



**Regional Community Advisory Committee (RCAC 4)
Region 4 - Hollywood, Wilshire, Central L.A., Glendale**

Committee Summary

Hope Street Family Center

1600 South Hope Street, Room 305

Los Angeles, CA 90015

Tuesday, May 15, 2018

9:00 a.m. – 11:30 a.m.

<u>MEMBERS</u>				<u>STAFF/MANAGEMENT</u>		<u>GUESTS/PUBLIC</u>	
Ana Santiago Alonso	(P)	Theodora Parlanti	(P)	Jose Ricardo Rivas, Field Specialist		Eduardo Kogan, <i>Spanish Interpreter</i>	
María Casarrubias	(P)	Silvia Poz	(P)	Hilda Herrera, <i>Liaison</i>		Shelley Hash, <i>Spanish Interpreter</i>	
Sonia J. Claudio	(P)	Silvia Quezada	(P)	Maricel Amurao, <i>Health Navigator</i>		Gizelle James, <i>Guest</i>	
Phyllis Coto	(P)	Hercilia Salvatierra, <i>Vice-Chair</i>	(P)	Idalia De La Torre, <i>Field Specialist Supervisor</i>		Rosa Escobar, <i>Guest</i>	
Herceys Catalina Donis	(P)	Ricardo Sanchez	(P)				
Hugo A. Flores	(P)	Michael R. Shelton, <i>Chair</i>	(P)				
Mirna Gonzalez	(P)						
Rachael Rose Luckey	(P)						
Alfonso Noriega	(P)						

**Attendance: (15) Members, (0) Community Partner, (0) Providers, (4) Public, (3) Staff
(P) present, (E) excused absence, (U) unexcused absence**

AGENDA ITEM	SUMMARY OF DISCUSSION AND FOLLOW-UP
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I.	WELCOME & INTRODUCTIONS	<ul style="list-style-type: none"> • Michael Shelton, <i>Chair</i>, called the meeting to order at 9:00 a.m. and asked everyone to introduce themselves. • All members introduced themselves. • Members were informed that Maricel Amurao, <i>Health Navigator</i> was present to assist RCAC members with individual issues pertaining to their healthcare needs. • Hercilia Salvatierra, RCAC 4 Vice-Chair, read the Meeting Ground Rules to the committee and public present. • Jose Ricardo Rivas, <i>Field Specialist</i>, read L.A. Care’s Mission Statement and the Three Pillars of Community Outreach & Engagement (CO&E) and reviewed the folder contents.
II.	BUSINESS Approval of Agenda & Meeting Summary Michael Shelton, <i>Chair</i> Hercilia Salvatierra, <i>RCAC 4 Member</i>	<ul style="list-style-type: none"> • Mr. Shelton asked the committee to review today’s agenda. • The May 15, 2018 meeting agenda was approved as presented. • Mr. Shelton asked the committee to review the March meeting summary. • The March 20, 2018 meeting summary was approved as presented with one abstention. <p><u>Executive Community Advisory (ECAC) Report</u></p> <ul style="list-style-type: none"> • Mr. Shelton informed the committee members they will be given three minutes to read the May 2018 ECAC report found in the meeting folder. • Mr. Shelton asked committee members if they had any questions on the report and their response was no. <p>April ECAC Report</p> <ul style="list-style-type: none"> • Hercilia Salvatierra, <i>RCAC 4 Vice-Chair</i>, attended the April ECAC meeting and reported on the following: <ul style="list-style-type: none"> ▪ ECAC had to recess in the middle of the meeting because RCAC 3 Chair, Cynthia Contreas-Wood had an accident in where she tripped over another member’s hand-bag and fell and suffered an injury. Ms. Salvatierra informed the group that all members need to be mindful and careful with their hand-bags at all future RCAC/ECAC meetings to avoid this from happening to someone else. ▪ Francisco Oaxaca mentioned Advocacy Day and that members will be going to Sacramento to speak to legislators on important topics. ▪ Mr. Oaxaca also mentioned the program Brilliant Corners and spoke about Ma’Lissa, the first beneficiary of this program who after being incarcerated soon after gave birth to twins, and thanks to this program she is no longer homeless. Ma’Lissa’s story highlights how L.A. Care is planning on helping many L.A. Care members like Ma’Lissa. ▪ L.A. Care is working on improving the delivery of transportation benefits to all its members to better assist members with their healthcare needs. L.A. Care is currently looking for professional-drivers and is also considering the use of L.A. Care transportation vans.

	<p>Silvia Poz, <i>RCAC 4 Member</i></p> <p>Alfonso Noriega, <i>RCAC 4 member</i></p> <p>Theodora Parlanti, <i>RCAC 4 member</i></p>	<ul style="list-style-type: none"> ▪ L.A. Care is working really hard to encourage members to go to their regular check-ups to get proper medical care; Cervical Cancer was also mentioned and check-ups for this should happen yearly and not every three years. <p>May ECAC Report</p> <ul style="list-style-type: none"> • Silvia Poz, <i>RCAC 4 member</i>, was unable to attend the May ECAC meeting. <p>April Board of Governors (BOG) meeting</p> <ul style="list-style-type: none"> • Alfonso Noriega, <i>RCAC 4 member</i>, attended the April BOG meeting and reported on the following: <ul style="list-style-type: none"> ▪ Everybody was saddened because Board Member Sheryl Spiller will be retiring as the Director of Department of Public Social Services, and has left the L.A. Care Board. ▪ Tom Schwaninger, Chief Information Officer, summarized a motion that would add \$6 million in budgeted expenses to the Ansafone contract. Ansafone is L.A. Care’s call center vendor that provides services to L.A. Care’s incoming telephone calls after-hours. ▪ L.A. Care had 25,000 members enrolled in Covered California prior to open enrollment, and this number has increased drastically due in part to Anthem leaving the local market. L.A. Care has the lowest price in the silver, gold and platinum premium options. ▪ Through executive order by President Trump, the cost-sharing reductions were eliminated and people will not be penalized by paying a tax if they do not have health insurance. The elimination of the mandate may lead to higher prices in the future for folks covered under a plan in Covered California. <p>May BOG meeting</p> <ul style="list-style-type: none"> • Theodora Parlanti, <i>RCAC 4 member</i>, attended the May BOG meeting and reported on the following: <ul style="list-style-type: none"> ▪ Auleria Eakins, <i>Manager</i>, gave a rundown of the I-Speak program. ▪ A public member mentioned that rent should not exceed 30% of a person’s income including utilities, which would be wonderful. ▪ The suicide rate in children is going down, and there is a lot of help available for depression something that so many children suffer from, so this was a positive report. ▪ L.A. Care is monitoring the position of children who are citizens, but that have parents that are not citizens. ▪ L.A. Care’s position with Medi-Cal is being affected by the changes happening to the Medi-Cal program, so L.A. Care may seek a fee for the added work that these changes are causing and that are yet to come. ▪ A report was mentioned in which 7,000 breast cancer victim’s data was mixed up, but fortunately this was caught in time and ended on a positive note. ▪ L.A. Care has donated \$50,000 to <i>Angels Food</i> an agency that helps feed and nourish the sick as they battle
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critical illness (i.e., HIV/AIDS).

Jose Ricardo Rivas,
Field Specialist

ECAC Meeting Attendance

- Maria Casarrubias is scheduled to attend the June 13, 2018 ECAC meeting at L.A. Care Health Plan Headquarters office from 10:00 a.m. to 1:00 p.m.
- Ana Alonso is scheduled to attend the July 11, 2018 ECAC meeting at L.A. Care Health Plan Headquarters office from 10:00 a.m. to 1:00 p.m.

BOG Meeting Attendance

- Phylis Coto is scheduled to attend the June 7, 2018 BOG meeting at East San Gabriel Valley Japanese Community Center in West Covina from 2:00 pm. to 5:00 p.m.
- Sonia Claudio is scheduled to attend the July 26, 2018 BOG meeting at L.A. Care Health Plan Headquarters office from 2:00 p.m. to 5:00 p.m.

CO&E Report

2018 Chair/Vice-Chair Nominations/Elections

- Members were informed of the following: 1) Nominations for Chair and Vice-Chair will close prior to the elections of each position, 2) All committee members who have accepted the nomination will be given 2 minutes to speak to the group about their qualifications and reasons on why they should vote for them, 3) Two volunteers who are not running for any position will help count the ballots, 4) For a nominee to win they must receive 50% + 1 vote of the membership present to win, and 5) These elections are public and anyone can ask to see the ballots.
- The candidates running for the Chair position are: Silvia Poz, Alfonso Noriega, Michael Shelton, Hercilia Salvatierra, Phyllis Coto, and Rachael Luckey who was added to the list because she nominated herself.
- The candidates running for the Vice-Chair positions are: Rachael Luckey who was nominated and added to the list, Ana Alonso, Phyllis Coto, and Hercilia Salvatierra.
- All candidates introduce themselves and each was given the opportunity to give a two minute speech, and to reply to questions on why they were running for the position and what they would do if elected.
- The results:
 - Member Silvia Poz was elected as the new Chair for RCAC 4.
 - After 5-rounds - Nobody was officially elected for Vice-Chair of RCAC 4.
- Members were informed that elections for Vice-Chair will occur at the next RCAC 4 on July 17, 2018 and that the nominees running are Rachael Luckey, Ana Alonso, and Hercilia Salvatierra – nominations are closed so nobody else can be added to this list.

		<p><u>Polo Shirts</u></p> <ul style="list-style-type: none"> • Members were informed that new L.A. Care volunteer polo shirts are being ordered for all community advisory committee members. • Members were reminded to be mindful in their shirt-size selection (we do not take shirts back), and to inform staff of particular requests on the list that was passed around to members. <p><u>New RCAC 4 meeting site</u></p> <ul style="list-style-type: none"> • Members were informed that CO&E staff is actively still looking for a new meeting site for RCAC 4 because the room used at the Hope Street Family Center no longer meets the needs of the committee body. • Member Ms. Coto was thanked for forwarding her site suggestion to staff, but was informed that unfortunately her recommendation she had forwarded to staff did not fall within the RCAC 4 region service area, but with RCAC 6. • Members were reminded that we are looking for a site that offers a big space, is accessible via public transportation, and has adequate parking for all. • Members were encouraged to be involved in this process and to forward any potential meetings places to L.A. Care staff for a further follow up and proper assessment to confirm a good fit for RCAC 4 current needs.
III.	REGIONAL ISSUES	<p><u>Regional Issues</u></p> <ul style="list-style-type: none"> • Committee members where informed that this section of the agenda is where members can bring forward community health issues that are affecting Region 4. If committee members have personal issues that they would like to report, they can speak to the Maricel Amurao, <i>Health Navigator</i>, who can assist during or after the meeting with any issue concerning their health care services. • Member Silvia Poz mentioned that she recently went to a health fair and she encountered many people complaining that their Medi-Cal had been canceled. She added that some people only had Medi-Cal, and others were dual-eligible having both Medicare and Medi-Cal. She further added that this had been mentioned on the news, thousands of Medi-Cal/Medicare recipients are being affected, and wanted to know if L.A. Care had any information about this. • Member Mirna Gonzalez in regards to Ms. Poz’s comment clarified that apparently DPSS made some internal errors that caused this issue now affecting a lot of innocent people at no fault of their own. Other members agreed with this statement and some voiced out that they received phone calls from somebody at L.A. Care letting them know they recently lost eligibility. • Field Specialist Mr. Rivas encouraged folks that if they are in doubt of their current eligibility status to call their Health Plan for a status update. He also added these types of mistakes are not uncommon and highly recommended to all members (and to pass the word within their community) to keep copies of the forms they submit to DPSS on a periodic basis because when an issue like this happens they have to re-submit their paperwork

		<p>again, and start the long process over again.</p> <ul style="list-style-type: none"> Member Herceys Donis had a dental procedure that she needed done and in her case she explained that since she has full-scope Medi-Cal all her procedures were covered at no expense out-of-pocket to her.
IV.	GET UP & MOVE/BREAK	<ul style="list-style-type: none"> No “Get up and Move” was not conducted due to time constraints.
V.	RCAC/COMMUNITY WORK-PLANS	<p><u>Community Partnership</u></p> <ul style="list-style-type: none"> Members were informed that the agency <i>Comprehensive Community Health Center (CCHC)</i> was awarded the Community Partnership funds this year. These funds will be primarily used in their <i>3rd Annual Back to School Wellness Event</i> happening in the month of August, and more details will be shared with the group at the next meeting in July. <p><u>Health Education Training – Heart Health 101</u></p> <ul style="list-style-type: none"> The health education training was not conducted due to time constraints. This training will occur on at the next RCAC 4 meeting on July 17, 2018 along with the Cervical Cancer Screening training also scheduled for this date. <p><u>Community Outreach Event</u></p> <ul style="list-style-type: none"> Committee members where reminded that they will be participating in 2-3 community events before September 30, 2018. If committee members know of a community event that is happening around their area, please share the information with their assigned Field Specialist.
VI.	FUTURE AGENDA ITEMS	<ul style="list-style-type: none"> No future agenda items where proposed.
VII.	MEETING EVALUATIONS	<ul style="list-style-type: none"> Prior to adjourning the meeting, staff distributed a RCAC meeting evaluation form to gather members’ feedback.
VIII.	PUBLIC COMMENTS	<ul style="list-style-type: none"> Member Ms. Luckey highly recommended we look for alternatives to using “Foam Plates” which cause a lot of harm to the environment. Members were encouraged to write further suggestions on how to better improve future RCAC 4 meetings on their evaluation forms they submit at the end of each RCAC meeting.

IX.	ADJOURNMENT	<ul style="list-style-type: none">• The meeting was adjourned at 11:30 am.• The next RCAC meeting is scheduled for Tuesday, July 17, 2018 from 9:00 a.m. to 11:30 a.m. at Hope Street Family Center 1600 South Hope Street, Room 305, Los Angeles, CA 90015.
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Submitted by: _____
Jose Ricardo Rivas, *Community Outreach & Engagement*
Field Specialist

Approved by: _____
Michael Shelton, *RCAC 4 Chair*

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Approved by: Michael Shelton
Michael Shelton, *RCAC 4 Chair*