



Regional Community Advisory Committee (RCAC)
Region 8 - San Pedro, Torrance, Wilmington - Committee Summary
Providence Community Health Wellness & Activity Center

470 N. Hawaiian Avenue
 Wilmington, CA 90744
 Friday, May 18, 2018
 10:30 AM - 1:00 PM

MEMBERS: 13

STAFF/MANAGEMENT

Maria Alvarez	P	Janeth Sevilla	P	Martin Vicente, <i>Field Specialist</i>
Dioselina Garcia	P	Maria Isabel Tamayo, <i>Vice Chair</i>	P	Victor Rodriguez, <i>Liaison</i>
Judith Lemaroy	P	Higinio Carrillo	P	Fernando Villalobos, <i>Member Relations Health Navigator</i>
María N. López	P	Maria Montes, <i>Chair</i>	P	
Rita Elizabeth Montes	P	Raul Montes	P	<u>GUESTS/PUBLIC</u>
Rosario Moreno	P	Belen Garcia	P	Dr. Peter Rivera, <i>Robert F. Kennedy Community Center</i>
Ana Romo	P	Dominga Pardo <i>Advocate</i>	P	

Attendance: 12 Members, 0 Community Partners, 1 Public, 5 Staff
(P) present, (E) excused absence, (U) unexcused absence

	AGENDA ITEM	SUMMARY OF DISCUSSION AND FOLLOW-UP
I.	WELCOME & INTRODUCTIONS	<p><u>L.A. Care's Mission Statement / Three Pillars of CO&E and RCACs</u></p> <ul style="list-style-type: none"> • RCAC members read the L.A. Care's Mission statement and the three pillars of Community Outreach and Engagement. (Health Promotion, Health Advocacy and Partnership). • RCAC members reviewed the RCAC meeting "Ground Rules" prior to the start of the meeting. • Maria Montes, <i>RCAC Chair</i> called the meeting to order at 10:30 a.m. • Everyone introduced themselves.

II

BUSINESS
Approval of Agenda & Meeting Summary

Maria Montes, *Chair*

Martin Vicente,
Field Specialist
Maria Montes, *Chair*

Approval of Agenda & Meeting Summary

- Members approved today’s agenda with no changes.
- The March 16, 2018 meeting summary was approved as presented.

ECAC Meeting Update

Ana Romo, RCAC 8 member, attended the ECAC meeting on April 11, 2018 and reported the following:

- Mrs. Romo informed that two members were approved by the BOG to be official members of the RCACs.
- Mrs. Romo informed about the IHSS + Home Care Integration Training. Members were informed that details about the IHSS+ Integration Training was included in the ECAC report for April which was in their folder.

Rita Montes, RCAC 8 members, attended the BOG meeting on May 18, 2018 and reported the following:

- Mrs. Montes informed member that she presented the issue “Cervical Cancer Screenings”. Mrs. Montes expressed that she and RCAC 8 members were very concern that the cervical cancer screenings were done every 3 years instead of every year.
- Mrs. Montes explained that cervical cancer was a very serious illness and very unpredictable. She informed that within those 3 years cancer could go undetected causing a more serious situation.
- Members of the Board explained to Mrs. Montes that the US preventive task force recommends screening for cervical cancer in women age 21 to 65 years with cytology (Pap smear) every 3 years or, for women age 30 to 65 years who want to lengthen the screening interval, screening with a combination of cytology and human papillomavirus (HPV) testing every 5 years.

“I-Speak”

- Maria Montes, RCAC 8 chair, informed members that Auleria Eakins, CO&E manager, and her staff were recognized by Mr. John Baackes, L.A. Care’s CEO, for the success of the “I speak” pilot program. Estela Lara, member of RCAC 2 also had the opportunity to give her feedback about the program informing ECAC how beneficial these trainings are for the Consumer Advisory Groups.
- Mrs. Montes also informed that the members who participated in the “I-Speak” training will have the opportunity to go to Sacramento on May 22 and for legislative day.

Chair and Vice-Chair Elections

- A brief review was given to members about the Roles and Responsibilities for the Chair and Vice-Chair. Members were reminded nominations can still be made until the nominations are officially close prior to the election process.
- Nominees had the opportunity to give a brief introduction and RCAC members had the opportunity to ask questions.

		<ul style="list-style-type: none"> • The following two members ran for the chair position: Maria Isabel Tamayo, Ana Romo and Ana Romo was elected as RCAC 8 Chair. • Two members ran for the Vice-Chair position Rosario Moreno and Dioselina Garcia, Dioselina Garcia was elected RCAC 8 Vice-Chair. • RCAC 8 members thanked Maria Isabel Tamayo and Maria Montes for their leadership in the past years. <p><u>ECAC and Board of Governors Meeting Attendance</u></p> <ul style="list-style-type: none"> • Dioselina Garcia will attend Thursday June 7, 2018 Board of Governors meeting. • Maria N. Lopez will attend Thursday August 2, 2018 Board of Governors meeting. • Ana Romo will attend the June 13, 2018 ECAC meeting. • No member was chosen for August 8th, 2018.
III.	REGIONAL ISSUES Group	<p><u>Member Issues</u></p> <ul style="list-style-type: none"> • Members commented on health advocacy provided by L.A. Care. Members said that L.A. Care ECAC reports and RCAC meetings are very helpful on helping them acquire knowledge on how to advocate for their health care rights as well as other issues affecting their communities.
IV.	GET UP & MOVE	<ul style="list-style-type: none"> • Members had the opportunity to take a 10 minutes break.
VI.	RCAC/COMMUNITY WORK-PLAN	<p><u>Work-Plan 2017/2018</u></p> <p><u>L.A. Care Community Partnership</u></p> <ul style="list-style-type: none"> • Members received a brief overview of the L.A. Care Community Partnership work plan. Martin Vicente informed members that after outreaching and conducting mass mail outs to community based organizations he received an application from Robert F. Kennedy Institute of Community and Family Medicine. • Dr. Rivera and Staff from Robert F. Kennedy, had the opportunity to report the following: <ul style="list-style-type: none"> ○ The institute is planning a Health Fair as well as services on family advocacy, nutrition classes, and workshops. ○ They expressed that it was a great opportunity to add breast cancer screenings to their services. ○ They also offered legal assistance, housing, employment and counseling. ○ Their goal with the funds is to organize a health and wellness fair. • They expressed that they were very pleased that L.A. Care is offering this funds and are more than happy to collaborate with L.A. Care. <p><u>Health Education Training/ Heart Health 101</u></p>

		<ul style="list-style-type: none"> • Martin Vicente and Victor Rodriguez gave members a training about Heart Health. Members received basic information about: <ul style="list-style-type: none"> ○ The objectives of the activity ○ Understanding Heart Disease ○ Lifestyle changes ○ Exams and test and action steps calling to action • Members took a pretest and posttest to evaluate how much they learned during the training.
VI.	FUTURE AGENDA ITEMS	<ul style="list-style-type: none"> • There were not future agenda items.
VII.	MEETING EVALUATIONS	<ul style="list-style-type: none"> • All RCAC members took a few minutes to complete their meeting evaluation forms.
VIII.	PUBLIC COMMENTS <i>Public</i>	<ul style="list-style-type: none"> • There were no public comments.
IX.	ADJOURNMENT	<ul style="list-style-type: none"> • The meeting was adjourned at 1:00 p.m. • The next RCAC 8 meeting is scheduled for Friday, July 20, 2018 from 10:30 a.m. - 1:00 p.m. at Providence Community Health Wellness & Activity Center at 470 N. Hawaiian Avenue, Wilmington, CA 90744.

Respectfully Submitted by:
Martin Vicente, *Community Outreach Field Specialist*

Approved by: _____
Maria Montes, *Chair*

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Approved by: 
Mari Montes, *Chair*