintanilla	<b>P</b>	Dalia Cadena, <i>RCAC 7 member &amp; Health Promoter</i>
Maria Luisa Navarrete	<b>P</b>	Westside Children’s Center – Lawrence Miller Askew	<b>E</b>	Maria Cuevas
Rudy Navarrete	<b>P</b>			Andria McFerson, <i>RCAC 6 Chair</i>

**(P)** present **(E)** excused absent **(U)** unexcused absent

## MEETING SUMMARY, DISCUSSION AND FOLLOW UP

	AGENDA ITEM	LEAD
<b>I.</b>	<b>WELCOME AND INTRODUCTION</b>	<b>J. Ricardo Rivas, <i>Field Specialist</i></b> <b>Maria Sanchez, <i>Chair</i></b>
<p><b><u>L.A. Care’s Mission Statement / Three Pillars of CO&amp;E and RCACs</u></b></p> <ul style="list-style-type: none"> <li>• Maria Sanchez, <i>Chair</i>, called the meeting to order and asked everyone to introduce themselves; all members introduced themselves.</li> <li>• Susana Rios read L.A. Care’s Mission statement, the three pillars of Community Outreach and Engagement (Health Promotion, Health Advocacy and Partnership), and Marco Galindo reviewed the RCAC meeting “Ground Rules” before starting the meeting.</li> </ul>		
<b>II.</b>	<b>BUSINESS</b>	<b>J. Ricardo Rivas, <i>Field Specialist</i></b> <b>Maria Sanchez, <i>Chair</i></b>
<p><b><u>Approval of Agenda &amp; Meeting Summary</u></b></p> <ul style="list-style-type: none"> <li>• Today’s meeting agenda was approved with the following change: Moved <b>B.</b> 2018-2019 Community Health Topic “Colorectal Cancer Outreach Messaging” under section <b>V.</b> on the agenda up to section <b>II.</b> after the approval of the Agenda &amp; Summary.</li> <li>• The February 25, 2019 meeting summary was approved as presented.</li> </ul> <p><b><u>Colorectal Cancer – Outreach Messaging</u></b></p> <ul style="list-style-type: none"> <li>• RCAC members received the second training from Ms. Dalia Cadena, <i>RCAC 7 member &amp; Health Promoter</i>, a continuation from the first training member received in February. The training focused on the “Messaging” RCAC members will use with members of the public they encounter at health fairs, back to school events, and other community events related to their 2019 community outreach events. Members recapped what they learned on Colorectal Cancer in February, and then paired up in groups to practice techniques on how to engage members of the public that might be fearful, have no interest, have no insurance, be ashamed, undocumented, or might have no information on the topic. Members were very engaged, had an opportunity to ask questions, and filled out an evaluation form at the end of the presentation.</li> </ul> <p><b><u>Executive Community Advisory Committee (ECAC) and Board of Governors (BOG) Meeting Update</u></b></p> <ul style="list-style-type: none"> <li>• RCAC members were given 5 minutes to read the April 2019 ECAC Report found in the meeting folder.</li> </ul> <p><b><u>Romalda Meza, RCAC 5 member,</u></b> attended the ECAC meeting on March 8, 2019 and was not present to provide a report.</p> <p><b><u>Maria Navarrete, RCAC 5 member,</u></b> was unable to attend the ECAC meeting on April 10, 2019, no report was provided.</p>		

**Blanca Folgar, RCAC 5 member,** attended the BOG meeting on April 4, 2019 and reported the following:

- “This meeting was excellent”.
- RCAC 5 committee members received a reminder that if they sign up to come to a BOG/ECAC meeting, to please show up prepared at the next scheduled RCAC 5 meeting. A brief report highlighting 2 to 3 important points should be provided by each RCAC volunteering to attend a BOG/ECAC meeting, and if anybody encounters any issues developing 2-3 talking points to share with their group, Mr. Rivas encouraged members to approach him after any BOG/ECAC they attend, because he attends each of the meetings.
- Mr. Rivas also encouraged members to visit the lacare.org website if they wished to reference the March & April ECAC/BOG meeting summaries for more detailed information, and to call him directly if they had any questions.

#### **ECAC Meeting Attendance**

- Rudy Navarrete is scheduled to attend the May 8, 2019 ECAC meeting at L.A. Care Health Plan Headquarters office from 10:00 a.m. to 1:00 p.m.
- Amalia Palomares is scheduled to attend the June 12, 2019 ECAC meeting at L.A. Care Health Plan Headquarters office from 10:00 a.m. to 1:00 p.m.

#### **BOG Meeting Attendance**

- Carmen Delgado is scheduled to attend the May 2, 2019 Board of Governors meeting at L.A. Care Health Plan Headquarters office from 2:00 p.m. to 5:00 p.m.
- Maria Leos is scheduled to attend the June 6, 2019 Board of Governors meeting at L.A. Care Health Plan Headquarters office from 2:00 p.m. to 5:00 p.m.

#### **CO&E Report**

- **2019 CAC Spring Conference/20<sup>th</sup> Anniversary of the RCACs on 03/22/19** – Members who attended this event were asked to provide feedback so L.A. Care can take comments and suggestions into consideration to improve future conferences. RCAC 5 members provided the following feedback:
  - The limousine provided to transport members to the event did the job, but it was not spacious enough for members to be transported comfortably. Please provide something bigger.
  - If you do end up using a limousine to transport members to an event, please use one that is meant for adults and not teenagers. Not all limousines are the same.
  - There was a panel of actors that did a skit on *Social Determinants of Health*. A lot of people thought that the panel on stage were real people with real issues, and not actors. Next time please make it clear to the audience when something is being done by actors versus real people.

- The food and dessert provided at this event was top-notch. Thank you for this, and keep this going for future events.
- The Social Determinant of Health skit provided different experiences and perspectives, and in turn during the Question & Answer segment of this presentation RCAC members shared their own experience and own perspectives which was very interesting.
- **ECAC Leadership Training** – The next ECAC Leadership Training for all Chairs, Vice-Chairs and At-Large Members will be held on Friday, May 31, 2019 from 8:30 a.m. to 2:30 p.m. at L.A. Care Health Plan. The training topic will be “Managing Difficult Conversations”.
- **New Member Orientation** – The next New Member Orientation will be on Friday, June 7, 2019 from 8:20 a.m. to 2:30 p.m. at L.A. Care Health Plan. The training is mandatory for all new RCAC members.
- **Care Harbor – FREE medical, dental, and vision care** - Care Harbor will be held at the Pomona *Fairplex* located at 1101 West McKinley Ave., in Pomona on April 27 – 28, 2019. All members received a Care Harbor flyer, and a sheet with the four locations where the wristbands will be distributed a week before the event. For more information members were referred to the website: [www.careharbor.org](http://www.careharbor.org).

<b>III.</b>	<b>REGIONAL ISSUES</b>	<b>Group</b>
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- Member Issues**
- Committee members were informed that this section of the agenda is where members can bring forward community health issues that are affecting their region. Committee members were encouraged to speak to Maribel Gonzalez, *CSC Member Advocate* during or after the meeting if they have access to care issues that need immediate attention.
  - A member of the public shared that she recently had a seizure at an L.A. Care public meeting. She informed the committee that she woke up in the ambulance she did not know where she was, or what had happened. She made a suggestion that L.A. Care can perhaps come up with *Medical ID Bracelets* for Seniors & People with Disabilities (SPD) to expedite identifying the name of the patient and the medical condition that might require immediate attention.
  - Another RCAC member accompanied her son to pick up medication prescribed to him by his doctor. When at the pharmacy, they come to find out that her son was prescribed HIV medication, and her son does not have HIV. A phone call to the doctor’s office at Venice Family Clinic confirmed that this medication had been prescribed by mistake. The member’s son in this case a college student is still very upset about this situation. In response Maribel Gonzalez, *CSC Member Advocate* informed the committee member to talk to her after the meeting for further assistance.

<b>IV.</b>	<b>GET UP AND MOVE</b>	<b>Martin Vicente, <i>Field Specialist</i></b>
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- Members took a five minute break.

<b>V.</b>	<b>RCAC COMMUNITY WORK PROJECTS 2018-2019</b>	<b>Group</b>
<ul style="list-style-type: none"> <li>• <b><u>2018-2019 Sponsorship</u></b> <ul style="list-style-type: none"> <li>○ Each RCAC has chosen a topic focused on this year’s Social Determinants of Health. RCAC 5 chose Food Security.</li> <li>○ The Community Outreach &amp; Engagement (CO&amp;E) department is requesting assistance of RCAC members by identifying community based organizations that could possibly qualify for a sponsorship related to the identified social determinant of health. Any potential agencies (i.e., Community Garden, Food Bank, Food Pantries, etc.) should be forwarded to the assigned Field Specialist.</li> <li>○ The total amount of each sponsorship is \$5,000.00, and L.A. Care will determine how the monies will be divided between the qualifying agencies.</li> </ul> </li>   <li>• <b><u>Community Outreach Events</u></b> <ul style="list-style-type: none"> <li>○ This year the RCAC members will be expected to participate in 1 -2 community outreach events and distribute information on Colorectal Cancer. Each RCAC member is expected to outreach to at least 25 community members. Members that do not participate in this outreach will not qualify to receive the <i>Annual Incentive Gift Card</i> at the end of the year.</li> <li>○ RCAC members can do their outreach providing this valuable information individually, or in small groups amongst themselves to community based organizations (i.e., PTA’s, churches, agencies, etc.) they are already involved with in their communities. Members doing their outreach on their own this year must take a picture of themselves doing their outreach, and must forward this picture to their assigned Fields Specialist. All pictures across all RCACs will be compiled and used to create a <i>RCAC Annual Report</i> at the end of the year.</li> <li>○ CO&amp;E staff will assist their committees by identifying 1 health fair or back to school event for each of their assigned RCACs. RCAC members who are having challenges with outreaching on their own or with a small group will be given priority to participate in the health fair or back to school event identified by staff. Members who participate in staff assigned outreach events will be responsible for contacting CO&amp;E staff to ensure their names are included on the list, and will be contacted when the event has been established to receive date, location, and time of outreach event. Because of limited space, only 2 RCAC members per shift will be able to “man” the table.</li> </ul> </li> </ul>		
<b>VII.</b>	<b>FUTURE AGENDA ITEM</b>	<b>Group</b>
<ul style="list-style-type: none"> <li>• Measles</li> </ul>		
<b>VIII.</b>	<b>MEETING EVALUATION</b>	<b>Group</b>
<ul style="list-style-type: none"> <li>• All RCAC members completed and submitted an evaluation form.</li> </ul>		

<b>IX.</b>	<b>PUBLIC COMMENTS</b>	<b>Group</b>
<ul style="list-style-type: none"> <li>Andria McFerson, <i>RCAC 6 Chair</i> informed the committee that RCAC 6 is proposing raising the RCAC stipend dollar amount at the upcoming ECAC meeting. L.A. Care benefits from RCAC member input, and because the cost of living has gone up, L.A. Care should consider raising the RCAC stipend for all RCAC members. Ms. McFerson asked committee members to support this suggestion being brought up by RCAC 6. A member responded and informed Ms. Maria Sanchez <i>RCAC 5 Chair</i> to support this suggestion from RCAC 6 at the upcoming ECAC meeting.</li> </ul>		
<b>X.</b>	<b>ADJOURNMENT</b>	<b>Group</b>
<ul style="list-style-type: none"> <li>The meeting was adjourned at 4:33 p.m.</li> <li>The next RCAC meeting is scheduled for <b>Monday, June 17, 2019 from 2:00pm to 4:30pm.</b> at the <b>Veterans Memorial Building at 4117 Overland Avenue, Culver City, CA 90230.</b></li> </ul>		

Respectfully Submitted by:  
 Jose Ricardo Rivas, *Community Outreach Field Specialist*

Approved by: \_\_\_\_\_  
 Maria Sanchez, *RCAC 5 Chair*

In the absence of chair approved by:  
 Name: \_\_\_\_\_

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 Maria Sanchez, *RCAC 5 Chair*

In the absence of chair approved by:  
 Name: \_\_\_\_\_

x   
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 Gabriela Quintanilla, *RCAC 6 Vice Chair*