



**Regional Community Advisory Committee (RCAC)
Region 1 – Antelope Valley, Palmdale, Lancaster, Santa Clarita
Committee Summary**

**L.A. Care Family Resource Center – Palmdale
2072 E. Palmdale Blvd., Palmdale, CA 93550
Friday, December 21, 2018
10:00am - 12:30pm**

MEMBERS

COMMUNITY PARTNERS

STAFF/MANAGEMENT

Maria Angeles Cruz	P	Adela Guadarrama	P	LAC DPH – SPA 1	Kristina Chung, <i>Field Specialist</i>
Maria Teresa Caballero	P	Pamela Harris	E	Antelope Valley Partners for Health	Idalia De La Torre, <i>Field Specialist Supervisor</i>
Maria Lourdes Caballero	E	Rut Hernández, <i>Vice-Chair</i>	P	Independent Living Center of So Cal	Maricel Amurao, <i>Health Navigator</i>
Amanda Calzada	P	Marsha Diana Jackson	P		Manny Vizcarra, <i>Liaison</i>
Maria Camacho	P	Russell Mahler, <i>Chair</i>	P		Hilda Perez, <i>Board Member</i>
Daniela Castillo	P	Adriana Martinez	E		
Daisy Torres Cruz	E	Pedro Martinez	E		
Irene Cuevas	U	Maria Mayoral	P		
Alicia Flores	P	Maria Teresa T. Rabaja	E		
Lupe Galvez	P	Antonia Rodas	P		
Rita Gamboa	P	Eliana Torres	P		
Dawoud Moore	U	Maria Teresa Trujillo	P		
Laura Gonzalez	P				

(P) present **(E)** excused **(U)** unexcused

PUBLIC

INTERPRETERS

Manuela Castaneda, <i>Public</i>	Nicole Fitzgerald, <i>Public</i>	Shelley Hash, <i>Spanish Interpreter</i>	Eduardo Kogan, <i>Spanish Interpreter</i>
Demetria Saffore, <i>Public</i>	Maria Gutierrez, <i>Public</i>		
Nayclie Hernandez, <i>Public</i>	Maria Rosie Mainella, <i>Public</i>		

MEETING SUMMARY, DISCUSSION AND FOLLOW UP

	AGENDA ITEM	LEAD
I.	WELCOME AND INTRODUCTIONS	Kristina Chung, <i>Field Specialist</i> Russell Mahler, <i>Chair</i>
	<ul style="list-style-type: none"> • Russell Mahler, <i>Chair</i>, called the meeting to order at 10:05 a.m. and asked everyone to introduce themselves. • Member Maria Mayoral reviewed the meeting’s Ground Rules. 	
II.	BUSINESS	Kristina Chung, <i>Field Specialist</i> Russell Mahler, <i>Chair</i>
	<p><u>Approval of Agenda & Summary</u></p> <ul style="list-style-type: none"> • Ms. Chung reviewed the meeting agenda and folder. • The agenda was approved as presented. • Mr. Mahler asked the committee to review the October 19, 2018 meeting summary. • The meeting summary was approved as presented. <p>• Members received a copy of the ECAC report to review. Members who attended the ECAC and Board of Governors (BOG) meetings gave a report on the following:</p> <p><u>November 2018 ECAC Report (Russell Mahler)</u></p> <ul style="list-style-type: none"> • UCLA signed a 3 year contract with L.A Care to provide medical services for L.A Care Members. • L.A Care hired an administrator for the Korea-Town and East Los Angeles Family Resource Centers. The East L.A administrator is Iris Gomez and the Koreatown administrator is Nuvia Cruz. <p><u>December 2018 ECAC (Ruth Hernandez)</u></p> <ul style="list-style-type: none"> • All ECAC chairs received an update on the outcomes of the 2017-2018 RCAC work plans. • ECAC voted on the motion that Demetria brought to the meeting. The motion states “CCI Area 1 – For L.A. Care to investigate all Antelope Valley Urgent Care facilities for turning people away early. This issue affects the health of the community due to patients being turned away with sickness.” 	

November 2018 BOG Report (Pedro Martinez)

- There was no report because Pedro Martinez could not attend the meeting.

December 2018 BOG Report (Maria Teresa Rabaja)

- Maria Teresa Rabaja did not attend the December BOG meeting.
- Hilda Perez, *L.A. Care Board Member*, reported:
 - There are 13 members of the board, Mark Gamble and Louise McCarthy are no longer part of the board and have been replaced by George W Greene and Courtney Powers.
 - 10 million dollars were allocated to the Community Health Investments Funds (CHIF).
 - CCI restructure, there are 4 CCI councils and they will be compiled into 1 council that will have 8 members representing the 8 Service Planning Areas (SPA's). L.A. Care is restructuring the CCI councils to be in compliance with the state. All other members who choose to be a part of an advisory committee will be transitioned to the RCAC's.

ECAC Meeting Attendance

- Eliana Torres will attend the January 9, 2019 ECAC meeting at L.A. Care Health Plan.
- Antonia Rodas will attend the February 13, 2019 ECAC meeting at L.A. Care Health Plan.

BOG Meeting Attendance

- There is no BOG meeting in January. 2019.
- Maria Angeles Cruz will attend the February 7, 2019 meeting at L.A. Care Health Plan.

CO&E REPORT:

RCAC Acknowledgement Gift Card

- Mr. Vizcarra announced that all eligible RCAC members will receive an additional \$25 gift card to acknowledge their hard work and dedication in helping with L.A. Care's health outcomes.

CCI Meetings

- Ms. Chung announced the CCI meeting dates for Area 1. It will be on Wednesday, January 22nd from 10am – 12:30pm at the Palmdale Family Resource Center

Silver Sneakers

- Silver Sneakers is a program that will be available starting in 2019 to L.A. Care Cal-MediConnect members only. Silver sneaker cards will be given to qualifying members. The program is available at the following gym's; L.A Fitness, 24HR Fitness, Golds Gym, Curves and Planet Fitness.

Code of Conduct Training

- Members received a copy of L.A Care’s Code of Conduct. Ms. Chung and Mr. Vizcarra conducted the training and provided the following information:
 - Members were asked to share what the code of conduct meant to them and if they understood the importance of the document.
 - Explanation of what code of conduct is, rules of what you can and can’t do in meetings were reviewed.
 - Ms. Chung explained that they are basically the rules of what you can and can’t do at RCAC meetings.

Standards of Behavior

- Differences between code of conduct and standards of behavior was reviewed.
- Standards of behaviors are guidelines of how you should act and speak at meetings.
- Examples of good and bad Standards of Behaviors were given by Ms. Chung.
- Members were advised on how to report any misconduct from members or L.A Care staff.
- Ms. Chung conducted an activity and split members into 3 groups. The purpose of the activity was to better understand the difference between the different types of standards of behavior.

L.A Care Code of Conduct Review

- Mr. Vizcarra reviewed some key points that pertain to the RCAC in L.A Care’s Code of Conduct, such as the four (4) main principles in the code of conduct, the responsibilities of the members, conflicts of interest, exclusions, gifts and honorarium, HIPPA, confidentiality, public meetings and fraud.
- Ruth Hernandez brought up an issue with denti-cal services and was referred to member services for appropriate answer.
- Mr. Vizcarra explained how members can report members or employees who are not following the code of conduct.
- Mr. Vizcarra asked members to sign the code of conduct training acknowledgement form certifying they understood and received a copy of the code of conduct and standards of behavior.

VIII.	PUBLIC COMMENTS	Group
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- Board Member Hilda Perez, provided an update on the need for resources in the Antelope Valley and in regards to retaining Doctors in the Antelope Valley.
- Maria Rosie Mainella shared information on a project to end violence and illegal sales of alcohol and tobacco to minors in the Antelope Valley.
- Mr. Vizcarra shared information on mileage and childcare reimbursements.

X.	ADJOURNMENT	Group
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- The next RCAC 1 meeting will be on **Friday, February 15, 2019** from 10:00 am to 12:30 pm at **L.A. Care’s Family Resource Center – Palmdale (2072 E. Palmdale Blvd., Palmdale, CA 93550)**.

Submitted by: _____
Manny Vizcarra, *CO&E Liaison*

Approved by: _____
Russell Mahler, *RCAC 1 Chair*

Submitted by: _____
Manny Vizcarra, CO&E Liaison

Approved by: Russell Mahler 2/15/19
Russell Mahler, RCAC 1 Chair