



**Regional Community Advisory Committee (RCAC)
Region 8 - San Pedro, Torrance, Wilmington - Committee Summary
Providence Community Health Wellness & Activity Center**

470 N. Hawaiian Avenue
Wilmington, CA 90744
Friday, March 16, 2018
10:30 AM - 1:00 PM

MEMBERS: 13

STAFF/MANAGEMENT

Maria Alvarez	P	Janeth Sevilla	P			Martin Vicente, <i>Field Specialist</i>
Dioselina Garcia	P	Maria Isabel Tamayo, <i>Vice Chair</i>	P			Victor Rodriguez, <i>Liaison</i>
Judith Lemaroy	P	Higinio Carrillo	P			Idalia Chitica, <i>Field Specialist Supervisor</i>
María N. López	P	Maria Montes, <i>Chair</i>	P			
Rita Elizabeth Montes	P	Raul Montes	P			<u>GUESTS/PUBLIC</u>
Rosario Moreno	P	Belen Garcia	P			Layla Gonzalez Delgado, <i>L.A. Care Board Member</i>
Ana Romo	P					

**Attendance: 12 Members, 0 Community Partners, 1 Public, 5 Staff
(P) present, (E) excused absence, (U) unexcused absence**

	AGENDA ITEM	SUMMARY OF DISCUSSION AND FOLLOW-UP
I.	WELCOME & INTRODUCTIONS	<p><u>L.A. Care’s Mission Statement / Three Pillars of CO&E and RCACs</u></p> <ul style="list-style-type: none"> • RCAC members read the L.A. Care’s Mission statement and the three pillars of Community Outreach and Engagement. (Health Promotion, Health Advocacy and Partnership). • RCAC members reviewed the RCAC meeting “Ground Rules” prior to the start of the meeting. • Maria Montes, <i>RCAC Chair</i> called the meeting to order at 10:30 a.m. • Everyone introduced themselves.

- For more information, please contact the ADA information line at (800) 514-0303 or visit their website at <https://www.ada.gov/infoline.htm>

RCAC Chair and Vice Chair Nominations

- Martin Vicente read to members the role of the Chair and Vice Chair. Members were informed that nomination will open today and will close at the RCAC 8 meeting in May, 2018. Members were informed that they can nominate someone and also nominate themselves for the two positions.
- Members were given a list of members who are able to run for any of the two positions. Martin Vicente will be calling those members who were nominated for the positions to ask them if they accept the nomination.
- Elections will be held at the RCAC 8 meeting on May 17, 2018.

Consumer Advisory Committee (CAC) Transportation Guidelines.

- Martin Vicente read with members the transportation guidelines for the Consumer Advisory Committee some of those highlights were:
 - Members were informed that transportation for RCAC members to attend the RCAC meetings is not available.
 - Taxi for CCI Council members is available for them to attend the CCI Council meetings.
 - If a CAC member requires that transportation be arranged for an accompanying caregiver, the CAC member must provide a physician's statement within 30 days, indicating that caregiver accompaniment is needed
 - Eligible CAC members may lose access to transportation services for failure to cancel prior to meeting date. Access to transportation services may be restored only upon review and approval by L.A. Care Staff.

L.A. Care Consumer Member Focus Groups

- Idalia De La Torre, *Field Specialist Supervisor*, informed members that L.A. Care is working with a consulting group which is reviewing the expectations and experiences members are having with Medi-Cal transportation provided by L.A. Care.
- Members were informed that interviews will be conducted with those members who used the transportation services that have had good or bad experiences with the services.

ECAC and Board of Governors Meeting Attendance

- Maria N. Lopez will attend Thursday April 5, 2018 Board of Governors meeting.
- Rosario Moreno will attend Thursday May 3, 2018 Board of Governors meeting.
- Ana Romo will attend the April 11, 2018 ECAC meeting.
- Rita Montes will attend the May 9, 2018 ECAC meeting

III.	REGIONAL ISSUES Group	<p><u>Member Issues</u></p> <ul style="list-style-type: none"> • Members inquire about a follow up on a previous issue about cervical cancer screening that was changed from every year to every 3 years. • Members were informed that cancer screenings depended on the individuals, age, health situations and risk factors. Some of those factors are age, family history and women who had a hysterectomy. • Members were also informed that an L.A. Care Health Navigator was available during the meeting if they have personal issues.
IV.	GET UP & MOVE	<ul style="list-style-type: none"> • Ana Romo, RCAC 8 members and Health Promoter, lead the get up and move exercise.
VI.	RCAC/COMMUNITY WORK-PLAN	<p><u>Work-Plan 2016/2017</u></p> <p><u>L.A. Care Community Partnership</u></p> <ul style="list-style-type: none"> • The first project is called L.A. Care Community Partnership, this project consist of sponsoring a Community Based Organization including schools and churches that organize, events or have some type of program focused on one of the following two topic; Diabetes or Women’s Health. The organization will have to go through an application and review process and will be chosen based on their program or event. • Member were asked to participate on this outreach by providing names of organizations in RCAC 8 who serve area to Martin Vicente. <p><u>RCAC Work Plan Preventive Health Outreach Topic</u></p> <ul style="list-style-type: none"> • Members were informed that as soon as events are schedule Martin Vicente will call them to invite them for them to complete their outreach event commitment. <p><u>Health Education Training/ Diabetes 101: Sugar in the Blood</u></p> <ul style="list-style-type: none"> • Martin Vicente and Victor Rodriguez gave members a training about Diabetes. Members received basic information about: <ul style="list-style-type: none"> ○ What is diabetes? ○ Statistics on what causes diabetes ○ Information about controlling and preventing diabetes ○ Diabetes screenings ○ Members received material and resources • Members took a pretest and posttest to evaluate how much they learned during this training.

VI.	FUTURE AGENDA ITEMS	<ul style="list-style-type: none"> • There were not future agenda items.
VII.	MEETING EVALUATIONS	<ul style="list-style-type: none"> • All RCAC members took a few minutes to complete their meeting evaluation forms.
VIII.	PUBLIC COMMENTS <i>Public</i>	<ul style="list-style-type: none"> • There were no public comments.
IX.	ADJOURNMENT	<ul style="list-style-type: none"> • The meeting was adjourned at 1:00 p.m. • The next RCAC 8 meeting is scheduled for Friday, May 18, 2018 from 10:30 a.m. - 1:00 p.m. at Providence Community Health Wellness & Activity Center at 470 N. Hawaiian Avenue, Wilmington, CA 90744. Wilmington Blvd., Wilmington CA 90744.

Respectfully Submitted by:
 Martin Vicente, *Community Outreach Field Specialist*

Approved by:
 Maria Montes, *Chair*

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