



**Regional Community Advisory Committee (RCAC)  
Region 2 - Van Nuys, Pacoima, West Hills, North Hills, Arleta, Sepulveda  
Committee Summary**

**L.A. Care Family Resource Center - Pacoima  
10807 San Fernando Road, Pacoima, CA 91331**

**Monday, June 17, 2019  
10:00am - 12:30pm**

**MEMBERS**

**STAFF/MANAGEMENT**

Maricruz Alvarez	P	Sina Nhek	U	Auleria Eakins, <i>Manager</i>
Elliot Bailiff	P	Maria G. Ramos	P	Idalia De La Torre, <i>Field Specialist Supervisor</i>
Wilma Ballew	P	Ana Rodriguez, <i>Vice-Chair</i>	P	Kristina Chung, <i>Field Specialist</i>
Chun (Michael) Choe	P	Sócrates Rodriguez	P	Manny Vizcara, <i>Liaison</i>
Elizabeth Cooper	P	Jacqueline Session	P	Maria Rodriguez-Camarena, <i>Health Navigator</i>
Maria Sara Monica Elias	P	Gary Stein	P	
Mary Jo Fernando	E	Soriya Sun	U	
Janet Henderson	P			
Estela Lara, <i>Chair</i>	P	<b><u>COMMUNITY PARTNERS</u></b>		
Diana Leff	P	LAC DPH - SPA 2	U	
Channary Lim	U	AMPM Home Health Agency	U	
Virginia Martinez	P	Youth Policy Institute	U	
Ismael Maldonado	U	NEVHC - WIC	U	

**PUBLIC**

**INTERPRETERS**

		Shelley Hash, <i>Spanish Interpreter</i>	Bo Uce, <i>Khmer Interpreter</i>
		Eduardo Kogan, <i>Spanish Interpreter</i>	Samedy Chhum, <i>Khmer Interpreter</i>

## MEETING SUMMARY, DISCUSSION AND FOLLOW UP

	AGENDA ITEM	LEAD
<b>I.</b>	<b>WELCOME AND INTRODUCTIONS</b>	<b>Estela Lara, <i>Chair</i></b>
	<ul style="list-style-type: none"> <li>• Ana Rodriguez, <i>Vice-Chair</i>, called the meeting to order at 10:06am and asked everyone to introduce himself or herself.</li> <li>• Kristina Chung, <i>Field Specialist</i>, stated that for the month of June, the <i>Vice-Chair</i> will be facilitating the meeting.</li> <li>• Maria Sara Monica Elias read the Ground Rules.</li> <li>• Ms. Chung reminded members that it is very important to stick to the agenda so that the meeting ends on time. Estela Lara, <i>Chair</i>, will be the timekeeper for the meeting. For items that are not on the agenda, they will be added to the “Parking Lot” which is a placeholder for items to be discussed at future meetings.</li> <li>• Janet Henderson asked how to add agenda items. Ms. Chung explained that to add agenda items, it must first be discussed under the <i>Future Items</i> section of the agenda and there must be a group consensus to add it to a future meeting.</li> <li>• Ms. Cooper objected to staff taking up time and infringing on the time that members can speak. She would like RCAC meeting to be run by <i>Chairs</i> and not the staff. Ms. Chung explained that the <i>Chairs and Vice-Chairs</i> have received training on facilitating RCAC meetings and they will take a more active role moving forward. The staff’s role is to support the <i>Chairs and Vice-Chairs</i>, provide reports and answer questions from members.</li> <li>• Ms. Chung reviewed the agenda with the members.</li> </ul>	
<b>II.</b>	<b>BUSINESS</b>	<b>Kristina Chung, <i>Field Specialist</i> Ana Rodriguez, <i>Vice-Chair</i></b>
	<p><b><u>Approval of Agenda &amp; Summary</u></b></p> <ul style="list-style-type: none"> <li>• The agenda was motioned for approval by Maricruz Alvarez and seconded by Maria Ramos. The agenda was approved with 2 abstentions.</li> <li>• Ms. Rodriguez asked the committee to review the April 2019 meeting summary. She reminded members that they should review the agenda and summary before the meeting. This is a responsibility for all members.</li> <li>• On page 5, Ms. Janet Henderson’s first name was spelled incorrectly. The meeting summary for the April 2019 meeting with the correction was motioned for approval by Maria Ramos and seconded by Diana Leff. The summary was approved with 1 abstention.</li> <li>• Ms. Chung reviewed the agenda with the committee. The Stress Management presentation will be given at the August meeting due to the presenter having a scheduling conflict.</li> <li>• The 20<sup>th</sup> Anniversary certificates will be mailed out to members who attended the Spring RCAC Conference.</li> </ul>	

### **Member Comments**

- Ms. Cooper expressed her concern that staff was taking too much time speaking and that it is taking up time for the members to speak. She said that the Chair should run the meeting. Ms. Chung explained the role of staff at meetings is to provide updates and answer questions and that the Chair and Vice-Chair have received training at the ECAC Leadership Trainings to facilitate the meetings.

### **ECAC and Board of Governors Reports**

- Members received a copy of the ECAC report to review. Members who attended the ECAC and Board of Governors (BOG) meetings gave a report on the following:

#### **May 2019 ECAC Report (Janet Henderson)**

- Doctors are restricted in prescribing opioids for patients. Patients must stay in contact for a minimum of 3 months.
- People who received SSI can now apply for CalFresh starting June 1, 2019.

#### **June 2019 ECAC Report (Maria Sara Monico Elias)**

- There is assistance available on applying for CalFresh for SSI recipients.

### **Member Comments**

- Ms. Cooper expressed her concern regarding not having enough consumer representation on the Disability Ad-Hoc Committee. Ms. Auleria Eakins, *Manager*, provided the background of the ad-hoc committee and provided clarification.
  - The ad-hoc committee was formed in response to members requesting more input on disability issues.
  - Health Promoters will support the committee.
  - Western University is a partner for the committee and will present at the October 2019 ECAC meeting.

#### **May BOG Report (Sócrates Rodriguez)**

- Currently, undocumented residents can get health insurance up to age 19. There is current legislation that is being considered to insure all undocumented residents, regardless of age.

#### **June BOG Report (Virginia Martinez)**

- The Department of Public and Social Services (DPSS) presented on CalFresh. Estela Lara distributed English and Spanish CalFresh cards to members.

### **ECAC Meeting Attendance**

- Maria Ramos will attend the July 10, 2019 ECAC meeting at L.A. Care Health Plan.
- There is no meeting in August.

### **Board of Governors (BOG) Meeting Attendance**

- Maricruz Alvarez will attend the BOG meeting on July 25, 2019 at L.A. Care Health Plan.
- There is no meeting in August.

### **CO&E REPORT**

#### **Ice Cream Social**

- Ms. Lara distributed ice cream to RCAC members.

#### **Childcare Reimbursement Policy**

Manny Vizcarra, *Liaison*, provided the following information:

- Childcare reimbursement will not be provided to the spouse or legal guardian of the child or to siblings of the child/children living at the same location as the child/children. A sibling is considered a male or female greater than 16 year of age who lives at the same residence as the child. (Special consideration will be taken for care of a child or children with special needs).
- Childcare reimbursement may be available only for children from birth to 11 years of age, or children with special needs of any age.
- To apply for childcare reimbursement, the parent or legal guardian must provide the following information:
  - Proof of age
  - Certification of approval for home schooling from the state, if appropriate
  - School vacation and holiday schedule
- To apply for childcare reimbursement for a child/children with special needs, the parent or legal guardian must submit one of the following:
  - A letter from the Social Security Administration identifying payment to you for child/children with a disability or;
  - Certification of disability from the child's/children healthcare or mental health provider.

#### **Emergency Contact Sheet**

- This is a form that all members of the RCAC can fill out so that L.A. Care staff knows who to contact in case of an emergency. It is voluntary and we encourage members to update the information should their emergency contact information change. An emergency binder containing this information will be brought to all RCAC meetings.

#### **C&L Presentation**

The C&L Presentation was presented by Ms. Chung and included the following:

- C&L's Program and Services
- Report on services provided last fiscal year
- Information about cultural and linguistic services and how to access them
- Member Comments and Feedback

<b>III.</b>	<b>GET UP &amp; MOVE/BREAK</b>	<b>Group</b>
<ul style="list-style-type: none"> <li>Members took a 10 minute stretch break.</li> </ul>		
<b>IV.</b>	<b>REGIONAL ISSUES</b>	<b>Group</b>
<p><b><u>RCAC Motion Flow Chart</u></b></p> <ul style="list-style-type: none"> <li>Ms. Chung reviewed the RCAC motion flow chart which explains how a motion is brought up for discussion at the RCACs and how it proceeds to the ECAC and Board of Governors.</li> </ul>		
<b>V.</b>	<b>RCAC/COMMUNITY WORK PLAN</b>	<b>Kristina Chung, <i>Field Specialist</i></b>
<ul style="list-style-type: none"> <li>2019 Community Outreach Event <ul style="list-style-type: none"> <li>Ms. Chung explained the outreach component of the work plan project.</li> <li>RCAC members can either participate in the FRC <i>Back to School</i> event OR attend an outreach event of their own. If members choose to participate in another event, they can partner with other RCAC members to outreach together. These events can be other scheduled community events or members can outreach at locations such as churches, schools, laundry mats, apartment complexes (in which they reside), etc. Members will need to outreach to at least 25 people and take a picture to turn in with their tally sheets.</li> <li>Outreach is a requirement of all RCAC members and only members who have completed this requirement will receive the \$25 gift card.</li> <li>Ms. Henderson expressed frustration regarding the request for pictures and the requirement to receive the gift card.</li> <li>The <i>“Back to School” Event</i> will take place at the Family Resource Center (Pacoima) on Saturday, July 20, 2018 from 10:00 am – 1:00 pm. A sign in sheet was passed out. The following members volunteered for the following shifts: <ul style="list-style-type: none"> <li>10am -11am: Estela Lara, Maria Ramos, Ana Rodriguez</li> <li>11am – 12pm: Maria Monico Elias</li> <li>12pm – 1pm: Janet Henderson, Jacqueline Session</li> </ul> </li> </ul> </li> </ul> <p><b><u>2019 Sponsorship Update</u></b></p> <p>Ms. Chung explained that the Sponsorship process has been finalized and she will contact agencies to explain the application process.</p>		
<b>VI.</b>	<b>FUTURE AGENDA ITEMS</b>	<b>Group</b>
<p>There were no items discussed.</p>		
<b>VII.</b>	<b>MEETING EVALUATIONS</b>	<b>Group</b>
<ul style="list-style-type: none"> <li>Members were reminded to complete and turn in the meeting evaluation included in their packets.</li> </ul>		
<b>VIII.</b>	<b>PUBLIC COMMENTS</b>	<b>Group</b>
<ul style="list-style-type: none"> <li>There were no public comments.</li> </ul>		

IX.	ADJOURNMENT	Group
<ul style="list-style-type: none"><li>• Ana Rodriguez, <i>Vice-Chair</i>, adjourned the meeting at 12:25 pm.</li><li>• The next RCAC 2 meeting will be on <b>Monday, August 19, 2019</b> from 10:00 am to 12:30 pm at <b>L.A. Care's Family Resource Center - Pacoima</b> (10807 San Fernando Road, Pacoima, CA 91331).</li></ul>		

Submitted by: \_\_\_\_\_  
Kristina Chung, *Field Specialist*

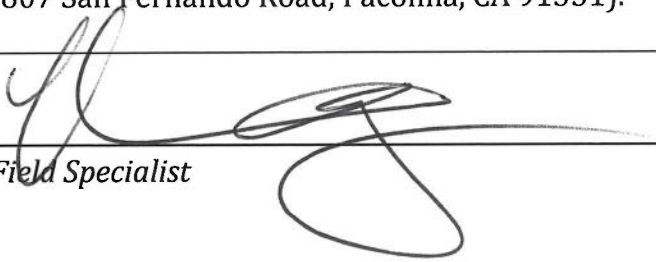
Approved by: \_\_\_\_\_  
Ana Rodriguez, *RCAC 2 Vice-Chair*

<b>IX.</b>	<b>ADJOURNMENT</b>	<b>Group</b>
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- Ana Rodriguez, *Vice-Chair*, adjourned the meeting at 12:25 pm.
- The next RCAC 2 meeting will be on **Monday, August 19, 2019** from 10:00 am to 12:30 pm at **L.A. Care's Family Resource Center - Pacoima** (10807 San Fernando Road, Pacoima, CA 91331).

Submitted by:

Kristina Chung, *Field Specialist*



Approved by:

Ana Rodriguez, *RCAC 2 Vice-Chair*

