



**Regional Community Advisory Committee (RCAC)
Region 2 - Van Nuys, Pacoima, West Hills, North Hills, Arleta, Sepulveda
Committee Summary**

**L.A. Care Family Resource Center - Pacoima
10807 San Fernando Road, Pacoima, CA 91331**

**Monday, August 19, 2019
10:00am - 12:30pm**

MEMBERS

STAFF/MANAGEMENT

Maricruz Alvarez	P	Maria G. Ramos	P	Dania Jacobo Pena, <i>Department Assistant</i>
Elliot Bailiff	P	Ana Rodriguez, <i>Vice-Chair</i>	P	Idalia De La Torre, <i>Field Specialist Supervisor</i>
Wilma Ballew	P	Sócrates Rodriguez	P	Kristina Chung, <i>Field Specialist</i>
Elizabeth Cooper	P	Jacqueline Session	P	Cindy Pozos, <i>Liaison</i>
Maria Sara Monica Elias	P	Gary Stein	P	Maria Rodriguez-Camarena, <i>Health Navigator</i>
Mary Jo Fernando	P	Soriya Sun	U	Layla Delgado-Gonzalez, <i>Boardmember</i>
Janet Henderson	P			Thomas Mapp, <i>Chief Compliance Officer</i>
Estela Lara, <i>Chair</i>	P			
Diana Leff	E	<u>COMMUNITY PARTNERS</u>		
Channary Lim	P	LAC DPH - SPA 2	E	
Virginia Martinez	P	AMPM Home Health Agency	E	
Ismael Maldonado	P	Youth Policy Institute	E	
Sina Nhek	P	NEVHC - WIC	E	

PUBLIC

INTERPRETERS

Clyde Shultz		Shelley Hash, <i>Spanish Interpreter</i>	Bo Uce, <i>Khmer Interpreter</i>
		Eduardo Kogan, <i>Spanish Interpreter</i>	Sina New, <i>Khmer Interpreter</i>

MEETING SUMMARY, DISCUSSION AND FOLLOW UP

	AGENDA ITEM	LEAD
I.	WELCOME AND INTRODUCTIONS	Estela Lara, <i>Chair</i>
	<ul style="list-style-type: none"> • Estela Lara, <i>Chair</i>, called the meeting to order at 10:05 a.m. and asked everyone to introduce themselves. • Cindy Pozos will now be the RCAC 2 Liaison. Manny Vizcarra has transitioned to the Family Resource Center in Pomona. • Ismael Maldonado read the Ground Rules. • Kristina Chung, <i>Field Specialist</i>, reviewed the agenda with the members. 	
II.	BUSINESS	Kristina Chung, <i>Field Specialist</i> Estela Lara, <i>Chair</i>
	<p><u>Approval of Agenda & Summary</u></p> <ul style="list-style-type: none"> • The agenda was motioned for approval by Ana Rodriguez and seconded by Maria Ramos. The agenda was approved with 2 nays. • Ms. Lara asked the committee to review the June 2019 meeting summary. She reminded members that they should review the agenda and summary before the meeting. This is a responsibility for all members. Mr. Maldonado noted that he was excused for the June meeting and the correction was noted. • Ms. Cooper stated the decision to offer members gift cards for completion of the work plan project was not approved by the RCACs or ECAC. Janet Henderson stated that this is not right and was not explained to the RCACs. Idalia De La Torre, <i>Supervisor</i>, explained that this change was brought forth at the June meeting. The gift card is a thank you to members who have completed the work plan project. <ul style="list-style-type: none"> ○ Ms. Chung clarified that the main role of the RCACs is to advise and provide recommendation on healthcare issues affecting members. This does not include making decisions on policies, work plans or administration. Ms. Chung advised Ms. Cooper that she can contact Francisco Oaxaca, <i>Senior Director</i>, if she would like to discuss this further. • The summary was motioned for approval by Mary Jo Fernandez and seconded by Gary Stein. The summary was approved with 2 nays. <p><u>ECAC and Board of Governors (BOG) Reports</u></p> <ul style="list-style-type: none"> • Members received a copy of the ECAC report to review. Members who attended the ECAC and Board of Governors (BOG) meetings gave a report on the following: <p><u>July 2019 ECAC Report (Maria Ramos)</u></p> <ul style="list-style-type: none"> • Priti Thanki from Government Affairs talked about the Medi-Cal expansion that would make undocumented residents between 19-25 eligible for Medi-Cal. The expansion will take effect on January 1, 2020 and is expected to affect 90,000 residents. • Also on January 1, 2020, Medi-Cal will reinstate optometry, podiatry and speech therapy. • Post-partum services will be extended from 60 days to a year. 	

- Ms. Cooper requested details from the Public Comment Section of the ECAC meeting. Ms. Chung will ask Board Services for the ECAC minutes to be forwarded to Ms. Cooper.

July 2019 BOG Report (Maricruz Alvarez)

- John Baackes, *Chief Executive Officer (CEO)*, stated that L.A. Care has 2.7 million members.
- The *Elevating the Safety Net* Program has selected a new group of medical students this year.

Member Comments

- Ms. Cooper asked if the CCI transition to the RCACs will be discussed at the September Board meeting and if transportation can be offered to former CCI members. Ms. Chung will follow up with Francisco Oaxaca.

ECAC Meeting Attendance

- Elliott Bailiff will attend the September 11, 2019 ECAC meeting at L.A. Care Health Plan.
- Ms. Elizabeth Cooper will attend the October 9, 2019 ECAC meeting at L.A. Care Health Plan.

Board of Governors (BOG) Meeting Attendance

- Jacqueline Session will attend the BOG meeting on September 5, 2019 at Joan Palevsky Center - California Community Foundation located at 281 S. Figueroa Street, Suite 100, Los Angeles, CA 90012. This meeting is the Board retreat.
- Wilma Ballew will attend the October 3, 2019 BOG meeting at L.A. Care Health Plan.

CO&E REPORT

Emergency Preparedness Training

- The American Red Cross provided a training on emergency preparedness to RCAC 2. The training covered the following:
 - Getting an emergency kit
 - Making an emergency plan
 - Being informed in an emergency
- Ms. Cooper brought forth a motion for all RCACs to receive first aid kits. RCAC 2 members came to a consensus to forward this motion to ECAC for consideration. Ms. Chung will follow up with L.A. Care's management regarding this request.

Stress Management Presentation

- Torhon Barnes from the Safety Net Initiatives Department presented on coping mechanisms to deal with stress.
- Ms. Cooper stated that cultural factors play an important role in stress and this should be a focus of the Behavioral Health Department.
- Ms. Henderson stated that Kaiser prescribes antidepressants for problems sleeping. Mr. Barnes said that she can seek assistance at County facilities and have services transferred.

ECAC Leadership Training

- The last ECAC Leadership Training for all Chairs, Vice-Chairs and At-Large Members will be held on Friday, September 27, 2019 from 8:30 a.m. to 2:30 p.m. at L.A. Care Health Plan. The training topic will be “Health Equity and Equality – Understanding the Needs of our Members”.

New Member Orientation

- The next new member orientation will be on September 13, 2019 at L.A. Care Health Plan from 9:15 a.m. – 2:30 p.m. All provisional members are required to attend the orientation.

III. GET UP & MOVE/BREAK Group

- Members took a 10-minute stretch break.

IV. REGIONAL ISSUES Group

- Ismael Maldonado shared his issue with limited access to transport beds and scales. Ms. De La Torre asked if he was referred to a facility that can provide these equipment and Mr. Maldonado said that he was referred to another facility.
- Mr. Maldonado also shared that issue of accessible MRI machines and some members have been referred to the San Diego Zoo. Ms. Idalia said it is important that members contact Member Services to file a grievance against the health plan.

V. RCAC/COMMUNITY WORK PLAN Kristina Chung, Field Specialist

2019 Community Outreach – Colorectal Cancer

- Members were reminded to turn in their tally sheets by September 30th. If members need assistance in finding/creating outreach events, they can speak to Ms. Chung.

2019 Sponsorship Update

- Meet Each Need with Dignity (MEND) has been selected to receive the \$5,000 sponsorship from RCAC 2. The sponsorship will be supporting the grand opening of their farmer’s market on September 14, 2019.

VI. FUTURE AGENDA ITEMS Group

- Janet Henderson asked for an update on the CBD contact that she forwarded to Auleria Eakins for a presentation to the RCAC 2. Ms. Chung will follow up with Ms. Eakins.
- Mr. Maldonado would like to invite the Neighborhood Legal Services to present on housing and eviction. The RCAC members voted and there was a consensus to have a presentation on this topic at a future meeting. Ms. Chung will follow with this request.

VII. MEETING EVALUATIONS Group

- Members were reminded to complete and turn in the meeting evaluation included in their packets.

VIII.	PUBLIC COMMENTS	Group
<ul style="list-style-type: none"> • Estela Lara shared that there is a free fitness program from September 2019 – December 2019 at Sepulveda Middle School. The program is offered on Tuesdays, Thursdays and Fridays from 8:30 am – 9:30 a.m. For more information, call (818) 847-3841. • Ms. Cooper asked members if they would like to meet to strategize about the next presidential election. • Ms. Cooper would like to thank L.A. Care for offering the Emergency Preparedness training. 		
IX.	ADJOURNMENT	Group
<ul style="list-style-type: none"> • Estela Lara adjourned the meeting at 12:27 pm. • The next RCAC 2 meeting will be on Monday, October 21, 2019 from 10:00 am to 12:30 pm at L.A. Care’s Family Resource Center – Pacoima (10807 San Fernando Road, Pacoima, CA 91331). 		

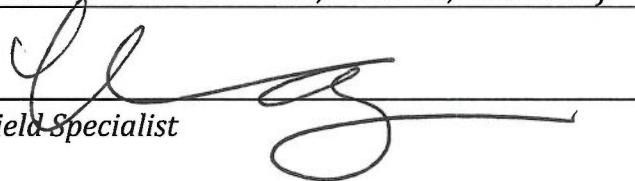
Submitted by: _____
 Kristina Chung, *Field Specialist*

Approved by: _____
 Estela Lara *RCAC 2 Chair*

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Submitted by:

Kristina Chung, *Field Specialist*



Approved by:

Estela Lara *RCAC 2 Chair*

