



Regional Community Advisory Committee (RCAC)
Region 3 - Alhambra, Pasadena, Foothill - Committee Summary
Rosemead Community Center
3936 Muscatel Avenue, Room 4
Rosemead, CA 91770
Tuesday, February 19, 2019
9:30AM - 12:00PM

MEMBER ATTENDANCE

STAFF/MANAGEMENT

Margaret "Maggie" Belton, <i>Vice-Chair</i>	P	Gonzalo Sandoval	P	Frank Meza, <i>Community Outreach Field Specialist</i>
Cynthia Conteas-Wood, <i>Chair, Community Partner</i>	P	Roberto Santos	P	Felicia Gray, <i>Community Outreach Liaison</i>
Adán N. Fernández	P	Rosa Ureña	P	Idalia de la Torre, <i>Field Specialist Supervisor</i>
Shekelia Harvey	P			Angel Sotelo, <i>Member Advocate</i>
Daniel W. Kwong	P			Jose Quintero, <i>Member Relations Health Navigator</i>
Fung Ha Leung Kwong	P			Tanisha Johnson, <i>Supervisor, Health Promoters Program</i>
Lidia Parra	P			Andrea McFerson, <i>RCAC 6 Chairperson</i>
Rosa Arevalo Ramos, <i>CHAPCare Community Partner</i>	E			

(P) present (E) excused absent (U) unexcused absent

PUBLIC

INTERPRETERS

		Shelley Hash & Paula Alvira, <i>Spanish Interpreters</i>
		Lily Chou & Ivan Ho, <i>Chinese Interpreters</i>

MEETING SUMMARY, DISCUSSION AND FOLLOW UP

	AGENDA ITEM	LEAD
I.	WELCOME AND INTRODUCTION	Frank Meza, <i>Field Specialist</i> Cynthia Conteas-Wood, <i>Chair</i>
<p><u>L.A. Care’s Mission Statement / Three Goals of CO&E and RCACs</u></p> <ul style="list-style-type: none"> • RCAC members read the L.A. Care’s Mission statement and the three Goals of Community Outreach and Engagement. (Health Promotion, Advocacy and Community Partnerships). • RCAC members reviewed the RCAC meeting “Ground Rules” prior to the start of the meeting. • Cynthia Conteas-Wood, <i>RCAC Chair</i> called the meeting to order at 9:30am. Everyone introduced themselves. 		
II.	BUSINESS	Frank Meza, <i>Field Specialist</i> Cynthia Conteas-Wood, <i>Chair</i>
<p><u>Approval of Agenda & Meeting Summary</u></p> <ul style="list-style-type: none"> • The agenda for February 19, 2019 was approved as presented. • The meeting summary for December 18, 2018 was approved as presented. <p><u>ECAC & Board Meeting Report</u></p> <p>Adan Fernandez, RCAC Member, attended the January 9, 2019 ECAC meeting a presented on the following:</p> <ul style="list-style-type: none"> • Cervical Health Awareness Month is a chance to raise awareness about how women can protect themselves from HPV (Human Papilloma Virus) and Cervical Cancer. • Mr. Fernandez also talked about the importance of getting vaccinated to prevent certain diseases. • The Governor is proposing to expand the Medi-Cal coverage for kids up to age 26 and would include coverage for those whose immigration status is pending. He also stated that L.A. Care had its biggest gain of 26, 000 members for Covered California. <p>Maggie Belton, RCAC Vice Chair, reported on the following:</p> <ul style="list-style-type: none"> • Ms. Belton informed the RCAC there will be some additional information that will provide more details about the CCI integration into the RCACs. • Ms. Belton also talked about the new health topics that will be addressed during the Work-Plan section of the agenda. 		

Cynthia Conteas-Wood, RCAC Chair, reported on the following information:

- The Governor is proposing to expand the Medi-Cal coverage for kids up to age 26 and would include coverage for those whose immigration status is pending. He also stated that L.A. care had its biggest gain of 26, 000 members for Covered California.
- Proposal to develop a Pharmacy Care-Out option, which would lower the price for medications for people on Medi-Cal.
- L.A. Care Health Promoters Program will be presenting at the RCACs information about Colorectal Cancer.
- L.A. Care initiated a Recuperative Care Pilot Program to a facility on Pico for patients being discharged by hospitals but do not have a place or are not able to go home. L.A. Care has procured 16 beds for L.A. Care members.
- L.A. Care has renewed grants to fund “Know your Rights Workshops” to both Central American Resource Center (CARECEN-L.A.) and the Coalition for Human Immigrant Rights (CHIRLA). Both will receive \$150,000 each.
- L.A. Care has paid a total of \$22.2 million in incentives to 888 solo/small group physicians and 59 clinics who met the criteria of improvement. There was a dinner held late January at L.A. Care headquarters to recognize top performers and those most improved.
- L.A. Care’s Pharmacy Department has developed a new program to help current CMC members that have been identified as unsafely managing their opioid medication. In January, the Clinics Program started a flu shot call campaign. Medications reminder calls were places to 493 CMC members and reminded them to get influenza, shingles and Pneumococcal vaccine.
- L.A Care has a new transportation vendor “Call the Car”. There will be a 4-month transition period that will start of 3/1/19 to ensure that by the end of the 4 month, all L.A. Care members will be using “Call the Car” as the transportation services for the health care needs.

RCAC Members Attending ECAC

- Daniel W. Kwong, RCAC 3 member is scheduled to attend the ECAC meeting on March 13, 2019 at L.A. Care.
- Fung Ha Leung Kwong, RCAC 3 member is scheduled to attend the ECAC meeting on April 10, 2019 at L.A. Care.
- ECAC is scheduled from 10:00am to 1:00pm at L.A. Care Health Plan in Downtown L.A.

RCAC Members Attending the Board of Governors (BOG)

- The March 7, 2019 Board of Governors meeting was cancelled and will resume their regular schedule on April 4, 2019.
- Roberto Santos, RCAC 3 Member will attend the BOG meeting on Thursday, April 4, 2019.
- Gonzalo Sandoval, RCAC 3 Member will attend the May 8, 2019 Board of Governors meeting.
- The Board of Governors meetings are from 2:00pm to 5:00pm at L.A. Care Health Plan in Downtown L.A.

Community Outreach & Engagement (CO&E) Report

Coordinated Care Initiative (CCI) Councils Update

- A Summary of the CCI Integration into the RCACs was presented to everyone. Frank Meza, Field Specialist, informed the RCAC they will not be impacted by the transition of CCI Members into RCAC 11 because there aren't any current CCI Members who reside in the Region of RCAC 11.
- 11 RCACs and the ECAC were formed in 1997 to comply with state legislation.
- The CCI Councils are not required by state legislation; they were formed in 2014 as ad-hoc committees during the launch of the Cal MediConnect program, and a contract requirement by the state.
- In January 2018, the state provided L.A. Care with more detailed guidance for a CMC Enrollee Advisory Committee, and the CCI Councils no longer meet the new requirements.
- Staff proposed to the Board of Governors (BOG) that CCI Council members be allowed to join the RCACs without completing an application, and also proposed to the BOG to modify ECAC by changing one At-Large member position from CCI At-Large Member to SPD At-Large Member, to represent seniors and people with disabilities (SPD).
- Staff wants to make sure that this transition is smooth and that the voices of these members continue to be heard through the RCACs and ECAC meetings.
- The presentation of this process will be presented during the February and March RCAC meetings cycle, and all RCAC members will have an opportunity to provide input and make recommendations on how to best integrate the CCI members into the RCACs.
- The following staff ideas were proposed and the RCAC will have an opportunity to provide input and make recommendations:
- **How can we ensure that the voices of seniors and people with disabilities are heard at RCAC meetings?**
 - Ask for feedback from members who haven't spoken at a meeting.
 - Partner with organizations that serve seniors and people with disabilities during the Work Plan.
 - The majority of members agreed with the staff recommendations.
- **At RCACs and ECAC, members have an opportunity to provide feedback on health care access issues during the Global Member Issues section of the agenda—how can we ensure SPD member voices are heard during this section?**
 - Ask for comments from members who haven't spoken during that section of the agenda
 - Include a section in Global Member Issues to specifically ask for Seniors and People with Disabilities (SPD) member issues.
 - The majority of members also agreed with the staff recommendations.
- **Staff has proposed that CCI Council members be transitioned into the RCACs without an application. What are your comments on this proposal?**
 - Allow CCI Council members to join a RCAC if they are interested, without applying and without the 6-month provisional period.

- RCAC members suggested all CCI members transition into their designated RCAC without completing an additional application because they are already members of a committee and not entering L.A. Care’s Consumer Advisory Committees for the first time.
- All RCAC Members were given an opportunity to provide additional comments.
- Members did not provide any comments, however stated they would be happy to welcome anyone who wanted to join the RCAC.

Elevating Advocacy Conference

- The Community Outreach & Engagement Department will host its 2019 Spring Conference to celebrate 20 years of Community Engagement and Empowerment, which will celebrate the RCACs 20th year anniversary.
- The event will take place at St. Anne’s Conference Center from 8:30am to 3:00pm at 155 N. Occidental Blvd., Los Angeles, CA 90026.
- All RCAC members are required to attend and any absences will be considered an excused absence.
- RCAC members were asked to RSVP and to indicate whether they will require transportation.
- The pick-up location for RCAC 3 is scheduled for 7:00am at Rosemead Community Center at 3936 Muscatel Avenue, Rosemead, CA 91770

III.	REGIONAL ISSUES	Group
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- There were no regional issues.

IV.	GET UP AND MOVE	Felicia Gray, <i>Liaison</i> and Group
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- All RCAC members took a ten-minute break.

V.	RCAC WORK-PLAN	Group
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Health Promoters Program – Protecting Yourself from Colorectal Cancer Presentation

- Andrea McFerson, L.A. Care Health Promoter, provided a presentation on “Protecting Yourself from Colorectal Cancer”. The presentation will provide basic information on Colorectal Cancer, prevention and risk factors.
- The content of this presentation was provided by the American Cancer Society, and the Health Promoters Program. Ms. McFerson distributed index cards for additional comments, suggestions or questions from the members.
- A pre-test and post-test will be distributed during the presentation.
- The training will cover the following information:
 - What is Cancer?

- What is Colorectal Cancer?
- How common is Colorectal Cancer?
- Risk Factors and how to lower your risk of Colorectal Cancer
- Colorectal Cancer Screening Guidelines
- A copy of the presentation can be obtained by contacting the assigned Field Specialist of RCAC 3 or by calling the Community Outreach & Engagement Department Toll Free line at 1-888-839-9909.

Community Sponsorships

- The RCAC will be sponsoring an organization/event that will focus on the Social Determinants of Health that impact their community. The two topics that have been identified are Food Security and Early Childhood Development.
- Frank Meza provided additional information about the two topics to give members a clear understanding of what they are and how the RCAC can work with community partners to effectively address the health topic.
- Mr. Meza asked the RCAC to vote on one of the two topics the results are the following:
- Food Security – 5
- Early Childhood Development - 2
- RCAC members will have an opportunity to further discuss and plan for the upcoming sponsorship project.

Community Outreach Events

- RCAC members will have an opportunity to partner up with a variety of Community Based Organizations (CBOs) as a collaborative to support each other’s programs and projects.
- RCAC Members were asked at the previous RCAC meeting to bring one name of a community based organization they may know or have worked with in the past. Everyone was given an opportunity to bring the agencies contact information for the April RCAC meeting. Cynthia Contreas-Wood stressed to everyone on the importance of bringing a name of an agency for the next meeting.
- More information will be provided at the next schedule meeting on April 16, 2019.

Outreach Events

- RCAC members will have more time at their April meeting to start working and discussing the messaging for their outreach efforts. In addition, staff will review the number of outreach events RCAC members will be responsible for.
- Staff will develop a system to effectively schedule and track everyone’s attendance and progress during the work-plan projects and events.

VII.	FUTURE AGENDA ITEM	Group
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- There were no future agenda items brought forward.

VIII.	MEETING EVALUATION	Group
<ul style="list-style-type: none"> • RCAC members took a few minutes to complete meeting evaluations. 		
IX.	PUBLIC COMMENTS	Group
<ul style="list-style-type: none"> • Daniel W. Kwong, provided information about an issue he addressed at the Board of Supervisors meeting, as it relates to some plans the city has to address structural and additional issues within the jail system. Staff advised this issues is not something the RCAC can address but he may potentially speak to his local legislative representative for additional questions and support. 		
X.	ADJOURNMENT	Group
<ul style="list-style-type: none"> • The meeting was adjourned at 12:00 p.m. • The next RCAC meeting is scheduled for April 16, 2019 at the Rosemead Community Center at 3936 Muscatel Avenue, Room 4 - Rosemead, CA 91770 from 9:30am to 12:00pm. 		

Respectfully Submitted by:
Frank Meza, *Community Outreach Field Specialist*

Approved by:
Cynthia Conteas-Wood, *RCAC 3 Chair*

In the absence of the chair, approved by the Vice-Chair:
Name:

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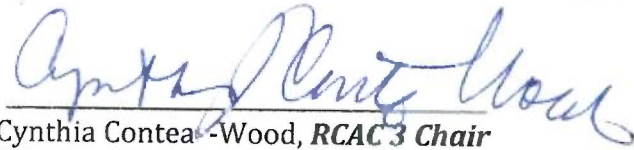
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Frank Meza, *Field Specialist*

Approved by:


Cynthia Contea-Wood, *RCAC 3 Chair*

In the absence of the chair, approved by the Vice-Chair:

Name: _____