



**Regional Community Advisory Committee (RCAC 4)  
Region 4 - Hollywood, Wilshire, Central L.A., Glendale**

Committee Summary

**Hope Street Family Center**

1600 South Hope Street, Room 305

Los Angeles, CA 90015

**Tuesday, July 17, 2018**

**9:00 a.m. – 11:30 a.m.**

<b>MEMBERS</b>				<b>STAFF/MANAGEMENT</b>		<b>GUESTS/PUBLIC</b>	
Ana Santiago Alonso	(P)	Rachael Rose Luckey	(P)	Jose (Ricardo) Rivas, <i>Field Specialist</i>		Toyin Idehen, <i>CCHC</i>	
Maria Casarrubias	(P)	Alfonso Noriega	(P)	Hilda Herrera, <i>Liaison</i>		Jacqueline Nazarian, <i>CCHC</i>	
Sonia J. Claudio	(P)	Theodora Parlanti	(P)	Marssia Chutan, <i>Health Navigator</i>		Mark Stokes	
Phyllis Coto	(P)	Silvia Poz	(P)	Norma Martinez, <i>Spanish Interpreter</i>			
Herceys Catalina Donis	(P)	Silvia Quezada	(P)	Nancy Ramirez, <i>Spanish Interpreter</i>			
Rosa Escobar	(P)	Hercilia Salvatierra, <b>Vice-Chair</b>	(P)	Idalia De La Torre, <i>Field Specialist Supervisor</i>			
Hugo A. Flores	(P)	Ricardo Sanchez	(P)				
Mirna Gonzalez	(P)	Michael R. Shelton, <b>Chair</b>	(P)				
Gizelle G. James	(P)						

**Attendance: (17) Members, (2) Community Partner, (0) Providers, (1) Public, (6) Staff  
(P) present, (E) excused absence, (U) unexcused absence**

	<b>AGENDA ITEM</b>	<b>SUMMARY OF DISCUSSION AND FOLLOW-UP</b>
I.	<b>WELCOME &amp; INTRODUCTIONS</b>	<ul style="list-style-type: none"> <li>• Michael Shelton, <i>Chair</i>, called the meeting to order at 9:02 a.m. and asked everyone to introduce themselves.</li> <li>• All members introduced themselves.</li> <li>• Members were informed that Marssia Chutan, <i>Health Navigator</i> was present to assist RCAC members with</li> </ul>

		<p>individual issues pertaining to their healthcare needs.</p> <ul style="list-style-type: none"> <li>Hercilia Salvatierra, RCAC 4 Vice-Chair, read the Meeting Ground Rules, and “The Three Pillars” of Community Outreach &amp; Engagement (CO&amp;E), and the Regional Community Advisory Committees (RCACs):  <b>1) Health Promotion, 2) Health Advocacy, and 3) Partnership.</b></li> <li>Mr. Rivas, <i>Field Specialist</i>, reviewed the items in the meeting folders, and reviewed the meeting agenda with the group. He informed the committee that representatives from Comprehensive Community Health Centers (CCHC) will be present this morning to talk to the committee about the 2018 Community Partnership with L.A. Care this year; one change that needed to be approved by the committee is to move CCHC’s segment (V) on the agenda to segment (II) under “Business” to accommodate CCHC’s time, and the committee’s other agenda items.</li> </ul>
<p><b>II.</b></p>	<p><b>BUSINESS</b>  Approval of Agenda &amp; Meeting Summary</p> <p>Toyin Idehen &amp; Jacqueline Nazarian, <i>CCHC representatives</i></p>	<ul style="list-style-type: none"> <li>Mr. Shelton asked the committee to review today’s agenda.</li> <li>The July 17, 2018 meeting agenda was approved with the approved changes.</li> <li>Mr. Shelton asked the committee to review the May meeting summary.</li> <li>The May 15, 2018 meeting summary was approved as presented.</li> </ul> <p><b><u>Community Partnership Sponsorship</u></b></p> <ul style="list-style-type: none"> <li>Ms. Idehen and Ms. Nazarian introduced themselves and thanked the committee and L.A. Care for supporting them again this year with this year’s event, <i>CCHC’s 3<sup>rd</sup> Annual Back to School Event</i> scheduled for the 18<sup>th</sup> of August.</li> <li>This event is hosted annually to support the students in the community annually when going back to school by providing each child that attends the event a free backpack and school supplies. Thanks to this sponsorship by L.A. Care, and other organizations that also support CCHC’s cause (i.e., Anthem Blue Cross, Care 1<sup>st</sup>, &amp; others) CCHC will continue to host this event annually, and hopes to have a bigger and better event year after year.</li> <li>With L.A. Care’s support and this year’s initiative “Women’s Health” CCHC is excited to be able to promote a lot of these services, and other social services to the community: <ul style="list-style-type: none"> <li>➤ On-site <i>Breast Exam Screenings</i>, and a health educator to teach women how to perform self-exams at home</li> <li>➤ Mental Health Services</li> <li>➤ Citizenship classes</li> <li>➤ Library resources</li> </ul> And an array of other social services through a mixture of 25 organizations that will be present promoting wellness, health, health education resources, and a lot more services generally not provided by CCHC.</li> <li>Community Advisory Committee (CAC) members were informed that if they were interested in volunteering at this event they would have the opportunity to do so, but would have to sign up with Ricardo who would then forward the list back to CCHC. CAC members were informed that if they did sign up they would help with checking people in, food distribution, backpack setup, and will be involved in various aspects of the event.</li> <li>A few concerns were made by a few CAC members from last year’s event, one in reference to encountering issues</li> </ul>

when distributing backpacks, and another comment in reference to very long lines that didn't seem to move along. In response Ms. Idehen informed the group that this year a few processes have been implemented to avoid issues when distributing backpacks, and to improve crowd control, but that unfortunately it gets a bit difficult when managing an event with about a thousand people present, and lines that reach up to 200 people at a time. Feedback to improve the event is important to CCHC, so Ms. Idehen informed the group that if they would like to provide more feedback to please do by giving those comments to Ricardo, who would then relay the feedback back to CCHC to take suggestions into consideration before the event in August.

**Executive Community Advisory (ECAC) Report**

June ECAC Report

- Ms. Cassarubias, attended the June ECAC meeting and reported on the following:
  - RCAC 7 reported that they've had quite a few outreach events up until now and were satisfied with this.
  - Information on Cervical Cancer was distributed at the meeting.
  - A Director of Medi-Cal informed ECAC that a training is being provided to primary care physicians.

**Board of Governors (BOG) meeting Report**

- Ms. Coto attended the June BOG meeting and reported on the following:
  - L.A. Care is experiencing a shortage of physicians, and they are working with various universities by using incentives like Medical School Scholarships, Physicians Loan Repayments, and Physicians Salary Subsidies to entice students to become doctors.
  - LA Care is also partnering up with Project Angel Food an organization that is studying the impact of nutritious meals on recently discharged patients with congestive heart failure; the results have been that folks with the nutritious diets have rapidly gotten better.
  - L.A. Care recently provided 50,000 eyeglasses to low income children.
  - L.A. Care recently provided a grant to aid in homeless housing.
- A CAC member had a question and asked who Antonia Jimenez was, and that it was said that Ms. Jimenez was going to be working very closely with L.A. Care, so she wanted more information. In response Mr. Rivas informed the committee that the Board recently had a vacant seat that was recently filled in by Antonia Jimenez who currently is the Acting Director for the County of Los Angeles Department of Public Social Services, and was welcomed by the Board as a new Board Member at the June BOG.

**ECAC Meeting Attendance**

- Ana Alonso is scheduled to attend the August 8, 2018 ECAC meeting at L.A. Care Health Plan Headquarters office from 10:00 a.m. to 1:00 p.m.
- Sonia Claudio is scheduled to attend the September 12, 2018 ECAC meeting at L.A. Care Health Plan Headquarters

Maria Cassarubias,  
RCAC 4 Member

Phyllis Coto, RCAC 4  
Member

office from 10:00 a.m. to 1:00 p.m.

Jose Ricardo Rivas,  
*Field Specialist*

### **BOG Meeting Attendance**

- Sonia Claudio is scheduled to attend the July 26, 2018 BOG meeting at East San Gabriel Valley Japanese Community Center in West Covina from 2:00 pm. to 5:00 p.m.
- Maria Casarrubias is scheduled to attend the September 6, 2018 BOG meeting, and was informed that more information would be provided to her because the BOG has a scheduled retreat on this day.

### **2018 Vice-Chair Elections**

- Members were informed of the following: **1)** Nominations for Vice-Chair officially closed in May, so nobody else could be nominated for the position, **2)** All committee members who have accepted the nomination will be given 2 minutes to speak to the group about their qualifications and reasons on why they should vote for them, **3)** Two volunteers who are not running for any position will help count the ballots, **4)** For a nominee to win they must receive 50% + 1 vote of the membership present to win, and **5)** These elections are public and anyone can ask to see the ballots.
- The candidates running for the Vice-Chair position were: Rachael Luckey, Ana Alonso, and Hercilia Salvatierra.
- All candidates introduce themselves and each was given the opportunity to give a two minute speech, and to reply to questions on why they were running for the position and what they would do if elected.
- The results:
  - Rachael Luckey was elected as the new Vice-Chair for RCAC 4.

### **CO&E Report**

#### **ECAC Leadership Training Update**

- The ECAC Leadership Training is scheduled for Friday, July 28, 2018. It is a mandatory training for all Chair, Vice-Chair and At-Large Members. The training topic will be on *Data and Technology*.
- The last ECAC Leadership Training is scheduled for Friday, September 28, 2018. The training topic will be on *L.A. Care Business*, and it's also a mandatory training for all Chair, Vice-Chair and At-Large Members.

#### **Training for Newly Elected Chairs & Vice-Chairs**

- There will be a training for newly elected Chairs and Vice-Chairs and it is scheduled for Wednesday, August 29, 2018 from 8:30 a.m. to 3:00 p.m. This training is mandatory for all newly approved Chair & Vice-Chair members.

#### **New Member Orientation**

- The New Member Orientation is scheduled for Friday, September 7, 2018 from 8:30 a.m. to 12:00 p.m. This training is mandatory for all newly approved CAC members.

III.	REGIONAL ISSUES	<p><b><u>Regional Issues</u></b></p> <ul style="list-style-type: none"> <li>• Committee members were informed that this section of the agenda is where members can bring forward community health issues that are affecting Region 4. If committee members have personal issues that they would like to report, they can speak to Marssia Chutan, <i>Health Navigator</i>, who can assist during or after the meeting with any issue concerning their health care services.</li> <li>• A CAC member was wondering if the process had changed for parents with children with disabilities that are now over the age of 18. The norm is to have a form filled out by the young adult so the parent can continue managing the health care needs of the child, but recently when making a change to her child's primary care physician (PCP) she received a completely new form she had never encountered before, so was wondering if the process had changed. Health Navigator Ms. Chutan responded that an L.A. Care internal form exists that is sent to parents of L.A. Care members in this situation. Normally the form is filled out completely, along with a date included on the form, which is considered an expiration date for the form. If the form expires, L.A. Care sends a new form to the parent again so the form is updated internally with L.A.; but this can be avoided if a parent indicates a future date like "2099", or states instead that "I the parent will handle my child's case until he/she is no longer an L.A. Care member", keeping it active until loss of membership occurs. The form is available in all languages, and can be obtained by calling the Customer Solutions Center.</li> </ul>
IV.	GET UP & MOVE/BREAK	<ul style="list-style-type: none"> <li>• No "Get up and Move" was not conducted due to time constraints.</li> </ul>
V.	RCAC/COMMUNITY WORK-PLANS	<p><b><u>Health Education Training – Heart Health 101</u></b></p> <ul style="list-style-type: none"> <li>• The training topic for this month's RCAC meeting was on Heart Health.</li> <li>• Committee members were educated on the basic understanding of the disease and were informed they will be disseminating heart health information during the community events coming up during summer.</li> <li>• The training topic covered: Heart Health Overview – Understanding Heart Disease – Lifestyle Changes – Exams &amp; Tests – Quiz &amp; Resources – and a Call to Action &amp; Next Steps.</li> <li>• All committee members took a pre-test and a post-test to gauge their knowledge before and after the presentation.</li> </ul> <p><b><u>Cervical Cancer Training</u></b></p> <ul style="list-style-type: none"> <li>• Was not conducted because of lack of time, and was tabled for the next RCAC 4 meeting in September.</li> </ul> <p><b><u>Community Outreach Event</u></b></p> <ul style="list-style-type: none"> <li>• Members were informed that if members attended the <i>3rd Annual Back to School Event</i> being hosted by CCHC and L.A. Care on August 18, 2018 from 10:00 a.m. – 1:30 p.m., this would count as 1 out of the 2 events they need to attend to complete part of their work plan goal for this year.</li> <li>• Members were encouraged that if they knew of any events happening within the RCAC 4 region to please forward</li> </ul>

		this information to Ricardo so he can do a follow up, and see if L.A. Care can participate by tabling the event so RCAC 4 members can complete their goal of attending at least 2 events this year.
<b>VI.</b>	<b>FUTURE AGENDA ITEMS</b>	<ul style="list-style-type: none"> <li>Ms. Coto mentioned that Pap Smear was mentioned during a conversation related to Cervical Cancer at a previous ECAC meeting, and she thought that more light should be shed on this topic in the future.</li> </ul>
<b>VII.</b>	<b>MEETING EVALUATIONS</b>	<ul style="list-style-type: none"> <li>Prior to adjourning the meeting staff encouraged CAC members to fill out the new updated evaluation form in their folders, and to submit it to L.A. Care staff when the meeting adjourned.</li> </ul>
<b>VIII.</b>	<b>PUBLIC COMMENTS</b>	<ul style="list-style-type: none"> <li>CAC members were reminded that in future they need to wait until the meeting has been officially adjourned before getting up to turn in paperwork, and interpretation equipment to staff.</li> </ul>
<b>IX.</b>	<b>ADJOURNMENT</b>	<ul style="list-style-type: none"> <li>The meeting was adjourned at 11:32 am.</li> <li>The next RCAC meeting is scheduled for <b>Tuesday, September 18, 2018</b> from <b>9:00 a.m. to 11:30 a.m.</b> at Hope Street Family Center, 1600 South Hope Street, Room 305, Los Angeles, CA 90015.</li> </ul>

Submitted by: \_\_\_\_\_  
Jose Ricardo Rivas, *Community Outreach & Engagement*  
Field Specialist

Approved by: \_\_\_\_\_  
Michael Shelton, *RCAC 4 Chair*

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