



## Regional Community Advisory Committee (RCAC) - Region 1

L.A. Care Family Resource Center - Palmdale  
2072 East Palmdale Blvd.  
Palmdale, CA 93550  
Friday, October 19, 2018  
10:00 am - 12:30 pm

### Goals for Today's Meeting

1. Learn about L.A. Care business from the Executive Community Advisory Committee (ECAC) and the Community Outreach & Engagement Department (CO&E)
2. Provide an opportunity to identify community issues affecting members in the region
3. Connect with Health Navigators to address individual member issues

### Meeting Agenda

| Time                    | Agenda Item  | Agenda Lead   | Goal/Result  |
|-------------------------|--|---|--|
| 10:00 a.m. - 10:15 a.m. | <b>I. Welcome &amp; Introductions (15 min.)</b><br><b>A.</b> Review of Agenda  | Russell Mahler, <i>Chairperson</i><br>Kristina Chung, <i>Field Specialist</i> | Get to know each other and review the goals for the meeting and agenda items |
| 10:15 a.m. - 10:30 a.m. | <b>II. Business (50 min.)</b><br><b>A.</b> Approval of Agenda & Summary (15 min)   | Russell Mahler, <i>Chairperson</i>  | Approve today's meeting agenda and August 2018 meeting minutes               |
| 10:30 a.m. - 10:40 a.m. | <b>B.</b> ECAC Report (10 min) <ul style="list-style-type: none"><li>• September 2018 Report</li><li>• October 2018 Report</li></ul>                     |   | Receive updates from the ECAC and Board of Governors meetings                |
| 10:40 a.m. - 10:50 a.m. | <b>C.</b> Board of Governors (BOG) Report (10 min) <ul style="list-style-type: none"><li>• September 2018 Report</li><li>• October 2018 Report</li></ul> |   |  |
| 10:50 a.m. - 11:05 a.m. | <b>D.</b> CO&E Report (15 min)   | Kristina Chung, <i>Field Specialist</i>                                       | Receive an update from the CO&E Department                                   |

|                            |   |  |   |
|----------------------------|---|--|---|
| 11:05 a.m. -<br>11:25 a.m. | <b>III. Regional Issues</b> (20 min.)<br><b>A. Community Member Issues</b>          | Kristina Chung, <i>Field Specialist</i>              | An opportunity to identify community issues affecting members in the region   |
| 11:25 a.m. –<br>11:40 a.m. | <b>IV. Get Up &amp; Move/Break</b> (15 min.)  | Manny Vizcarra, <i>Liaison</i>                       | An opportunity to stretch and move  |
| 11:40 a.m. -<br>12:00 p.m. | <b>V. RCAC Community Work Projects</b> (20 min.)                                    | Kristina Chung, <i>Field Specialist</i><br><br>Group | Discuss the 2018 RCAC Community Work Projects that include the Community Partnership, health topic training and community outreach events |
| 12:00 p.m. -<br>12:10 p.m. | <b>VI. Future Agenda Items</b> (10 min.)  | Group  | Decide agenda items that may be added to a future meeting   |
| 12:10 p.m. –<br>12:20p.m.  | <b>VII. Meeting Evaluations</b> (10 min.)   | Group  | Complete meeting evaluation forms   |
| 12:20 p.m. -<br>12:30 p.m. | <b>VIII. Public Comments</b> (10 min.)  | Group  | Each public member is given 2 minutes to share a comment with the RCAC  |
| 12:30 p.m.                 | <b>IX. Adjournment</b><br><b>A. Next Meeting Date:</b><br>Friday, December 21, 2018 | Russell Mahler,<br><i>Chairperson</i>                | Learn when the next RCAC meeting will take place  |

\*\*\*\*\* PLEASE BE ON TIME. \*\*\*\*\*

**NOTE:** Members, your absence will be considered unexcused if you do not call Manny Vizcarra at (213) 694-1250, Ext. 4603 to inform him that you will not be attending the meeting.

**Community Outreach & Engagement (CO&E) Department**  
**Toll Free Line 1-888-522-2732**

**L.A. Care Member Services Department**  
**Toll Free Line 1-888-839-9909**