



**Regional Community Advisory Committee (RCAC)
Region 2 - Van Nuys, Pacoima, West Hills, North Hills, Arleta, Sepulveda
Committee Summary**

**L.A. Care Family Resource Center - Pacoima
10807 San Fernando Road, Pacoima, CA 91331**

**Monday, December 16, 2019
10:00am - 12:30pm**

MEMBERS

STAFF/MANAGEMENT

Maricruz Alvarez	P	Maria G. Ramos	P	Kristina Chung, <i>Field Specialist</i>
Elliot Bailiff	P	Ana Rodriguez, <i>Vice-Chair</i>	P	Idalia De La Torre, <i>Field Specialist Supervisor</i>
Wilma Ballew	P	Sócrates Rodriguez	P	Cindy Pozos, <i>Liaison</i>
Elizabeth Cooper	P	Jacqueline Session	P	Maribel Gonzalez, <i>Health Navigator</i>
Maria Sara Monica Elias	P	Gary Stein	P	Hilda Perez, <i>Boardmember</i>
Mary Jo Fernando	P	Ana Urizar	P	
Janet Henderson	P			
Estela Lara, <i>Chair</i>	P			
Diana Leff	P	<u>COMMUNITY PARTNERS</u>		
Channary Lim	P	LAC DPH - SPA 2	E	
Virginia Martinez	P	AMPM Home Health Agency	E	
Ismael Maldonado	P	NEVHC - WIC	E	
Sina Nhek	P			

PUBLIC

INTERPRETERS

		Shelley Hash, <i>Spanish Interpreter</i>	Bo Uce, <i>Khmer Interpreter</i>
		Eduardo Kogan, <i>Spanish Interpreter</i>	Sina New, <i>Khmer Interpreter</i>

MEETING SUMMARY, DISCUSSION AND FOLLOW UP

	AGENDA ITEM	LEAD
I.	WELCOME AND INTRODUCTIONS	Estela Lara, <i>Chair</i>
	<ul style="list-style-type: none"> • Estela Lara, <i>Chair</i>, called the meeting to order and asked everyone to introduce themselves. • Mary Jo Fernando read the Ground Rules. • Kristina Chung, <i>Field Specialist</i>, reviewed the meeting agenda with the members. 	
II.	BUSINESS	Kristina Chung, <i>Field Specialist</i> Estela Lara, <i>Chair</i>
	<p><u>Approval of Agenda & Summary</u></p> <ul style="list-style-type: none"> • The agenda was motioned for approval by Maria Ramos and seconded by Ismael Maldonado. The agenda was approved as presented. • Ms. Lara asked the committee to review the October 2019 meeting summary. She reminded members that they should review the agenda and summary before the meeting. This is a responsibility for all members. <ul style="list-style-type: none"> ○ The summary was motioned for approval by Ms. Elizabeth Cooper and seconded by Mary Jo Fernando. The summary was approved as presented. <p><u>November 2019 ECAC Report (Maria Sara Monica Elias)</u></p> <ul style="list-style-type: none"> • The ECAC discussed the issue of homelessness and increase in rent. <p><u>December 2019 ECAC Report (Janet Henderson)</u></p> <ul style="list-style-type: none"> • Care Harbor was a success and included services to the homeless population. • The Pomona Community Resource Center had their grand opening in November. • A presentation on fluoride varnish was provided by the Quality Improvement Department. • ECAC had their election for Chair and Vice-Chair. Fatima Vasquez (RCAC 7) was elected as Chair and Cynthia Conteas-Wood (RCAC 3) as Vice-Chair. <p><u>November 2019 BOG Report (Mary Jo Fernando)</u></p> <ul style="list-style-type: none"> • L.A. Care is now a 4 star health plan. • This year's proposed budget will eliminate prescription drugs for Medi-Cal recipients. This does not affect those at skilled nursing facilities. 	

December 2019 BOG Report (Wilma Ballew)

- The *Elevating the Safety Net Program* has another class of medical students and one of them will be asked to speak at a future Board meeting.
- The Minute Clinics, a partnership with CVS, are available to members for urgent care needs.
- The Community Resource Center offers case management.

ECAC Meeting Attendance

- Virginia Martinez will attend the January 8, 2010 ECAC meeting at L.A. Care Health Plan.
- Diana Leff will attend the February 12, 2020 ECAC meeting at L.A. Care Health Plan.

Board of Governors (BOG) Meeting Attendance

- There is no BOG meeting in January.
- Ismael Maldonado will attend the February 6, 2019 BOG meeting at L.A. Care Health Plan.

CO&E REPORT:

CBD Presentation (Green Believers Project)

- The Green Believers Project provided a presentation that covered the following:
 - Hemp vs. Marijuana
 - Regulations
 - What is CBD and the benefits?
 - Resources

Housing and Eviction Presentation (Neighborhood Legal Services of Los Angeles County)

- Neighborhood Legal Services of Los Angeles County (NLSLA) provided a presentation on the following:
 - Tenants' Rights
 - Housing Laws and Common Myths
 - Eviction
 - Tips for Tenants to Stay Out of Eviction Court
 - Recent Changes to Housing Law
 - Community Resources

Homeless Resource

- Information on the Los Angeles County Coordinated Entry System (CES) and homeless resources was distributed.

Revisions to Operating Rules

- Members received a copy of the Operating Rules.
- Ms. Chung reviewed the proposed revisions to the Operating Rules.
- Members were asked for feedback.
 - Ms. Cooper stated that members should have received this information earlier to review.

2020 Advocacy Day

- Advocacy Day in Sacramento will be scheduled in 2020.
- Chairs and Vice-Chairs of each RCAC will participate and there will be an opportunity for additional RCAC members.
- To be eligible, members must meet the following requirements:
 - Must be in good standing
 - Must be able to travel to Sacramento
 - Must have a valid CA ID
 - Must be available to attend trainings
- An Interest Profile Sheet was passed out and members were asked to turn it in by January 31st if interested.

2020 Board Elections

- An information session for interested candidates for either the Member Representative or the Member Advocate positions will be held on Thursday, January 30, 2020, from 10 am – 12pm at L.A. Care Health Plan.

III.	GET UP & MOVE/BREAK	Group
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- Members took a 10-minute stretch break.

IV.	REGIONAL ISSUES	Group
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- No issues were discussed.

V.	RCAC/COMMUNITY WORK PLAN	Kristina Chung, <i>Field Specialist</i>
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2019 Community Outreach – Colorectal Cancer

- Members who completed the outreach project and who turned in their tally sheets received a certificate of completion and a \$25 gift card.

VI.	FUTURE AGENDA ITEMS	Group
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- No items were discussed.


VII.	MEETING EVALUATIONS	Group
<ul style="list-style-type: none"> Members were reminded to complete and turn in the meeting evaluation included in their packets. 		
VIII.	PUBLIC COMMENTS	Group
<ul style="list-style-type: none"> Information on CalFresh was passed out. 		
IX.	ADJOURNMENT	Group
<ul style="list-style-type: none"> The next RCAC 2 meeting will be on Monday, February 24, 2019 from 10:00 am to 12:30 pm at L.A. Care's Family Resource Center – Pacoima (10807 San Fernando Road, Pacoima, CA 91331). 		

Submitted by: _____
 Kristina Chung, *Field Specialist*

Approved by: _____
 Ana Rodriguez, *RCAC 2 Vice-Chair*

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