



**Regional Community Advisory Committee (RCAC)
Region 1 – Antelope Valley, Palmdale, Lancaster, Santa Clarita
Committee Summary**

**L.A. Care Family Resource Center – Palmdale
2072 E. Palmdale Blvd., Palmdale, CA 93550**

**Friday, December 20, 2019
10:00 a.m. - 12:30 p.m.**

MEMBERS

STAFF/MANAGEMENT

Maria Lourdes Caballero	E	Pamela Harris	P	Demetria Saffore	P	Kristina Chung, <i>Field Specialist</i>
Maria Teresa Caballero	P	Rut Hernandez, <i>Vice-Chair</i>	P	Vallerie Small	P	Hilda Herrera, <i>Liaison</i>
Amanda Calzada	P	Mandie Henry	P	Eliana Torres	P	Maribel Gonzalez, <i>Health Advocate</i>
Manuela Castaneda	P	Marsha Diana Jackson	P	Daisy Torres-Cruz	P	Idalia De La Torre, <i>Field Specialist Supervisor</i>
Daniela Castillo	P	Russell Mahler, <i>Chair</i>	P	Maria Adela Torres Guadarrama	P	Layla Gonzalez-Delgado, <i>Boardmember</i>
Maria Angeles Cruz	P	Adriana Martinez	P	Maria Teresa Trujillo	P	
Irene Cuevas	P	Pedro Martinez	P	<u>COMMUNITY PARTNERS</u>		
Nicole Fitzgerald	P	Maria Mayoral	P	LAC DPH – SPA 1	E	<u>PUBLIC</u>
Alicia Flores	P	Maria Teresa Rabaja	P	Antelope Valley Partners for Health	E	Diana Luna Miller, <i>LA County Dept. of Mental Health</i>
Lupe Gálvez	P	Roger Rabaja	P	Independent Living Center of So Cal	E	Wilma Ballew
Rita Gamboa	P	Marcia Ramos	P	<u>INTERPRETERS</u>		
Laura Gonzalez	P	Antonia Rodas	P	Eduardo Kogan, <i>Spanish Interpreter</i>		
Maria del Carmen Gutierrez	P	Caroline Ruano	P	Shelley Hash, <i>Spanish Interpreter</i>		

MEETING SUMMARY, DISCUSSION AND FOLLOW UP

	AGENDA ITEM	LEAD
I.	WELCOME AND INTRODUCTIONS	Kristina Chung, <i>Field Specialist</i> Russell Mahler, <i>Chair</i>
	<ul style="list-style-type: none">Russell Mahler, <i>Chair</i>, called the meeting to order at 10:05 a.m. and asked everyone to introduce themselves.Carolyn Ruano read the meeting ground rules.Kristina Chung, <i>Field Specialist</i>, reviewed the meeting folder and the agenda for today's meeting.	
II.	BUSINESS	Kristina Chung, <i>Field Specialist</i> Russell Mahler, <i>Chair</i>
	<p><u>Approval of Agenda & Summary</u></p> <ul style="list-style-type: none">Mr. Mahler asked the committee members to review today's agenda.The agenda was approved as presented.Mr. Mahler asked the committee members to review the October 2019 meeting summary. Members were reminded to review the agenda and summary before the RCAC meetings.The meeting summary was approved as presented. <p><u>ECAC Report & Board of Governors (BOG) Report</u></p> <ul style="list-style-type: none">Committee members who attended the ECAC and Board of Governors (BOG) meetings gave a report on the following: <p><u>November 2019 ECAC Report (Marcia Ramos)</u></p> <ul style="list-style-type: none">Ms. Ramos reported that there is no Minute Clinic in the Antelope Valley. She brought up this issue and believes that RCAC 1 should advocate for this. <p><u>December 2019 ECAC Report (Antonia Rodas)</u></p> <ul style="list-style-type: none">John Baackes, <i>Chief Executive Officer</i>, reported that the <i>Elevating the Safety Net Program</i> is going well and has a new class of students.ECAC had their elections for Chair and Vice-Chair and the results are below:<ul style="list-style-type: none">Chair – Fatima Vasquez (RCAC 7)Vice-Chair – Cynthia Contreas-Wood (RCAC 3) <p><u>November 2019 Board of Governors (BOG) Report (Roger Rabaja)</u></p> <ul style="list-style-type: none">Currently, there are 60,000 homeless L.A. Care members.	

December 2019 Board of Governors (BOG) Report (Demetria Saffore)

- There will be Homeless Summit that will address mental health issues.
- RCAC 7 brought up a motion regarding a provider charging Medi-Cal patients on the weekend.

ECAC Meeting Attendance

- Valerie Small will attend the January 8, 2020 ECAC meeting at L.A. Care Health Plan from 10:00 a.m. to 1:00 p.m.
- Daisy Torres Cruz will attend the February 12, 2020 ECAC meeting at L.A. Care Health Plan from 10:00 a.m. to 1:00 p.m.

BOG Meeting Attendance

- There is no BOG meeting in January.
- Eliana Torres will attend the February 6, 2020 BOG meeting at L.A. Care Health Plan from 2:00 p.m. – 5:00 p.m.

CO&E REPORT:

Revisions to Operating Rules

- Members received a copy of the Operating Rules.
- Ms. Chung reviewed the proposed revisions to the Operating Rules.
- Members did not provide any feedback regarding the changes.

Homeless Resources

- Information on the Los Angeles County Coordinated Entry System (CES) and homeless resources was distributed.

2020 Advocacy Day

- Advocacy Day in Sacramento is scheduled in 2020.
- Chairs and Vice-Chairs of each RCAC will participate and there will be an opportunity for an additional RCAC member.
- To be eligible, members must meet the following requirements:
 - Must be in good standing
 - Must be able to travel to Sacramento
 - Must have a valid CA ID
 - Must be available to attend trainings
- An Interest Profile Sheet was passed out and members were asked to turn it in by January 31st if interested.

2020 Board of Governors Election

- An information session for interested candidates for either the Member Representative or the Member Advocate positions will be held on Thursday, January 30, 2020, from 10 am – 12pm at L.A. Care Health Plan.

III.	GET UP & MOVE	Group
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<ul style="list-style-type: none"> Members took a 15-minute stretch break. 		
IV.	REGIONAL ISSUES	Group
<ul style="list-style-type: none"> Marcia Ramos spoke about her issue with accessing Urgent Care. She was denied service at High Desert Medical Group and was told to go to the hospital. Irene Cuevas expressed her frustration with her Gynecologist at Wesley Medical Center because she's always late for her appointments or doesn't show up. The issue with a Gynecologist (Dr. Darma) at Bartz-Altadonna Clinic was also brought up for HIPAA violations. Idalia De La Torre, <i>Supervisor</i>, advised the members to talk to the Health Navigator regarding personal issues. Since there was more than one issue brought up at the meeting, she asked members to write down their issues and bring it to the next RCAC meeting to discuss as a group. 		
V.	RCAC/COMMUNITY WORK PLAN	Idalia De La Torre, <i>Field Specialist Supervisor</i>
<u>2019 Community Outreach – Colorectal Cancer</u>		
<ul style="list-style-type: none"> Members who completed the outreach project and who turned in their tally sheets received a certificate of completion and a \$25 gift card. 		
VI.	FUTURE AGENDA ITEMS	Group
<ul style="list-style-type: none"> Ms. Chung reported that LA County's Department of Mental Health is scheduled to present on their Health Promoters Program at the February RCAC 1 meeting. 		
VII.	MEETING EVALUATIONS	Group
<ul style="list-style-type: none"> Members were reminded to complete and turn in the meeting evaluation included in their packets. 		
VIII.	PUBLIC COMMENTS	Group
<ul style="list-style-type: none"> Eric Gonzalez from the Palmdale Family Resource Center made an announcement regarding the healthy cooking class that is offered at the Center. The class is offered every Tuesday, from 2-4pm, and covers different topics each week. Flyers for CalFresh and My Health LA were passed out. 		
X.	ADJOURNMENT	Group
<ul style="list-style-type: none"> The next RCAC 1 meeting will be on Friday, February 21, 2020 from 10:00 a.m. to 12:30 p.m. at L.A. Care's Family Resource Center – Palmdale (2072 E. Palmdale Blvd., Palmdale, CA 93550). 		

Submitted by: _____
 Kristina Chung, *Field Specialist*

Approved by: _____
 Russell Mahler, *RCAC 1 Chair*



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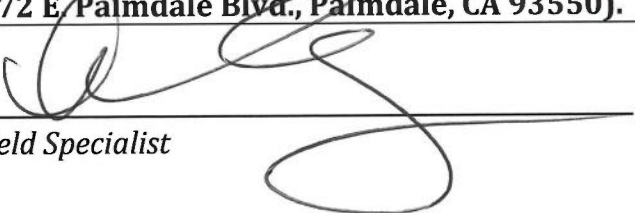
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