



Regional Community Advisory Committee (RCAC)
Region 7 – Huntington Park, Cudahy, Bell, Norwalk - Committee Summary
 YWCA Supervisor Gloria Molina Community Empowerment Center
 7515 Pacific Blvd., Walnut Park, Huntington Park, CA 90255
 Thursday, July 19, 2018
 2:00PM - 4:30PM

MEMBERS

STAFF/MANAGEMENT

Angelica Albarran, <i>Vice Chair</i>	P	Maria Toscano	P	Martin Vicente, <i>Community Outreach Field Specialist</i>
Norma A. Alvarez	P	Fatima Vazquez, <i>Chair</i>	P	Victor Rodriguez, <i>Community Outreach Liaison</i>
Dalia Cadena	P	Maria G. Villasenor	P	Iris Mejia, <i>Member Relations Health Navigator</i>
María Galván	P	Laura Lopez	P	
Maria Manjarrez	P	Elsa Martinez	P	<u>GUESTS/PUBLIC</u>
Virginia Medina	P	Maria Sandoval	P	Patricia Veliz Macal, <i>Generaciones en Accion</i>
Guadalupe Perez	P			Evencio Botello
				Gloria Lupercio

Attendance: Members 13, Community Partners 0, Public 3, Staff 3
(P) present, (E) excused absence, (U) unexcused absence, (R) Removed

	AGENDA ITEM	SUMMARY OF DISCUSSION AND FOLLOW-UP
I.	WELCOME & INTRODUCTIONS	<p><u>L.A. Care’s Mission Statement / Three Pillars of CO&E and RCACs</u></p> <ul style="list-style-type: none"> • RCAC members read the L.A. Care’s Mission statement and the three pillars of Community Outreach and Engagement. (Health Promotion, Health Advocacy and Partnership). • RCAC members reviewed the RCAC meeting “Ground Rules” prior to the start of the meeting. • Fatima Vazquez, <i>RCAC Chair</i> called the meeting to order at 2:30pm. Everyone introduced themselves.

<p>II.</p>	<p>BUSINESS Approval of Agenda & Meeting Summary</p> <p>ECAC & Board Report Fatima Vasquez, <i>Chair</i></p> <p>CO&E Report</p>	<p><u>Approval of Agenda & Meeting Summary</u></p> <ul style="list-style-type: none"> • Members approved today’s agenda with no changes. • The May 17, 2018 meeting summary was approved as presented. <p><u>ECAC Meeting Update</u></p> <p><u>Report from members that attended ECAC and BOG Meetings</u></p> <ul style="list-style-type: none"> • <u>Guadalupe Perez, member, attended the ECAC meeting on June 13, 2018.</u> • Mrs. Perez informed members that she attended a focus group, where they conducted a survey about how L.A. Care was performing in the community about the health care services provided. • Mrs. Perez, did not have any other information about ECAC meeting in June. • <u>Maria Toscano, member, attended the BOG meeting in June 7, 2018.</u> • Mrs. Toscano informed that John Baackes, Chief Executive Officer, reported L.A. Care is involved in supporting a program with Project Angel Food under a state grant to study the impact of nutritious meals on medical services utilization for patients recently discharged from acute care for congestive heart failure. • Mrs. Toscano informed that L.A. Care is focus on elevating the safety net and the first step to accomplish this, is to provide grants to medical schools so they can provide scholarships. This grants will support salary subsidies, loan forgiveness and administrative cost for students attending the participating schools. • <u>Fatima Vazquez, RCAC Chair, gave a brief overview about the ECAC report.</u> • Mrs. Vazquez talked about the approved motions by the Board of Governors, which includes the contract extension for the nurse advice line, which provides 24 hours service for L.A. Care members. • Mrs. Vazquez also informed members to read about the urgent care centers, this report includes detail information about reported urgent care ECAC issues and L.A. Care’s strategies to address the issues. • Mrs. Vazquez also read to members about L.A. Care’s future Family Resource Center facilities, she informed members about the dates and sites that will open in the near future. • Mrs. Vazquez encouraged members to read the report provided to them in the folder, she informed members that all of the information overviewed by her and members attending ECAC and BOG is included on the ECAC report. <p><u>RCAC membership</u></p> <ul style="list-style-type: none"> • RCAC members reviewed the RCAC membership report, provided to them in their folder, members were encouraged to invite members to the meeting to increase RCAC 7 membership. <p><u>New List of Members Attending ECAC and BOG</u></p>
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	<p>Martin Vicente, <i>Community Outreach Field Specialist</i></p>	<ul style="list-style-type: none"> • Members were informed that Fatima Vazquez and Martin Vicente worked on a new ECAC and BOG attendance list. Members reviewed the list and all agreed that the names were assigned correctly. • Members were informed that the dates are subject to change but they will be notified if they do. <p><u>New Chair and Vice Chair Training</u></p> <ul style="list-style-type: none"> • The training for new Chair and Vice Chair is scheduled for August 29, 2018, from 8:30 a.m. to 3:00 p.m. Members were informed that this training is mandatory. <p><u>ECAC Leadership Training</u></p> <ul style="list-style-type: none"> • This training is for current Chair and Vice Chair and is scheduled for Friday, September 28, 2018. The topic will be L.A. Care business part 2 and is mandatory for all Chairs, Vice Chairs and At-Large Members. <p><u>New member Orientation</u></p> <ul style="list-style-type: none"> • The orientation is scheduled for Friday, September 7, 2018 from 8:30 to 12:00 p.m. This training is mandatory for all newly approved Consumer Advisory Committee (CAC) members. <p><u>RCAC Member attending ECAC and BOG</u></p> <ul style="list-style-type: none"> • Maria Manjarrez will attend the BOG meeting on September 6, 2018. • Maria Galvan will attend BOG meeting on October 4, 2018. • Laura Lopez will attend ECAC meeting on September 12, 2018. • Elsa Martinez will attend ECAC meeting on October 10, 2018.
<p>III</p>	<p>REGIONAL ISSUES</p>	<p><u>Member Issues</u></p> <ul style="list-style-type: none"> • A member commented about support groups for people with mental health issues. She inquired about support groups for family members who have someone suffering from, cancer, diabetes or other terminal health issues. • Martin Vicente informed members that those support groups do exist, and he will try to bring resources and information about this topic at the next RCAC meeting. • Members will like information about tenant rights for someone with mental disabilities.
<p>IV.</p>	<p>GET UP AND MOVE</p>	<ul style="list-style-type: none"> • Members had the opportunity to participate doing a word puzzle and stretch exercises.
<p>V.</p>	<p>RCAC/COMMUNITY WORK-PLAN</p>	<p><u>Work-Plan 2017/2018</u></p> <p><u>L.A. Care Community Partnership</u></p>

		<ul style="list-style-type: none"> • Particia Veliz Macal from Generaciones en Accion gave a presentation about the organization providing the following information: <ul style="list-style-type: none"> ○ The organization was established to provide the community intergenerational workshops and education. ○ The organization provides trainings on public speaking, community organization, communication skills, conflict resolution, and college readiness. ○ The organization also has projects on theater, performance poetry, storytelling, and they also provide support on publication. • Generaciones en Accion’s vision is to unite different generations of immigrants through communication, understanding, validation and mutual respect within the family and the community. • The mission is to help multi-generational immigrant families and organizations gain access to education, trainings and cultural activities that contribute to their personal well-being, professional development, leadership skills and community impact. • Generaciones en Accion will utilize L.A. Care funding to organize a seminar with different workshops for women’s health improvement and self-improvement to become better advocates in their communities. <p><u>RCAC Work Plan Preventive Health Outreach Topic</u></p> <ul style="list-style-type: none"> • Martin Vicente thanked all the members who have participated on the outreach events. Members were informed that RCAC 7 has completed their outreach event programs, but they still had committed to other events. Members were informed that on Firday, July 27 an event is scheduled. Martin Vicente informed members that he and Victor Rodriguez will not be able to attend due to personal commitments. • Martin Vicente ask for a volunteer to lead this outreach event and Vicky Medina volunteer. Four other members will be assisting Vicky Medina on Friday, July 27. <p><u>Health Education Training/ Cervical Cancer Screening</u></p> <ul style="list-style-type: none"> • Victor Rodriguez gave a presentation about Cervical Cancer Screening. Members received basic information about: <ul style="list-style-type: none"> ○ What is cervical cancer? ○ Risk factors and HPV. ○ Preventive screening and vaccination. ○ Pap test and resources • Members took a pretest and posttest to evaluate how much they learned during the training.
<p>VI.</p>	<p>FUTURE AGENDA</p>	<p><u>Future Agenda Items</u></p> <ul style="list-style-type: none"> • Members will like information about support groups for people who have love ones suffering from debilitating illness like, diabetes and cancer.

VII.	MEETING EVALUATIONS	<ul style="list-style-type: none"> • RCAC members took 5 minutes to complete meeting evaluations.
VIII.	PUBLIC COMMENTS	<ul style="list-style-type: none"> • Norma Angelica Alvarez, RCAC 7, shared with members the calendar from L.A. Care’s Family Resource Center in Lynwood. Mrs. Alvarez informed member that L.A. Care’s Inglewood Family Resource Center will have a back to school event, where children will receive a back pack with school supplies. A flyer was distributed to all members. • Hilda Perez, Board Member, encouraged members to attend ECAC and BOG. Mrs. Perez informed members that these two meeting were very important meeting because this is where members who attend have the opportunity to express their concerns. Members also have the opportunity to bring back information to the RCACS.
IX.	ADJOURNMENT Fatima Vasquez	<ul style="list-style-type: none"> • The meeting was adjourned at 5:00 p.m. • The next RCAC meeting is scheduled for September 20, 2018 at the YWCA Supervisor Gloria Molina Community Empowerment Center at 7515 Pacific Blvd., Walnut Park, CA 90255 from 2:00pm to 4:30pm. • All RCAC members were reminded to arrive to the meeting on time.

Respectfully Submitted by:
Martin Vicente, *Community Outreach Field Specialist*

Approved by:
Fatima Vasquez, *Chair* _____

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