



## Regional Community Advisory Committee (RCAC) - Region 5

Veterans Memorial Building  
4117 Overland Avenue, Garden Room  
Culver City, CA 90230  
Monday, February 26, 2018  
2:00 PM – 4:30 PM

### Goals for Today's Meeting

1. Learn about L.A. Care business from the Executive Community Advisory Committee (ECAC) and the Community Outreach & Engagement Department (CO&E)
2. Provide an opportunity to identify community issues affecting members in the region
3. Connect with Health Navigators to address individual member issues
4. Receive a training on Diabetes and a list of resources available to the community

### Meeting Agenda

Time	Agenda Item	Agenda Lead	Goal/Result
2:00 p.m. - 2:10 p.m.	<b>I. Welcome &amp; Introductions (10 min.)</b> <b>A. Review of Agenda</b>	Maria Sanchez, <i>Chairperson</i>  Idalia De La Torre, <i>Field Specialist Supervisor</i>	Get to know each other and review the goals for the meeting and agenda items
2:10 p.m. - 2:50 p.m.	<b>II. Business (40 min.)</b> <b>A. Approval of Agenda &amp; Summary (5 min)</b>  <b>B. ECAC Report (10 min)</b> <ul style="list-style-type: none"><li>• January 2018 Report</li><li>• February 2018 Report</li></ul> <b>C. Board of Governors (BOG) Report (5 min)</b> <ul style="list-style-type: none"><li>• February 2018 Report</li></ul>	Maria Sanchez, <i>Chairperson</i>  Guadalupe Reynoso, <i>RCAC 5 member</i>  Susana Rios, <i>RCAC 5 member</i>  Vilma Diaz, <i>RCAC 5 member</i>	Approve today's meeting agenda and December 2017 meeting minutes  Receive updates from the ECAC and Board of Governors meetings

	<b>D. CO&amp;E Report (20 min)</b> <ul style="list-style-type: none"> <li>• 2018 Chair/Vice-Chair Nominations/Elections</li> <li>• 2018 Member Acknowledgement Form</li> </ul>	Idalia De La Torre, <i>Field Specialist Supervisor</i>	Receive an update from the CO&E Department
2:50 p.m. - 3:05 p.m.	<b>III. Regional Issues (15 min.)</b> <b>A. Community Member Issues</b>	Idalia De La Torre, <i>Field Specialist Supervisor</i>	An opportunity to identify community issues affecting members in the region
3:05 p.m. – 3:15 p.m.	<b>IV. Get Up &amp; Move/Break (10 min.)</b>	Group	An opportunity to stretch and move
3:15 p.m. - 4:10 p.m.	<b>V. RCAC Community Work Projects (55 min.)</b> <b>A. Community Partnership</b> <b>B. Health Education Training</b> <ul style="list-style-type: none"> <li>• Diabetes 101: Sugar in the Blood</li> </ul> <b>C. Community Outreach Events</b>	Idalia De La Torre, <i>Field Specialist Supervisor</i> Hilda Herrera, <i>Liaison</i>  Group	Discuss the 2018 RCAC Community Work Projects that include the Community Partnership, health topic training and community outreach events.
4:10 p.m. - 4:15 p.m.	<b>VI. Future Agenda Items (5 min.)</b>	Group	Decide agenda items that may be added to a future meeting
4:15 p.m. – 4:20 p.m.	<b>VII. Meeting Evaluations (5 min.)</b>	Group	Complete meeting evaluation forms
4:20 p.m. - 4:30 p.m.	<b>VIII. Public Comments (10 min.)</b>	Group	Each public member is given 2 minutes to share a comment with the RCAC
4:30 p.m.	<b>IX. Adjournment</b> <b>A. Next Meeting Date:</b> Monday, April 16, 2018	Maria Sanchez, <i>Chairperson</i>	Learn when the next RCAC meeting will take place

\*\*\*\*\* PLEASE BE ON TIME \*\*\*\*\*

***NOTE: Members, your absence will be considered unexcused if you do not call Hilda Herrera at (213) 694-1250, Ext. 4402 to inform him that you will not be attending the meeting.***

**Community Outreach & Engagement**  
**Toll Free Line 1-888-522-2732**

**L.A. Care Member Services Department**  
**Toll Free Line 1-888-839-9909**