



## Regional Community Advisory Committee (RCAC) - Region 8

### Providence Community Health Wellness & Activity Center

470 N. Hawaiian Avenue, Wilmington, CA 90744

Friday, May 18, 2018

10:30 AM – 1:00 PM

### Goals for Today's Meeting

1. Learn about L.A. Care business from the Executive Community Advisory Committee (ECAC) and the Community Outreach & Engagement Department (CO&E)
2. Provide an opportunity to identify community issues affecting members in the region
3. Connect with Health Navigators to address Individual and Global issues
4. Discuss 2018 RCAC Community Work Plan Project and Heart Health presentation

### Meeting Agenda

Time	Agenda Item	Agenda Lead	Goal/Result
10:30 a.m. - 10:40 a.m.	<b>I. Welcome &amp; Introductions</b> (10 min) <b>A.</b> Introduction to Meeting Goals L.A. Care's Mission and meeting etiquette. <b>B.</b> Review of Agenda	Maria Montes, <i>Chairperson</i>  Martin Vicente, <i>Field Specialist</i>	Get to know each other and review the goals for the meeting and agenda items.
10:40 a.m. - 11:35 a.m.	<b>II. Business</b> (55 min) <b>A.</b> Approval of Agenda & Summary  <b>B.</b> ECAC Report <ul style="list-style-type: none"><li>• April 2018 Report</li><li>• May 2018 Report</li></ul> <b>C.</b> Board of Governors Report <ul style="list-style-type: none"><li>• April 2018 Report</li><li>• May 2018</li></ul> <b>D.</b> CO&E Report <ul style="list-style-type: none"><li>• 2018 Chair/Vice-Chair Elections</li></ul>	Maria Montes, <i>Chairperson</i>  <u>RCAC 8 members</u> Ana Romo Rita Montes  <u>RCAC 8 member</u> Maria N. Lopez Rosario Moreno  Martin Vicente, <i>Field Specialist</i>	Approve today's meeting agenda and March's 2018 meeting minutes.  Receive updates from the ECAC and Board of Governors meetings.   Receive an update from the CO&E Department.
11:35 a.m. - 11:45 a.m.	<b>III. Regional Issues</b> (10 min) <b>A.</b> Community Member Issues	Martin Vicente, <i>Field Specialist</i>	An opportunity to identify community issues affecting members in the region

11:45 a.m. – 11:55 a.m.	<b>IV. Get Up &amp; Move/Break</b> (10 min.)	Victor Rodriguez <i>Liaison</i>	An opportunity to stretch and move
11:55 a.m. - 12:40 p.m.	<b>V. RCAC Community Work Projects</b> (45 min.) <b>A.</b> Community Partnership <b>B.</b> Community Outreach Events  <b>C.</b> Health Education Training • Heart Health	Martin Vicente, <i>Field Specialist</i>  <u>L.A. Care Staff</u> Martin Vicente Victor Rodriguez	Discuss the 2018 RCAC Community Work Projects  2 <sup>nd</sup> training health education training for the <b>outreach work plan topic</b> of Heart Health
12:40 p.m. - 12:45 p.m.	<b>VI. Future Agenda Items</b> (5 min.)	Group	Decide agenda items that may be added to a future meeting
12:45 p.m. - 12:50 p.m.	<b>VII. Meeting Evaluations</b> (5 min.)	Group	Complete meeting evaluation forms
12:50 p.m. - 1:00 p.m.	<b>VIII. Public Comments</b> (10 min.)	Group	Each public member is given 2 minutes for comments
1:00 p.m.	<b>IX. Adjournment</b> <b>A. Next Meeting Date:</b> Friday, July 20, 2018	Maria Montes, <i>Chairperson</i>	Learn when the next RCAC meeting will take place

\*\*\*\*\* PLEASE BE ON TIME \*\*\*\*\*

***NOTE: Members, your absence will be considered unexcused if you do not call Victor Rodriguez at (213) 694-1250, Ext. 5214 to inform him that you will not be attending the meeting.***

**Community Outreach & Engagement  
Toll Free Line 1-888-522-2732**

**L.A. Care Member Services Department  
Toll Free Line 1-888-839-9909**