



## Regional Community Advisory Committee (RCAC) - Region 7

### YWCA Supervisor Gloria Molina Community Empowerment Center

7515 Pacific Blvd., Walnut Park, CA 90255

Thursday, May 17, 2018

3:00 PM – 5:30 PM

### Goals for Today's Meeting

1. Learn about L.A. Care business from the Executive Community Advisory Committee (ECAC) and the Community Outreach & Engagement Department (CO&E)
2. Provide an opportunity to identify community issues affecting members in the region
3. Connect with Health Navigators to address Individual and Global issues
4. Discuss 2018 RCAC Community Work Plan Project and Heart Health presentation

### Meeting Agenda

Time	Agenda Item	Agenda Lead	Goal/Result
3:00 p.m. - 3:10 p.m.	<b>I. Welcome &amp; Introductions</b> (10 min) <b>A.</b> Introduction to Meeting Goals L.A. Care's Mission and meeting etiquette. <b>B.</b> Review of Agenda	Fatima Vazquez, <i>Chairperson</i>  Martin Vicente, <i>Field Specialist</i>	Get to know each other and review the goals for the meeting and agenda items.
3:10 p.m. - 3:55 p.m.	<b>II. Business</b> (45 min) <b>A.</b> Approval of Agenda & Summary (10 min)  <b>B.</b> ECAC Report (10 min) <ul style="list-style-type: none"><li>• April 2018 Report</li><li>• May 2018 Report</li></ul> <b>C.</b> Board of Governors Report (10 min) <ul style="list-style-type: none"><li>• April 2018 Report</li><li>• May 2018</li></ul> <b>D.</b> CO&E Report (20 min) <ul style="list-style-type: none"><li>• 2018 Chair/Vice-Chair Elections</li></ul>	Fatima Vazquez, <i>Chairperson</i>  <u>RCAC 7 members</u> Maria Manjarrez Norma A. Alvarez  <u>RCAC 7 member</u> Fatima Vazquez  Martin Vicente, <i>Field Specialist</i>	Approve today's meeting agenda and April's 2018 meeting minutes.  Receive updates from the ECAC and Board of Governors meetings.  Receive an update from the CO&E Department.
3:55 p.m. - 4:05 p.m.	<b>III. Regional Issues</b> (10 min) <b>A.</b> Community Member Issues	Martin Vicente, <i>Field Specialist</i>	An opportunity to identify community issues affecting members in the region

4:05 p.m. – 4:15 p.m.	<b>IV. Get Up &amp; Move/Break</b> (10 min)	Victor Rodriguez <i>Liaison</i>	An opportunity to stretch and move
4:15 p.m. - 5:00 p.m.	<b>V. RCAC Community Work Projects</b> (45 min.) <b>A.</b> Community Partnership <b>B.</b> Community Outreach Events  <b>C.</b> Health Education Training <ul style="list-style-type: none"> <li>Heart Health</li> </ul>	Martin Vicente, <i>Field Specialist</i>  L.A. Care Staff Martin Vicente Victor Rodriguez	Discuss the 2018 RCAC Community Work Projects  2 <sup>nd</sup> training health education training for the <b>outreach work plan topic</b> of Heart Health
5:00 p.m. - 5:15 p.m.	<b>VI. Future Agenda Items</b> (15 min.) <b>A.</b> Palliative Care	Norma Angelica Alvarez Dalia Cadena, <i>Health Promoters</i>	Basic information about Palliative care and resources
5:15 p.m. – 5:20 p.m.	<b>VII. Meeting Evaluations</b> (5 min.)	Group	Complete meeting evaluation forms
5:20 p.m. - 5:30 p.m.	<b>VIII. Public Comments</b> (10 min.)	Group	Each public member is given 2 minutes for comments
5:30 p.m.	<b>IX. Adjournment</b> <b>A. Next Meeting Date:</b> Thursday, July 19, 2018	Fatima Vazquez, <i>Chairperson</i>	Learn when the next RCAC meeting will take place

\*\*\*\*\* PLEASE BE ON TIME \*\*\*\*\*

***NOTE: Members, your absence will be considered unexcused if you do not call Victor Rodriguez at (213) 694-1250, Ext. 5214 to inform him that you will not be attending the meeting.***

**Community Outreach & Engagement**  
**Toll Free Line 1-888-522-2732**

**L.A. Care Member Services Department**  
**Toll Free Line 1-888-839-9909**