

Regional Community Advisory Committee (RCAC) Region 7 – Huntington Park, Cudahy, Bell, Norwalk - Committee Summary YWCA Supervisor Gloria Molina Community Empowerment Center 7515 Pacific Blvd., Walnut Park, Huntington Park, CA 90255 Wednesday, September 19, 2018 3:00PM - 5:30PM

MEMBER ATTENDANCE

STAFF/MANAGEMENT

Angelica Albarran <i>Vice Chair</i>	Р	Guadalupe Perez	Р	Martin Vicente, Community Outreach Field Specialist
Norma A. Alvarez	Р	Guadalupe Sandoval	Р	Victor Rodriguez, Community Outreach Liaison
Dalia Cadena	Р	Maria Toscano	Р	Fernando Villalobos, Member Relations Health Navigator
María Galván	Р	Evencio Vargas	Р	<u>PUBLIC</u>
Gloria Luprecio	Р	Fatima Vazquez, Chair	Р	Angelina Fernandez
Maria Manjarrez	U	Maria G. Villasenor	Р	Sonia Vazquez
Elsa Martinez	Р	Laura Lopez	Р	Maximina Cervantes
Virginia Medina	Р			Claudia Cruz

Attendance: 14 Members, 0 Community Partners, 4 Public, 3 Staff (P) present, (E) excused absence, (U) unexcused absence

MEETING SUMMARY, DISCUSSION AND FOLLOW UP

	AGENDA ITEM	LEAD
I.	WELCOME AND	Martin Vicente, Field Specialist
	INTRODUCTION	Fatima Vazquez, <i>Chair</i>

L.A. Care's Mission Statement / Three Pillars of CO&E and RCACs

- RCAC members read the L.A. Care's Mission statement and the three pillars of Community Outreach and Engagement. (Health Promotion, Health Advocacy and Partnership).
- RCAC members reviewed the RCAC meeting "Ground Rules" prior to the start of the meeting.

• Fatima Vazquez, *RCAC Chair* called the meeting to order at 3:00pm. Everyone introduced themselves.

II. BUSINESS Martin Vicente Field Specialist Fatima Vazquez, Chair Fatima Vazquez, Chair

Approval of Agenda & Meeting Summary

- Members approved today's agenda with changes to the public section of attendance to reflect the public in attendance.
- The July 20, 2018 meeting summary was approved as presented.

ECAC and Board Meeting Update

Maria Toscano, RCAC 7 member, attended the ECAC meeting August 8, 2018 and reported the following:

- Mrs. Toscano informed that ECAC approved the newly elected Chairs and Vice-Chairs for the Consumer Advisory Committees (CAC) which includes RCACs and CCIs.
- Mrs. Toscano informed that Hilda Perez, Board Member, informed ECAC on all the activities the RCACs are doing and participating in for their work plans. Mrs. Perez commended all the committees for fulfilling their goals for the fiscal year.
- Mrs. Toscano spoke about AB 2430 a bill that will end the low income cycle for adults in California, this will benefit those who are on the wrong side of the 123% poverty level line and do not fulfill the requirements for Medi-Cal.

Laura Lopez, RCAC 7 member. Laura Lopez did not have anything to report.

Members who attended BOG

<u>Vicky Medina and Maria Toscano, RCAC 7 members.</u> Mrs. Toscano was not present at the meeting and Mrs. Medina did not attend the assigned Board meeting.

Fatima Vazquez, RCAC 7 Chair, added the following:

- In November registered voters in California will decide if they will allow cities and counties to expand rent control. Proposition 10 will allow local governments to adopt rent control ordinances which will regulate landlords on how much they can charge tenants for renting apartments and houses. Mrs. Vazquez urge members to read about the proposition.
- Mrs. Vazquez informed members that the plan to open the Family Resource Centers continues, staff still looking for sites and other centers are being renovated.
- Members were encouraged to read about acupuncture, a benefit cover through L.A. Care. Member were informed that this information was included in the report that can be found in their meeting folder.

CO&E Report

Elevating the Safety Net

- A power point presentation given by John Baackes at the ECAC meeting in September was given to members. Martin Vicente gave a brief description about the presentation. Mr Vicente informed members that "Elevating the Safety Net" was an initiative aim at fortifying the safety net with primary care providers in the County of Los Angeles.
- There are three initiatives that L.A. Care is working on to achieve this and those are, physician recruitment & retention, medical school loan repayment, and medical school scholarships. To accomplish this L.A. Care has committed \$31 million dollars that will be spread among these initiatives.
- Members were informed that a version of the PowerPoint will be email to them in Spanish for reference.

<u>Care Harbor</u>

- Member were informed that Care Harbor is a program that is a gateway to care for the most vulnerable communities and which offer free services from, medical, dental and vision, this event will be hosted from the 13th to the 15th of October.
- The event will take place at the Reef located at 1933 South Broadway in Los Angeles. Member will be able to pick up wristbands to enter on the following dates, time and places:
 - Saturday, October 6, 2018 at Ted Walkins Park Fieldhouse 1335 E. 103rd Street, Los Angeles. Beginning at 10:00 a.m.
 - Sunday, Oceober 7, 2018 at Los Angeles Trade Technical College 2115 South Grand Avenue, Los Angeles. Beginning at 10:00 a.m.
- Members were informed that the wristbands were first come first serve until all wristbands are given out at each location.

<u>Member At-Large</u>

- Martin Vicente asked for volunteers to read the Member At-Large roles and responsibilities.
- Members were informed that the election for Member At-Large will take place on November 14, 2018 during the ECAC meeting.
- Member were informed that if they were interested in running for this position they need to complete an application and attend the ECAC meeting in November. They were informed that they need to give a brief presentation on why they are the right candidate for the position.
- Members were informed that there are two position one that represents the Regional Community Advisory Committees (RCACs) and another one who represents the Coordinated Care Initiative (CCI) Councils.
- Those interested in the position were asked to give their names, and an application will be mail to them. Norma Angelica Alvarez express interest in the position and will like an applications.

New Chair and Vice-Chair Leadership Training

- Members were informed that the new Chair and Vice-Chair leadership trainings started August 29, 2018. The new Chairs and Vice-Chairs of the Consumer Advisory Committees had an opportunity to write a commitment letter during the training.
- Martin Vicente Read to members the Chair and Vice-Chair commitment letter with the following highlights:

<u>Chair</u>

- Fulfill my responsibilities of leadership to my members
- Create better communication in our communities
- Attend all RCAC, ECAC and BOG meetings
- Contribute to the growth of L.A. Care

Vice-Chair

- I commit not to break the rules
- Be more respectful
- Give accurate information to my community
- \circ Take all the trainings
- Become a good leader and treat all with respect

III.	REGIONAL ISSUES	Group

Member Issues

- RCAC members had and issue with "L.A. Care Covered", payment processing center. Members informed that whenever they call L.A. Care, they are informed by staff, that L.A. Care does not have anybody who speaks Spanish at the moment. Members will like for Fatima to take this issue to ECAC to see if she gets a response on this issue.
- A members informed she had issues with the new vision benefits system. She took her daughter to the optometrist and her regular doctor was no longer part of VSP health plan. She was not notified of the changes and had a long wait period before her child could get her new glasses due to an authorizations. She informed that she was given the runaround to be able to get her daughter's glasses and waited a month.
- The member is worried that if this is happening to other people that might not follow through and they might end up paying for glasses, when they have the right to get them through their health plan. No actions was requested for this issue but members found this information very helpful.

IV.	GET UP AND MOVE	Victor Rodriguez, <i>Liaison</i> and Group		
All RCAC members took a ten-minute break				
V.	RCAC WORKPLAN	Group		
Work-Plan 2016/2017				

L.A. Care Community Partnership

Generaciones en Accion "Salud intergenaracional"

- Generaciones en Accion will host a forum title "Salud Intergeneracional". This event is part of the RCACs community partnership project, in which an organization receives \$5,000 dollars on behalf of the RCAC to organize and event in the community.
- The event will take place Saturday, September 29 at the Westside Center at 9200 State St. South Gate, CA.
- Members were informed that the RCAC was going to be able to participate helping with logistics, like set up, clean up and directing participants. A table with resources and promotional items will also be on display at the event. The event will run from 8:00 a.m. to 2:00 p.m. which includes set up and clean up.

RCAC Outreach Events

• Martin Vicente presented members with pictures of the different events RCAC 7 had participated on. Martin Vicente gave a brief overview of the accomplishments the group had achieved and thanked those members who went above and beyond. He informed that some of the RCAC members were still working on outreach efforts, even after completing their required events and he commended them for that.

HIV and AIDS

- Vicky Medina, *RCAC member, health promoter and community worker,* gave a presentation on HIV and AIDS the presentation included the following information:
 - What is HIV and AIDS?
 - Different way on contracting HIV
 - \circ What to look for?
 - \circ How to find out if you have it
 - How to protect yourself

VII. FUTURE AGENDA ITEM Group

RCAC Focus Groups

- Members were informed that due to the willingness and the flexibility member's show in RCAC 7, he had proposed to his supervisor a new way to engage RCAC members with communities. This was creating focus groups within the RCAC to engage in areas of interest to the RCAC.
- Martin Vicente gave a power point presentation called "Know Your Community" which included a little bit of history and stats about Huntington Park and the surrounding cities including:
 - o History of Huntington Park
 - Government of Huntington park
 - Health disparities

0	Demographics,	including population,	race, age and gender
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- How to get involved
- Members had the opportunity to discuss different issues they will like to address, and the group split into two groups. Group 1 chose to work on "alcohol and drug abuse in youth", and group 2 chose to work on "improving the infrastructure of Huntington Park".
- Martin Vicente informed members that the next steps for the second part of the focus group will be explain at the next meeting. He informed members that each group will brainstorm and come up with 2 or three ways they can address those issues.

VIII.	MEETING EVALUATION	Group			
• R(RCAC members took 5 minutes to complete meeting evaluations.				
IX.	PUBLIC COMMENTS	Group			
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Х.	ADJOURNMENT	Group			
	 The meeting was adjourned at 5:00 p.m. The next RCAC meeting is scheduled for November 15, 2018 at the YWCA Supervisor Gloria Molina Community Empowerment 				

Center at 7515 Pacific Blvd., Walnut Park, CA 90255 from 3:00pm to 5:30pm.

Respectfully Submitted by: Martin Vicente, *Community Outreach Field Specialist* Approved by:

Fatima Vazquez, RCAC 7 Chair

In the absence of chair approved by: Name:

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