



**Regional Community Advisory Committee (RCAC)
Region 1 – Antelope Valley, Palmdale, Lancaster, Santa Clarita
Committee Summary**

**L.A. Care Family Resource Center – Palmdale
2072 E. Palmdale Blvd., Palmdale, CA 93550**

**Friday, June 21, 2019
10:00 a.m. - 12:30 p.m.**

MEMBERS

STAFF/MANAGEMENT

Maria Lourdes Caballero	P	Pamela Harris	P	Demetria Saffore	P	Kristina Chung, <i>Field Specialist</i>
Maria Teresa Caballero	P	Rut Hernandez, <i>Vice-Chair</i>	E	Vallerie Small	P	Manny Vizcarra, <i>Liaison</i>
Amanda Calzada	P	Mandie Henry	P	Eliana Torres	P	Gracie Rojas, <i>Health Advocate</i>
Manuela Castaneda	P	Marsha Diana Jackson	P	Daisy Torres Cruz	P	
Daniela Castillo	P	Russell Mahler, <i>Chair</i>	P	Maria Adela Torres Guadarrama	P	<u>PUBLIC</u>
Maria Angeles Cruz	P	Adriana Martinez	P	Maria Teresa Trujillo	P	
Irene Cuevas	P	Pedro Martinez	P	<u>COMMUNITY PARTNERS</u>		
Nicole Fitzgerald	P	Maria Mayoral	P	LAC DPH – SPA 1	E	
Alicia Flores	P	Maria Teresa Rabaja	P	Antelope Valley Partners for Health	E	
Lupe Gálvez	P	Roger Rabaja	P	Independent Living Center of So Cal	E	
Rita Gamboa	P	Marcia Ramos	P	<u>INTERPRETERS</u>		
Laura Gonzalez	P	Antonia Rodas	P	Shelley Hash, <i>Spanish Interpreter</i>		
Maria del Carmen Gutierrez	P	Caroline Ruano	P	Eduardo Kogan, <i>Spanish Interpreter</i>		

(P) present **(E)** excused **(U)** unexcused

MEETING SUMMARY, DISCUSSION AND FOLLOW UP

	AGENDA ITEM	LEAD
I.	WELCOME AND INTRODUCTIONS	Kristina Chung, <i>Field Specialist</i> Russell Mahler, <i>Chair</i>
<ul style="list-style-type: none"> • Russell Mahler, <i>Chair</i>, called the meeting to order at 10:00 a.m. and asked everyone to introduce themselves. • Kristina Chung, <i>Field Specialist</i>, reviewed the meeting folder and the agenda for today's meeting. 		
II.	BUSINESS	Kristina Chung, <i>Field Specialist</i> Russell Mahler, <i>Chair</i>
<p><u>Approval of Agenda & Summary</u></p> <ul style="list-style-type: none"> • Mr. Mahler asked the committee members to review today's agenda. • The agenda was approved as presented. • Mr. Mahler asked the committee members to review the April 19, 2019 meeting summary. • On page 1 of the summary, Carolyn and Noe Ruano's last name was incorrect. The meeting summary was approved with the corrections. <p><u>ECAC Report</u></p> <ul style="list-style-type: none"> • Committee members received a copy of the June 2019 ECAC report. • Committee members who attended the ECAC and Board of Governors (BOG) meetings gave a report on the following: <p><u>May 2019 ECAC Report (Daisy Torres Cruz)</u></p> <ul style="list-style-type: none"> • Vision benefits that include glasses will start in 2020. • People who are on SSI and SSP will now be eligible to apply for Cal Fresh on June 1, 2019. • A member issue that was discussed was the lack of primary care doctors at Olive View Medical Center. <p><u>June 2019 ECAC (Kristina Chung)</u></p> <ul style="list-style-type: none"> • Irene Cuevas was unable to attend the June ECAC meeting so Ms. Chung provided the following information: <ul style="list-style-type: none"> ○ Cal Fresh enrollment began on June 1, 2019. You can apply for Cal Fresh at any of L.A. Care's Family Resource Centers, DPSS offices, online, or by phone or mail. ○ On June 1, 2019, L.A. Care contracted with CVS Minute Clinics to provide services to members, particularly Urgent Care services. The clinics are open 7 days a week, including evenings and weekends, with no appointment required. ○ L.A. Care and Blue Shield Promise Health Plan have agreed to work together to further develop and expand the services offered at the Family Resource Centers. 		

- Local legislative office visits will be scheduled for the summer. All ECAC members and I-Speak participants will be invited to be part of the visits. The focus of the meeting will be on the changes to the Cal Fresh program.

May 2019 BOG Report (Alicia Flores)

- There are 1,525 new graduates in the IHSS Program.
- Thirty-three new PCPs have been added to L.A. Care's network.
- For the 4th year, C&L has received an award.
- The Appeals and Grievance Department gave a presentation.

June 2019 BOG Report (Rita Gamboa)

- There is a measles outbreak and it is important to get vaccinated.
- A bill was passed to provide Medi-Cal to all undocumented adults.

ECAC Meeting Attendance

- Laura Gonzalez will attend the July ECAC meeting on Wednesday, July 10, 2019 at L.A. Care Health Plan from 10:00 a.m. to 1:00 p.m.
- There is no meeting in August.

BOG Meeting Attendance

- Maria Del Carmen Gutierrez will attend the July BOG meeting on July 25, 2019 at L.A. Care Health Plan from 2:00 – 5:00 p.m.
- There is no meeting in August.

CO&E REPORT:

Childcare Reimbursement Policy

Manny Vizcarra, *Liaison*, provided the following information:

- Childcare reimbursement will not be provided to the spouse or legal guardian of the child or to siblings of the child/children living at the same location as the child/children. A sibling is considered a male or female greater than 16 year of age who lives at the same residence as the child. (Special consideration will be taken for care of a child or children with special needs).
- Childcare reimbursement may be available only for children from birth to 11 years of age, or children with special needs of any age.
- To apply for childcare reimbursement, the parent or legal guardian must provide the following information:
 - Proof of age
 - Certification of approval for home schooling from the state, if appropriate
 - School vacation and holiday schedule
- To apply for childcare reimbursement for a child/children with special needs, the parent or legal guardian must submit one of the following:
 - A letter from the Social Security Administration identifying payment to you for child/children with a disability or;

- Certification of disability from the child's/children healthcare or mental health provider.

20th Anniversary RCAC Certificates

- Members who attended the Spring RCAC Conference received a 20th Anniversary RCAC certificate.
- CCI members who transitioned into RCAC 1 will receive their certificates in the mail.

Emergency Contact Sheet

- This is a form that all members of the RCAC can fill out so that L.A. Care staff knows who to contact in case of an emergency. It is voluntary and we encourage members to update the information should their emergency contact information change. An emergency binder containing this information will be brought to all RCAC meetings.

C&L Presentation

The C&L Presentation was presented by Ms. Chung and included the following:

- C&L's Program and Services
- Report on services provided last fiscal year
- Information about cultural and linguistic services and how to access them
- Member Comments and Feedback

III.	GET UP & MOVE	Group
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- Members took a 10-minute stretch break.

IV.	REGIONAL ISSUES	Group
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- Ms. Chung reviewed the RCAC motion flow chart, which explains how a motion is brought up for discussion at the RCACs and how it proceeds to the ECAC and Board of Governors.
- Demetria Saffore noted that member issues for the Senior and People with Disability (SPD) is not listed in the Regional Issues agenda item. Manny Vizcara, *Liaison*, explained that it was an oversight and that future agendas will include this item.

V.	RCAC/COMMUNITY WORK PLAN	Idalia De La Torre, <i>Field Specialist Supervisor</i>
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- 2019 Community Outreach Event
 - Ms. Chung explained the outreach component of the work plan project.
 - RCAC members can either participate in the FRC *Back to School* event OR attend an outreach event of their own. If members choose to participate in another event, they can partner with other RCAC members to outreach together. These events can be other scheduled community events or members can outreach at locations such as churches, schools, laundry mats, apartment complexes (in which they reside), etc. Members will need to outreach to at least 25 people and take a picture to turn in with their tally sheets.
 - Outreach is a requirement of all RCAC members and only members who have completed this requirement will receive the \$25 gift card.

- The “Back to School” Event will take place at the Family Resource Center (Palmdale) on Saturday, August 3, 2019 from 9:00 am – 12:00 pm. A sign in sheet was passed out. The following members volunteered for the following shifts:
 - 9 am -10 am: Demetria Saffore, Russell Mahler, Amanda Calzada, Marcia Ramos, Laura Gonzalez, Marsha Jackson, Adela Guadarrama
 - 10 am – 11 am: Adriana Martinez, Petro Martinez, Maria Angeles Cruz, Alicia Flores
 - 11 am – 12 pm: Russell Mahler, Maria Teresa Rabaja, Eliana Torres, Alicia Flores, Rita Gamboa, Maria Carmen Gutierrez

2019 Sponsorship Update

Ms. Chung explained that the Sponsorship process has been finalized and she will contact agencies to explain the application process.

VI.	FUTURE AGENDA ITEMS	Group
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- Adriana Martinez shared that the Dept. of Mental Health (DMH) offers a workshop series on Depression focusing on the Hispanic community. Adriana is involved with this group. The members would like to invite DMH to provide an overview of the program at a future meeting. Ms. Chung will follow up.

VII.	MEETING EVALUATIONS	Group
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- Members were reminded to complete and turn in the meeting evaluation included in their packets.

VIII.	PUBLIC COMMENTS	Group
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Maria Ramos shared that the Eastside Union School District is providing free summer meals to teens and children ages 18 and under. Below are details of the program:

- Dates: June 17, 2019 – August 2, 2019
- Time: 12 pm – 1 pm
- Location: Tierra Bonita Park
44910 27th Street
East Lancaster, CA 93535
- No registration required
- Lunch is served on a first come first serve basis Monday – Friday (closed July 4th)

Eric Gonzalez, *Family Resource Center Community Representative*, introduced himself and looks forward to working together with RCAC 1 on future outreach events. Mr. Gonzalez shared that the Back to School flyer will be available soon.

Marcia Ramos suggested that L.A. Care participate in the Antelope Valley Fair in the future.

Demetria Saffore expressed that Urgent Care facilities are not the same as going to a Provider's office. She reminded members that it is important to continue to advocate for more providers in the Antelope Valley.

Diana Luna Miller of the Department of Mental Health shared the following resources in the community:

- There will be a Source Event targeting the homeless population. It will take place once a month from 10am -1pm at the Lancaster Library. The Library produces the flyers so she will forward the Spanish flyers to Manny.
- On August 5, 2019, Total Deliverance Church on L and 30th street (next to Vince's Pizza and State Brothers) will be providing free haircuts (first come, first serve).
- The Dept. of Mental Health has hired 17 Promoteras to provide mental health information and resources to the community. Elidia Olmos is the contact for this Program.

X.	ADJOURNMENT	Group
	<ul style="list-style-type: none">• The next RCAC 1 meeting will be on Friday, August 16, 2019 from 10:00 a.m. to 12:30 p.m. at L.A. Care's Family Resource Center – Palmdale (2072 E. Palmdale Blvd., Palmdale, CA 93550).	

Submitted by: _____
Kristina Chung, *Field Specialist*

Approved by: _____
Russell Mahler, *RCAC 1 Chair*

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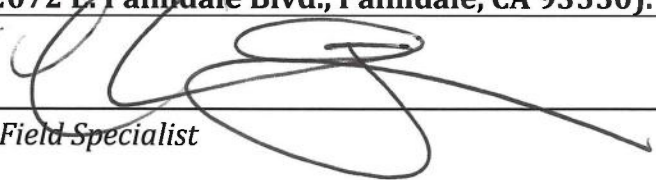
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Submitted by:

Kristina Chung, *Field Specialist*



Approved by:

Russell Mahler, *RCAC 1 Chair*

