



**Regional Community Advisory Committee (RCAC)  
Region 9 – Long Beach  
Committee Summary**

**Long Beach Water Department – Administration Building  
1800 E. Wardlow Road  
Long Beach, CA 90807**

**Monday, September 17, 2018  
9:30 am - 12:00 pm**

**MEMBERS**

**STAFF/MANAGEMENT**

Bunly Buth	<b>P</b>	Ravy Morrath	<b>P</b>	Kristina Chung, <i>Field Specialist</i>
Tonya Byrd	<b>P</b>	Savy Pol	<b>P</b>	Hilda Herrera, <i>Liaison</i>
Ichnarin Chea	<b>P</b>	Lorena Quezada	<b>P</b>	Manny Vizcarra, <i>Liaison</i>
Vandy Chin	<b>P</b>	Sheila Thach	<b>P</b>	Jose Mendez, <i>Health Navigator</i>
Maria Cruz	<b>P</b>	Ana Villasenor	<b>P</b>	
Petra Cruz Fernandez, <i>Vice-Chair</i>	<b>P</b>	Samouth Vonn	<b>P</b>	
Thoura Day	<b>P</b>	Arun Tes Yang	<b>P</b>	
Cristina Deh-Lee, <i>Chair</i>	<b>P</b>			
Heang Por Ing	<b>P</b>	<b><u>COMMUNITY PARTNERS</u></b>		
Sambour Lay	<b>P</b>	The Children’s Clinic		

**(P) PRESENT PUBLIC**

**INTERPRETERS**

Rita Sisowath, <i>Public</i>		Shelley Hash, <i>Spanish Interpreter</i>	Sina New, <i>Khmer Interpreter</i>
		Eduardo Kogan, <i>Spanish Interpreter</i>	Bo Uce, <i>Khmer Interpreter</i>

## MEETING SUMMARY, DISCUSSION AND FOLLOW UP

	AGENDA ITEM	LEAD
I.	<b>WELCOME AND INTRODUCTIONS</b>	<b>Kristina Chung, <i>Field Specialist</i> Cristina Deh-Lee, <i>Chair</i></b>
	<ul style="list-style-type: none"> <li>• Cristina Deh-Lee, <i>Chair</i>, called the meeting to order and asked everyone to introduce themselves.</li> <li>• Petra Cruz Fernandez, <i>Vice-Chair</i>, read the meeting ground rules.</li> <li>• Ms. Chung announced that this will be Cristina’s last meeting as RCAC 9’s Chair for this fiscal year. Ms. Lee was thanked for her years of service.</li> </ul>	
II.	<b>BUSINESS</b>	<b>Kristina Chung, <i>Field Specialist</i> Cristina Deh-Lee, <i>Chair</i></b>
	<p><b><u>Approval of Agenda &amp; Summary</u></b></p> <ul style="list-style-type: none"> <li>• Ms. Chung reviewed the meeting agenda and folder.</li> <li>• The agenda was approved as presented.</li> <li>• Ms. Deh-Lee asked the committee to review the July 2018 meeting summary.</li> <li>• The meeting summary was approved as presented.</li> </ul> <p>Members received a copy of the ECAC report to review. Members who attended the ECAC and Board of Governors (BOG) meetings gave a report on the following:</p> <p><b><u>August 2018 ECAC Report (Maria Cruz)</u></b></p> <ul style="list-style-type: none"> <li>• There was no report because Maria Cruz could not attend the meeting.</li> </ul> <p><b><u>September 2018 ECAC (Petra Cruz Fernandez)</u></b></p> <ul style="list-style-type: none"> <li>• Proposition 10 (Rent Control) was discussed.</li> <li>• L.A. Care will be offering scholarships to Medical Students at UCLA and Charles Drew University.</li> </ul> <p><b><u>August 2018 BOG Report (Vandy Chin)</u></b></p> <ul style="list-style-type: none"> <li>• The August Board meeting was on changed to July 26, 2018.</li> <li>• L.A. Care offered trainings to IHSS workers to better serve L.A. Care members.</li> <li>• L.A. Care continues to focus on homeless health.</li> </ul>	

### **September 2018 BOG Report (Thoura Day)**

- The Board meeting was held offsite at The California Endowment.
- Former Vermont Governor Howard Dean spoke about universal health coverage.

### **ECAC Meeting Attendance**

- Heang Por Ing will attend the October 10, 2018 ECAC meeting. This meeting will be held offsite at the South LA Sports Activity Center.
- Sheila Thach will attend the November 14, 2018 ECAC meeting at L.A. Care Health Plan.

### **Board of Governors (BOG) Meeting Attendance**

- Ana Villasenor will attend the October 4, 2018 retreat at L.A. Care Health Plan.
- Sambour Lay will attend the November 1, 2018 meeting at L.A. Care Health Plan.

### **CO&E REPORT:**

### **ECAC Leadership Training**

- The last ECAC Leadership training for the current Chair, Vice-Chair and At-Large members will be on Friday, September 28, 2018. The training topic will be L.A. Care Business Part 2. This training is mandatory for all Chairs, Vice-Chairs and At-Large Members.

### **T-Shirts for CAC Members**

- Manny Vizcarra, *Liaison*, announced that t-shirts would be passed out after the meeting to CAC members. For those who do not have shirts, another order will be made in September.

### **At-Large Elections**

- The ECAC At-Large elections will occur during the November 14, 2018 ECAC meeting.
- There are two ECAC At-Large member positions. One represents the RCACs and the other represents the CCI Councils.
- RCAC members interested in running for the position will need to complete an application, attend the November ECAC meeting, and speak to the ECAC members on why they are the best candidate for the position.
- Ms. Chung reviewed the roles and responsibilities of the At-Large Member positions. The materials are also included in the meeting packets.
- Members who are interested in running for the positions should notify their CO&E staff to receive an application.

<b>III.</b>	<b>GET UP &amp; MOVE</b>	<b>Group</b>
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- Members took a 10-minute stretch break.

<b>IV.</b>	<b>REGIONAL ISSUES</b>	<b>Group</b>
<ul style="list-style-type: none"> <li>• Arun Tes Yang shared that her friend had a good experience with L.A. Care. Her friend needed help in getting transportation to Long Beach Memorial Hospital and L.A. Care was able to assist her.</li> <li>• Sambour Lay needs assistance with after care for his liver surgery. He was referred to the Jose Mendez, <i>Member Navigator</i>, to assist with his case.</li> <li>• Vandy Chin shared that she is having problems after she got her eyes dilated. She was also referred to Jose Mendez for her issue.</li> </ul>		
<b>V.</b>	<b>RCAC/COMMUNITY WORK PLAN</b>	<b>Kristina Chung, <i>Field Specialist</i></b>
<b><u>2018 RCAC Work Plan Project</u></b>		
<b>1. Health Education Training Evaluation</b>		
<ul style="list-style-type: none"> <li>• Ms. Chung provided results from the pre and post tests from the three health education trainings.</li> <li>• Heart Health – Pre Test (70%) <ul style="list-style-type: none"> <li>- Post Test (31%)</li> </ul> </li> <li>• Cervical Cancer – Pre Test (47%) <ul style="list-style-type: none"> <li>- Post Test (58%)</li> </ul> </li> <li>• Diabetes – Pre Test (52%) <ul style="list-style-type: none"> <li>- Post Test (68%)</li> </ul> </li> <li>• Members were asked to fill out an evaluation form for the trainings. This will help CO&amp;E improve future trainings.</li> </ul>		
<b>2. How to Outreach</b>		
<ul style="list-style-type: none"> <li>• Ms. Chung observed that during outreach events, members needed more practice on how to outreach at events. She reviewed the following points with members to ensure that everyone was providing the same information: <ul style="list-style-type: none"> <li>○ Members will receive one reminder call before a scheduled event. It is the member’s responsibility to call the staff and notify them of their attendance. If staff is not contacted, the member’s attendance will be marked as unexcused.</li> <li>○ Immediately after arriving at an event, members should first sign the sign in sheet so that they will receive credit for their participation.</li> <li>○ Members should first introduce themselves as a RCAC member and explain what type of information is available at the outreach event (example diabetes, cervical cancer and heart disease).</li> <li>○ Tally Sheets should be marked by the member, not the Public. Members were reminded to write their names, RCAC # and the event on the Tally Sheets.</li> </ul> </li> </ul>		

<b>VI.</b>	<b>FUTURE AGENDA ITEMS</b>	<b>Group</b>
<ul style="list-style-type: none"> <li>Members discussed inviting the Long Beach Department of Health to present at a future RCAC meeting on the services that are offered to the community.</li> </ul>		
<b>VII.</b>	<b>MEETING EVALUATIONS</b>	<b>Group</b>
<ul style="list-style-type: none"> <li>Members were reminded to complete and turn in the meeting evaluation included in their packets.</li> </ul>		
<b>VIII.</b>	<b>PUBLIC COMMENTS</b>	<b>Group</b>
<ul style="list-style-type: none"> <li>A Public Health Advisory Notice on Mosquitos was passed out.</li> </ul>		
<b>X.</b>	<b>ADJOURNMENT</b>	<b>Group</b>
<ul style="list-style-type: none"> <li>The next RCAC 9 meeting will be on <b>Monday, November 19, 2018</b> from <b>9:30 am to 12:30 pm</b> at <b>Long Beach Water Department - Administration Building - 1800 E. Wardlow Road, Long Beach, CA 90807.</b></li> </ul>		

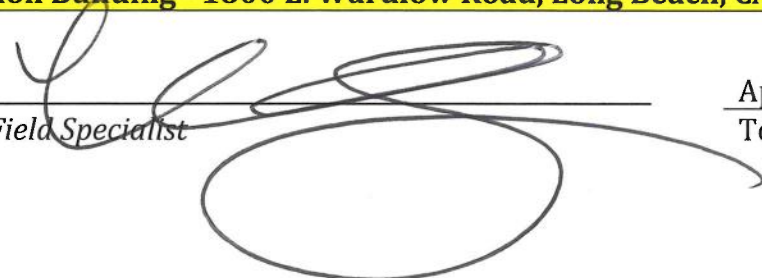
Submitted by: \_\_\_\_\_  
Kristina Chung, *Field Specialist*

Approved by: \_\_\_\_\_  
Tonya Byrd, *RCAC 9 Chair*

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Submitted by:

Kristina Chung, *Field Specialist*



Approved by:

Tonya Byrd, *RCAC 9 Chair*

