



Regional Community Advisory Committee (RCAC)
Region 7 – Huntington Park, Cudahy, Bell, Norwalk - Committee Summary
 YWCA Supervisor Gloria Molina Community Empowerment Center
 7515 Pacific Blvd., Walnut Park, Huntington Park, CA 90255
 Thursday, May 17, 2018
 3:00PM - 5:30PM

MEMBERS

STAFF/MANAGEMENT

Angelica Albarran, <i>Vice Chair</i>	P	Ramona Rodriguez	U	Martin Vicente, <i>Community Outreach Field Specialist</i>
Norma A. Alvarez	P	Maria Toscano	P	Victor Rodriguez, <i>Community Outreach Liaison</i>
Dalia Cadena	P	Fatima Vazquez, <i>Chair</i>	P	Fernando Villalobos, <i>Member Relations Health Navigator</i>
María Galván	P	Maria G. Villasenor	P	
Maria Manjarrez	P	Laura Lopez	P	
Virginia Medina	P	Elsa Martinez	U	<u>GUESTS/PUBLIC</u>
Guadalupe Perez	P	Maria Sandoval	P	

Attendance: Members 12, Community Partners 0, Public 2, Staff 3
(P) present, (E) excused absence, (U) unexcused absence, (R) Removed

	AGENDA ITEM	SUMMARY OF DISCUSSION AND FOLLOW-UP
I.	WELCOME & INTRODUCTIONS	<p><u>L.A. Care’s Mission Statement / Three Pillars of CO&E and RCACs</u></p> <ul style="list-style-type: none"> • RCAC members read the L.A. Care’s Mission statement and the three pillars of Community Outreach and Engagement. (Health Promotion, Health Advocacy and Partnership). • RCAC members reviewed the RCAC meeting “Ground Rules” prior to the start of the meeting. • Fatima Vazquez, <i>RCAC Chair</i> called the meeting to order at 3:00pm. Everyone introduced themselves.

<p>II.</p>	<p>BUSINESS Approval of Agenda & Meeting Summary</p> <p>ECAC & Board Report Fatima Vasquez, <i>Chair</i></p>	<p><u>Approval of Agenda & Meeting Summary</u></p> <ul style="list-style-type: none"> • Members approved today’s agenda with no changes. • The March 15, 2018 meeting summary was approved as presented. <p><u>ECAC Meeting Update</u></p> <p><u>Maria Manjarrez, RCAC 7 member,</u> attended the ECAC meeting April 11, 2018 and had no report.</p> <p><u>Norma Alvarez, RCAC 7 members,</u> attended the ECAC meeting May 9, 2018 and reported the following:</p> <ul style="list-style-type: none"> • John Baackes, L.A. Care CEO, gave a brief report about improving the quality of care by initiating a direct contract process with providers. Mr. Baackes believes that by eliminating the middle man, providers might be able to receive a bigger compensation. • This changes will increase the quality of care members received and improving access to care, as more providers will be willing to accept Medi-Cal. • Hilda Perez, BOG consumer member representative, reported on the Deferred Action for Childhood Arrivals (DACA) and on how the changes President Trump wants to make to this policy will affect Medi-Cal. One of the ways this has disrupted services is that members do not go to the doctor fearing deportation. People waiting longer to see the provider until they are very sick and they have to go to the emergency room that becomes overcrowded and also increase the health care cost for the State. <p><u>Fatima Vazquez, RCAC 7 Chair,</u> attended the BOG meeting on April 11 and May 3rd and reported the following:</p> <ul style="list-style-type: none"> • Annie Lee-Houang, Director of Home Care Programs attended the meeting and informed about IHSS+ home care integration programs with the following highlights: <ul style="list-style-type: none"> ○ The vision and mission of the California Long-Term Care Educational Center (CLTCEC) ○ IHSS home integration training programs where home care workers build better lives for themselves. ○ The trainings includes gaining of skills and competencies to be able to communicate about changes, monitor changes, coach and support and navigate through the health care system. <p><u>RCAC Operating Rules</u></p> <ul style="list-style-type: none"> • Starting April 5th the new RCAC operating rules presented to the RCACs during the past few months were approved. Mrs. Vazquez informed that these rules were brought to the RCAC for members to have the opportunity to provide their input on the recommended changes. <p><u>“I-Speak”</u></p>
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	<p>CO&E Report Martin Vicente, <i>Community Outreach Field Specialist</i></p>	<ul style="list-style-type: none"> Members were informed that Auleria Eakins, CO&E Manager, and her staff were recognized by Mr. John Baackes, L.A. Care’s CEO, for the success of the “I-speak” pilot program. Estela Lara, member of RCAC 2 also had the opportunity to give her feedback about the program informing ECAC how beneficial these trainings are for the Consumer Advisory Groups. RCAC 7 members asked the “I-Speak” participants to start using the skills they have acquire during the RCAC 7 meetings. <p><u>ECAC Report</u></p> <ul style="list-style-type: none"> All members received the ECAC report and were encouraged to read it. They were informed if they had any questions to contact Martin Vicente. <p><u>Chair and Vice-Chair Elections</u></p> <ul style="list-style-type: none"> A brief review was given to members about the Roles and Responsibilities for the Chair and Vice-Chair. Members were reminded nominations can still be made until the nominations are officially close prior to the election process. Nominees had the opportunity to give a brief introduction and RCAC members had the opportunity to ask questions. The following three members ran for the chair position: Angelica Albarran, Fatima Vazquez and Norma Angelica Alvarez, Fatima Vazquez was elected as RCAC 7 Chair. One members ran for the Vice-Chair position, Angelica Albarran was elected RCAC 7 Vice-Chair <p><u>RCAC Member attending ECAC and BOG</u></p> <ul style="list-style-type: none"> Maria Toscano will attend the BOG meeting on June 6, 2018 Guadalupe Perez will attend BOG meeting on July 26, 2018 Guadalupe Perez will attend ECAC meeting on June 13, 2018 Maria Toscano will attend ECAC meeting on August 8, 2018
<p>III</p>	<p>REGIONAL ISSUES</p>	<p><u>Member Issues</u></p> <ul style="list-style-type: none"> There were no member issues
<p>IV.</p>	<p>GET UP AND MOVE</p>	<ul style="list-style-type: none"> All RCAC members took a 5-minute break.
<p>V.</p>	<p>RCAC/COMMUNITY WORK-PLAN</p>	<p><u>Work-Plan 2017/2018</u></p> <p><u>L.A. Care Community Partnership</u></p>

		<ul style="list-style-type: none"> • Members were informed that after doing outreach to various organization no application were received. Martin Vicente informed members that mass mail outs were made to organizations and providers in the areas served by RCAC 7. • Members were informed that during the outreach events some organizations were interested and one organization applied for the funds. • The organization was Generaciones en Accion, members were informed that the next steps were to submit the request for funding and also a report from the organization to RCAC 7 members. <p><u>RCAC Work Plan Preventive Health Outreach Topic</u></p> <ul style="list-style-type: none"> • Martin Vicente thanked all the members who have participated on the outreach events. Members were informed that RCAC 7 had done 3 events with a total of 350 outreaches. • Members were informed about an event coming up in Huntington Park, called Spring Fest which is sponsored by Best Start Southeast Los Angeles County. The event will take place on Saturday, May 19, 2018. The event will be at Salt Lake Park 3401 E. Florence Ave, Huntington Park. • Martin Vicente informed members that this was a big event and it will be nice if all members volunteer to attend. A list was taken of members who will be volunteering at the event. <p><u>Health Education Training/ Heart Health 101</u></p> <ul style="list-style-type: none"> • Martin Vicente and Victor Rodriguez gave members a training about Heart Health. Members received basic information about: <ul style="list-style-type: none"> ○ The objectives of the activity ○ Understanding Heart Disease ○ Lifestyle changes ○ Exams and test and action steps calling to action • Members took a pretest and posttest to evaluate how much they learned during the training.
VI.	FUTURE AGENDA Norma Angelica Alvarez, Dalia Cadena, RCAC 7 members- Health Promotors	<p><u>Palliative Care</u></p> <ul style="list-style-type: none"> • Norma Angelica Alvarez and Dalia Cadena, RCAC 7 members, gave a brief presentation about Palliative Care and gave the following information: <ul style="list-style-type: none"> ○ Palliative services are given to patients with serious illness. ○ Palliative care is specialized medical care for people with serious illness. ○ Palliative services are given by a groups that includes, health care provider, family and community programs. ○ The goal is to relieve symptoms and stress to improve quality of life.
VII.	MEETING EVALUATIONS	<ul style="list-style-type: none"> • RCAC members took 5 minutes to complete meeting evaluations.

VIII.	PUBLIC COMMENTS	<ul style="list-style-type: none"> • There were no public comments
IX.	ADJOURNMENT Fatima Vasquez	<ul style="list-style-type: none"> • The meeting was adjourned at 5:00 p.m. • The next RCAC meeting is scheduled for July 19, 2018 at the YWCA Supervisor Gloria Molina Community Empowerment Center at 7515 Pacific Blvd., Walnut Park, CA 90255 from 2:00pm to 4:30pm. • All RCAC members were reminded to arrive to the meeting on time.

Respectfully Submitted by:
 Martin Vicente, *Community Outreach Field Specialist*

Approved by:
 Fatima Vasquez, *Chair* _____

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