



**Regional Community Advisory Committee (RCAC)
Region 1 – Antelope Valley, Palmdale, Lancaster, Santa Clarita
Committee Summary**

**L.A. Care Family Resource Center – Palmdale
2072 E. Palmdale Blvd., Palmdale, CA 93550**

**Friday, August 16, 2019
10:00 a.m. - 12:30 p.m.**

MEMBERS

STAFF/MANAGEMENT

Maria Lourdes Caballero	P	Pamela Harris	P	Demetria Saffore	P	Kristina Chung, <i>Field Specialist</i>
Maria Teresa Caballero	P	Rut Hernandez, <i>Vice-Chair</i>	E	Vallerie Small	U	Hilda Herrera, <i>Liaison</i>
Amanda Calzada	P	Mandie Henry	P	Eliana Torres	P	Gracie Rojas, <i>Health Advocate</i>
Manuela Castaneda	P	Marsha Diana Jackson	P	Daisy Torres Cruz	P	Idalia De La Torre, <i>Field Specialist Supervisor</i>
Daniela Castillo	P	Russell Mahler, <i>Chair</i>	P	Maria Adela Torres Guadarrama	P	<u>PUBLIC</u>
Maria Angeles Cruz	P	Adriana Martinez	E	Maria Teresa Trujillo	P	Sara Breuer, <i>American Red Cross</i>
Irene Cuevas	P	Pedro Martinez	E	<u>COMMUNITY PARTNERS</u>		
Nicole Fitzgerald	P	Maria Mayoral	P	LAC DPH – SPA 1	E	
Alicia Flores	P	Maria Teresa Rabaja	P	Antelope Valley Partners for Health	E	
Lupe Gálvez	P	Roger Rabaja	P	Independent Living Center of So Cal	E	
Rita Gamboa	P	Marcia Ramos	P	<u>INTERPRETERS</u>		
Laura Gonzalez	P	Antonia Rodas	P	Shelley Hash, <i>Spanish Interpreter</i>		
Maria del Carmen Gutierrez	P	Caroline Ruano	P	Eduardo Kogan, <i>Spanish Interpreter</i>		

(P) present **(E)** excused **(U)** unexcused

MEETING SUMMARY, DISCUSSION AND FOLLOW UP

	AGENDA ITEM	LEAD
I.	WELCOME AND INTRODUCTIONS	Kristina Chung, <i>Field Specialist</i> Russell Mahler, <i>Chair</i>
<ul style="list-style-type: none"> • Russell Mahler, <i>Chair</i>, called the meeting to order at 10:00 a.m. and asked everyone to introduce themselves. • Kristina Chung, <i>Field Specialist</i>, reviewed the meeting folder and the agenda for today's meeting. 		
II.	BUSINESS	Kristina Chung, <i>Field Specialist</i> Russell Mahler, <i>Chair</i>
<p><u>Approval of Agenda & Summary</u></p> <ul style="list-style-type: none"> • Mr. Mahler asked the committee members to review today's agenda. • The agenda was approved as presented. • Mr. Mahler asked the committee members to review the June 2019 meeting summary. Members were reminded to review the agenda and summary before the RCAC meetings. • The meeting summary was approved as presented. <p><u>ECAC Report & Board of Governors (BOG) Report</u></p> <ul style="list-style-type: none"> • Committee members who attended the ECAC and Board of Governors (BOG) meetings gave a report on the following: <p><u>July 2019 ECAC Report (Laura Gonzalez)</u></p> <ul style="list-style-type: none"> • Medi-Cal expansion will make undocumented residents between 19-25 eligible for Medi-Cal. The expansion will take effect on January 1, 2020 and is expected to affect 90,000 residents. • Post-partum services will be extended from 60 days to a year. • All FRCs will have <i>Back to School Events</i> in the summer. <p><u>July 2019 Board of Governors (BOG) Report (Maria del Carmen Gutierrez)</u></p> <ul style="list-style-type: none"> • The next round of students have been selected for the medical scholarship program. • RCACs talked about CalFresh at the local legislative office visits. • Marcia Ramos requested a copy of the BOG summary. Idalia De La Torre, <i>Supervisor</i>, explained that the summary is on L.A. Care's website. Ms. Chung will forward the contact information for Linda Merkens, <i>Manager of Board Services</i>, to Ms. Ramos so that she can request the summary be mailed out to her. 		

ECAC Meeting Attendance

- Mandie Henry will attend the September 11, 2019 ECAC meeting at L.A. Care Health Plan from 10:00 a.m. to 1:00 p.m.
- Maria Mayoral will attend the October 9, 2019 ECAC meeting at L.A. Care Health Plan from 10:00 a.m. to 1:00 p.m.

BOG Meeting Attendance

- Maria Teresa Rabaja will attend the all-day September 5, 2019 BOG meeting at Joan Palevsky Center - California Community Foundation located at 281 S. Figueroa Street, Suite 100, Los Angeles, CA 90012. This meeting is the Board retreat.
- Roger Rabaja will attend the October 3, 2019 BOG meeting at L.A. Care Health Plan from 2:00 – 5:00 p.m.

CO&E REPORT:

Emergency Preparedness Training

- The American Red Cross provided a training on emergency preparedness to RCAC 1. The training covered the following:
 - Getting an emergency kit
 - Making an emergency plan
 - Being informed in an emergency

ECAC Leadership Training

- The last ECAC Leadership Training for all Chairs, Vice-Chairs and At-Large Members will be held on Friday, September 27, 2019 from 8:30 a.m. to 2:30 p.m. at L.A. Care Health Plan. The training topic will be “Health Equity and Equality – Understanding the Needs of our Members”.

New Member Orientation (NMO)

- The next new member orientation will be on September 13, 2019 at L.A. Care Health Plan from 9:15 a.m. – 2:30 p.m. All provisional members are required to attend the orientation.

III.	GET UP & MOVE	Group
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- Members took a 10-minute stretch break.

IV.	REGIONAL ISSUES	Group
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- Marcia Ramos talked about issues with getting authorizations for the renewal of medical supplies. Many people need on-going medical supplies every month. Authorizations are usually good for three months. One of the agencies (Antelope Valley Medical Supplies) is telling members to contact their doctors directly to get their supplies renewed. Ms. Chung reminded members to contact Member Services so that their issue is captured. Ms. Chung will also forward the issue to L.A. Care’s Member Services.

V.	RCAC/COMMUNITY WORK PLAN	Idalia De La Torre, <i>Field Specialist Supervisor</i>
<p><u>2019 Community Outreach - Colorectal Cancer</u></p> <ul style="list-style-type: none"> Members were reminded to turn in their tally sheets by September 30th. If members need assistance in finding/creating outreach events, they can speak to Ms. Chung. <p><u>2019 Sponsorship Update</u></p> <ul style="list-style-type: none"> The Antelope Valley Partners for Health (AVPH) has been selected to receive the \$5,000 sponsorship from RCAC 1. The sponsorship will support the “<i>What Do You Eat</i>” event on September 13, 2019 at 8:15 am at the AVPH office. 		
VI.	FUTURE AGENDA ITEMS	Group
<ul style="list-style-type: none"> Demetria Saffore announced that October is disability awareness month. Marcia Ramos suggested that AVPH be contacted to speak on homelessness. RCAC 1 came to a consensus to invite AVPH to present on this topic. 		
VII.	MEETING EVALUATIONS	Group
<ul style="list-style-type: none"> Members were reminded to complete and turn in the meeting evaluation included in their packets. 		
VIII.	PUBLIC COMMENTS	Group
<ul style="list-style-type: none"> Shannon McDonald, a board member at AVPH, died in a car crash. AVPH will have a conference called <i>AV Connect</i> on September 4, 2019 from 9am -12pm at 4426 10th Street West in Lancaster. The Job Services Network Job Fair will take place on September 5, 2019 from 10am -2pmn at the West Coast Baptist College located at 44538 40th Street East in Lancaster. SPA 1’s Mental Health Department offers the Psychiatric Mobile Response Team (PMRT) for mental health issues that 911 receives. For more information, call 1-800-854-7771. The Antelope Valley Alfalfa Festival will take place from August 16th – August 25th. LA Painting Exhibition will be on display at August 10th – October 20th at the Lancaster Museum of Art & History (MOAH) located at 665 W. Lancaster Blvd. There is a protest scheduled on September 14, 2019 again SB 58, the 4am bar bill. This bill would allow bars to extend drinking hours in California from 2am to 4am. The LA County Department of Mental Health’s Mental Health Promoters Program is offering Spanish workshops on drug and alcohol prevention. For more information, call 213-251-6732. 		
X.	ADJOURNMENT	Group
<ul style="list-style-type: none"> The next RCAC 1 meeting will be on Friday, October 18, 2019 from 10:00 a.m. to 12:30 p.m. at L.A. Care’s Family Resource Center – Palmdale (2072 E. Palmdale Blvd., Palmdale, CA 93550). 		

Submitted by:

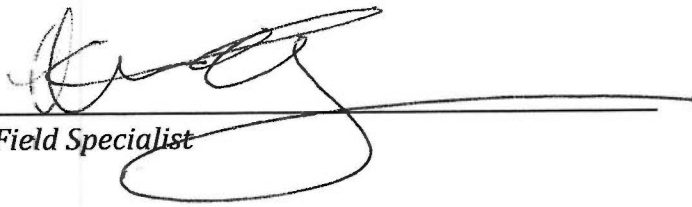
Kristina Chung, *Field Specialist*

Approved by:

Russell Mahler, *RCAC 1 Chair*

Submitted by:

Kristina Chung, *Field Specialist*



Approved by:

Russell Mahler, *RCAC 1 Chair*

