



**Regional Community Advisory Committee (RCAC 4)  
Region 4 - Hollywood, Wilshire, Central L.A., Glendale**

Committee Summary

**Hope Street Family Center**

1600 South Hope Street, Room 305

Los Angeles, CA 90015

Tuesday, March 20, 2018

9:00 a.m. – 11:30 a.m.

**GUESTS/PUBLIC**

<b><u>MEMBERS</u></b>				<b><u>STAFF/MANAGEMENT</u></b>			<b><u>GUESTS/PUBLIC</u></b>	
Ana Santiago Alonso	(P)	Theodora Parlanti	(P)	Idalia De La Torre, Field Specialist <i>Supervisor</i>			Eduardo Kogan, <i>Spanish Interpreter</i>	
María Casarrubias	(P)	Silvia Poz		Hilda Herrera, <i>Liaison</i>			Shelley Hash, <i>Spanish Interpreter</i>	
Sonia J. Claudio	(P)	Silvia Quezada	(E)	Maricel Amurao, <i>Health Navigator</i>				
Phyllis Coto	(P)	Hercilia Salvatierra, <b><i>Vice-Chair</i></b>	(P)	Hilda Perez, <i>Member Representative, Board of Governors</i>				
Herceys Catalina Donis	(P)	Ricardo Sanchez	(P)					
Hugo A. Flores	(P)	Michael R. Shelton, <b><i>Chair</i></b>	(P)					
Mirna Gonzalez	(P)							
Rachel Rose Luckey	(U)							
Alfonso Noriega	(P)							

**Attendance: (13) Members, (0) Community Partner, (0) Providers, (2) Public, (4) Staff  
(P) present, (E) excused absence, (U) unexcused absence**

<b>AGENDA ITEM</b>	<b>SUMMARY OF DISCUSSION AND FOLLOW-UP</b>
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<p><b>I.</b></p>	<p><b>WELCOME &amp; INTRODUCTIONS</b></p>	<ul style="list-style-type: none"> <li>• Michael Shelton, <i>Chair</i>, called the meeting to order at 9:03 a.m. and asked everyone to introduce themselves.</li> <li>• Hercilia Salvatierra, RCAC 4 Vice-Chair, read the Meeting Ground Rules that state the following: <ul style="list-style-type: none"> <li>▪ We treat each other with respect</li> <li>▪ Only one member talks at a time</li> <li>▪ We do not have side discussions</li> <li>▪ We do not personally attack each other</li> <li>▪ We speak up when something is wrong or not working: we confront issues directly</li> <li>▪ Raise your hand and wait to be called on</li> <li>▪ Put cell phones on vibrate</li> </ul> </li> <li>• Alfonso Noriega, RCAC 4 member, read the L.A. Care’s Mission and the Three Pillars of Community Outreach &amp; Engagement (CO&amp;E) and the Regional Community Advisory Committees (RCACs) that state the following: <ul style="list-style-type: none"> <li>▪ L.A. Care’s mission = L.A. Care’s mission is to provide Access to quality health care for Los Angeles County’s vulnerable and low-income communities and residents and to support the safety net required to achieve that purpose.</li> <li>▪ The Three Pillars = Health Promotions, Health Advocacy and Partnership.</li> </ul> </li> <li>• Idalia De La Torre, Field Specialist Supervisor, reviewed the items in the meeting folders.</li> </ul>
<p><b>II.</b></p>	<p><b>BUSINESS</b> Approval of Agenda &amp; Meeting Summary</p> <p>Michael Shelton, <i>Chair</i></p> <p>Hugo Flores, <i>RCAC 4 Member</i></p>	<ul style="list-style-type: none"> <li>• Mr. Shelton asked the committee to review today’s agenda.</li> <li>• Today’s meeting agenda was approved as presented.</li> <li>• Mr. Shelton asked the committee to review the January meeting summary.</li> <li>• The January 16, 2018 meeting summary was approved as presented.</li> </ul> <p><b><u>ECAC Report</u></b></p> <ul style="list-style-type: none"> <li>• Mr. Shelton informed the committee members they will be given three minutes to read the March 2018 ECAC report found in the meeting folder.</li> <li>• Mr. Shelton asked committee members if they had any questions on the report and their response was no.</li> </ul> <p>February ECAC Report</p> <ul style="list-style-type: none"> <li>• Hugo Flores, <i>RCAC 4 member</i>, attended the February ECAC meeting and reported on the following: <ul style="list-style-type: none"> <li>▪ Beginning January 1, 2018, adults with full-scope Medi-Cal will have their full dental benefits restored.</li> <li>▪ The DACA program new order allows anyone whose DACA expires to file for a renewal.</li> <li>▪ The Children’s Health Insurance Program (CHIP) was reauthorized and the program will continue for 6 more years.</li> </ul> </li> </ul>

<p>Mirna González, <i>RCAC 4 Member</i></p> <p>Hercey Donis and Hercilia Salvatierra, <i>RCAC 4 members</i></p> <p>Idalia De La Torre, <i>Field Specialist Supervisor</i></p>	<p>March RCAC Report</p> <ul style="list-style-type: none"> <li>Mirna Gonzalez, <i>RCAC 4 member</i>, was unable to attend the March ECAC meeting.</li> </ul> <p>February Board of Governors (BOG) meeting</p> <ul style="list-style-type: none"> <li>Hercey Donis and Hercilia Salvatierra, <i>RCAC 4 members</i>, attended the February BOG meeting and reported on the following: <ul style="list-style-type: none"> <li>Board Member Sheryl Spiller will be retiring as the Director of Department of Public Social Services, and has left the L.A. Care Board. She has been a vital link to L.A. County public social services as a member of the Board of Governors for the past six years.</li> <li>A status report on Brilliant Corners, Housing for Health and Whole Person Care was reported during the meeting. Brilliant Corners has identified 138 individuals who qualify for services and are still looking for more individuals who can qualify for their services as their maximum number is 175.</li> <li>The Board approved Cristina Deh-Lee, RCAC 9 Chair, as ECAC Chair and Ana Rodriguez, RCAC 2 Chair, as ECAC Vice-Chair.</li> </ul> </li> </ul> <p>ECAC Meeting Attendance</p> <ul style="list-style-type: none"> <li>Hercilia Salvatierra is scheduled to attend the April 11, 2018 ECAC meeting at L.A. Care Health Plan Headquarters office from 10:00 a.m. to 1:00 p.m.</li> <li>Silvia Poz is scheduled to attend the May 9, 2018 ECAC meeting at L.A. Care Health Plan Headquarters office from 10:00 a.m. to 1:00 p.m.</li> </ul> <p>BOG Meeting Attendance</p> <ul style="list-style-type: none"> <li>Alfonso Noriega is scheduled to attend the April 5, 2018 BOG meeting at L.A. Care Health Plan Headquarters office from 2:00 pm. to 5:00 p.m.</li> <li>Theodora Parlanti is scheduled to attend the May 3, 2018 BOG meeting at L.A. Care Health Plan Headquarters office from 2:00 p.m. to 5:00 p.m.</li> </ul> <p><b>CO&amp;E Report</b> <u>2018 Chair/Vice-Chair Nominations/Elections</u></p> <ul style="list-style-type: none"> <li>Members were informed that the nominations for Chair and Vice-Chair have opened and will close prior to the elections that will happen during the RCAC 4 May meeting.</li> <li>All committee members received the following information in reference to the nomination/election process for the Chair and Vice-Chair: <ul style="list-style-type: none"> <li>Letter for committee members on the Chair/Vice-Chair nomination/election process.</li> </ul> </li> </ul>
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- Chair/Vice-Chair Roles, Responsibilities and Qualifications
- Chair Nominating Form
- Vice-Chair Nominating Form

- All committee members can turn in their nomination forms today, mail or fax them, as well as call the Field Specialist to inform them of their nominations.
- All committee members who have accepted the nomination will need to come prepared to the May meeting with a 2-3 minute speech about their qualifications and why should the committee members receive their vote.

CAC Transportation Guidelines

- The transportation guideline was updated and document and revisions were reviewed with all the committee members during the meeting.
- All committee members received a copy of the updated transportation guidelines and had the opportunity to ask questions or get clarification on the revisions.
- A copy of the document can be obtained by contacting the CO&E Department of L.A. Care Health Plan.

L.A. Care Transportation Benefit

- L.A. Care is working to improve the Medi-Cal transportation benefit to help members get to their doctor appointments.
- L.A. Care would like to identify CAC members who have used the transportation benefit and would like to participate in an interview to share their experience using the transportation benefit.
- If CAC members would like to be interviewed or participated in a focus group, please see Idalia De La Torre at the end of the meeting.

New RCAC 4 meeting site

- CO&E staff is looking for a new meeting site for RCAC 4 as the current location is too small and members have expressed concerns with parking.
- The goal is to identify a new meeting site by the June/July 2018.
- If committee members know of a meeting site that has a big space, accessible via public transportation, and parking please contact Idalia De La Torre.
- CO&E staff will keep the members informed of potential meeting locations and will reported back during the May RCAC 4 meeting.

III.	REGIONAL ISSUES	<p><b><u>Regional Issues</u></b></p> <ul style="list-style-type: none"> <li>• Committee members were informed that this section of the agenda is where members can bring forward community health issues that are affecting Region 4. If committee members have personal issues that they would like to report, they can speak to the Maricel Amurao, <i>Health Navigator</i>, who can assist during or after the meeting with any issue concerning their health care services.</li> <li>• A committee member expressed concerns about not receiving the new L.A. Care Health Plan member ID card. Committee member was informed to speak to the Health Navigator.</li> </ul>
IV.	GET UP & MOVE/BREAK	<ul style="list-style-type: none"> <li>• Members took a 10 minute break.</li> </ul>
V.	RCAC/COMMUNITY WORK-PLANS	<p><b><u>Community Partnership</u></b></p> <ul style="list-style-type: none"> <li>• The Community Partnership for this year will focus on Women’s Health.</li> <li>• Organizations interested in participating in the Partnership will need to submit their application by Friday, March 30, 2018.</li> <li>• CO&amp;E staff will continue to keep committee members informed of the outcome of the partnership during the May RCAC 4 meeting.</li> </ul> <p><b><u>Health Education Training – Diabetes 101: Sugar in the Blood</u></b></p> <ul style="list-style-type: none"> <li>• The training topic for this month’s RCAC meeting will be Diabetes.</li> <li>• Committee members will be educated on the basic understanding of the disease to help them when they participate in community events where they will be tasked to disseminate information not only on Diabetes but also Heart Health and Cancer Screening.</li> <li>• Today’s Training topic on Diabetes will cover the following: <ul style="list-style-type: none"> <li>○ What is Diabetes?</li> <li>○ What are the different types of Diabetes?</li> <li>○ What are the risk factors for Diabetes?</li> <li>○ Common Symptoms of Diabetes</li> <li>○ Annual Test for People with Diabetes</li> <li>○ Complications of Diabetes</li> <li>○ How to control Diabetes</li> </ul> </li> <li>• Committee members took a pre-test prior to the presentation to understand their knowledge of the disease.</li> <li>• After the presentation, they took a post-test to understand if their knowledge of the disease increased after the</li> </ul>

		<p>presentation.</p> <p><b><u>Community Outreach Event</u></b></p> <ul style="list-style-type: none"> <li>• Committee members were reminded that they will be participating in 2-3 community events before September 30, 2018.</li> <li>• If committee members know of a community event that is happening around their area, please share the information with their assigned Field Specialist.</li> </ul>
<b>VI.</b>	<b>FUTURE AGENDA ITEMS</b>	<ul style="list-style-type: none"> <li>• No future agenda items were proposed.</li> </ul>
<b>VII.</b>	<b>MEETING EVALUATIONS</b>	<ul style="list-style-type: none"> <li>• Prior to adjourning the meeting, staff distributed a RCAC meeting evaluation form to gather members' feedback.</li> </ul>
<b>VIII.</b>	<b>PUBLIC COMMENTS</b>	<ul style="list-style-type: none"> <li>• Phyllis Coto, RCAC 4 member, asked the committee members what issues are affecting their community and would like for her to take back and share with I-Speak participants. Members identified the following issues: <ul style="list-style-type: none"> <li>• Rent Control</li> <li>• Drugs in School</li> <li>• Teen Pregnancy</li> <li>• Arm Control</li> </ul> </li> </ul>
<b>IX.</b>	<b>ADJOURNMENT</b>	<ul style="list-style-type: none"> <li>• The meeting was adjourned at 11:34 am.</li> <li>• The next RCAC meeting is scheduled for <b>Tuesday, May 15, 2018</b> from <b>9:00 a.m. to 11:30 a.m. at Hope Street Family Center 1600 South Hope Street, Room 305, Los Angeles, CA 90015.</b></li> </ul>

Submitted by: \_\_\_\_\_  
Idalia De La Torre, *Community Outreach & Engagement*  
Field Specialist Supervisor

Approved by: \_\_\_\_\_  
Michael Shelton, *RCAC 4 Chair*

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