



**Regional Community Advisory Committee (RCAC)
Region 2 - Van Nuys, Pacoima, West Hills, North Hills, Arleta, Sepulveda
Committee Summary**

**L.A. Care Family Resource Center - Pacoima
10807 San Fernando Road, Pacoima, CA 91331**

**Monday, August 20, 2018
10:00am - 12:30pm**

MEMBERS

STAFF/MANAGEMENT

Maricruz Alvarez	P	Maria G. Ramos	U	Kristina Chung, <i>Field Specialist</i>
Chun (Michael) Choe	P	Ana Rodriguez, Chair	P	Victor Rodriguez, <i>Liaison</i>
Elizabeth Cooper	P	Socrates Rodriguez	P	Idalia De La Torre, <i>Field Specialist Supervisor</i>
María Sara Monica Elias	P	Soriya Sun	P	Aaron Garcia, <i>Health Navigator</i>
Janet Henderson	P	Hanane Wehbe	P	Louise McCarthy, <i>Board Chair</i>
Estela Lara	P			Manny Vizcarra, <i>Liaison</i>
Diana Leff	P	<u>COMMUNITY PARTNERS</u>		
Channary Lim	P	LAC DPH - SPA 2		
Virginia Martinez	P	AMPM Home Health Agency		
Sophie Mom	E	Youth Policy Institute		
Sina Nhek	P	NEVHC - WIC		
		Roberta Newton		

PUBLIC

INTERPRETERS

Wilma Ballew, <i>Public</i>		Shelley Hash, <i>Spanish Interpreter</i>	Sina New, <i>Khmer Interpreter</i>
		Eduardo Kogan, <i>Spanish Interpreter</i>	Bo Uce, <i>Khmer Interpreter</i>

MEETING SUMMARY, DISCUSSION AND FOLLOW UP

	AGENDA ITEM	LEAD
I.	WELCOME AND INTRODUCTIONS	Kristina Chung, <i>Field Specialist</i> Ana Rodriguez, <i>Chair</i>
	<ul style="list-style-type: none"> • Ana Rodriguez, <i>Chair</i>, called the meeting to order and asked everyone to introduce themselves. • Estela Lara read the meeting ground rules. • Kristina Chung, <i>Field Specialist</i>, introduced Manny Vizcarra as the new <i>Liaison</i> for RCAC 2. Kristina thanked Victor Rodriguez for his assistance with RCAC 2. • Ms. Chung announced that this will be Ana Rodriguez’s last meeting as RCAC 2’s Chair for this fiscal year. Ms. Rodriguez was thanked for her years of service. 	
II.	BUSINESS	Kristina Chung, <i>Field Specialist</i> Ana Rodriguez, <i>Chair</i>
	<p><u>Approval of Agenda & Summary</u></p> <ul style="list-style-type: none"> • Ms. Chung reviewed the meeting agenda and folder. • Ms. Cooper asked for clarification on the process to add future agenda items. She wanted to know how the stipend discussion was added to the agenda. Ms. Rodriguez explained that there was a group consensus prior to it being added to the agenda. If a member would like to add a future agenda item, the RCAC must discuss and decide as a group to add it to a future meeting. The RCAC member who brings up the item cannot make the decision to add agenda items without the consensus of the committee members. • The agenda was approved as presented with two abstentions. • Ms. Rodriguez asked the committee to review the June 2018 meeting summary. • Ms. Cooper recommended that members’ statements be reflected in the summaries. • The meeting summary was approved as presented. <p>Members received a copy of the ECAC report to review. Members who attended the ECAC and Board of Governors (BOG) meetings gave a report on the following:</p> <p><u>July 2018 ECAC Report</u></p> <ul style="list-style-type: none"> • There was no meeting in July. 	

August 2018 ECAC (Hanane Wehbe)

- Proposition 10 (Housing/Eviction) is important for all members to focus on.
- Members discussed the *Silver Sneakers* Program, an exercise program for seniors.
- L.A. Care is offering Medical School Scholarships through the “*Elevating the Safety Net*” Program.
 - Ms. Cooper stressed the importance of having diverse students in the Program who will serve their communities.
 - Diana Leff said that more Spanish speaking doctors as well as those who speak Asian languages are needed.
 - Louise McCarthy recommended that biographies of the students who received the scholarships be shared at the RCACs.

July 2018 BOG Report

- There was no meeting in July.

August 2018 BOG Report (Maria Sara Monica Elias)

- Last year, L.A. Care pledged \$20 million over 5 years to support L.A. County’s Housing 4 Health Program to address homelessness. So far, the Program has helped 89 people move into permanent housing.

ECAC Meeting Attendance

- Diana Leff will attend the September 12, 2018 ECAC meeting at The California Endowment.
- Janet Henderson will attend the October 10, 2018 ECAC meeting at L.A. Care Health Plan.

Board of Governors (BOG) Meeting Attendance

- Estela Lara will attend the September 6, 2018 retreat at L.A. Care Health Plan.
- Elizabeth Cooper will attend the October 4, 2018 meeting at L.A. Care Health Plan.

CO&E REPORT:

ECAC Leadership Training

- The last ECAC Leadership training for the current Chair, Vice-Chair and At-Large members will be on Friday, September 28, 2018. The training topic will be L.A. Care Business Part 2. This training is mandatory for all Chairs, Vice-Chairs and At-Large Members.

Training for New Chairs and Vice-Chairs

- There will be a training for newly elected Chairs and Vice Chairs on Wednesday, August 29, 2018 from 8:30 a.m. to 3:00 p.m. This training is mandatory.
- Ms. Cooper stressed that courtesy and professionalism should be demonstrated by all leaders.
 - Ms. Rodriguez, *Chair*, explained that this is covered at all the training and leaders are encouraged to act in a professional manner.

New Member Orientation

- The New Member Orientation will be on Friday, September 7, 2018 from 8:30 a.m. to 12:00 p.m. This training is mandatory for all newly approved Consumer Advisory Committee (CAC) members.

T-Shirts for CAC Members

- Manny Vizcarra, *Liaison*, announced that t-shirts will be passed out after the meeting to CAC members. For those who do not have shirts, another order will be made in September.

Consumer Advisory Committee (CAC) Stipends

- Estela Lara started the discussion by stating that she feels that the stipend for RCAC meetings should be increased from \$70 to \$100. She explained that some members are vocal and active while others are not engaged. Estela suggested that the increase could be used as an incentive for more active participation.
- Ms. Chung clarified that all members receive the same amount for stipends and that it cannot be based on the level of members' participation.
- Ms. Cooper shared her concerns that the increase can affect members' benefits.
- Janet Henderson also shared that it is not fair for members to judge other members' participation level.
- Soriya Sun expressed that new members are getting familiarized with the RCACs and actively listen at meetings. She said that it is not fair to judge a member by how vocal they are because everyone has a different way of learning.
- Mr. Choe shared that he initially did not know members received stipends and that he was happy with the amount they were receiving. He stressed that it is important to focus on the RCAC's work and agenda items and not the stipend.
- Ms. Cooper said that if the stipends are increased, this might affect members' eligibility for programs such as Medi-Cal.
- Members took a vote to see whether this could be a motion to be forwarded to ECAC:
 - No: 8 votes
 - Yes: 5 votes
 - Abstentions: 1 vote

III.	GET UP & MOVE	Group
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- Members took a 10 minute stretch break.

IV.	REGIONAL ISSUES	Group
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- No member issues were discussed.

V.	RCAC/COMMUNITY WORK PLAN	Kristina Chung, <i>Field Specialist</i>
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2018 RCAC Work Plan Project

1. Community Partnership (Diabetes) Presentation

Valley Care Community Consortium (VCCC) presented on the “*Diabetes Screening, Prevention and Management in the San Fernando Valley*” Project:

- The mission of VCCC: To advocate for programs and policies that improve the health of children, families and seniors in the San Fernando and Santa Clarita Valley.
- The Project has 3 goals:
 1. Goal 1- Increase access to diabetes prevention and/or management services for vulnerable and low-income residents.
 2. Goal 2- Raise awareness of community services and resources focused on improving diabetes prevention and/or management.
 3. Goal 3- Engage multiple sectors (healthcare, economic, faith-based, transportation, etc.) to strengthen community collaboration efforts related to diabetes prevention and/or management.
- The American Diabetes Association Diabetes Risk was used to measure health history and diabetes risk
- The Project includes monthly health fairs at Zev Yaroslavsky Family Support Center that started in June. The last health fair will be scheduled in September.

2. Health Education Training

- Ms. Chung provided results from the pre and post tests from the three health education trainings.
- Heart Health – Pre Test (70%)
 - Post Test (31%)
- Cervical Cancer – Pre Test (47%)
 - Post Test (58%)
- Diabetes – Pre Test (52%)
 - Post Test (68%)
- Members filled out an evaluation form for the trainings.

VI.	FUTURE AGENDA ITEMS	Group
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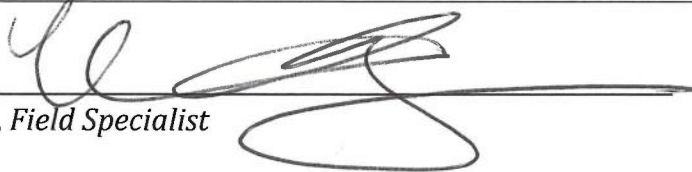
- No items were discussed.

VII.	MEETING EVALUATIONS	Group
<ul style="list-style-type: none"> Members were reminded to complete and turn in the meeting evaluation included in their packets. 		
VIII.	PUBLIC COMMENTS	Group
<ul style="list-style-type: none"> Estela Lara said that FRC Back to School event was a success with many community members in attendance. Wilma Ballew, <i>Public Member</i>, expressed that she was glad to be present for the stipend discussion because this could have an impact on all the members. 		
X.	ADJOURNMENT	Group
<ul style="list-style-type: none"> The next RCAC 2 meeting will be on Monday, October 15, 2018 from 10:00 am to 12:30 pm at L.A. Care’s Family Resource Center – Pacoima (10807 San Fernando Road, Pacoima, CA 91331). 		

Submitted by: _____
 Kristina Chung, *Field Specialist*

Approved by: _____
 Estela Lara, *RCAC 2 Chair*

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Approved by: 
 Estela Lara, *RCAC 2 Chair*