



Regional Community Advisory Committee (RCAC)
Region 5 – Culver City, Venice, Santa Monica, Malibu, Westchester - Committee Summary
Veterans Memorial Building
 4117 Overland Avenue, Culver City, CA 90230
Monday, February 25, 2019
2:00PM - 4:30PM

MEMBER ATTENDANCE

STAFF/MANAGEMENT

Trinida Arroyo	P	Amalia Palomares	P	J. Ricardo Rivas, <i>Community Outreach Field Specialist</i>
Angelica Bogarin	P	Rosaura Peraza	P	Martin Vicente, <i>Community Outreach Field Specialist</i>
Gloria Camarillo	P	Clotill Cleo Ray	P	Jose Mendez, <i>Member Relations Health Navigator</i>
Deysi Corona	P	Guadalupe Reynoso	P	Maribel Gonzalez, <i>CSC Member Advocate</i>
Maria de Jesus Leos	P	Susana Rios	P	Idalia de la Torre, <i>Field Specialist Supervisor</i>
Carmen Delgado	P	Martha Rodriguez	P	Tania Johnson, <i>Supervisor, Health Promoter Program</i>
Blanca Folgar	P	Pascuala Rosales	P	<u>INTERPRETERS</u>
Marco A. Galindo	P	Carmelo Salas	P	Shelley Hash
Mariel Herrera	P	María Sanchez, <i>Chair</i>	P	Eduardo Kogan
Hoda Mansour	P	Maria de Lourdes Servin, <i>Vice-Chair</i>	P	
María Guadalupe Méndez	P	Sofia Sulca	P	
Romalda Meza	P	Venice Family Clinic – Gabriela Quintanilla	P	<u>PUBLIC</u>
Maria Luisa Navarrete	P	Westside Children’s Center – Lawrence Miller Askew	E	Hilda Perez, <i>Board Member</i>
Rudy Navarrete	P			Dalia Cadena, <i>RCAC 7 member & Health Promoter</i>

(P) present **(E)** excused absent **(U)** unexcused absent

MEETING SUMMARY, DISCUSSION AND FOLLOW UP

	AGENDA ITEM	LEAD
I.	WELCOME AND INTRODUCTION	J. Ricardo Rivas, <i>Field Specialist</i> Maria Sanchez, <i>Chair</i>
<p><u>L.A. Care’s Mission Statement / Three Pillars of CO&E and RCACs</u></p> <ul style="list-style-type: none"> • Maria Sanchez, <i>Chair</i>, called the meeting to order and asked everyone to introduce themselves; all members introduced themselves. • Susana Rios read L.A. Care’s Mission statement, the three pillars of Community Outreach and Engagement (Health Promotion, Health Advocacy and Partnership), and Marco Galindo reviewed the RCAC meeting “Ground Rules” before starting the meeting. 		
II.	BUSINESS	J. Ricardo Rivas, <i>Field Specialist</i> Maria Sanchez, <i>Chair</i>
<p><u>Approval of Agenda & Meeting Summary</u></p> <ul style="list-style-type: none"> • Today’s meeting agenda was approved as presented. • The December 17, 2018 meeting summary was approved as presented. <p><u>ECAC and Board of Governors (BOG) Meeting Update</u></p> <ul style="list-style-type: none"> • RCAC members were given 6 minutes to read the February 2019 ECAC Report found in the meeting folder. <p><u>Maria Mendez, RCAC 5 member</u>, attended the ECAC meeting on February 13, 2019 and reported the following:</p> <ul style="list-style-type: none"> ○ The East L.A. Family Resource Center Grand Opening occurred on Saturday, February 9th, 2019. ○ L.A. Care has paid a total of \$22.2 million in incentives to 888 solo/small group physicians and 59 clinics who met the criteria of improvement. ○ L.A. Care has renewed grants to fund “Know your Rights Workshops” to both Central American Resource Center (CARECEN-L.A.) and the Coalition for Human Immigrant Rights (CHIRLA). Both will receive \$150,000 each. <p><u>Marco Galindo, RCAC 5 member</u>, attended the BOG meeting on February 7, 2019 and reported the following:</p> <ul style="list-style-type: none"> ○ Mr. Galindo read a memo from Francisco Oaxaca, <i>Senior Director of Communications & Community Relations</i> addressed to all Consumer Advisory Committee Members in which he gives an overview of the integration of the CCI Council membership into the Regional Community Advisory Committees (RCACs), and talks about the creation of a new Cal MediConnect (CMC) Enrollee Advisory Committee (EAC). The creation of the new CMC EAC will ensure L.A. Care is in compliance with state requirements. <p><u>ECAC Meeting Attendance</u></p>		

- Romalda Meza is scheduled to attend the March 13, 2019 ECAC meeting at L.A. Care Health Plan Headquarters office from 10:00 a.m. to 1:00 p.m.
- Maria Navarrete is scheduled to attend the April 10, 2019 ECAC meeting at L.A. Care Health Plan Headquarters office from 10:00 a.m. to 1:00 p.m.

BOG Meeting Attendance

- The Board of Governors will not meet March 2019.
- Blanca Folgar is scheduled to attend the April 4, 2019 Board of Governors meeting at L.A. Care Health Plan Headquarters office from 2:00 p.m. to 5:00 p.m.

CO&E Report

CCI Transition

- J. Ricardo Rivas, *Field Specialist* addressed the group and provided the following information:
 - All members should have received a memo-document providing background information on the RCACs & CCI Councils.
 - The CCI Councils were formed almost 5 years ago during the launch of the *Cal MediConnect* program, and like the RCACs, these councils allowed Cal MediConnect (CMC) members the opportunity to be heard in reference to the barriers they face when accessing their health care needs.
 - The state has given L.A. Care new guidelines that helped L.A. Care understand the type of advisory committee it should have in place for the future; based off of these guidelines the CCI Councils no longer meet the new requirements. This is the primary reason why the CCI Councils are being re-structured to form one new committee for members in the Cal MediConnect Plan.
 - L.A. Care is proposing a few things **1)** for CCI Council members be allowed to join the RCACs without completing an application, **2)** for CCI Council members to join a RCAC based off of where they live (zip code), and **3)** for BOG to modify ECAC by changing one At-Large member position from a *CCI At-Large Member* to an *SPD At-Large Member* to represent seniors and people with disabilities (SPD).
 - L.A. Care wants this transition of moving the CCI Council members into the RCACs to be a smooth one, and fair; so it is gathering member input from all RCACs & CCI Councils this month and next month, and the information gathered will be examined to see if there is anything else that L.A. Care should be considering in this transition.
- The following four questions were asked, and the committee responded to each question as a group:
 - 1. How can we ensure that the voices of seniors and people with disabilities are heard at RCAC meetings?**
 - By listening to what they have to say at the meetings, and by supporting them the same way we would support any of our current RCAC members.
 - By welcoming SPD people into the RCACs, so they can feel comfortable and right at home.

- Ensure that the proper accommodations are made available to those that need it (i.e., interpretation equipment, outlets for electrical equipment they may need to charge, and visual/audio services).
- We need to be informed of all visible and non-visible needs of each person to be able to accommodate them accordingly ahead of time, so they can come in and be comfortable right from the start.

2. At RCACs and ECAC, members have an opportunity to provide feedback on health care access issues during the Global Member Issues section of the agenda—how can we ensure SPD member voices are heard during this section?

- Create a segment specifically for SPD folks under the Global Member Issues section.
- Take their opinions into consideration.
- Encourage them to participate.
- LA Care should consider if it is a good or bad idea to separate this segment into two groups. It is important not to put the idea out there that the group is divided in anyway; instead we should make members feel that they are all part of the same group. SPD folks want to be treated like everybody else.
- Speak to each person and find out individual needs. This should be done in a private setting, so SPD folks do not feel disrespected.

3. Staff has proposed that CCI Council members be transitioned into the RCACs without an application. What are your comments on this proposal?

- RCAC members agreed with this proposition.

4. Are there any other comments you want to share?

- No comments were provided.

- Committee members were thanked for their participation, and were encouraged to write down any further suggestions/comments on a comment-card to turn in at the end of the meeting.

“Elevating Advocacy” – Celebrating 20 years of Community Engagement & Empowerment Conference

- This conference is scheduled for Friday, March 22, 2019 at St. Anne’s 155 N. Occidental Blvd., Los Angeles, CA 90026 from 8:30 a.m. to 2:30 p.m.
- The conference is mandatory for all RCAC members and those that are eligible will receive a stipend for their attendance.
- Committee members present RSVP for the event by filling-out a signed-up sheet, and also indicated whether they will drive or take the transportation L.A. Care is providing; members that sign up for transportation, but end up driving instead, will not qualify for mileage reimbursement.

2017- 2018 RCAC Work Plan Recognition

- All RCAC members who participated in the 2017-2018 RCAC work plan projects were thanked, and recognized with a certificate and given an L.A. Care promotional item as a token of appreciation for their efforts.

III. REGIONAL ISSUES **Group**

Member Issues

- Committee members were informed that this section of the agenda is where members can bring forward community health issues that are affecting their region – RCAC 5. If committee members have personal issues they would like to report members were encouraged to speak to Jose Mendez, *Health Navigator* and Maribel Gonzalez, *CSC Member Advocate* during or after the meeting.
- No personal or global member issues were brought up at this meeting.

IV. GET UP AND MOVE **Martin Vicente, Field Specialist**

- Members took a five minute break.

V. RCAC COMMUNITY WORK PROJECTS **Group**

2018-2019 Sponsorship

- Members were informed that this year the RCACs will be doing sponsorships. The organization/s that will be sponsored through this year’s work plan will be dictated by RCAC 5’s decision to focus either on “Food Security”, or “Childhood Education”; one of the Social Determinants of Health L.A. Care’s is focusing on this year.
- Community Outreach & Engagement (CO&E) will be working with an internal department that already does sponsorships, and because of this processes have been simplified (i.e., application process, solicitation/review process, payment) while strengthening and/or establishing partnerships.
- RCAC 5 committee members voted and chose **Food Security** for their work plan sponsorship for this year. Members were informed that more information on the next steps will be provided at the next RCAC 5 meeting.

2018-2019 Community Health Topic – Colorectal Cancer

- All members received a training called “Protecting Yourself from Colorectal Cancer”; the training’s content was provided by the *American Cancer Society*, and *L.A. Care Health Plan’s Health Promoter Program*. This training was conducted by Dalia Cadena, *RCAC 7 member*.
- The training covered the following: *What is Cancer, and Colorectal Cancer? – How common is Colorectal Cancer? – Risk Factors & how to lower your risk of Colorectal Cancer – Colorectal Cancer Screening Guidelines - & Colorectal Cancer Screening options available.*

- Members were informed that they have the power to protect themselves and their community from colorectal cancer, and were encouraged to spread the word that colorectal cancer screening saves lives.

2018-2019 Outreach Events

- Members were informed that for their outreach events this year they will focus on “Colorectal Cancer”.
- Committee members were informed that the first step for preparing them for their outreach occurred today - Health Promoters came today and gave everyone a presentation on Colorectal Cancer.
- The second step will occur at the next RCAC 5 meeting in which the Health Promoters will be back again to train members on the “messaging” and how this will look like when they do their outreach at the events they attend this year.

VII. FUTURE AGENDA ITEM Group

- No future agenda items were provided.

VIII. MEETING EVALUATION Group

- All RCAC members completed and submitted an evaluation form.

IX. PUBLIC COMMENTS Group

- Gabriela Quintanilla, *Venice Family Clinic* announced that Venice Family Clinic & Irma Colen Health Center are having a dental health fair for children and adults on Wednesday, February 27, 2019 from 2:00pm – 6:00pm at the 4700 Inglewood Blvd. #102, Los Angeles, CA 90230 location. The event is open to the public, and services offered are FREE.
- Maria Sanchez, *RCAC 5 Chair* passed out flyers and announced that she’s running for three positions to become a representative of the advisory committee of the housing authority in Mar Vista Gardens. She asked for support, and encouraged those who are able to, to come out and vote on February 26, 2019 from 4:00pm – 8:00 pm at the Community Center MVG Mar Vista Gardens.

X. ADJOURNMENT Group

- The meeting was adjourned at 4:43 p.m.
- The next RCAC meeting is scheduled for **Monday, April 15, 2019 from 2:00pm to 4:30pm.** at the **Veterans Memorial Building at 4117 Overland Avenue, Culver City, CA 90230.**

Respectfully Submitted by:

Approved by: _____

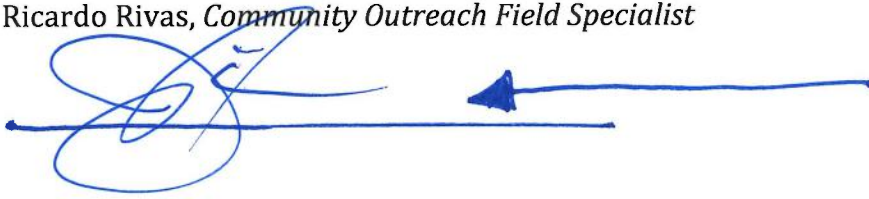
Jose Ricardo Rivas, *Community Outreach Field Specialist*

Maria Sanchez, *RCAC 5 Chair*

In the absence of chair approved by:
Name:

Jose Ricardo Rivas, Community Outreach Field Specialist

X



Maria Sanchez, RCAC 5 Chair

In the absence of chair approved by: LA CARE STAFF
Name: Jose R. Rivas

- Feb. 25th summary approved by RCAC 5
- Signed on behalf of chair