



**Regional Community Advisory Committee (RCAC)
Region 1 – Antelope Valley, Palmdale, Lancaster, Santa Clarita
Committee Summary**

**L.A. Care Family Resource Center – Palmdale
2072 E. Palmdale Blvd., Palmdale, CA 93550
Friday, February 15, 2019
10:00am - 12:30pm**

MEMBERS

COMMUNITY PARTNERS

STAFF/MANAGEMENT

Maria Angeles Cruz	P	Maria Adela Guadarrama	P	LAC DPH – SPA 1	Idalia De La Torre, <i>Field Specialist Supervisor</i>
Maria Teresa Caballero	P	Pamela Harris	P	Antelope Valley Partners for Health	Manny Vizcarra, <i>Liaison</i>
Maria Lourdes Caballero	P	Rut Hernández, <i>Vice-Chair</i>	P	Independent Living Center of So Cal	Carmen Jimenez, <i>Health Navigator</i>
Amanda Calzada	P	Marsha Diana Jackson	P		
Daniela Castillo	P	Russell Mahler, <i>Chair</i>	P	<u>INTERPRETERS</u>	<u>PUBLIC</u>
Daisy Torres Cruz	P	Adriana Martinez	P	Shelley Hash, <i>Spanish Interpreter</i>	Manuela Castaneda, <i>Public</i>
Irene Cuevas	P	Pedro F. Martinez	P	Eduardo Kogan, <i>Spanish Interpreter</i>	Demetria Saffore, <i>Public</i>
Alicia Flores	P	Maria Mayoral	P		Nayclie Hernandez, <i>Public</i>
Lupe Galvez	P	Maria Teresa Rabaja	P	<u>PUBLIC</u>	Estela Lara, <i>Public</i>
Rita Gamboa	P	Antonia Rodas	P	Wilma Ballew, <i>Public</i>	Martha Sonares, <i>Public</i>
Dawoud Moore	U	Eliana Torres	P	Roger Rabaja, <i>Public</i>	Diana Luna-Miller, <i>Public</i>
Laura Gonzalez	P	Maria Teresa Trujillo	P	Daniel McDonald, <i>Public</i>	Maria Gutierrez, <i>Public</i>
				Consuelo, <i>Public</i>	Maria Rosie Mainella, <i>Public</i>

(P) present **(E)** excused **(U)** unexcused

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MEETING SUMMARY, DISCUSSION AND FOLLOW UP

	AGENDA ITEM	LEAD
I.	WELCOME AND INTRODUCTIONS	Idalia De La Torre, <i>Field Specialist Supervisor</i> Russell Mahler, <i>Chair</i>
	<ul style="list-style-type: none"> • Prior to the start of the meeting Idalia De La Torre, <i>Field Specialist Supervisor</i>, reviewed with the committee members the meeting folder and the agenda for today’s meeting. • Committee members where informed that the health topic for February was “Understanding Depression”. The one pager can be found in their folder. • Russell Mahler, <i>Chair</i>, called the meeting to order at 10:02 a.m. and asked everyone to introduce themselves. • Rut Hernandez, <i>RCAC 1 Vice-Chair</i>, read the meeting Ground Rules. • Maria T. Rabaja, <i>RCAC 1 member</i>, read the L.A. Care Mission and the three Pillars of Community Outreach & Engagement. 	
II.	BUSINESS	Idalia De La Torre, <i>Field Specialist Supervisor</i> Russell Mahler, <i>Chair</i>
	<p><u>Approval of Agenda & Summary</u></p> <ul style="list-style-type: none"> • Mr. Mahler asked the committee members to review today’s agenda. • The agenda was approved as presented. • Mr. Mahler asked the committee members to review the December 21, 2018 meeting summary. • The meeting summary was approved as presented. <p><u>ECAC Report</u></p> <ul style="list-style-type: none"> • Committee members received a copy of the February ECAC report and were given 5 minutes to review the document. Committee members where asked if there were any question in reference to the report. No questions were asked by committee members. • Committee members who attended the ECAC and Board of Governors (BOG) meetings gave a report on the following: <p><u>January 2019 ECAC Report (Eliana Torres)</u></p> <ul style="list-style-type: none"> • There was a presentation on Housing for Health, Brilliant Corners, & Whole Person Care. The presentation included the amount of money L.A. Care awarded to Brilliant Corners for five years and what the grant provides to individuals who are experiencing homelessness. • There was a presentation on Cervical Cancer. The majority of cervical cancer cases are caused by the HPV virus. 	

- There was a presentation on Behavioral Health Treatment for L.A. Care members and the criteria that members must meet to receive treatment for behavioral health services.

February 2019 ECAC (Antonia Rodas)

- The Government shutdown is over- for now. On January 25th, President Trump and Congress reached a short-term deal to reopen the government through February 15, 2019 to allow 800,000 federal workers to receive back pay for the five weeks the government was partially shut down.
- The five-week shutdown has had only a small impact on some of the government services but one program that may be affected if the government shutdown occurs again is food stamps. Food stamps have been paid for the month of February but March is unknown.

February 2019 BOG Report (Maria Angeles Cruz)

- The flu cases are still high and there have been 10 deaths in Los Angeles County due to the flu so L.A. Care is encouraging everyone to get their flu shot.
- Mr. Baackes announced that the minimum wage for L.A. Care employees has increased to \$16.50/hour.
- L.A. Care Health Plan recognized providers for providing excellent services to their patients.

ECAC Meeting Attendance

- Amanda Calzada will attend the March ECAC meeting held on Wednesday, March 13, 2019 at L.A. Care Health Plan from 10:00 a.m. to 1:00 p.m.
- Maria Lourdes Caballero will attend the April ECAC meeting held on Wednesday, April 10, 2019 at L.A. Care Health Plan from 10:00 a.m. to 1:00 p.m.

BOG Meeting Attendance

- The March 2019 BOG meeting is a place holder. If the meeting is scheduled, Maria Teresa Caballero will attend the March BOG meeting held on Thursday, March 7, 2019 at L.A. Care Health Plan from 2:00 p.m. to 5:00 p.m. If the meeting is not scheduled, Mrs. Caballero will attend the April BOG meeting held on Thursday, April 4, 2019 at L.A. Care Health Plan from 2:00 p.m. to 5:00 p.m.

CO&E REPORT:

CCI Transition

- Ms. De La Torre spoke to the committee members about the CCI transition and the information that was mailed to all CAC members explaining why and when the transition of CCI members to the RCACs will occur.
- Background information on the CCI Councils:
 - The CCI Councils were formed in 2014 as ad-hoc committees during the launch of Cal MediConnect as a contract requirement.

- In January 2018, the state provided L.A. Care with more detailed guidance for a CMC Enrollee Advisory Committee.
- The CCI Councils do not meet the new state requirements.
- Staff has proposed to the Board of Governors (BOG) that CCI Council members be allowed to join the RCACs without an application.
- Staff has also proposed to the BOG to modify ECAC by changing one At-Large member position from CCI At-Large Member to SPD At-Large member, to represent seniors and people with disabilities (SPD) members.
- Staff wants to make sure that this transition is smooth and that the voices of these members continue to be heard through the RCACs and ECAC.
- Members were given the opportunity to participate in the Member Comment Session to hear from consumer advisory committee members on how to best integrate the CCI Councils back into the RCACs.
- The following four questions were asked and included are the responses that members provided:
 - How can we ensure that the voices of seniors and people with disabilities are heard at RCAC meetings?
 - Staff ideas were shared and members agreed with the suggested ideas about asking for feedback from those members who are less vocal and to partner with organizations that serve seniors and people with disabilities during the work plan.
 - At RCACs and ECAC, members have an opportunity to provide feedback on health care access issues during the Global Member Issues section of the agenda – how can we ensure SPD member voices are heard during this section?
 - Staff ideas were shared and members agreed with the suggested ideas about asking for comments from members who haven't spoken during that section of the agenda and include a section in Global Member Issues to specifically ask for SPD member issues.
 - Staff has proposed that CCI Council members be transitioned into the RCACs without an application. What are your comments on this proposal?
 - Staff ideas were shared and members agreed with the suggested ideas to allow CCI Council members to join a RCAC if they are interested, without applying and without the 6-month provisional period.
 - Are there any other comments you want to share?
 - Members had concerns about the RCAC capacity as they are currently at a membership of around 30 and if all the CCI Council 1 members join, will the RCAC be over 35 and what will happen. Committee members were informed that the RCAC capacity is 35 but that membership changes bi-monthly when recertification occurs and if the membership for RCAC 1 does go over 35, staff will work to ensure it does not affect the transition.
 - Members asked what will happen to the Chair and Vice-Chair of CCI Council 1, will their title still be valid at RCAC 1. Committee members were informed that the CCI Chair and Vice-Chair will transition as RCAC 1 committee members.
 - Committee members asked if RCAC 1 will create a waiting list for those that would like to join the RCAC moving forward. The response was yes.
- No other comments were addressed and committee members are excited to have the CCI Council members transition to RCAC 1 in April.

“Elevating Advocacy” – Celebrating 20 years of Community Engagement and Empowerment Conference

- The annual conference will be held on Friday, March 22, 2019 from 8:30 a.m. to 3:00 p.m. at St. Anne’s Conference Room located at 155 N. Occidental Blvd. Los Angeles, CA 90026.
- The conference will not only be focusing on advocacy but also will be celebrating 20 years of the RCACs providing input, leadership and advocacy to the communities of Los Angeles County.
- We would like all committee members to attend as it is part of their commitment as a member of the RCACs.
- All eligible committee members will receive a stipend for their attendance.
- RCAC 1 will be provided transportation to the event. There will be two transportation stops:
 - Chimbole Cultural Center in Palmdale and the pick-up time will be 6:00 a.m.
 - Vallarta Supermarket in Lancaster and the pick-up time will be 6:00 a.m.
- All committee members were asked to RSVP for the event and indicate if they will be using the transportations services provided by L.A. Care Health Plan.
- If committee members sign-up for L.A. Care transportation and end up driving to the event, they will not be eligible to submit mileage reimbursement.

2017-2018 RCAC Work Plan Recognition

- Committee members who participated in the 2017-2018 work plan projects where recognized with a certificate of participation and given an L.A. Care promotional item for their support.

III.	REGIONAL ISSUES	Group
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- Committee members were informed that if they have a personal issue that they can meet with the assigned health navigator who will be able to assist with documenting the issue and provide a resolution.
- One committee member did inform the committee that she took her daughter to urgent care and x-rays where done. She is concerned with the follow-up appointment that they gave her to review the x-rays. She will share her concerns with the health navigator assigned to the meeting.

IV.	GET UP & MOVE	Group
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- Members took a 10 minute stretch break.

V.	RCAC/COMMUNITY WORK PLAN	Idalia De La Torre, <i>Field Specialist Supervisor</i>
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2018 RCAC Work Plan Project

2018- 2019 Sponsorship

- This year the RCACs work plan will be sponsorships.
- The sponsorships will allow committee members to contribute to strengthening/establishing partnerships, without partaking in financial decision-making.
- Those organizations interested in the sponsorship will not be required to submit a formal application and will minimize demands on staff time to solicit and review applications.
- The work plan sponsorships will align with organization-wide focus on Social Determinants of Health.
- The RCAC will vote which Social Determinants of Health they would like to focus for their work plan, Food Security or Early Childhood Education.
- The committee members of RCAC 1 voted and the following was recorded:
 - Food Security = 15
 - Early Childhood Education = 9
- This year's work plan sponsorship will be Food Security. We will provide the committee members more information on the next steps at the next RCAC 1 meeting in April.

2018-2019 Community Health Topic - Colorectal Cancer

- Demetria Saffore, L.A. Care Health Promoter, gave a training on “Protecting Yourself from Colorectal Cancer”. The content was provided by the American Cancer Society and L.A. Care Health Plan Health Promoters Program. The training covered the following information:
 - What is Cancer?
 - What is Colorectal Cancer?
 - How common is Colorectal Cancer?
 - Risk Factors and how to lower your risk of Colorectal Cancer.
 - Colorectal Cancer Screening Guidelines
- A copy of the presentation can be obtained by contacting the assigned Field Specialist of RCAC 1 or calling the Community Outreach & Engagement Toll Free line at 1-888-839-9909.

2018-2019 Outreach Events

- This new fiscal year, the committee members will be participating in community outreach events in their assigned region. Committee members will be providing information on colorectal cancer to the community.
- At the next scheduled meeting in April, members will be trained on the messaging and the next steps for the outreach events.

VI.	FUTURE AGENDA ITEMS	Group
<ul style="list-style-type: none"> • No items were discussed. 		

VII.	MEETING EVALUATIONS	Group
<ul style="list-style-type: none"> Members were reminded to complete and turn in the meeting evaluation included in their packets. 		
VIII.	PUBLIC COMMENTS	Group
<ul style="list-style-type: none"> Snow Daze Festival will occur on Saturday, February 23, 2019 from 9:00 a.m. to 1:00 p.m. at Christ's Church of the Valley located at 2714 East Avenue R. The event is free for everyone in attendance. Not Alone Antelope Valley LGBTQ/SOGIE support group for youth meets every 3rd Thursday of the month from 5:30 p.m. to 7:30 p.m. at 503 East Ave Q3 Palmdale, CA 93550. 		
X.	ADJOURNMENT	Group
<ul style="list-style-type: none"> The next RCAC 1 meeting will be on Friday, April 19, 2019 from 10:00 am to 12:30 pm at L.A. Care's Family Resource Center - Palmdale (2072 E. Palmdale Blvd., Palmdale, CA 93550). 		

Submitted by: _____

Idalia De La Torre, *Field Specialist Supervisor*

Approved by: _____

Russell Mahler, *RCAC 1 Chair*

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Submitted by: *Idalia De La Torre* *4/12/19*
 Idalia De La Torre, Field Specialist Supervisor

Approved by: *Russell Mahler* *4/12/19*
 Russell Mahler, RCAC 1 Chair