



**Regional Community Advisory Committee (RCAC 5)  
Region 5 - Culver City, Venice, Santa Monica, Malibu, Westchester**

Committee Summary

**Veterans Memorial Building,  
Rotunda Room**

4117 Overland Avenue

Culver City, CA 90230

Monday, August 21, 2017

2:00 p.m. to 4:30 p.m.

**MEMBERS**

**STAFF/MANAGEMENT**

Trinida Arroyo	(P)	María Méndez	(P)	Carmelo Salas	(P)	Martin Vicente, <i>Community Outreach Specialist</i>	
Angelica Bogarin	(P)	Maria de Jesus Leos	(P)	María Sanchez (Chair)	(P)	Felicia Gray, <i>Community Outreach Liaison</i>	
Gloria Camarillo	(P)	Maria Luisa Navarrete	(P)	Lourdes Servin	(P)	Idalia Chitica, <i>Field Specialist Supervisor</i>	
Deisy Corona	(P)	Rudy Navarrete	(P)	Sofia Sulca	(P)		
Carmen Delgado	(P)	Romalda Meza	(P)	Venice Family Clinic Gabriela Quintanilla	(E)	<b><u>Interpreters</u></b>	
Vilma Diaz		Clotill Cleo Ray	(P)	Westside Children's Center Lawren Miller Askew	(U)	Eduardo Kogan, <i>Interpreter</i>	Shelley Hash, <i>Interpreter</i>
Marco Galindo	(P)	Guadalupe Reynoso	(P)			<b><u>Public</u></b>	
Lorena Gonzalez	(P)	Susana Rios	(P)	Pamela Richardson	(P)	Elda Sevilla, <i>L.A. Care Health Plan RCAC Member At-Large</i>	Hilda Perez, <i>L.A. Care's Board Consumer Member Representative</i>
Mariel Herrera	(P)	Martha Rodriguez	(P)				
Hoda Mansour	(P)	Pascuala Rosales	(P)				

**Attendance: Members 22, Advocates 0, Providers 0, Public 11, Staff 3  
(P) present, (E) excused absence, (U) unexcused absence (R) removed**

	<b>AGENDA ITEM</b>	<b>DISCUSSION/FOLLOW UP</b>
<b>I.</b>	<p><b>WELCOME &amp; INTRODUCTIONS</b></p>	<ul style="list-style-type: none"> <li>• Maria Sanchez, RCAC 5 Chair, called the meeting to order at 2:00 PM.</li> <li>• Members were presented with L.A. Care’s Mission, CO&amp;E/RCAC three pillars and meeting ground rules. The L.A. Care Mission, CO&amp;E/RCAC three pillars and meeting ground rules were projected in English and Spanish.</li> <li>• Martin Vicente reviewed goals, results and objectives for today’s meeting.</li> <li>• Members were informed that the meeting was being recorded.</li> <li>• All member introduced themselves</li> </ul>
<b>II.</b>	<p><b>BUSINESS</b> Approval of Agenda &amp; Meeting Summary</p> <p><b>ECAC REPORT</b> Loures Servin, <i>RCAC Vice-Chair</i></p> <p><b>CO&amp;E REPORT</b> Martin Vicente, <i>Community Outreach Field Specialist</i></p>	<ul style="list-style-type: none"> <li>• Members reviewed today’s agenda. The agenda was approved with one abstention from RCAC member Clotill Cleo Ray.</li> <li>• The June 15, 2017 meeting summary was approved with no changes.</li> </ul> <p><b><u>ECAC Report</u></b></p> <ul style="list-style-type: none"> <li>• All members received a copy of the ECAC report in English and Spanish, and were asked to please read it and if they had any questions to please contact Martin Vicente.</li> </ul> <p><u>Maria Sanchez read to members the following report highlights:</u></p> <p><u>Chief Medical Officer Update</u></p> <ul style="list-style-type: none"> <li>• Richard Seidman, MD, MPH, L.A. Care’s new Chief Medical Officer attended the meeting and reported on the following: <ul style="list-style-type: none"> <li>○ <b>Innovative Program (E-Management):</b> New technology that enables primary care physicians to connect to a psychologist to assist the member better with services.</li> <li>○ <b>Practice Transformation Network:</b> A grant that allows 3,000 clinics to sign –up (not all are part of L.A. Care’s network) to hire coaches that will assist them to improve services for their members. The coaches will assist with transforming practices to be more modern with technology and provide better services to their patients.</li> <li>○ <b>NCQA (National Committee for Quality Assurance):</b> The preliminary scores for L.A. Care improved from last year. L.A. Care needs to continue to work on improving member</li> </ul> </li> </ul>

experience scores as those continue to be low.

#### Global Member Issues

- Francisco Oaxaca, *Senior Director of Communications and Community Relations*, provided and update on the RCAC 9 motion regarding the Children’s Clinics in Long Beach.
- L.A. Care’s internal team had a conference call with the Children’s Clinics in Long Beach about the long wait times that RCAC 9 discussed a few months ago.
- The Children’s Clinic will be providing a presentation at RCAC 9 on what to expect when making appointments with their facilities and accessing the services.
- Mr. Oaxaca also shared with the committee a document “How Long Should I Wait for Appointments?” that can be found in your meeting packets for review.

#### Approval of Revisions to the Operating Rules for the Community Advisory Committees and Executive Community Advisory Committee of L.A. Care Health Plan

- The motion to approve revisions to the consumer advisory Operating Rules did not pass.
- RCAC members received a copy of the report describing how all RCAC, CCI and At-Large members voted.

#### Hilda Perez, L.A. Care’s Board Member Consumer Representative on Operating Rules

- Mrs. Perez informed members the Operating Rules were not approved. She informed members that it was very important on how the decision are made and on how it will affect current and future members.
- Mrs. Perez informed that it was very important to make the right decision and that it is very empowering that L.A. Care takes their input in consideration. She informed that she will continue to bring forth more information about any changes to the Operating Rules for the advisory committees. Mrs. Perez encouraged members to go back home and read the document to understand the information and the changes if they are brought back again.

#### Legislative updates

Lourdes Serving RCAC Vice Chair read the following Legislative highlights.

#### American Health Care Act (AHCA)

- On June 22<sup>nd</sup>, Senate Republican leaders released a draft of their health care bill called “*Better Care Reconciliation Act*” or BCRA
- BCRA provides deeper cuts to Medicaid than the House-passed bill called the *American Health Care*

*Act (AHCA).*

- It provides less help in the form of subsidies and tax credits for low-income and middle class families who are purchasing their health care coverage through the marketplace. It could mean higher deductibles and increased out-of-pocket costs because tax credits would be based on skimpier plans.
- Like AHCA, BCRA allows insurers to charge older people five times more based on age.
- It removes funding for women's health providers like Planned Parenthood and makes certain essential health benefits like maternity coverage and contraceptive coverage optional.
- The Congressional Budget office (CBO) found that BCRA will result in 22 million more Americans losing coverage in 2026 than under the current ACA.

SB 562 – Single Payer Health Care Update

- On June 23, 2017, Assembly Speaker Anthony Rendon announced that SB 562 would not advance to a policy hearing in the Assembly. The goal of SB 562 was to create a single-payer plan, operated by the state government, which would guarantee coverage for all California residents, regardless of immigration status, with no premiums, co-payments or other out-of-pocket costs. Assembly Speaker Rendon said he supported the concept but called the bill “woefully incomplete” and said that it would stay in the Assembly Rules Committee “until further notice”. As the bill did not address financing or operational structure issues, it is highly unlikely the bill will be brought back for consideration this year. However, based on the unknown future of federal health care reform, it is highly likely that discussions of single-payer will continue.

**CO&E Report**

Legislators Member's District List

- Martin Vicente informed members that it was very important to know who their government representatives were. He informed members that CO&E created a sheet with the names of their Senators and Assembly Members, district they represent as well as their profile, which included address and phone numbers.

Annual Fall Conference Cancellation

- RCAC members were informed that the fall conference scheduled for September 22, 2017 was cancelled. A message from management was presented to RCAC members and Martin read the following:
- Today I am announcing the cancellation of our annual Advocacy Conference which was scheduled for Friday, September 22, 2017.

		<ul style="list-style-type: none"> <li>• We know many of you were looking forward to the conference however, we want to assure you that information such as 2018 work plan, our goals for the New Year and acknowledgment of accomplishments work will be addressed during our individual meetings.</li> <li>• While the conference is something that we look forward to each year, we believe that it should be anchored in things like value, empowerment, education and most of all results. Results that leave you with a sense of purpose and direction. Our plan moving forward: <ul style="list-style-type: none"> <li>○ To <b>press pause</b> and <b>evaluate the current operations</b> of the RCACs</li> <li>○ Look at new ways in which we can re-engage advisory members to serve their intended purpose.</li> <li>○ <b>Partner</b> with you to move our work in a new direction.</li> </ul> </li> <li>• With the health care environment changing we must position ourselves to meet the challenges ahead. We ask that you see this not as a loss but for an opportunity to roll up our sleeves and do what we do best: <ul style="list-style-type: none"> <li>○ Come together as a team</li> <li>○ Critically think about change</li> <li>○ Help us to consider new ways of approaching our work</li> </ul> </li> <li>• I will be sharing info about operation “<b>RESET</b>” during our next meeting. So stay tuned.</li> <li>• Should you have any question please see me or Auleria Eakins you may call Francisco at 213-694-1250 ext. 4142 with any concerns.</li> </ul> <p><u>Motion to reinstate RCAC Fall Conference</u></p> <ul style="list-style-type: none"> <li>• RCAC members had the opportunity to have a discussion on the cancellation of the RCAC Fall Conference and decided to place motion.</li> <li>• RCAC members placed a motion members object to the cancelation of the Fall Conference and will like for the conference to be reinstated before the end of 2017. A motion will be written and presented by Maria Sanchez at the ECAC meeting in September 2017.</li> </ul>
<b>III</b>	<b>GET UP AND MOVE</b>	<ul style="list-style-type: none"> <li>• Members had the opportunity to participate in a new get up and move exercise.</li> </ul>
<b>IV</b>	<b>REGIONAL ISSUES</b> Martin Vicente	<p><u>Member issues</u></p> <ul style="list-style-type: none"> <li>• During this section of the agenda members can bring issues occurring at clinics, hospitals and pharmacies. Members were informed this is a good opportunity to bring global issues, which are issues that affect a group of people.</li> <li>• Members were encouraged to share personal issues if they believe it will help members to bring forward their experiences.</li> </ul>

		<ul style="list-style-type: none"> <li>• There were no member issues.</li> </ul>
<b>V</b>	<b>RCAC/COMMUNITY AFFAIRS</b> Group  Torhon Barnes, <i>L.A. Care's Behavioral Health Department Manager</i>	<p><b><u>“Complementary &amp; Alternative Medicine, CAM”</u></b></p> <ul style="list-style-type: none"> <li>• All members received a sheet with information about “Complementary &amp; Alternative Medicine, CAM”. Members were asked to please read this at home and share the information with friends and family and if they had any questions to contact their primary care provider.</li> </ul> <p><b><u>Behavioral Health Department/ Autism/ASD Benefit with L.A. Care Health Plan</u></b></p> <ul style="list-style-type: none"> <li>• Mr. Barnes, gave a presentation about Autism/ASD benefits through L.A. Care Health Plan and informed about the following: <ul style="list-style-type: none"> <li>○ Gave a brief introduction on what is Autism Spectrum Disorder (ASD) and how it affects socialization, behavior and issues with interactions.</li> <li>○ Mr. Barnes talked about Assessment, Referral and Diagnosis emphasizing on how doctors should refer children to Regional Centers that serves their area of residence.</li> <li>○ Members learn the process and how to request a behavioral analysis and behavioral health treatment.</li> <li>○ Members were informed about services offer to children with autism like speech, physical and occupational therapy. Members were informed about services available to students with individualized education plans, like language speech, behavior intervention consultation. Members received sheet with more information about services, telephone numbers to their assign health plan and a list of regional center in the Los Angeles County.</li> </ul> </li> </ul>
<b>VI</b>	<b>RCAC/ COMMUNITY WORK PLAN</b> Martin Vicente, <i>Field Specialist</i>	<p><b><u>Work Plan 2016/2017 update</u></b></p> <p><b><u>Venice Family Clinic</u></b></p> <ul style="list-style-type: none"> <li>• Martha Rodriguez and Angelica Bogarin, RCAC 5 members, attended some of event organized by Venice Family Clinic, and informed that the events were well organized, had many resources, provided oral health resources, oral health services and the events were well attended.</li> <li>• Members were informed that the next steps for the work plan was for Venice Family Clinic to give an update on the event/s. Members were informed Mrs. Quintanilla, Venice Family Representative, was not able to attend today’s meeting. Mrs. Quintanilla will have a report at RCAC 5 meeting in October 2017.</li> </ul>
<b>VII</b>	<b>MEETING EVALUATION</b> Group	<ul style="list-style-type: none"> <li>• Members were informed that during this section they will have more time to fill out the evaluation.</li> </ul>
<b>VIII</b>	<b>FUTURE AGENDA ITEMAS</b>	<p><b><u>Future agenda items</u></b></p> <ul style="list-style-type: none"> <li>• American Friends were scheduled to attend the meeting today. American friends will not be able to</li> </ul>

		present today and will do their presentation in October 2017.
<b>IX</b>	<b>PUBLIC COMMENTS</b> Group	<p><b><u>Public Comments</u></b></p> <ul style="list-style-type: none"> <li>Elda Sevilla, ECAC At-Large Member, expressed that she was very proud of RCAC 5 for putting in practice their motion privileges. She informed members that it was very crucial to stay united as members to be able to established the right changes and be able to advocate for their rights and the rights of other members.</li> </ul>
<b>X</b>	<b>ADJOURNMENT-Next Meeting Dates</b>	<p><b><u>Adjournment/Next Meeting Dates</u></b></p> <ul style="list-style-type: none"> <li>Meeting Adjourned at 4:30 p.m.</li> <li>The next meeting is scheduled for <b>Monday, October 16<sup>st</sup>, 2017</b>, at <b>Veterans Memorial Park at Veterans Garden Room at 4117 Overland Ave., Culver City, CA from 2:00 p.m. to 4:30 p.m.</b></li> </ul>

Respectfully Submitted by:

Approved by:

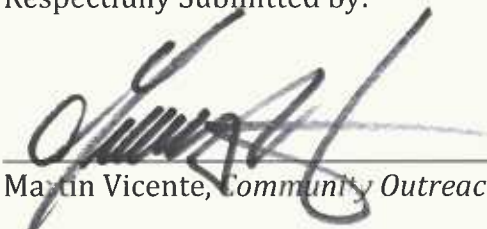
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Martin Vicente, *Community Outreach Field Specialist*

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