



Regional Community Advisory Committee (RCAC)
Region 8 – San Pedro, Torrance, Wilmington – Committee Summary
Providence Community Health Wellness & Activity Center
 470 N. Hawaiian Avenue
 Wilmington, CA 90744
 Friday, September 21, 2018
 10:30 AM - 1:00PM

MEMBER ATTENDANCE

STAFF/MANAGEMENT

| | | | | |
|-------------------|---|---------------------|---|--|
| Maria Alvarez | P | Maria Montes | P | Martin Vicente, <i>Community Outreach Field Specialist</i> |
| Higinio Carrillo | P | Rita Montes | P | Victor Rodriguez, <i>Community Outreach Liaison</i> |
| Belen Garcia | P | Raul Montes | P | Idalia de la Torre, <i>Field Specialist Supervisor</i> |
| Dioselina Garcia | P | Dominga Pardo | P | <u>PUBLIC</u> |
| Judith Lemaroy | P | Ana Romo | P | Dr. Peter Guerrero |
| Maria N. Lopez | P | Janet Sevilla | P | Mario Mosqueda |
| Dorothy Me Lowery | P | Maria Isabel Tamayo | P | <u>INTERPRETERS</u> |
| | | | | Ruth Nuno |
| | | | | Isaac Ibarlucea |

Attendance: 14 Members, 2 Interpreters, 2 Public, 3 Staff (P) present, (E) excused absence, (U) unexcused absence

MEETING SUMMARY, DISCUSSION AND FOLLOW UP

| | AGENDA ITEM | LEAD |
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| I. | WELCOME AND INTRODUCTION | Martin Vicente, <i>Field Specialist</i> Fatima Vazquez, <i>Chair</i> |
| <u>L.A. Care’s Mission Statement / Three Pillars of CO&E and RCACs</u> | | |

- RCAC members read the L.A. Care’s Mission statement and the three pillars of Community Outreach and Engagement. (Health Promotion, Health Advocacy and Partnership).
- RCAC members reviewed the RCAC meeting “Ground Rules” prior to the start of the meeting.
- Maria Montes, *RCAC Chair* called the meeting to order at 10:30a.m. Everyone introduced themselves.

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| II. | BUSINESS | Martin Vicente, <i>Field Specialist</i> Maria Montes, <i>Chair</i> |
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Approval of Agenda & Meeting Summary

- Members approved today’s agenda with no changes.
- The July 20, 2018 meeting summary was approved as presented.

Meeting and Punctuality

- Members had concerns about members leaving early and arriving late. Members commented that a few members arrive late and leave early to the meeting. They have notice it is becoming a habit and it should not be acceptable. Members had a discussion and agreed that members should allocate time on their calendar for the RCAC meetings. Members understood that a RCAC members should attend 80% of the meeting but it should not be an excuse to arrive late or leave early in consideration of those members that are always punctual. Members agreed that all should stay 100% of the time so they don’t miss any important information.

ECAC and Board Meeting Update

Janet Sevilla, RCAC 8 member, did not attend the ECAC meeting on August 8, 2018 and reported the following:

Dioselina Garcia, RCAC 8 member, attended ECAC meeting September 12, 2018.

- Dioselina Garcia informed that Mr. Oaxaca, *Senior Director of Communications and Community Relations*, informed that hurricane Florence was a good wake up call to organize an emergency preparedness trainings for the CACs and L.A. Care. He informed that he will connect with the American Red Cross to see if they can provide the training.
- An ECAC member inquired about installing an automatic door at the reception area at L.A. Care’s headquarters office. Mr. Oaxaca responded that this will be very costly for L.A. Care, and that a good solution will be for the receptionist to open the door for members who need assistance.
- Flyers were distributed at ECAC with information about mosquitos, particularly in the city of Long Beach. A recommendation was made not to leave standing water as it attracts mosquitos to nest.
- Members were informed that Medi-Cal covers hearing aids and its batteries.
- RCAC Chairs and Vice-Chairs that completed the terms were recognized with a certificate. Mrs. Garcia congratulated Maria Montes for serving as RCAC 8 chair for the past two years.

Judith Lemaroy, RCAC 8 Member, did not attend the Board of Governors on September 6, 2018.

Maria Montes, RCAC 8 Chair, attended the Board of Governors meeting on September 6, 2018

- Mrs. Montes informed about the success Brilliant Corners is having with the funds provided to them by L.A. Care. She informed that a recipient was already sponsored and established in a home and that they are currently working in supporting more families with housing.
- Mrs. Montes informed that L.A. Care has continued the reviewing the Antelope Valley Clinic and its working on resolving lack of doctors in the Antelope Valley area.

CO&E Report

Elevating the Safety Net

- A power point presentation given by John Baackes at the ECAC meeting in September was given to members. Martin Vicente gave a brief description about the presentation. Mr Vicente informed members that “Elevating the Safety Net” is an initiative aim at fortifying the safety net with primary care providers in the County of Los Angeles.
- There are three initiatives that L.A. Care is working on to achieve this and they are, physician recruitment & retention, medical school loan repayment, and medical school scholarships. To accomplish this L.A. Care has committed \$31 million dollars that will be spread among these initiatives.
- Members were informed that a version of the PowerPoint will be email to them in Spanish.

Care Harbor

- Member were informed that Care Harbor is a program that is a gateway to care for the most vulnerable communities and which offer free services from, medical, dental and vision, the event will take place from the 13th to the 15th of October.
- The event will take place at the Reef located at 1933 South Broadway in Los Angeles. Member will be able to pick up wristbands to enter on the following dates, time and places:
 - Saturday, October 6, 2018 at Ted Walkins Park Fieldhouse – 1335 E. 103rd Street, Los Angeles. Beginning at 10:00 a.m.
 - Sunday, Ocober 7, 2018 at Los Angeles Trade Technical College – 2115 South Grand Avenue, Los Angeles. Beginning at 10:00 a.m.
- Members were informed that the wristbands were first come first serve until all wristbands are given out at each location.

Member At-Large

- Martin Vicente asked for volunteers to read the Member At-Large roles and responsibilities.
- Members were informed that the election for Member At-Large will take place on November 14, 2018 during the ECAC meeting.
- Member were informed that if they were interested in running for this position they need to complete an application and attend the ECAC meeting in November. They were informed that they need to give a brief presentation on why they are the right candidate for the position.

- Members were informed that there are two position one that represents the Regional Community Advisory Committees (RCACs) and another one who represents the Coordinated Care Initiative (CCI) Councils.
- Those interested in the position were asked to give their names, and an application will be mail to them. Dominga Pardo express interest in the position and will like an applications.

New Chair and Vice-Chair Leadership Training

- Members were informed that the new Chair and Vice-Chair leadership trainings started August 29, 2018. The new Chairs and Vice-Chairs of the Consumer Advisory Committees had an opportunity to write a commitment letter during the training.
- Martin Vicente Read to members the Chair and Vice-Chair commitment letter that included the following:
 - Vice-Chair
 - I commit to support my RCAC
 - I am confident I can help support my RCAC
 - Ready to listen to their concerns
 - Respect their health issues and other needs
- The newly elected chair did not attend the mandatory training.

Congresswoman Nanette Diaz Barragan/Certificate of Recognition

- Patricia Camacho, *Nanette Barragan's office Representative*, awarded L.A. Care with a certificate of congressional Recognition for hosting a successful 9th Annual Health Fair on August 25th, 2018. Applauding L.A. Care's commitment and dedication to the residents of Wilmington, and the 44th Congressional District. Congresswoman Barragan wished L.A. Care continued success and prosperous future.

Member Recruitment

- Members had questions about RCAC recruitment strategies. Martin Vicente informed members about the process for new members, and about the new provisional membership to the Consumer Advisory Committee (CAC) operating rules. Mr. Vicente informed that it was very important to emphasize on the benefits the RCACs bring to the community and not only talk about the individual benefits of stipends and reimbursements when you talk to potential members.

Members Attending ECAC and BOG

- Rosario Moreno will attend the ECAC meeting on October 10, 2018.
- Rita Montes attend the ECAC meeting on November 14, 2018
- Rita Montes will attend the BOG meeting on October 4, 2018

- Rosario Moreno will attend the BOG meeting on November 1st, 2018
- Dorothy Lowery will attend the BOG meeting on October 4, 2018 as part of her provisional membership requirement.
- There were no members for the above mentioned dates and all members agreed that the people who volunteer can go.

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| III. | REGIONAL ISSUES | Group |
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Member Issues

- Members brought up an issue about doctors prescribing antibiotics without diagnosis. Especially about medications that should be for bacteria. Members inquired about whether there was something that could be done to remedy this issue. A member was concern that the medication prescribe by doctors might affect the immune system.
- Dominga Pardo, Robert F. Kennedy representative and RCAC advocate, informed members that the Robert F. Kennedy Center has workshops on how to empower member on advocating for themselves. Mrs. Pardo informed members that she will try to bring more information and maybe a presenter to the RCAC to educate members on advocacy. She shared it was very important to prepare yourselves when going to the doctor, this will help make the doctors aware of the health issue.
- Members were also concern on the health plans refusing prescriptions for some medications, when as a member you have the right to obtain it.
- Members would like to expose these issues at ECAC as well as the BOG to see what responses they could get.
- Dorothy Lowery, RCAC 8 member, encouraged members to file grievances with L.A. Care, she informed members that it makes a big difference when something is documented.
- Martin Vicente informed members that all the member issues documented with L.A. Care, have a trail. Some of the actions L.A. Care is taking to address some member issues is by creating initiatives like the “Elevating the Safety Net” initiative.

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| IV. | GET UP AND MOVE | Victor Rodriguez, <i>Liaison</i> and Group |
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- All RCAC members took a ten-minute break.

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| V. | RCAC WORKPLAN | Group |
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Work-Plan 2017/2018

- Martin Vicente presented members with pictures of the different events RCAC 8 had participated. Martin Vicente gave a brief overview of the accomplishments the group achieved.

L.A. Care Community Partnership

- The “9th Annual Health Fair” was hosted at Providence Community Wellness and Activity Center. The event had about 500 attendees and about 20 community based organizations.

- Attendees received information about, health, education and the environment. The event had folkloric dancers, face painting and games for children.

VII. FUTURE AGENDA ITEM Group

Mexican Consulate Resources and Services

- During the RCAC 8 meeting on July 20, 2018 members agreed that they needed more information about services provided by the Mexican Consulate. Members received a pamphlet with the resources and services offered by the Mexican Consulate during today's meeting.

VIII. MEETING EVALUATION Group

- Members had the opportunity to give a comment about today's meeting and to fill out the meeting evaluation.

IX. PUBLIC COMMENTS Group

- There were no public comments

X. ADJOURNMENT Group

- The meeting was adjourned at 1:00 p.m.
- **The next RCAC meeting is scheduled for November 16, 2018 at the Providence Community Health and Wellness and Activity Center. 470 Hawaiian Ave, Wilmington, CA 90744 from 10:30 a.m. to 1:00pm.**

Respectfully Submitted by:
 Martin Vicente, *Community Outreach Field Specialist*

Approved by: _____
 Ana Romo, *RCAC 8 Chair*

In the absence of chair approved by:
 Name: _____

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