



**Regional Community Advisory Committee (RCAC)**  
**Region 7 – Huntington Park, Cudahy, Bell, Norwalk - Committee Summary**  
 YWCA Supervisor Gloria Molina Community Empowerment Center  
 7515 Pacific Blvd., Walnut Park, Huntington Park, CA 90255  
 Thursday, March 15, 2018  
 3:00PM - 5:30PM

**MEMBERS**

**STAFF/MANAGEMENT**

Angelica Albarran, <i>Vice Chair</i>	<b>P</b>	Ramona Rodriguez	<b>U</b>	Martin Vicente, <i>Community Outreach Field Specialist</i>
Norma A. Alvarez	<b>P</b>	Maria Toscano	<b>P</b>	Victor Rodriguez, <i>Community Outreach Liaison</i>
Dalia Cadena	<b>P</b>	Fatima Vazquez, <i>Chair</i>	<b>P</b>	Jose Quintero, <i>Member Relations Health Navigator</i>
María Galván	<b>P</b>	Maria G. Villasenor	<b>P</b>	
Maria Manjarrez	<b>P</b>	Laura Lopez	<b>P</b>	
Virginia Medina	<b>P</b>	Elsa Martinez	<b>P</b>	<b><u>GUESTS/PUBLIC</u></b>
Guadalupe Perez	<b>P</b>	Maria Sandoval	<b>P</b>	

**Attendance: Members 14, Community Partners 0, Public 2, Staff 4**  
**(P) present, (E) excused absence, (U) unexcused absence, (R) Removed**

	<b>AGENDA ITEM</b>	<b>SUMMARY OF DISCUSSION AND FOLLOW-UP</b>
<b>I.</b>	<b>WELCOME &amp; INTRODUCTIONS</b>	<p><b><u>L.A. Care’s Mission Statement / Three Pillars of CO&amp;E and RCACs</u></b></p> <ul style="list-style-type: none"> <li>• RCAC members read the L.A. Care’s Mission statement and the three pillars of Community Outreach and Engagement. (Health Promotion, Health Advocacy and Partnership).</li> <li>• RCAC members reviewed the RCAC meeting “Ground Rules” prior to the start of the meeting.</li> <li>• Fatima Vazquez, <i>RCAC Chair</i> called the meeting to order at 3:00pm. Everyone introduced themselves.</li> </ul>

<p><b>II.</b></p>	<p><b>BUSINESS</b> Approval of Agenda &amp; Meeting Summary</p> <p><b>ECAC &amp; Board Report</b> Fatima Vasquez, <i>Chair</i></p>	<p><b><u>Approval of Agenda &amp; Meeting Summary</u></b></p> <ul style="list-style-type: none"> <li>• Members approved today’s agenda with no changes.</li> <li>• The January 18, 2018 meeting summary was approved as presented.</li> </ul> <p><b><u>ECAC Meeting Update</u></b></p> <p><b><u>Dalia Cadena, RCAC 7 member,</u></b> attended the ECAC meeting February 14, 2018 and reported the following:</p> <ul style="list-style-type: none"> <li>• Mrs. Cadena informed that L.A. Care has joined the efforts on how to control the use of opioids and ways the issue can be avoided.</li> <li>• Mrs. Cadena informed that February was “Black History Month” and informed ECAC emphasized about the accomplishments of African Americans in the US.</li> <li>• Mrs. Cooper talked about the new Consumer Advisory Committee Operating Rules and commented on changes that might affect new advisory members. Mrs. Cadena also informed that Mrs. Perez, Consumer Members Representative, informed she abstain from voting for the new CAC Operating Rules.</li> <li>• Legislative day will be on May 22, 2018 all members were informed that there will be two trainings that will prepared them for the visit prior to the trip to Sacramento.</li> </ul> <p><b><u>Maria Galvan, RCAC 7 member,</u></b> attended ECAC March 14, 2018 and reported the following:</p> <ul style="list-style-type: none"> <li>• Mr. Oaxaca, Senior Director of Communication and Community relations informed members about the opening of new L.A. Care family resource centers in the areas of Pomona and East Los Angeles. He informed that the goals is to have this centers better serve the community in these areas.</li> <li>• Members were asked about the needs for transportation services to and from the primary care providers.</li> <li>• Members agreed that the transportation benefit can help individuals get to their medical appointments on time.</li> <li>• A report was given about the fall conference informing the most of the expectation were met based on the evaluations. Mrs. Galvan informed that there is always issues but the good things outweigh the negative comments.</li> <li>• The ECAC report was given to all members to take home and review. Members were informed if they had questions regarding the report to please call L.A. Care staff.</li> </ul> <p><b><u>“I-Speak”</u></b></p> <ul style="list-style-type: none"> <li>• Mrs. Galvan also informed that she has been going to the “I-Speak” training. She shared with members some of the topics given at the training which are: advocacy, technology and the use of computers. Mrs. Galvan expressed that she was very satisfied with the program and she feels that now she is better prepared for future leadership opportunities.</li> </ul>
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**CO&E Report**  
Martin Vicente,  
*Community Outreach  
Field Specialist*

- Mrs. Galvan informed members that now she feels more comfortable speaking and more confident in engaging during the RCAC meetings.

#### **RCAC Chair and Vice Chair Nominations**

- Martin Vicente read to members the role of the Chair and Vice Chair. Members were informed that nomination will open today and will close at the RCAC 7 meeting in May, 2018. Members were informed that they can nominate someone and also nominate themselves for the two positions.
- Members were given a list of members who are able to run for any of the two positions. Martin Vicente will be calling those members who were nominated for the positions to ask them if they accept the nomination.
- Elections will be held at the RCAC 7 meeting on May 17, 2018.

#### **RCAC 7 Membership**

- Members were informed that RCAC 7 membership has decrease to 13 and that now is a good time to start recruiting. Members agreed that during the outreach work plan they might be able to recruit at the events. Members were informed to take in consideration diversity when doing the outreach for recruitment.
- Member shared that the RCAC ask some difficult questions. A potential members who attended the meeting informed that the application was good and that it did not need any changes. Some members expressed that the questions made sense since screening is very important to get active and engaging members.

#### **Consumer Advisory Committee (CAC) Transportation Guidelines.**

- Martin Vicente read with members the transportation guidelines for the Consumer Advisory Committee some of those highlights were:
  - Members were informed that transportation for RCAC members to attend the RCACs meeting is not available.
  - Taxi for CCI Council members is available for them to attend the CCI Council meetings.
  - If a CAC member requires that transportation be arranged for an accompanying caregiver, the CAC member must provide a physician's statement within 30 days, indicating that caregiver accompaniment is needed
  - Eligible CAC members may lose access to transportation services for failure to cancel prior to meeting date. Access to transportation services may be restored only upon review and approval by L.A. Care Staff.

#### **L.A. Care Consumer Member Focus Groups**

- Members were informed that L.A. Care is working with a consulting group which is reviewing the expectations and experiences members are having with transportation provided by L.A. Care.

		<ul style="list-style-type: none"> <li>Members were informed that interviews will be conducted to those members who used the transportation services that have had good or bad experiences with the services.</li> </ul> <p><b><u>RCAC Member attending ECAC and BOG</u></b></p> <ul style="list-style-type: none"> <li>Maria Manjarrez will attend the ECAC meeting on April 11, 2018</li> <li>Norma Angelica Alvarez will attend ECAC meeting on May 9, 2018</li> <li>Laura Lopez will attend BOG meeting on April 5th, 2018</li> <li>Fatima Vazquez will attend BOG meeting on May 3<sup>rd</sup>, 2018</li> </ul>
III	REGIONAL ISSUES	<p><b><u>Member Issues</u></b></p> <ul style="list-style-type: none"> <li>There were no member issues</li> </ul>
IV.	GET UP AND MOVE	<ul style="list-style-type: none"> <li>All RCAC members took a 5-minute break.</li> </ul>
V.	RCAC/COMMUNITY WORK-PLAN	<p><b><u>Work-Plan 2016/2017</u></b></p> <p><b><u>L.A. Care Community Partnership</u></b></p> <ul style="list-style-type: none"> <li>The first project is called L.A. Care Community Partnership, this project consist of sponsoring a Community Based Organization including schools and churches that organize, events or have some type of program focused on one of the following two topic; Diabetes or Women’s Health. The organization will have to go through an application and review process and will be chosen based on their program or event.</li> <li>Members were informed that a few organizations were contacted for this sponsorship including Plan Parenthood and Mexican American Opportunity Foundation.</li> <li>Member were asked to participate on this outreach by providing names of organizations in the areas of RCAC 7 to Martin Vicente.</li> </ul> <p><b><u>RCAC Work Plan Preventive Health Outreach Topic</u></b></p> <ul style="list-style-type: none"> <li>Members were informed that an event was already scheduled for March 23, 2018. The event is going to be at the Mexican American Opportunity Foundation located at 2650 Zoe Ave in the city of Huntington Park. Members were informed this was their first opportunity to start completing their work plan commitment for this year.</li> <li>The following members volunteer to attend: Guadalupe Perez, Norma Angelica Vazquez , Fatima Vazquez, Maria Galvan, Angelica Albarran, Maria Sandoval, Vicky Medina and Dalia Cadena.</li> </ul> <p><b><u>Health Education Training/ Diabetes 101: Sugar in the Blood</u></b></p> <ul style="list-style-type: none"> <li>Martin Vicente and Victor Rodriguez gave members a training about Diabetes. Members received basic information about: <ul style="list-style-type: none"> <li>What is diabetes</li> <li>Statistics on what causes of diabetes</li> </ul> </li> </ul>

		<ul style="list-style-type: none"> <li>○ Information about controlling and preventing diabetes</li> <li>○ Diabetes screenings</li> <li>○ Members received material and resources</li> </ul> <ul style="list-style-type: none"> <li>● Members took a pretest and posttest to evaluate how much they learned during this training.</li> </ul>
<b>VI.</b>	<b>FUTURE AGENDA</b>	<ul style="list-style-type: none"> <li>● Members received the calendar of events for the L.A. Care Family Resource Center from Lynwood.</li> <li>● Norma Angelica Alvarez and Dalia Cadena will like to share information from an undisclosed training they took that might be of interest to RCAC members. Norma Angelica will call Martin Vicente to give him the title of the topic and how much time they will need.</li> </ul>
<b>VII.</b>	<b>MEETING EVALUATIONS</b>	<ul style="list-style-type: none"> <li>● RCAC members took 5 minutes to complete meeting evaluations.</li> </ul>
<b>VIII.</b>	<b>PUBLIC COMMENTS</b>	<ul style="list-style-type: none"> <li>● There were no public comments</li> </ul>
<b>IX.</b>	<b>ADJOURNMENT</b> Fatima Vasquez	<ul style="list-style-type: none"> <li>● The meeting was adjourned at 5:00 p.m.</li> <li>● <b>The next RCAC meeting is scheduled for May 17, 2018 at the YWCA Supervisor Gloria Molina Community Empowerment Center at 7515 Pacific Blvd., Walnut Park, CA 90255 from 3:00pm to 5:30pm.</b></li> <li>● All RCAC members were reminded to arrive to the meeting on time.</li> </ul>

Respectfully Submitted by:  
 Martin Vicente, *Community Outreach Field Specialist*

Approved by:  
 Fatima Vasquez, *Chair* \_\_\_\_\_

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