



Regional Community Advisory Committee (RCAC) - Region 1

L.A. Care Family Resource Center - Palmdale
2072 East Palmdale Blvd.
Palmdale, CA 93550
Friday, February 16, 2018
10:00 am - 12:30 pm

Goals for Today's Meeting

1. Learn about L.A. Care business from the Executive Community Advisory Committee (ECAC) and the Community Outreach & Engagement Department (CO&E)
2. Provide an opportunity to identify community issues affecting members in the region
3. Connect with Health Navigators to address individual member issues
4. Receive a training on Diabetes and a list of resources available to the community

Meeting Agenda

Time	Agenda Item	Agenda Lead	Goal/Result
10:00 a.m. - 10:10 a.m.	I. Welcome & Introductions (10 min.) A. Review of Agenda	Adela Guadarrama, <i>Chairperson</i> Kristina Chung, <i>Field Specialist</i>	Get to know each other and review the goals for the meeting and agenda items
10:10 a.m. - 10:20 a.m.	II. Business (40 min.) A. Approval of Agenda & Summary (10 min)	Adela Guadarrama, <i>Chairperson</i>	Approve today's meeting agenda and December 2017 meeting minutes
10:20 a.m. - 10:25 a.m.	B. ECAC Report <ul style="list-style-type: none">• January 2018 Report (5 min)	Rita Gamboa	Receive updates from the ECAC and Board of Governors meetings
10:25 a.m. - 10:30 a.m.	<ul style="list-style-type: none">• February 2018 Report (5 min)	Laura Gonzalez	
10:30 a.m. - 10:35 a.m.	C. Board of Governors (BOG) Report (5 min) <ul style="list-style-type: none">• February 2018 Report	Alicia Flores	
10:35 a.m. - 10:55 a.m.	D. CO&E Report (20 min) <ul style="list-style-type: none">• <i>I-Speak Advocacy Program</i>	Kristina Chung, <i>Field Specialist</i>	Receive an update from the CO&E Department

	<ul style="list-style-type: none"> • 2018 Chair and Vice-Chair Nominations • 2018 Member Acknowledgement Form 		
10:55 a.m. - 11:10 a.m.	III. Regional Issues (15 min.) A. Community Member Issues	Kristina Chung, <i>Field Specialist</i>	An opportunity to identify community issues affecting members in the region
11:10 a.m. - 11:20 a.m.	IV. Get Up & Move/Break (10 min.)	Group	An opportunity to stretch and move
11:20 a.m. - 12:15 p.m.	V. RCAC Community Work Projects (55 min.) A. Community Partnership B. Health Education Training <ul style="list-style-type: none"> • Diabetes 101: Sugar in the Blood C. Community Outreach Events	Kristina Chung, <i>Field Specialist</i> Ricardo Rivas, <i>Liaison</i> Group	Discuss the 2018 RCAC Community Work Projects that include the Community Partnership, health topic training and community outreach events.
12:15 p.m. - 12:20 p.m.	VI. Future Agenda Items (5 min.)	Group	Decide agenda items that may be added to a future meeting
12:20 p.m. - 12:25 p.m.	VII. Meeting Evaluations (5 min.)	Group	Complete meeting evaluation forms
12:25 p.m. - 12:30 p.m.	VIII. Public Comments (5 min.)	Group	Each public member is given 2 minutes to share a comment with the RCAC
12:30 p.m.	IX. Adjournment A. Next Meeting Date: Friday, April 20, 2018	Adela Guadarrama, <i>Chairperson</i>	Learn when the next RCAC meeting will take place

***** PLEASE BE ON TIME. *****

NOTE: Members, your absence will be considered unexcused if you do not call Ricardo Rivas at (213) 694-1250, Ext. 4090 to inform him that you will not be attending the meeting.

Community Outreach & Engagement
Toll Free Line 1-888-522-2732

L.A. Care Member Services Department
Toll Free Line 1-888-839-9909