



Regional Community Advisory Committee (RCAC) - Region 3

Rosemead Community Center
3936 North Muscatel Avenue, Room 4
Rosemead, CA 91770
Tuesday, April 17, 2018
9:30 a.m. - 12:00 p.m.

Goals for Today's Meeting

1. Learn about L.A. Care business from the Executive Community Advisory Committee (ECAC) and the Community Outreach & Engagement Department (CO&E)
2. Provide an opportunity to identify community issues affecting members in the region
3. Connect with Health Navigators to address individual member issues
4. Receive a training on Heart Health and a list of resources available to the community

DRAFT - Meeting Agenda

Time	Agenda Item	Agenda Lead	Goal/Result
2:00 p.m. - 2:10 p.m.	I. Welcome & Introductions (10 min.) A. Review of Agenda	Cynthia Conteas-Wood, <i>RCAC 3 Chair</i> Frank Meza, <i>Field Specialist</i>	Get to know each other and review the goals for the meeting and agenda items
2:10 p.m. - 2:50 p.m.	II. Business (40 min.) A. Approval of Agenda & Summary (5 min) B. ECAC Report (10 min) <ul style="list-style-type: none">• March 2018 Report• April 2018 Report C. Board of Governors (BOG) Report (5 min) <ul style="list-style-type: none">• April 2018 Report D. CO&E Report (20 min) <ul style="list-style-type: none">• 2018 Chair & Vice-Chair Nominations/Elections• Community Advisory Committee (CAC) Transportation Guidelines	Cynthia Conteas-Wood, <i>RCAC 3 Chair</i> Roberto Santos, <i>RCAC 3 Member</i> Daniel W. Kwong, <i>RCAC 3 Member</i> Daniel W. Kwong, <i>RCAC 3 member</i> Frank Meza, <i>Field Specialist</i>	Approve today's meeting agenda and February 2018 meeting minutes Receive updates from the ECAC and Board of Governors meetings Receive an update from the CO&E Department Review the Community Advisory Committee (CAC) Transportation Guidelines

2:50 p.m. - 3:05 p.m.	III. Regional Issues (15 min.) A. Community Member Issues	Frank Meza, <i>Field Specialist</i>	An opportunity to identify community issues affecting members in the region
3:05 p.m. - 3:15 p.m.	IV. Get Up & Move/Break (10 min.)	Group	An opportunity to stretch and move
3:15 p.m. - 4:10 p.m.	V. RCAC Community Work Projects (55 min.) A. Community Partnership B. Health Education Training • Heart Health C. Community Outreach Events	Frank Meza, <i>Field Specialist</i> Felicia Gray, <i>Liaison</i> Group	Discuss the 2018 RCAC Community Work Projects that include the Community Partnership, health topic training and community outreach events.
4:10 p.m. - 4:15 p.m.	VI. Future Agenda Items (5 min.)	Group	Discuss agenda items that may be added to a future meeting
4:15 p.m. – 4:20 p.m.	VII. Meeting Evaluations (5 min.)	Group	Complete meeting evaluation forms
4:20 p.m. - 4:30 p.m.	VIII. Public Comments (10 min.)	Group	Members of the public are given 2 minutes to share a comment with the RCAC
4:30 p.m.	IX. Adjournment A. Next Meeting Date: • Tuesday, June 19, 2018	Cynthia Contreas-Wood, <i>Chairperson</i>	Date of the next RCAC meeting

******* PLEASE BE ON TIME *******

NOTE: Members, your absence will be considered unexcused if you do not call Felicia Gray at (213) 694-1250, Ext. 4163 to inform him that you will not be attending the meeting.

**Community Outreach & Engagement
Toll Free Line 1-888-522-2732**

**L.A. Care Member Services Department
Toll Free Line 1-888-839-9909**