



## Regional Community Advisory Committee (RCAC) - Region 8

**Providence Community Health Wellness & Activity Center**  
470 N. Hawaiian Avenue, Wilmington, CA 90744  
Friday, March 16, 2018  
10:30 AM – 1:00 PM

### Goals for Today's Meeting

1. Learn about L.A. Care business from the Executive Community Advisory Committee (ECAC) and the Community Outreach & Engagement Department (CO&E)
2. Provide an opportunity to identify community issues affecting members in the region
3. Connect with Health Navigators to address Individual and Global issues
4. Discuss 2018 RCAC Community Work Plan Project and Diabetes 101 presentation

### Meeting Agenda

Time	Agenda Item	Agenda Lead	Goal/Result
10:30 a.m. - 10:40 a.m.	<b>I. Welcome &amp; Introductions</b> (10 min) <b>A.</b> Introduction to Meeting Goals L.A. Care's Mission and meeting etiquette. <b>B.</b> Review of Agenda	Maria Montes, <i>Chairperson</i>  Martin Vicente, <i>Field Specialist</i>	Get to know each other and review the goals for the meeting and agenda items.
10:40 a.m. - 11:20 a.m.	<b>II. Business</b> (40 min) <b>A.</b> Approval of Agenda & Summary (5 min)  <b>B.</b> ECAC Report (10 min) <ul style="list-style-type: none"><li>• February 2018 Report</li><li>• March 2018 Report</li></ul> <b>C.</b> Board of Governors Report (10 min) <ul style="list-style-type: none"><li>• February 2018 Report</li><li>• No meeting March 2018</li></ul> <b>D.</b> CO&E Report (15 min) <ul style="list-style-type: none"><li>• 2018 Chair/Vice-Chair Nominations</li></ul> <b>E.</b> Consumer Advisory Committee (CAC) Transportation Guidelines	Maria Montes, <i>Chairperson</i>  <u>RCAC 8 members</u> Dioselina Garcia Judith LeMaroy  <u>RCAC 8 member</u> Judith LeMaroy  Martin Vicente, <i>Field Specialist</i>	Approve today's meeting agenda and January 2018 meeting minutes.  Receive updates from the ECAC and Board of Governors meetings.    Receive an update from the CO&E Department.  Review updates on the CAC transportation guidelines.

11:20 a.m. - 11:25 a.m.	<b>III. Regional Issues</b> (5 min) <b>A. Community Member Issues</b>	Martin Vicente, <i>Field Specialist</i>	An opportunity to identify community issues affecting members in the region
11:25 a.m. – 11:35 a.m.	<b>IV. Get Up &amp; Move/Break</b> (10 min.)	Victor Rodriguez <i>Liaison</i>	An opportunity to stretch and move
11:35 a.m. - 12:40 p.m.	<b>V. RCAC Community Work Projects</b> (65 min.) <b>A. Community Partnership</b> <b>B. Community Outreach Events</b> <b>C. Health Education Training</b> • Diabetes 101: Sugar in the Blood	Martin Vicente, <i>Field Specialist</i>  L.A. Care Staff Martin Vicente Victor Rodriguez	Discuss the 2018 RCAC Community Work Projects  1 <sup>st</sup> training health education training for the <b>outreach work plan topic</b> of Diabetes
12:40 p.m. - 12:45 p.m.	<b>VI. Future Agenda Items</b> (5 min.)	Group	Decide agenda items that may be added to a future meeting
12:45 p.m.- 12:50 p.m.	<b>VII. Meeting Evaluations</b> (5 min.)	Group	Complete meeting evaluation forms
12:50 p.m. - 1:00 p.m.	<b>VIII. Public Comments</b> (10 min.)	Group	Each public member is given 2 minutes for comments
1:00 p.m.	<b>IX. Adjournment</b> <b>A. Next Meeting Date:</b> Friday, May 18, 2018	Maria Montes, <i>Chairperson</i>	Learn when the next RCAC meeting will take place

\*\*\*\*\* PLEASE BE ON TIME \*\*\*\*\*

***NOTE: Members, your absence will be considered unexcused if you do not call Victor Rodriguez at (213) 694-1250, Ext. 5214 to inform him that you will not be attending the meeting.***

**Community Outreach & Engagement**  
**Toll Free Line 1-888-522-2732**

**L.A. Care Member Services Department**  
**Toll Free Line 1-888-839-9909**