



Coverage Period: 01/01/2020 – 12/31/2020

Coverage for: Individual + Family | Plan Type: HMO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately.

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit <u>lacare.org/members/welcome-la-care/member-documents/la-care-covered</u> or call 1-855-270-2327 (TTY 711). For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at <u>healthcare.gov/sbc-glossary</u> or call 1-855-270-2327 (TTY 711) to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$1,400 individual or \$2,800 family.	Generally, you must pay all of the costs from providers up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. Family, physician, and specialist office visits, preventive care, and other services not subject to deductible.	This plan covers some items and services even if you haven't yet met the deductible amount. But a copayment or coinsurance may apply.
Are there other deductibles for specific services?	Yes. 100 individual or \$200 family for prescription drug coverage. There are no other specific deductibles.	You must pay all of the costs for these services up to the specific <u>deductible</u> amount before this <u>plan</u> begins to pay for these services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	For participating providers \$2,700 individual or \$5,400 family. Per Calendar Year	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket limit?</u>	Premiums and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See lacare.lacare.org or call 1-855-270-2327 (TTY 711) for a list of participating providers.	This <u>plan</u> uses a provider <u>network</u> . You will pay less if you use a participating <u>provider</u> in the plan's <u>network</u> . You will pay the most if you use an <u>non-participating provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the provider's charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>participating provider</u> might use a <u>non-participating provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to	Yes. Your Primary Care Physician	This <u>plan</u> will pay some or all of the costs to see a <u>specialist</u> for covered services but only if you

Questions: Call 1-855-270-2327 (TTY 711) or visit us at lacare.org





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see a specialist?	(PCP) needs to refer you.	have a <u>referral</u> before you see the <u>specialist</u> .
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All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

Common		What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information	
	Primary care visit to treat an injury or illness	\$15	Not covered	None	
If you visit a health	Specialist visit	\$25	Not covered	None	
care <u>provider's</u> office or clinic	Preventive care/screening/ immunization	No charge	Not covered	You may have to pay for services that aren't preventive. Ask your provider if the services you need are preventive. Then check what your plan will pay for.	
If you have a test	Diagnostic test (x-ray, ultrasound, laboratory)	\$20 for laboratory tests \$40 for x-rays, diagnostic imaging and ultrasounds	Not covered	None	
	Imaging (CT/PET scans, MRIs)	\$100	Not covered	Prior authorization is required	
	Tier 1 (Most Generics)	Retail - \$5 Mail service - \$10	Not covered	Up to 30-day supply for Retail Pharmacy Up to 90-day supply for Mail Service Pharmacy	
If you need drugs to treat your illness or condition	Tier 2 (Preferred Brand)	Retail - \$25 Mail service - \$50	Not covered	Up to 30-day supply for Retail Pharmacy Up to 90-day supply for Mail Service Pharmacy Subject to pharmacy deductible	
More information about prescription drug coverage is available at	Tier 3 (Non-preferred Brand)	Retail - \$45 Mail service - \$90	Not covered	Up to 30-day supply for Retail Pharmacy Up to 90-day supply for Mail Service Pharmacy Prior Authorization is required Subject to pharmacy deductible	
lacare.org	Tier 4 (Specialty drugs)	15% up to \$150 per script	Not covered	Prior Authorization is required. Subject to pharmacy deductible. Not available through Mail Service.	
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	15%	Not covered	Prior Authorization is required.	
surgery	Physician/surgeon fees	15%	Not covered	None	





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Common		What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information	
If you need immediate	Emergency room care	\$150	\$150	Co-pay waived if admitted	
medical attention	Emergency medical transportation	\$75	\$75	None	
	<u>Urgent care</u>	\$15	Not covered	None	
If you have a hospital stay	Facility fee (e.g., hospital room)	15%	Not covered	Prior Authorization is required Subject to deductible	
Stay	Physician/surgeon fees	15%	Not covered	None	
	Outpatient services	\$15	Not covered	Prior Authorization is Required for Psychological Testing and Substance Use Disorder Medical Treatment.	
If you need mental health, behavioral health, or substance abuse services	Other Outpatient items and services	15% up to \$15	Not covered	Prior Authorization is Required. Services outside if an office setting, such as a treatment center or home, that involve daily or weekly treatment delivered over several hours. Refer to plan documents for list of included services	
	Inpatient services	15%	Not covered	Prior Authorization required Subject to deductible	
	Prenatal care and preconception visits	No charge	Not covered	None	
If you are pregnant	Child birth/delivery hospital inpatient services	15%	Not covered	Subject to deductible	
	Child birth/delivery inpatient professional services	15%	Not covered	None	
If you need help recovering or have other special health needs	Home health care	\$15	Not covered	Up to a maximum of 100 visits per calendar year per member by home health care agency providers.  Prior Authorization is required.	
IICEUS	Outpatient Rehabilitation	\$15	Not covered	Prior Authorization is required	





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Common	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important
Medical Event		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information
	<u>services</u>			
	Outpatient Habilitation services	\$15	Not covered	Prior Authorization is required
	Skilled nursing care	15%	Not covered	Up to a maximum of 100 days per Calendar Year per Member. Prior Authorization is Required. Subject to deductible
	Durable medical equipment	15%	Not covered	Prior Authorization is required
	Hospice services	No charge	Not covered	Prior Authorization is required
	Children's eye exam	No charge	Not covered	1 visit per calendar year
If your child needs dental or eye care	Children's glasses	No charge	Not covered	1 pair of glasses per year (or contact lenses in lieu of glasses).
	Children's dental check-up	No charge	Not covered	

## **Excluded Services & Other Covered Services:**

## Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Chiropractic care
   Cosmetic surgery
   Infertility treatment
   Eng-term care
   Private duty nursing
   Routine eye care (Adult)
- Dental care (Adult)
   Hearing aids
   Long-term care
   Non-emergency care when traveling outside the
   Routine eye care (Adult)
   Routine foot care
   Weight loss programs

# Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your <u>plan</u> document.)

Acupuncture
 Bariatric surgery
 Services related to Abortion





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Your Rights to Continue Coverage: Federal and State laws may provide protections that allow you to keep health this coverage as long as you pay your premium. There are exceptions, however, such as if:

- You commit Fraud
- · The insurer stops offering services in the State
- You move outside the coverage area

For more information on your rights to continue coverage, contact the plan at 1-855-270-2327 (TTY 711). You may also contact California Department of Managed Healthcare (DMHC) at 1-888-466-2219, or the Department of Health and Human Services or call Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or cciio.cms.gov. or the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your plan documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice or assistance, contact: L.A. Care Covered Customer Service at 1-855-270-2327 (TTY 711). Additionally, you can contact the California Department of Managed Health Care Help at 1-888-466-2219 or visit helpline@dmhc.ca.gov or visit http://www.healthhelp.ca.gov.

## Does this plan provide Minimum Essential Coverage? Yes

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

## Does this plan meet the Minimum Value Standards? Yes

If your <u>plan</u> doesn't meet the <u>Minimum Value Standards</u>, you may be eligible for a <u>premium tax credit</u> to help you pay for a <u>plan</u> through Covered California.

## **Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-888-466-2219.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-888-466-2219.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-888-466-2219.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-888-466-2219.

### **About these Coverage Examples:**



Total Example Cost

**This is not a cost estimator.** Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$1,400
■ Specialist [cost sharing]	\$25
■ Hospital (facility) [cost sharing]	15%
■ Other [cost sharing]	\$40

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

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In this example, Peg would pay:		
Cost Sharing		
Deductibles	\$980	
Copayments	\$380	
Coinsurance	\$1 340	

Coinsurance	\$1,340
What isn't covered	
Limits or exclusions	\$60
The total Peg would pay is	\$2,760

# **Managing Joe's type 2 Diabetes**

(a year of routine in-network care of a well-controlled condition)

■ The plan's overall deductible	\$1,400
■ Specialist [cost sharing]	\$25
■ Hospital (facility) [cost sharing]	15%
Other [cost sharing]	\$20

#### This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

**Total Example Cost** 

\$12.840

Durable medical equipment (glucose meter)

In this example, Joe would pay:		
Cost Sharing		
Deductibles	\$100	
Copayments	\$970	
Coinsurance	\$260	
What isn't covered		
Limits or exclusions	\$60	
The total Joe would pay is	\$1.390	

## **Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

■ The plan's overall deductible	\$1,400
■ Specialist [cost sharing]	\$25
■ Hospital (facility) [cost sharing]	15%
Other [cost sharing]	\$40

### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

\$7,460

Durable medical equipment (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$2,010

### In this example, Mia would pay:

Cost Sharing	
Deductibles	\$0
Copayments	\$400
Coinsurance	\$10
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$410